



#MoveThrive24 Monday, July 8th

Day 1 Time	Keynote/Health Education Auditorium	Elementary PE Gym 1	Secondary PE Gym 2	Lunch 1	Lunch 2
8:15 - 8:45am Rise and Shine Sessions	Yoga & Mindfulness to Start your Day! Chris Ramsey	Classroom Management: Making the Most out of Your Time in the Gym Eric Moore	Run for Fun- From START to FINISH - Daniel Hill & Victor Spadaro	Demo What? Demo Slam! - Mark Foellmer & Becky Foellmer	health.moves.minds. Angela Stark
9:00 - 10:00 am Breakout Sessions	Hands on Skills Based Health: Activities to Empower Engagement Kara Young & Nicole Sheffer	Movement is Magic! Auburn Cain, Cindie Cortinas-Vogt & Kelly Zerby	SHAPE America National TOY Casey Page	Igniting Adventure Kalie McKinley	The Rhythm is Gonna Get You Lydia Austin
10:15 - 11:15 am	General Session				
11:15 - 12:30pm	LUNCH - ON YOUR OWN				
12:30 - 1:30pm Breakout Sessions	Let's Have Fun in Health Class Today Melanie Lynch	Zero Hour Fitness Patrick Kennedy	The Power of Play Matt Bristol	Incorporating Strength & Conditioning Principles into Your PE Class - Sam Gilbert	I Wanna Dance With Somebody! Lydia Austin
1:45 - 2:45pm Breakout Sessions	Unraveling the Power of Questioning: A Journey into Curiosity & Critical Thinking Jessica Napier	Bring the Energy! MORE Instant Activities Your Students Will LOVE! Gail Lynn Hartig & Ryan Regan	OPEN for a Minute Ben Pirillo	On and Off the PITCH with the LouCity & Racing Soccer Foundation Jess Lawrence, George Davis IV, Adam Boren	Dueling Drummers Victor Spadaro & Kelly Zerby
3:00 - 4:00pm Breakout Sessions	Teaching Skills for Positive Mental Health Cassie Brooks	More Than a Game: Purposeful Play in Physical Education Katrina Haynes & Barb Borden	Connection IS the Content Matt Bristol	Let's SELebrate Team Building - Mark Roucka	Dancin' with Two Left Feet Auburn Cain
4:15 - 4:45pm Finish Strong Sessions	Start a Girls Run Club at Your School! Maggie Whitfield	PE Simplified Jessy Geary, Rick Greenwell, Josh Vibbert	World's Newest Sports and Leisure Game: YOU.FO Giel Bos	What in the "World" are We Playing Today? LaDonda Porter & Victor Spadaro	Holiday PE Fun Kathryn Fischer & Tanisha Bowen



#MoveThrive24 Tuesday July 9th

Day 2	Keynote/Health Education	Elementary PE	Secondary PE		
Time	Auditorium	Gym 1	Gym 2	Lunch 1	Lunch 2
8:15 - 8:45am Rise and Shine Sessions	Stress and Recovery: Striving for Balance Michael Lane & Chris Perrv	Dice, Dice Baby! Auburn Cain	Combating Hair Barriers to Physical Education with Yoga Dr. Crvstal Washinton	Strike, Score, Succeed: Unleashing Fowling in PE! Eduardo Irizarry	Station Nation Telena Conley and Melissa Crace
9:00 - 10:00 am General Session	Culturally Responsive Checklist for Health Education Jessica Lawrence	TAGG Academy – Introducing Math and Literacy into Physical Education - Tim Taggart	Get active with Homeball360 and Heart Zones Sandy Moore	Flag Football Frenzy Juli Neace	New Standards? No Problem, Let's Move! Active Learning in Health Education Lauren Willis & Anne Blevins
10:15 - 11:15 am Breakout Sessions	Intersectionality Cara Grant	Tennis in PE Maddie Henning & Drew Edborg	Rookie Rugby Graeme Potterton & LaDonda Porter	Muggle Quidditch Valerie Nagy	How to Implement YOGA into your K-8 PE Curriculum Kristen Santos
11:15 - 12:30pm	LUNCH - ON YOUR OWN				
12:30 - 1:30pm Breakout Sessions	New National Health and Physical Education Standards - Jessica Napier & Jordan Manley	ACTION! Team Games to Boost Engagement Owen DeWindt Jr	Experience the IHT ZONE Heart Rate Monitors while Playing a Fast-Paced Game! Brandon Wolff	Put Me in Coach... I'm Ready to Play! Juli Neace, Cindy Spahn, Maggie Whitfield	GIFs That Keep on Giving Becky Foellmer & Mark Foellmer
1:45 - 2:45pm Breakout Sessions	Embracing Ed Tech: Harnessing ChatGPT for Innovative Health & Physical Education Kirk Haynes & MeMe Ratiiff	9 Square in the Air - Building Community ONE Square at a Time! - Liz Belser & Tiffanie Morrow	Netball America - Learn how to bring an Olympic sport into PE Tim Taggart	Spice Up your Instruction with Hands on Tech Eduardo Irizarry	When in Doubt, Dance it Out! Kent Hamilton
3:00 - 4:00pm Breakout Sessions	Online Tools to Support Offline Health Jonathan Barnes	The Court is OPEN Ben Pirillo	1 Net, 3 Games Sawyer Kopljen	We Got Game Jason Denk & Gail Lynn Hartig	CORE PE Curriculum: K-12 Physical Education Teaching System Sue Barnd, Sonja Riddle
4:15 - 4:45pm Finish Strong Session	Closing General Session				