

Day 2	Keynote/Health Education	Elementary PE	Secondary PE	Health		Elem PE	
Time	Ballroom 2	Ballroom 1	Ballroom 3	Meeting Room 5	Meeting Room 6	Meeting Room 7-8	
8:15 - 8:45am Rise and Shine Session	"health.moves.minds. - Don't Be Scared to Try It!" Angela Stark & Catie Embry	SHAPE America Position Statement on PA as Punishment Lisa Paulson and Bob Knipe	New National Physical Education Standards Coffee Talk	New National Health Education Standards Coffee Talk	"Field Days: Themes, Games, & Relays - Oh My!" Dr. Lauren Willis & Karen Baum	Games that Win Ron Malm	
9:00 - 10:00am	"Project Based Learning in Health Education" Jordan Manley	"SPARK" UP Your Class with SPARK PE Robin Richardson	"Invasion Basics" Christopher Walker	"Wellness Matters: K-12 Health & Wellness Courses" Maura Shirley	"Adapted PE - Activities that Embrace Inclusion" Dr. Lauren Willis & Karen Baum	"Let's Dance to the Music!" Victor Spadaro	
10:15 - 11:15am Breakout Sessions	"Curricula for Skills-Based Health Education; What's out there?" Jessica Lawrence & Trisha Lynn	"Let's Move, let's Play! The Physical Literacy Way!" Kelly Zerby	"Finally! A Balanced PE Curriculum: Kinetic + Cognitive" Gary Lemke	"Expanding Upon the Capacity to Learn through Educator Self-Care" Gill McClean	"Incorporating Strength & Conditioning Principles into Your PE Program" Sam Gilbert	"Educational Dance: Turn Your Robotic Routines into Choreographed Movements" Dr. YuChun Chen, Farrah Castleman, Ethan Kraulos & Cameron Mosley	
11:15 - 12:30pm	LUNCH - ON YOUR OWN						
12:30 - 1:30pm Breakout Sessions	"Teaching Appearance Prejudice, including Hair Discrimination, Colorism, Racism & Ableism" Jessica Lawrence	"CooPERatives and Community Building" Cliff Roop	"Can You SEL Your Outdoor Adventure Activities?" Scot McClure & Bonnie Newcombe	"Mindfulness in Health and Physical Education: Research Study Overview and Tips to Implement in Your Own Classroom" Dr. Melanie Smith	"Explore Our State - PE Activities to Encourage Students to Get Out There" Dr. Michelle Thorton & Angela Stark	"DIY PE" Becky Foellmer & Mark Foellmer	
1:45 - 2:45pm Breakout Sessions	"Moving Beyond the Health Textbook" Gary Lemke	"SBU (spikeball ultimate)" Christopher Walker	"Leveling the Playing Field with Concepts and Obscure Games" Jason Coy	"Self Confidence in Black Girls and Weight Training" Patrese Nesbitt	"Instant Movement, Instant Joy!" Auburn Cain	"Dance Your Heart Out" Kathryn Rogers	

3:00 - 4:00pm Breakout Sessions	Breating Life into NHES Standard 8 Jessica Matheson & Maria Schneider	Single Rope Skills and Combos Nick Woodard & Kaylee Woodard	"Advocacy & Opportunity - The Growth of Youth Mountain Biking in Kentucky" Dr. Jeb Gorham	"Energize your Health Classroom with Kagan" Kim Riggs	"Health Ed in PhysEd" Daniel Hill	Nutrition is the Mission Ron Malm	
4:15 - 4:45pm Finish Strong Session	"Demo What? Demo SLAM!" Becky Foellmer & Mark Foellmer						