



**Kentucky Department of**

*Our  
Children,*

*Our  
Commonwealth*

**Education**



# *Kentucky Academic Standards for Health Education*

Kentucky Board of Education Meeting  
October 2018

April 11, 2018

# Standards and Regulation

- **704 KAR 8:030: *Kentucky Academic Standards for Health Education.***
- **This administrative regulations adopt into law the *Kentucky Academic Standards for Health Education.***



# Kentucky Academic Standards for Health Education



Standard 3	Practices for Communication	Performance Indicators
Use interpersonal communication skills to enhance health and avoid or reduce health risks.	Effective communication enhances personal, family and community health.	<p>K.3.1. Identify effective active listening skills.</p> <p>K.3.2. Identify how to effectively communicate needs, wants and feelings in healthy ways.</p> <p>K.3.3. Identify unwanted, threatening or dangerous situations.</p> <p>K.3.4. Identify trusted adults to talk to if feeling threatened or harmed.</p> <p>K.3.5. Describe positive behaviors used to communicate with others.</p>

Performance Indicators

Standard

Practices

# *Kentucky Academic Standards*

***Since the August KBE meeting:***

- ▶ **language in the “Education Goals” listed on page one of the front matter was updated to reflect the revision of KRS 158.6451;**
- ▶ **grade level overviews were added as a one page introduction to improve stakeholder communication; and,**
- ▶ **additional focus groups were held including representatives from Kentucky education organizations and stakeholders.**

