

KENTUCKY NEWSLETTER FOR HEALTH • PHYSICAL EDUCATION RECREATION • DANCE



FALL 2014

“YOU, MUST MAKE IT MATTER”

Kentucky Association for Health, Physical Education, Recreation and Dance

SUNDAY, NOVEMBER 16 – 18, 2014 • Marriott Griffin Gate, Lexington, KY

JEFRA BLAND HINES



Jefra Bland Hines has always been a health conscious young woman that strives to live a healthy lifestyle. She is very active in her stance for a drug-free society, as she has collaborated with the attorney general's office to help write and pass legislation that is currently known as the KASPER (KY All Schedule Prescription Electronic Reporting) System. Through her family experiences she has taken her message of prescription drug abuse nationwide and has had the opportunity to be a guest speaker at many different venues.

Jefra takes a genuine, modest approach to her speaking and life, which has gained

her recognition as Miss Kentucky Teen USA and 2nd Runner-up at the Miss Kentucky Scholarship Pageant. Jefra's latest accomplishment was being part of the cast for the reality show *“Survivor Cagayan 2014”* on CBS this past season.

Jefra currently resides in Campbellsville, KY. She is married to Jared Hines and is the mother of two step sons; Griffin who is six and Brody who is four years old. Jefra is currently the general manager at N2 Fitness Gym in Campbellsville, KY. Jefra studied broadcast journalism and psychology at the University of Kentucky. Jefra enjoys hunting, fishing, traveling and working out.

It is KAHPERD's honor to welcome Jefra Bland Hines to speak with us about the preparation of her body physically, mentally, and emotionally; before, during, and after her time with *Survivor Cagayan*. There will be time for questions following Jefra's presentation.



Reita Clanton

Reita Clanton is an Olympic athlete and coach, author, teacher and professional speaker. In 2010, she was only the 12th woman to be

inducted into the Alabama Sports Hall of Fame.

Reita's career in sports spans 3 decades and includes participating in the 1984 Olympics as a member of the first U.S. women's handball team and as an assistant coach for the U.S. handball team in the 1996 Olympics. She worked for the Boy's Clubs of America, the U.S. Team Handball Federation and coached basketball and volleyball at the collegiate level. Reita served as a technical director for Special Olympics International for the sport of Team Handball. She is also a certified instructor of speed and agility training with Athletic Republic, a leader in sports performance training.

Other highlights include:

1977 – U.S. Delegate to the International Olympic Academy

1985 – USOC Sportswoman of the Year - Handball

1992 – Outstanding Alumnus College of Education, Auburn University

1996 – USOC National Coach of the Year - Handball

1996 – Co-Authored only book on Team Handball written by an American author. (Human Kinetics, publisher).

KAHPERD AWARD RECIPIENTS



Walter H. Mustaine Award **Michael Ballard**

Michael D. Ballard, currently serves as the Chair of the Department of Health Promotion

& Administration at Eastern Kentucky University. In addition, he currently serves as in the Interim Associate Dean (half-time) of the College of Health Sciences. As the departmental administrator, he supervises the academic units in Public Health Education and Health Services Administration. His academic training includes undergraduate and graduate degrees in Health Education from Eastern Kentucky University. He completed the Specialist in Education degree in Safety Education and Service and the Doctorate of Education in Health Education at the University of Tennessee.

During his career, he has been extensively engaged in service to the health education

profession. Service activities at the national level include serving on the AAHE Board of Associate Editors for the American Journal of Health Education, former member of the AAHE Board of Directors, Chair of the AAHE Ethics Committee, and member of the AAHE Awards Committee. At the District level he has served as President of the Southern District of the American Alliance for Health, Physical Education, Recreation & Dance, Vice-President of the Health Division for Southern District AAHPERD, as well as numerous committees. At the state level, past leadership positions include serving as President of the Kentucky Association for School Health, President of the Kentucky Coalition for School Health, President of the Kentucky Association for Health, Physical Education, Recreation & Dance (KAHPERD) and KAHPERD Vice-President of the Health Division and General Division.

He has secured more than \$800,000 in external funding from grants and con-

tracts. He also has presented extensively at the national, district, and state levels, and numerous publications. Teaching responsibilities at ECU include Foundations of Health Education, Health Across the Lifespan, Teaching Health P-8, Family Life Education and Human Sexuality.

For his dedication to our profession, it is our honor to present Mike Ballard the 2013 W. Walter H. Mustaine Award.



Life Member Award **Meg Mabry**

Meg Mabry has been a member of KAHPERD since 1979 and through her entire career. Not only has Meg been a member of KAHPERD, but she

has served on the KAHPERD board in many capacities. Meg held the position of exhibits manager for 12 years. Meg also served as Vice President of Dance, Vice President of Physical Education, Vice President of General Division and At-large East twice. Meg was section chair of Physical Education and convention manager for 1991-1992. She was awarded the Elementary PE Teacher of the Year Award, received a Distinguished Service Award and Merit Award. Even though Meg is retired from teaching, she still helps volunteers for KAHPERD. Meg has worked diligently over the years to help make sure all PE teachers in Henderson County know about KAHPERD.

It is our pleasure to present The Lifetime Member Award to Meg Magby



Elementary Physical Education Teacher of the Year Award **Robin "Me Me" Ratliff**

Me Me is in her 17th year of teaching PE at

continued on page 3



By Jala Miller, Wellness Account Executive | KEHP, Humana Vitality

Students learn healthy activities and choices by observing their teachers and role models and school wellness policies receive more support when staff are focused on their own personal wellness journeys. HumanaVitality is a wellness rewards program offered at no additional cost to all Kentucky Employees' Health Plan (KEHP) Members. Members receive Vitality Bucks that can be used to redeem items such as Amazon gift cards and iTunes downloads for healthy activities including completing a health assessment, daily physical activity, annual health screenings, plus much more! Find your HumanaVitality Engagement Consultant here (regional champs contact page <https://livingwell.ky.gov/Pages/Champs-Regional-Contacts.aspx>) to discuss the tools, training, resources, best practices, and strategy collaboration assistance available to help launch a staff wellness campaign and an overall wellness culture at your school.

Visit the School Wellness Champs Page (<https://livingwell.ky.gov/Pages/School-Champs.aspx>) for handouts, templates, videos, best practice stories and videos, plus much more!

KAHPERD AWARD RECIPIENTS

continued from page 2

Greenwood Elementary School in Louisville. The PE program is solid as evidenced by the Program Review scores, but recently they have the distinction of applying to be a ***Let's Move Recognition School***, which is one of the first in Kentucky. Me Me is a teacher who *"practices what she preaches,"* planning lessons that are full of music and activity all based on the NASPE standards. She is very prominent on many social media sites that she believes has become her most beneficial means of pedagogical learning.

For her passion for teaching children to be physically literate, it is our pleasure to award Robin "Me Me" Ratliff Elementary Physical Education Teacher of the Year.



Secondary Physical Education Teacher of the Year Award *Suzanne Williams*

Suzanne is a 4th year PE teacher at Westport Middle School in Louisville.

Just this last year, she has completed her Master's degree in curriculum development, joined the National Guard, became a National Board candidate and completed an Ironman! With her strong background in curriculum, she has pushed herself to try new teaching strategies to challenge her students. Two small, but powerful things Suzanne has implemented is Morning Basketball where the children who get to school early can get some extra physical

activity time and introducing Mayberry, the miniature potbelly pig. A pig? Yes, Mayberry has become an integral part of the Westport Middle School and their PE program as he teaches more than what can be learned in a textbook.

It is our pleasure to award Suzanne Williams Secondary Physical Educator Teacher of the Year Award.



College/University Physical Education Teacher of the Year Award *Stephanie Wooten-Burnett*

Stephanie is the Program Director for the Teacher Preparation program at the University of Louisville as well as a Teacher Educator for the Kentucky Teacher Internship Program (KTIP). Stephanie is a teacher who is "hands on" as she prepares our future physical educators as well as getting out into the K-12 Public Schools. She is proactive within her department and shares her knowledge, along with her student's, at many KAHPERD conventions. Stephanie will be completing her dissertation this May, which only proves her love for learning.

It is our pleasure to award Stephanie Wooten-Burnett Physical Educator- College/ University Teacher of the Year Award.



Health Educator - College / University Teacher of the Year Award *Laurie Larkin*

Laurie is an Assistant Professor at Eastern

Kentucky University in the Department of Health Promotions and Administration where she has taught 14 different courses both at the undergraduate and graduate level. If Health is listed in the name, Laurie is somehow attached to it. Whether at the local level within her community such as a board member at the Pregnancy Help Center to being actively involved with KAHPERD to publishing articles, books, and videos, Laurie is a cheerleader for the promotion of a healthy lifestyle.

For her passion for health promotion, it is our pleasure to award Laurie Larkin Health Educator-College/University Teacher of the Year.

One free with membership... each additional journal is only **\$25**

Enhance Your Knowledge with Additional Journal Subscriptions

- Journal of Physical Education, Recreation & Dance (JOPERD)**
 For professionals in sport, movement, dance and recreation. Useful advice and stimulating ideas to help you succeed. Published nine times a year.
- American Journal of Health Education**
 Aimed at health educators in the classroom, the American Journal of Health Education publishes original research and applications of social and behavioral theory related to the prevention of major chronic diseases impacting Americans. Published six times a year.
- Strategies: A Journal for Physical and Sport Educators**
 A practical, hands-on journal for everyone who coaches sports or teaches physical education. Helps overcome the challenges of daily practice and gives you a winning edge. Published six times a year.
- Research Quarterly for Exercise and Sport**
 Careful, probing, documented answers to serious questions about movement, exercise science, physical education and sport. Published four times a year.
- Momentum Newsletter**
 Keep up to date on the latest SHAPE America news and people on the move, upcoming conferences and workshops, and new initiatives. Published four times a year.

Save time! RENEW ONLINE at www.shapeamerica.org.

For more information, visit: www.shapeamerica.org/publications/journals/

**For up-to-the-minute information, go to
www.kahperd.com**

PRESIDENT'S MESSAGE

Jim Hinerman, President • jim.hinerman@eku.edu



Greetings KAHPERD members! First of all I want to thank all of you for your support this past February as KAHPERD and the Lexington Center hosted the Southern District Convention in Lexington. If you got to attend you noticed the outstanding line up of speakers available and the many peripheral activities that were there for your enjoyment. A big pat on the back to Lonnie Davis, Jenny Dearden, Mike Ballard, and Jack Rutherford for an outstanding job in each of their respective areas of responsibilities and to all the people they "employed" for their workforce! Once again KAHPERD personnel, Thank You, one and all!

We now need to turn our attention to this year's KAHPERD convention and the opportunities to enhance our knowledge base. This year's theme will be **"YOU, Must Make it Matter."** Indeed we all need to focus our energies in our jobs toward creating the best physically active and nutritionally sound environment for our students as possible. The Convention will commence on Sunday the 16th of November 2:00 P.M. with Jamie Spark's heading a workshop entitled **"Essentials of the Presidential Youth Fitness Program"** in collaboration with SHAPE America and the President's Council. Hosting us this year will be the Marriott Griffin Gate in Lexington. Please remember to try and get your rooms as early as possible to insure your room reservation. Details on your room reservations will be on the registration forms.

The speaker for our General Session on Monday will be Reita Clanton, a 1984 Olympic contestant in women's team handball and the eventual assistant coach for our 1996 Olympic team in that sport. Reita has a strong message of the need of Physical Education classes to be a dominate force in molding our youth. Tuesday during our traditional second General Session time frame we will have a featured speaker in Jefra Bland Hines. Jefra was a recent participant on **"Survivor Cagayan 2014"** and will be speaking on the particulars of preparing for and "surviving" the physical, emotional and nutritional challenges throughout her ordeal.

I look forward to "handing over the reins" to Vicki Johnson-Leuze as she becomes our next President.

Vicki is an outstanding consummate professional and will serve KAHPERD and its membership well. Soon after Vicki takes over the presidency, Lonnie Davis will pass his torch to Jenny Dearden in the new Executive Directors position. We congratulate Jenny and look forward to working with her. For those of us who know Jenny we can all say KAHPERD is in good hands! And how do you really thank Lonnie Davis enough for his years and years of service to our organization. With his guidance along the way with all the Presidents and past serving Board Members KAHPERD has developed into a strong, stable, state organization.

I want to invite and encourage all of you to become a part of this year's convention. Thank you all for serving the youth of our Commonwealth! And yes, **"YOU, Must Make it Matter."** See you in November!

eNews

Sign up for the eNews on the KAHPERD Website. Scroll down to the bottom right & fill out the form. Receive updated info in a timely way!



EXECUTIVE DIRECTOR'S MESSAGE

Lonnie Davis, Executive Director • Lonnie.Davis@twc.com



Where and how do I begin to write this letter, my last letter, as your Executive Director? It has been a love affair that has lasted for over 50 years. Yes, it all started as a college freshman, when I was invited to join the HPER Student Majors Club at Morehead State University in 1963 and attended my first KAHPERD Convention in Louisville. When I returned to the campus after that initial convention, I knew I was sold on KAHPERD for the rest of my life.

Today I am writing to you to thank you for giving me this wonderful opportunity to have served with you, for all of these 50+ years. Thank you and all the KAHPERD members for becoming my second family. I have enjoyed everyday, every convention, and every workshop. We have had meetings from one end of this state to the other, north to south and east to west. I have served in about every role there is in KAHPERD, from At Large positions, to Section Chairs, to Vice President positions, to twice serving as your President (1978 – 1979, 1992 – 1993) and now, the last 20 years as your Executive Director. I served 43 of these years as a volunteer and the last 7 years as a paid part-time Executive Director. I am very proud of the fact that as I step down, KAHPERD is in great shape financially, as well as professionally. We

have always ran the business in a very professional manner while we have grown from a net worth of approximately \$30,000, to currently a net worth of nearly \$500,000, while accomplishing our objectives as an organization and strategic plans each year. Thank you for your the caring support, kindness, and love that you have shown me for these 50+ years.

Now I ask you one last favor, mark November 16 – 18, 2014 on your calendar, at The Marriott Griffin Gate Resort. The theme for the Fall 2014 Convention is **"YOU, Must Make it Matter."** President Jim Hinerman and his board have done a terrific job preparing for this convention. You will not want to miss this Convention, our first in 2 years. Make a difference in your life as well as your students and the fall convention by being present and involved. In order for KAHPERD to remain a strong organization, we all have responsibility to become active and involved. One way you can do this is to become a KAHPERD member and attend our fall convention.

I hope to see each of you at the Fall Convention November 16 – 18, 2014 at the Marriott Griffin Gate Resort in Lexington. Thank you again for having touched my life through your involvement with KAHPERD. I will never forget and always love KAHPERD.

PAST PRESIDENT'S MESSAGE

Jenny Dearden, Past-President • j.dearden@moreheadstate.edu



As we get ready for the 2014 annual convention and I finish my LAST time as a Past-President, I am thinking about the past 6 years that I have served on the KAHPERD Executive

Board. My, what we have accomplished!! It has truly been a privilege both personally and professionally to serve the membership as an elected official. The people associated with KAHPERD are one of a kind! Of course, I am excited that I do not have to say goodbye to KAHPERD as I enter my new journey as Executive Director beginning January 1st. It is with great admiration when I say farewell to a great man and mentor; Lonnie Davis. While he may be finishing his stint as Executive Director I do not believe that he will ever completely leave KAHPERD. He has truly emulated what service to the profession means. I think most people recognize what Lonnie has meant to KAHPERD because he has served the organization continually in some form or another for most (or all) of his professional

lifetime. I personally will miss him, but know that Lonnie will always be part of our KAHPERD family.

While on the remembrance trail, let's pay honor to all of the past Past-Presidents of KAHPERD. Over the past 105 years we have been served by not only the best in Kentucky, but some of the best in the nation. When you are attending the convention at Griffin Gate this November, please make it a point to introduce yourself and talk with our past presidents. They will be honored at a luncheon on Monday afternoon.

Lastly, we are taking nominations for candidates to the KAHPERD board. Please consider being part of this wonderful group of professionals. If you are new to the organization, or are shy about jumping into a board role, there are several ways you can get involved. If you want to find out more about being a candidate for office or volunteer on a committee, please contact me at: j.dearden@moreheadstate.edu.

Have a great fall semester!

PRESIDENT ELECT MESSAGE

Vicki Johnson-Leuze, President-Elect • vjleuze@gmail.com



Greetings KAHPERD members! This is an exciting time of the year. The new school year has started and the 2014 KAHPERD Convention is just around the corner.

I hope to see everyone in Lexington in November.

We have many new changes coming our way in Kentucky for teachers and KAHPERD wants to be a source of information about those changes and how they affect you professionally. Also you may have read about changes with AAPHERD and their new name SHAPE AMERICA. We want you to know we will continue to be known as KAHPERD.

If you are not a current member of KAHPERD, membership information is included with the Convention registration. This is a new time of change, challenge and opportunity for our membership in Kentucky.

Please be sure to follow updates on our website www.kahperd.com and feel free to contact any of the KAHPERD officers for any help or concerns you have.

I thank you for trusting me with this awesome responsibility and I look forward to serving KAHPERD as president. Thank you in advance for your support and help to make our **2014** Convention great.

Save the date: Our 2015 Convention will be in Lexington, Kentucky at the Embassy Suites, November 15-17.

ATTENTION College Professors & Department Chairs...

Please send two of your best students to

KAHPERD's Student Leadership Development Conference

**Friday, September 19 and
Saturday, September 20 2014**

This year's conference will be hosted by Eastern Kentucky University in Richmond. This event is **fully funded** by KAHPERD for each student. For details or student recommendations please contact Jim Hinerman at jim.hinerman@eku.edu.

EXHIBITORS NEEDED

B.J. Walters, Exhibitors Manager
bjwalters@yahoo.com



We are looking for Exhibitors for our Fall Conference. If you know of someone that may be interested, please have them contact B.J. Walters by email.

CASINO NIGHT

At the KAHPERD 2014 CONVENTION

**FREE FUNFEST,
DANCING, GAMES &
FOOD FOR ALL.**

**PRIZES WILL BE
AWARDED**

**JOIN US 7:30 – 10:30 P.M.
MONDAY NOV 17, 2014**

HEALTH DIVISION

Laurie Larkin, Vice President
laurie.larkin@eku.edu



What an amazing opportunity we had last February in Kentucky to host for the 1st time in over 60 years, the 2014 SDAHPERD/KAHPERD Convention. It was an excellent opportunity to show hundreds of professionals from all over the southeastern United States our wonderful hospitality and beautiful Bluegrass state. Thanks to all who presented and volunteered their time to make the convention a great success. This fall, you do not want to miss our next Convention, this November 16–18, 2014 at the Marriott Griffin Gate Hotel in Lexington, KY. It will be an incredible gathering of educators who are passionate and excited about making a difference in our nation's health and quality of life. Some of the topics to be presented will include: Common Core in Health Education, Paradigm Shifts in K–12 Health Education, Supplement Usage, Holistic Health, Profiles of Secondary Health and Physical Education Teachers, Teaching and Learning about Nutrition, Nutrition Standards and Policies, and The Power of Food, among other topics. When planning your PD budget for the 2014 – 2015 year, please consider including the KAHPERD Convention. Can't wait to see you there!



Keri Esslinger • keri.esslinger@wku.edu



Calling all KAHPERD students!! Don't miss out on the annual KAHPERD Superstar competition. Each year college/university students from around Kentucky compete to be the Kentucky Superstars Champion. We allow up to 2 teams from each University/College in Kentucky. If we have ten or more schools sign up we will limit the competition to one team per school. The Superstar Competition is Tuesday, Nov. 18, 2014 in the Paddock Room! Look forward to seeing you! Please sign up at least 15 min prior to competition with Keri Esslinger outside the designated conference room for the competition. We look forward to a fun, friendly competition.

GENERAL DIVISION

Daniel Hill, Vice President • daniel.hill@fayette.kyschools.us



KAHPERD members proved to be fabulous hosts to the Southern district conference in February! Look to the near future and plan to attend our very own conference this fall! The General Section includes: exercise science, recreation, sports management, research, and

coaching. Sessions we have planned for you include: Internships in Sport Management, Mental Illness in Sports, Validation of Standing Wall vertical jump and many more! Plan on some valuable professional development Sunday, November 16 – Tuesday, November 18, 2014 in Lexington!

PHYSICAL EDUCATION DIVISION

Jamie Sparks, Vice President • Jamie.sparks@education.ky.gov



During the Southern District Convention in February, the Kentucky Board of Education health subcommittee recognized 13 school districts for their commitment to fully enroll all schools in Let's Move Active Schools (LMAS). Special guest Shellie Pfohl, of the President's Council for Fitness and Nutrition came to present to those districts along with KDE Chief of Staff Tommy Floyd. Shellie laid out the challenge that Kentucky would be the first state to enroll every school in LMAS! As of June, there are over 350 schools registered in Kentucky for LMAS. The reporting does track number of schools enrolled, number of schools competing inventory and number of schools with action plans. We have made great progress but still plenty of room for improvement so please spread the word!

Governor Beshear's kyhealthnow plan that was also announced in February, the kyhealthnow plan is comprehensive five year initiative from Frankfort to improve the health of all Kentuckians. For schools, the kyhealthnow plan is tracking Coordinated School Health committees, comprehensive school physical activity programs and LMAS throughout the state in addition to other school health criteria such as tobacco free schools and oral health for children. This plan will drive some conversations around improving state policy, so be involved now with advocacy by contacting your local legislators and develop

relationships to raise awareness now!

Kentucky will be hosting the Southern Obesity Summit October 5–7 in Louisville. This is our state's second large semi-national event in Kentucky in 2014. These events continue to help build momentum around conversations about the role of health education and physical education in not only healthcare but college and career readiness as well.

Thus all of the above provide great momentum for this fall's KAHPERD convention! I am excited to announce there will be a **free six hour professional development training** as this year's pre-convention workshop. Trainers are being sponsored by the President's Council and SHAPE America on the new Presidential Youth Fitness Program (PYFP). PYFP has changed drastically through strategic national partnerships that are helping to modernize fitness testing to better align with outcomes relative to improving physical literacy for students. Monday and Tuesday will feature a plethora of great physical education presentations by both state and national PE experts. 2014 has been a great year and this fall's convention will provide a great event for professional learning and networking for strengthening our profession, I look forward to seeing everyone in Lexington in November!

DANCE DIVISION

Marianne McAdam, Vice President • Marianne.Mcadam.eku.edu



Have you heard? The new National Dance Standards are just about ready for launching and we have a lot of work to do to be able to meet those standards. In addition, the Program Review scores for dance and PE are soon to count in the overall school accountability "grade." But the real reason to teach dance to KY's students is to give them another avenue for finding joy in moving!!! Come to the November convention ready to enjoy a number of excellent dance sessions. For the middle and high school teachers looking to find new and interesting ways to entice your students to exercise, Nashwa Cahill will offer you experience in a

variety of dance rhythms from around the globe. I will help you brush up on your Salsa dancing. A session on "*Alignment, the Lost Fitness Component*" and another on "*Yoga for Children*" will improve the health of not only your students but your own health. Lydia Austin and Rebecca Stephenson will give you ideas on how to excite your students into choreographing and Stephanie Woodie will offer a unique session on "*authentic movement*." It will be a fun and unique experience that can be adapted to use with a variety of age groups for the purposes of self-expression and can be a prompt for writing activities or lessons on observation and communication. Rayma Beal gave a session at the SDAHPERD convention on how to do a creative dance lesson based on a children's book. The

participants in this session had a great time and left with excellent tools to use to integrate dance and literature. She will offer yet another way to build a creative dance lesson at our November convention with a different children's book.

Of course we will have a Dance Gala; a long held tradition at National, District and State conventions. The Gala will take place on Monday, November 17 at 3:45 pm at the Griffon Gate Marriott in Lexington. I would ask that submissions be made to me, **marianne.mcadam@eku.edu** by **October 15, 2014**. It would be wonderful to have as many K-12 and University dance presentations as possible! Show us what is going on in DANCE in the state of Kentucky!!!

HONOR and SPECIAL AWARDS

Sue Banister • Sue.Banister@twc.com



I need your help! We have so many outstanding professionals in our field that aren't getting recognized and we have to do something about it. What can we do? Go to www.kahperd.com and click the nominations icon. You can nominate Teachers of the Year and HPER students Under the "TOY" category. The "honors" awards are based on this criteria:

Mustaine Award – This is the highest honor that KAHPERD bestows. The recipient should have been recognized at some earlier date. It should be an award of great honor and the person must be carefully chosen.

Life Member Award – This is awarded to someone who has had a long period of service (at least ten years) or who may have retired. It recognized distinguished service to the profession.

Distinguished Service Award – This is awarded to members of KAHPERD in recognition of meritorious service over an extended number of years.

Merit Award – This awarded to members and non-members of KAHPERD. It is to recognize merit in the fields of HPERD and fields of allied interests. It may be presented to persons, schools or institutions/corporations.

Please be sure to complete all of the information on page 2 and include a one-page justification explaining why your nominee is deserving of the award.

Deadline for nominations is September 1, 2014. Please take 5 minutes of your time to nominate a deserving professional. Send to: Sue.Banister@twc.com.

2014 DANCE GALA

The 2014 Dance Gala is accepting proposals from Dance Artists/Groups who wish to participate in the Gala. The Dance Gala is an annual event that highlights dancers and dances of different origin and theme. Dance is explored through contemporary and traditional compositions created and presented by select dance group/artists. Program goals are to advocate and promote the contributions of dance students/groups/artists from a variety of settings.

SUBMISSION GUIDELINE

Applicants should submit a brief description of the proposed work including:

- Length of the piece
- Number of dancers/performers
- Music
- Special technical requirements

Name of Group: _____

Name of Coordinator: _____

School/Organization: _____

Address: _____

Phone: (home) _____

(work) _____

(School/org) _____

Email: _____

DEADLINE IS WEDNESDAY, OCTOBER 15, 2014

For more information or to Submit a Proposal:

Marianne McAdam, Dance Gala / Vice President – Dance

Eastern Kentucky University • 521 Lancaster Ave. Weaver 202 • Richmond, KY 40475

Marianne.Mcadam.eku.edu • KAHPERD.com

2014 KAHPERD FALL CONVENTION PROPOSALS

PHYSICAL EDUCATION

Validation of Standing Wall Jump.....	<i>Jim Laurkin</i>
Gonoodle.....	<i>Elizabeth Thornberry</i>
Health Related Fitness	<i>Sally Hope</i>
Team Handball	<i>Reita Clanton</i>
Inclusive Games for Tennis.....	<i>Jack Rutherford</i>
Hantis – Your Students Will Be Begging To Play	<i>Amber Amstutz</i>
The Great Body Shop.....	<i>Annette Hall</i>
Advanced Balance Dev – Skatetime.....	<i>Jason Meier/Rich Freeman</i>
Partner Up Rhythm Play	<i>Monica Magner</i>
Large Group Games	<i>Todd Farmer</i>
Teaching Kinesthetically	<i>Rob/Kristine Lyon</i>
#PE Geeks	<i>MeMe Ratliff</i>
Effective Job Specific PLC	<i>MeMe Ratliff</i>
An Apple for the Teacher – Spark.....	<i>Jeff Mushkin</i>
Healthy Eating+Physical Activity	<i>Melinda Turner</i>
Tabata Time!	<i>Whitney Anderson</i>
Connecting Core Contest State Standard To Nutrition	<i>Ron Malm</i>
Making Sense of State Standards.....	<i>Ron Malm</i>
Fitness: It's Not Rocket Science	<i>Ron Malm</i>
Unlocking the Power of Data.....	<i>Ron Malm</i>
Barking Orders.....	<i>John Ferguson</i>
If You Had Fun, Then You Won	<i>Angela Hedenberg</i>
Stampede and Super Field Day.....	<i>Laurie Workman</i>
Mentoring PE Teacher Candidates	<i>Stephanie Wooten-Burnett</i>
How and Whom Do I Advocate for PE	<i>Stephanie Wooten-Burnett</i>
Activities/Assessments Aligned w/Stand.	<i>Cody Hinton</i>
Big Box of Activities	<i>John Jones</i>
Track/Field Events and Speed Development.....	<i>John Jones</i>
Free Technology to Enhance Teaching	<i>John Jones</i>
Quick Games Fun and Fitness.....	<i>John Jones</i>
Sport Stack 3-3-3 3-6-3.....	<i>Pola Metz</i>
It's Great to Integrate	<i>Karen Baum</i>
Thematic Field Days.....	<i>Karen Baum</i>
Energize the Brain and Body – Speed Stacks	<i>TBD</i>
Geo MotionTV	<i>Kathy Langdon</i>

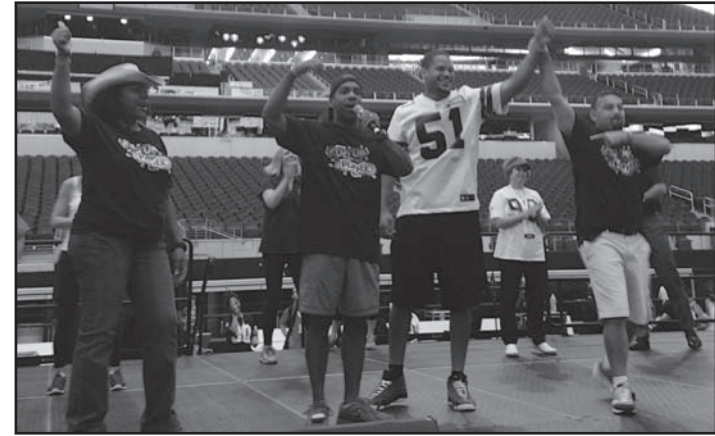
Academics on the Move.....	<i>Kathy Langdon</i>
Activities That Your Staff Will Love	<i>Kathy Langdon</i>
Golf and PE.....	<i>Sue Banister</i>
C.A.T.C.H. Health and Wellness Curric	<i>Nancy Satterfield</i>
Climb On.....	<i>Kevin Sudeith</i>
Implementation of Bicycles in PE	<i>Tracy Spigelman</i>
Barking Orders – Canines	<i>John Ferguson</i>
Songs Elem. PE Teachers Must Have	<i>Brent Beauman</i>
What Does SHAPE America Mean to Me	<i>Jenny Dearden</i>
KODA – Being An Organ Donor	<i>Morgan McCalvin</i>
Small Spaces, Maximum Activity	<i>Daniel Hill</i>
41.Common Core In Health Ed	<i>Nancy Neufeld</i>
Small Spaces, Maximum Activity	<i>Daniel Hill</i>
8 Paradigm Shifts in K-12 Health Ed	<i>Jessica Lawrence</i>
Small Spaces, Maximum Activity	<i>Daniel Hill</i>
Research: Genetic/Personalized Tests.....	<i>Dayna Seelig</i>
Supplement Usage	<i>Dayna Seelig</i>
Teaching Nutrition.....	<i>Steve Haffner</i>
Learning Nutrition Can Be Fun	<i>Steve Haffner</i>
Vitality From the Inside Out	<i>Jan Roberto</i>
Holistic Health: A Look Back/Look Forward	<i>Ken Pickerill</i>
The Power of Food	<i>Robert Dell'Amore</i>
Perceived Risk for Type 2 Diabetes	<i>Jim Larkin and Laurie Larkin</i>
Profile of Sec. Health and PE Teachers	<i>Jonathan Vorbeck/Ballard</i>
Concussions in PE.....	<i>Matthew Sabin</i>
Tweens Nutrition and Fitness Coalition	<i>Michelle Castro/Anita Courtney</i>
USDA Smart Snacks.....	<i>Tracey Thomas</i>
You Need to Know How to Salsa.....	<i>Marianne Mcadam</i>
Time to Choreograph.....	<i>Lydia Austin/Rebecca Stephenson</i>
Evolution of Dance.....	<i>Candace Young/Amber Amstutz</i>
Creative Movement and Communication	<i>Stephanie Woodie</i>
Motivating Fitness Through Global Dance Patterns	<i>Nashwa Cahill</i>
Children's Literature	<i>Rayma Beal</i>
Alignment – The Lost Fitness Component	<i>Marianne Mcadam</i>
Yoga For Children.....	

Fuel Up to Play 60 Project

By: D'Artagnan Coots • dartagnan.coots@covington.kyschools.us

We started a service learning project called Cardinals Fuel Up Play 60 to help raise money for a new playground. We reinvested our school into the Fuel Up To Play 60 program to help us achieve our goal of raising 100K for a jointly used playground suitable for all children and adults. We held a Family Fuel Up Night in June 2013, a baseball camp in July 2013, and a Salad Bash at McDonald's in Sept. We hosted the Latonia 5K race. We set up activity stations at the LBA Halloween block party instead of giving out candy. We gave out fuel up balls and Cov Rec basketballs. We had a smoothie contest at the City Heights Housing Projects for our students. The 3rd grade teachers loved the smoothie contest so much they did in the classroom the next day with the whole 3rd grade. With the help of the ASAP grant we implemented the 100 mile club. We were fortunate enough to have 2 NFL players visit our school. Former Bengal and current Tampa Bay Buc; Michael Johnson and former UK Wildcat and Detroit Lion; Artose Pinner. We had another Family Fitness Night in 2014 this time we implemented the build a better breakfast play. University of Cincinnati students made smoothies, prepared fruit, granola, and NKY Health Dept. donated fruit infused water cups. We raised over 2K for Jump Rope for Heart. I was able to send Fuel Up club students to a Bengal's practice and a game with the help of Most Valuable Kids Cincinnati. We had a community paint day in Nov. 2014 to paint map stencils and the Fuel Up Move stencils on the playground. We celebrated World School Milk Day by giving out pencils and stickers when students answered "I milk mustache you a question" about dairy. I used my funds to make sure all of my cafeteria staff had aprons and T-shirts to wear on Fuel Up uniform day Thursdays. We used our fuel up funds and money from our Kohl's care grants to build a greenhouse for the garden club. Students from Holmes High School carpentry class built the greenhouse in the spring as part of The Holmes High School Day of service learning. The fifth grade classes started a worm garden and a pizza garden in their classroom pod. Clare Norwood from the Center for Great Neighborhoods is our major grant writer. She helped us get a 50K Interact for Health Grant. She also helped us secure

20K from the City of Covington and another 15K grant from our equipment manufacturer, GameTime. All the other stuff I mentioned helped us raise 15K to reach our goal of 100K. We hope to do our community build day the first week of August if the weather is nice and our equipment arrives on time. We had our students draw their dream playground back in spring of 2013. We used those drawings and input from community members to select the equipment. We will have adult exercise equipment, new swings, toddler equipment, and equipment for K-5 students. Feel free to contact me if you have questions regarding Fuel Up Play 60.



Man on right w/elbow bent & pointing to 51 is D'Artagnan Coots, Latonia Elem PE Teacher & Play60 Hall of Famer. The guy in the jersey is some NFL player will find out who if I can.



D'Artagnan Coots PE Teacher Latonia Elementary, McKenzie Hallman- 5th Grade (6th grade 2014-2015) and Abigail Bartel- 5th grade (6th grade 2014-2015), Jamie Sparks(KDE)

http://m.youtube.com/watch?v=PO5jvxNDm_I

http://m.youtube.com/watch?v=1T3F_bVs9Fs

<http://m.youtube.com/watch?v=0xQINYrnxxzo>

The girls helped implement FUTP60 and The Cardinals Play 60 Playground Project. Almost all of the events we did they were involved in.

They competed in Lexington for the state STLP program as 3rd graders. Their project was about healthy eating. I recruited them to implement FUTP60 in the spring of their 4th grade year. They were selected as FUTP60 state ambassadors during their 5th grade year.

<https://onedrive.live.com/redirect?resid=87E63A95E74243F7!4743&authkey=!AFiS6KWG6dF-iTI&ithint=file%2c.docx>

https://onedrive.live.com/redirect?resid=87E63A95E74243F7!4462&authkey=!AHLmJg8hSGQ_Vo&ithint=video%2c.m4v

Make sure you take the time to check out these links so that you can see how amazing these 2 girls are.



For FREE Membership in SHAPE America

Raise \$2,000 or more through your Jump Rope For Heart or Hoops For Heart event at your school and receive a one-year FREE JUMP membership to SHAPE America!

By joining SHAPE America, you become connected to the benefits and tools to support your profession. Empower yourself to SHAPE health, habits, policy and programs all year!

2014 Summer Workshop

The 2014 Summer Workshop was successful. Tuesday was a full day of Physical Activity Leader (PAL) training facilitated by Jamie Sparks and Jessica Lawrence. Many professionals from around the state participated in the training. Wednesday sessions were packed with action and information for our Kahperd members.

Thank you to our presenters, US Games/EKHO, Jamie Johnston (Grants for PA Clubs), Meme Ratliff (Social Media), Johnny Newsome (Ultimate Activity), Jala Miller (Staff Wellness), Sue Banister (What Are We Doing In PE Today?), Whitney Anderson (Tabata Time), D'Artagnan Coots (Family/Community Engagement) and Sally Hope (Health Related Fitness). A big thank you to Tom Stenger from US Games for lunch on Tuesday.

ONCE YOUR SCHOOL HAS RAISED \$2,000 OR MORE:

- ☒ Simply complete the portion below.
- ☒ Have your school principal sign it.
- ☒ FAX to 703-476-9527 or drop it in the mail to: SHAPE America, 1900 Association Dr., Reston, VA 20191 to activate your FREE SHAPE America JUMP membership.

Visit www.shapeamerica.org/jump to learn more about our programs for JRFH & HFH coordinators.

Contact your State AHPERD to learn what special member benefits are available when your school holds an event.



Name _____	
Job Title _____	School _____
Address _____	
City/State/Zip _____	
Phone _____	Email _____

With your JUMP membership you get a subscription to the online edition of one of the magazines below!
Please select one of the following: ☐ Strategies ☐ JOPERD

☐ As principal, I confirm that my school raised \$_____ in our Jump Rope For Heart or Hoops For Heart event in School Year _____.

Principal Signature: _____

• Incomplete forms will not be processed.



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on Twitter & Pinterest**



**Follow KAHPERD on
Facebook**

Summer Workshop



Make a difference in the lives of your students.

Jump Rope For Heart and Hoops For Heart are educational fund-development programs. Each year more than 7 million children participate in a service learning event, engaging teachers, schools and their community in a shared collaboration to improve the health and educational success of students.

Teachers receive

- classroom resources
- teaching tools + support
- professional development
- networking opportunities

Students learn

- heart healthy living
- physical activity skill-building
- civic engagement
- teamwork and cooperation

Schools can

- increase access to PE
- earn equipment vouchers
- promote student success and well-being



Sign up to hold an event in your school and shape a new generation of healthy, physically active and engaged citizens!

Learn more! shapeamerica.org/jump

HOOPS FOR HEART

Amber Amstutz, amber.amstutz@campbell.kyschools.us

If your school participated in The American Heart Association's Jump Rope or Hoops for Heart event this year, rubber ducks mean more to you now than ever before! Whether it makes you laugh or cringe, more than likely, the rubber ducks boosted your school donations tremendously, which is a huge win for people with sick hearts all over Kentucky!

This year was the 35th anniversary for the American Heart Association's Jump Rope for Heart Event. To say "Happy Birthday" to JRFH, the AHA devised a plan to instantly reward students participating in either Jump Rope or Hoops, with lifesaving rubber ducks. This year, as soon as students raised \$5, they received Camo Quacky, a red and white camouflage duck on a matching red and white lanyard. Other instant ducks included Ninja Duck, earned after receiving the first online donation, and Mr. Cool Duck, rewarded once \$75 was raised online.

Hopefully, the ducks were as big of a hit at your school, as they were at mine and your school raised more money than ever before! The ducks contributed to a 13.7% increase in monies raised from last year for the American Heart Association by the state of Kentucky.

I was fortunate enough to teach at a new school this year, Campbell County Middle School in Alexandria KY, and was excited to introduce my school to Hoops for Heart. Not long after kicking off the program the AHA ducks could be seen all throughout the halls. Students and staff proudly wore their ducks and used them as an opportunity to spread the word about heart health. Although only students in my Health and PE classes participated, our first year of Hoops was a great success! We surpassed our goal of \$1,500! We then celebrated with the Northern Kentucky University boys basketball team in a knock out competition and huge game of heart attack dodgeball. Next year, I hope to

engage the entire school in hoops to come together and raise even more funds for the AHA.

Specifically in Kentucky, 120 schools participated in Hoops for Heart this year, 45 middle schools and 75 elementary schools. Over all, \$257,448.82 was raised which is a 10% increase from last year.

The top 3 fund raising schools of the 2013-14 school year were:

St Raphael

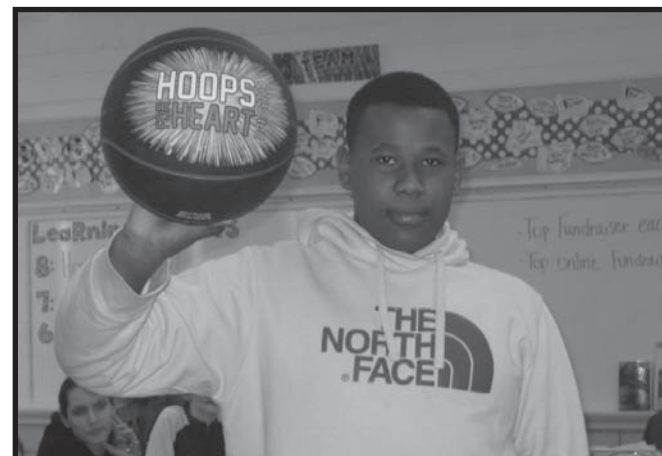
The Archangel School..... \$10,684.59

Grayson County Middle School..... \$10,105.49

Kit Carson Elementary School..... \$9,855.04

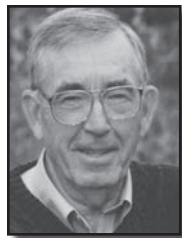
As KAHPERD's new Hoops for Heart Coordinator, my goal is to increase the number of secondary schools who participate in hoops. If you are interested in hosting an event, but aren't sure how to get started, please contact me for help. I can provide you with many great ideas to get your event off the ground, as well as hook you up with your local American Heart Association representative.

We Jump. We Shoot. We Save!



IN MEMORIAM

By John Ferguson, Necrologist



Richard Lee Gentry,
(February 12, 1926 – July 1, 2014)

Richard Lee Gentry, 88, a veteran of World War II, a member of the Richmond Church of Christ, and a resident of the Saint Andrews Retirement Community, died on Tuesday, July 1. Lee was born on February 12, 1926, at Level Green (Rockcastle County), Kentucky, the son of the late Richard and Maude Gentry. After graduating from high school, he attended Berea College and then joined the Army Air Corps just before World War II ended. Upon his discharge, he attended Eastern Kentucky University where he earned his B.S. degree in 1948 with a double major in mathematics and physical education. While at Eastern, he met Arevia "Hannah" Weddle, whom he later married on June 28, 1946. He went on to receive his M.S. in Physical Education from Eastern and the Ed.D. from the University of Kentucky. Lee's teaching career, all in Kentucky, began at Livingston, where he also coached basketball. From Livingston he moved to East Bernstadt and then to Marion as superintendent of schools. In 1956, the family moved to Frankfort where Lee served as State Supervisor of Health, Safety, and Physical Education for eight years. In 1964, President Robert R. Martin recruited him to teach at Eastern Kentucky University. There he primarily supervised student teachers of physical education. While at Eastern, Lee was an active member of the Kentucky Association for Health, Physical Education and Recreation, serving as secretary/treasurer and president of this organization. He received a Life Membership Award in

1964 and the W. H. Mustaine Award in 1974. During his 19 years at Eastern, Lee served as the Faculty Representative on the Board of Regents and served on the Arlington Board of Directors. He chaired the Department of Physical Education from 1980 until his retirement in 1983. The College of Education inducted Lee Gentry into its Wall of Honor in 2009. Lee took a leadership role in community affairs before and after his retirement. He spent eighteen years on the Richmond Parks and Recreation Board and also helped organize a Senior League for golf at Arlington. A long-time member of the Richmond Church of Christ, he served as an elder and started the Elderberries program for seniors. Lee Gentry is survived by his wife of 68 years, Hannah Weddle Gentry; two daughters, Carol (John) Williams of McKinney, Texas, and Ellen Rini of Richmond; five grandchildren, Gavin (Megan) Williams of Plano, Texas, Zane (Jodi) Williams of McKinney, Texas, Sarah (Philip) Rini Gump of Richmond, Lucy Rini of Frankfort, and Woody Rini of Richmond; two great-grandchildren, Buck and Gentry Williams of McKinney, Texas; a sister, Nina Kline of Cincinnati, Ohio; and special friends Earl and Lucille Adams of Danville. He was preceded in death by his parents, Richard and Maude Gentry, and five siblings, Billy Gentry, Bobby Gentry, Norma Stevens, Norene Manis, and Nellie Ratley. Pallbearers will be Woody Rini, Gavin Williams, Philip Gump, Chris Collins, Zack Gentry and Ben Taylor. Honorary pallbearers will be Titus Black, Larry Bond, Tom Brown, Mike Grimes, Jack Hall, Shirley Kearns, Joe Koger, Ron Lawson, Al Morris, Odell Phillips, Byno Rhodes, and Jim Stull.

Please send information regarding deceased KAHPERD members to john.ferguson@eku.edu, so they may be honored by KAHPERD.

Pre-Convention Sunday, November 16 • 2–9:00 p.m. with Supper Break 5–6:00 p.m.
Presidential Youth Fitness Program sponsored by President's Council & SHAPE America
FREE to KAHPERD Members • Registration Info on Page 16 or www.kahperd.com

Volunteers Needed

KAHPERD needs volunteers, to serve the association in a leadership role, at the Fall Convention, and at the Summer Physical Education Workshop. The life blood of any organization are the volunteers, and the new ideas they bring.

If you would like to volunteer, please complete the form below or go to www.kahperd.com, under About Us.

Lonnie Davis, Executive Director

KAHPERD

546 Gingermill Dr. • Lexington, KY 40509

Lonnie.Davis@twc.com

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP-CODE _____

HOME PHONE _____

COUNTY _____

SCHOOL/UNIV. NAME _____

CITY _____

COUNTY _____

E-MAIL _____

I wish to serve in the following capacity (check all that apply):

☐ Leadership Position on Board

☐ Fall Convention Worker

☐ Summer PE Workshop Worker

☐ Summer Health Workshop Worker



Call for Nominations – Officers

Nominees must: (1) be a member of KAHPERD for three years or more; (2) assume the duties/responsibilities of the office; and (4) **4-year** commitment for President, **3-year** for Vice-Presidents, Board Members-at-Large and Section Chairs (one board meeting the evening prior to the convention, one board meeting immediately following the convention, and three board meetings that are not held in conjunction with the convention — held on Saturdays throughout the year and include one Leadership Workshop in January, one spring board meeting, and one summer board meeting). Any member of KAHPERD may submit nominees for the following offices by sending the names to the address on the bottom of this form. Reproduce this form as needed.

President (candidates for 2014)

Name: _____

Address: _____

Email: _____

VP Physical Education

Name: _____

Address: _____

Email: _____

VP General

Name: _____

Address: _____

Email: _____

VP Dance

Name: _____

Address: _____

Email: _____

VP Health

Name: _____

Address: _____

Email: _____

Section Chairs within the General and Physical Education Divisions

☐ Recreation ☐ Research ☐ Sport Mgmt.

☐ Coaching ☐ Exercise Physiology

Name: _____

Address: _____

Email: _____

☐ Elementary ☐ Secondary ☐ Adapted

Name: _____

Address: _____

Email: _____

☐ Board Member At-Large East of I-65

Name: _____

Address: _____

Email: _____

☐ Board Member At-Large West of I-65

Name: _____

Address: _____

Email: _____

Nominated by: Name: _____

Address: _____

Phone: _____ Email: _____

Send to:

Jenny Dearden

j.dearden@moreheadstate.edu

42 Lucy Lane • Paintsville, KY 42124

DEADLINE – September 1, 2014

Dates to Remember

September 1, 2014

Deadline for Honor & Special Awards Nominations

Sue.Banister@twc.com

Deadline for Officer Nominations

j.dearden@moreheadstate.edu

September 19 & 20, 2014

KAHPERD Student Leadership

Development Conference

Richmond, KY

jim.hinerman@eku.edu

September 25 – 27, 2014

Southern District Student Leadership Development

Conference

Johnson City, TN

November 16, 2014

KAHPERD Pre-Convention Board Meeting

Griffin Gate Marriott • Lexington, KY

November 16 – 18, 2014

2014 KAHPERD Convention

Griffin Gate Marriott • Lexington, KY

December 15, 2014

Deadline for Spring Newsletter

charlow@windstream.net

January 16 – 17, 2015

KAHPERD Leadership Development Conference

January 17, 2015

KAHPERD Board Meeting

February 18 – 21, 2015

Southern District Convention

Atlanta, GA

March 1, 2015

KAHPERD Program Session Proposal Deadline

March 17 – 21, 2015

SHAPE America National Convention

Seattle, WA

May 15, 2015

Deadline for Fall KAHPERD Newsletter

June TBA

KAHPERD Board Meeting

KAHPERD Summer Workshop

KAHPERD HONOR AWARDS NOMINATIONS

Mustaine Award – This is the highest honor that KAHPERD bestows. The recipient should have been recognized at some earlier date. It should be an award of great honor and the person must be carefully chosen.

Life Member Award – This is awarded to someone who has had a long period of service (at least ten years) or who may have retired. It recognizes distinguished service to the profession.

Distinguished Service Award – This is awarded to members of KAHPERD in recognition of meritorious service over an extended number of years.

Merit Award – This is awarded to members and non-members of KAHPERD. It is to recognize merit in the fields of HPERD and fields of allied interests. It may be presented to persons, schools or institutions/corporations.

Date Submitted: ____/____/____

Your Name: _____

Address: _____

City/Zip: _____

Phone: _____

Email: _____

Nominee Name: _____

Nominee Address: _____

Nominee Phone: (work) _____

(home) _____

Justification for the Award: For the committee to consider the nominee we **MUST** have one **FULL typewritten page** of specific information that justifies why this person is deserving of the award.

Mail completed information to:

Sue Banister

530 Iroquois Drive • Bowling Green, KY 42103 • sue.banister@twc.com

Online forms are available at kahperd.com under Honor Awards.

**All Nominations must be received
by September 1, 2014**



Note: It is possible that every category will not be awarded each year.

Teacher of the Year Awards (TOY)

PROFESSIONAL AWARDS

____ Elementary Physical Educator (K–6) ____ Health Educator (K–12)
____ College/University Physical Educator ____ Recreator of the Year
____ Health Educator College/University ____ Middle/Secondary Physical Educator (7–12)
____ Dance Educator of the Year



COLLEGE/UNIVERSITY STUDENT AWARDS

____ Health Student ____ Recreation Student ____ Physical Education Student

Information on the Nominee:

Name _____

Address _____

City/State/Zip _____

Email _____

Justification for the award must be submitted along with this form. Check out kahperd.com for complete instructions.

Individuals nominated for the above Special Awards should exhibit outstanding qualities in their respective area.

Name of person nominating: _____

Phone _____

Email _____

Please refer to the KAHPERD website for complete instructions on the nomination process for special awards. www.kahperd.com

Nominations should be sent to: Sue Banister

530 Iroquois Drive • Bowling Green, KY 42103 • sue.banister@twc.com

Note: It is possible that every category will not be awarded each year.

Nominations are due on or before September 1, 2014

One provider, thousands of options.

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Local Office: 2 Summit Park Dr., Ste. 600, Independence, OH 44131
Phone: (800) 417-9099 • Email: tstout@legendgroup.com

Securities offered through Legend Equities Corporation, member NASD & SIPC.
Before investing in a mutual fund, consider its investment objectives, risks, charges and expenses carefully.
The prospectus, which contains this and other information about the mutual fund, can be obtained by contacting Legend Equities Corporation. Please read the prospectus carefully before you invest or send money.

KAHPERD Pre-Registration Form

Failure to pre-register will result in the loss of your chance to win a \$250 reimbursement for SD/SHAPE America

Register at www.kahtperd.com – KAHPERD accepts credit cards through PayPal

Name (last) _____ (first) _____ (initial) _____

Home Address _____

City _____ State _____ Zip _____

School/Organization _____

School/Organization address _____

Phone (home) _____ (work) _____

E-Mail (required) _____

BADGE INFORMATION / Name you wish on your badge: _____

School or Organization: _____ City: _____

KAHPERD MEMBERSHIP *(Must be current member to register for the convention)*

_____ New _____ Renewal

Professional.....\$35.00

Lifetime Member NC

JRFH/HFH (Must have sponsored '13-'14 school event)..... NC

Student\$15.00

Retired\$20.00

PRE-CONVENTION WORKSHOP ONLY • Sunday, November 16, 2014 • 2:00–9:00 PM EST with supper break 5–6:00 PM

Essentials of Presidential Youth Program Presented by: SHAPE America in collaboration with the Presidential Council

-(If you are attending the ENTIRE convention - SKIP THIS SECTION) -

_____ I want to register for the **Pre-Convention Workshop ONLY** \$35.00

*(KAHPERD membership is **REQUIRED** when attending pre-convention workshop.)*

CONVENTION REGISTRATION *(JRFH members MUST pay convention registration fees)*

Professional(after **November 10**, \$115.00)prior to **November 10**, \$95.00

(Professionals should pick-up their banquet ticket from Executive Director Davis.)

Students(after **November 10**, \$30.00)prior to **November 10**, \$20.00

Retired / Lifetime Member.....\$20.00

Additional Awards Banquet Tickets.....\$30.00

Awards Luncheon Ticket (Student).....\$15.00

Convention Proceedings (CD).....\$15.00

TOTAL

Please check if attending Sunday night pre-convention workshop.

Check or Money Order will only be accepted. **(No Purchase Orders Please!)**

Mail to: Lonnie Davis, KAHPERD Executive Director • 546 Gingermill Lane, Lexington, KY 40509

MUST BE POSTMARKED ON OR BEFORE NOVEMBER 10 FOR PRE-REGISTRATION DRAWING!

You must pre-register to be entered in the \$250 drawing to attend AAHPERD or SOUTHERN DISTRICT AAHPERD.



Dr. Lonnie Davis, Executive Director
546 Gingermill Lane
Lexington, KY 40509

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Permit #293

“KAHPERD NEWSLETTER” is an official publication of the Kentucky
Association for Health, Physical Education, Recreation and Dance.



Editor:

Cheryl Harlow

872 Pig Road • Smith Grove, KY 42171-8817 • charlow@windstream.net

DATES FOR SUBMITTING MATERIAL FOR PUBLICATION:

Fall Issue: **May 15** Spring Issue: **December 15**

Mail directly to the:

THE GRIFFIN GATE MARRIOTT RESORT & SPA

1800 Newtown Pike

Lexington, KY 40511

1-800-228-9290 (Toll Free)

1-859-231-5100 (Direct)

KAHPERD Annual Convention

November 16-18, 2014

CONVENTION RATE: \$114 Single or Double

Deadline for special rate is

(November 3, 2014 at 5:00 pm)

Identify yourself as a KAHPERD Member

Name _____

Address _____

City _____ State _____ Zip _____

Daytime Phone Number _____

Sharing room with _____

No. of persons _____ Arrival date _____ Departure Date _____

Check in time is 3:00 p.m. • Check out time is Noon

Accommodations will not be confirmed without a check for the first night's deposit or use your credit card to guarantee your reservation. You will be charged for the first night if reservations are not cancelled 48 hours prior to arrival.

☐ Amex ☐ Diners Club ☐ Visa ☐ Mastercard ☐ Discover Card ☐ Advanced Deposit

Credit Card # _____ Exp. Date _____

Please check preferred accommodations

Single \$114
(1 person)

Double \$114
(2 persons)

1 King Bed _____

2 Double Beds _____

Special Requests: _____

☐ Smoking

☐ Non-Smoking

Includes breakfast for up to 2 guests

(Mail / Fax directly to: Griffin Gate Marriott Resort & Spa)