

KENTUCKY NEWSLETTER FOR HEALTH • PHYSICAL EDUCATION RECREATION • DANCE



FALL 2013

“FINDING JOY IN THE JOURNEY”

Southern District American Alliance for Health, Physical Education, Recreation and Dance



Reita Clanton

Reita Clanton is an Olympic athlete and coach, author, teacher and professional speaker. In 2010, she was only the 12th woman to be inducted into the Alabama

Sports Hall of Fame.

Reita's career in sports spans 3 decades and includes participating in the 1984 Olympics as a member of the first U.S. women's handball team and as an assistant coach for the U.S. handball team in the 1996 Olympics. She worked for the Boy's Clubs of America, the U.S. Team Handball Federation and coached basketball and volleyball at the collegiate level. Reita served as a technical director for Special Olympics International for the sport of Team Handball. She is also a certified instructor of speed and agility training with Athletic Republic, a leader in sports performance training.

1992 – Outstanding Alumnus College of Education, Auburn University
1996 – USOC National Coach of the Year - Handball
1996 – Co-Author of only book on Team Handball written by an American author. (Human Kinetics, publisher)



Jacalyn Lund ***SDAAHPERD Scholar*** ***Award***

Jacalyn Lund is Professor and Chair in the Department of Kinesiology and Health at Georgia State University.

She received her Ph.D. from the Ohio State University, M.S. from the University of Northern Colorado, and her B.S. from Michigan State University. Jacalyn has written and/or co-authored 8 books about assessment, curriculum development, and instructional strategies. She has over 75 refereed publications, innumerable presentations, and has received 11 grants. Lund draws on her 16 years of public school teaching experience while working as a teacher educator. She has been involved with NASPE throughout her career in higher education, beginning with the committee that developed the National Content Standards for Physical

Education (1995). Jackie also served as President of the National Association for Sport and Physical Education (NASPE), the NASPE Assessment Series Editor, a NASPE/NCATE Adjudicator, and a NASPE PIPEline clinician.

Jackie is a Fellow of the North American Society (NAS) of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), a Fellow of the Research Consortium of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), and a recipient of the 2009 NASPE Presidential Recognition award. In 2010, Jackie was a member of the Committee to develop Health and Physical Education Standards for P-12 teachers for the Georgia Professional Standards Committee and in 2008–2009 she served as Chair of the Committee to Develop Physical Education Standards for the State of Georgia. Jackie's areas of interest include Assessment (measuring dispositions in teacher candidates), curriculum development and teacher effectiveness.



**AAHPERD
MEMBERSHIP
LOGIN**

Other highlights include:

1977 – U.S. Delegate to the International Olympic Academy

1985 – USOC Sportswoman of the Year - Handball

ROOKIE RUGBY-GREAT NEW ACTIVITIES FOR THE GYM

Sue Banister • sue.banister@twc.com

After attending a KAHPERD summer workshop session on elementary rugby by Bob Heyward, two Warren County P.E. teachers purchased the balls, went to the website and taught rookie rugby for the first time. Elizabeth Johnson (Richpond and Richardsville Elementary) and Sue Banister (Warren Elementary) put together a four week unit using the website, www.rookierugby.com. At this website you will find game and skill cards, as well as youtube videos to understand the game and drills/activities. To the right you will see Warren Elementary students showing you the shovel pass and ripping flags in something called Just Score. If you are tired of teaching the same old units, give rugby a try, your students will love it.



Meet KAHPERD'S New Executive Director



Jenny S. Dearden,
j.dearden@moreheadstate.edu

WORK EXPERIENCE:

Associate Professor Health, Morehead State University (MSU), Morehead, Kentucky. Department of Health, Wellness and Human Performance (HWHP).

<http://moreheadstate.edu/Academic-Programs/HWHP/Health-Promotion/>

Jenny will work part-time with Executive Director Davis Feb. 2014 – Dec. 2014 at which time she will become the full time KAHPERD Executive Director.

Active kids do better.
Active Schools help kids
reach their greatest potential.
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Move Schools



Change Starts With You! Be A Champion!

Kids Have Stopped Moving. Nationwide.

- Only 6 states require physical education in every grade
- Only 20% of school districts require daily recess
- Only 1 in 3 kids is active every day

Active Kids Perform Better.

- Up to 40% higher test scores
- Increased attention and concentration
- Improved attendance and discipline

Let's Active
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Join Today!

Help your school create an active environment
by accessing funding, support and training.



Hoops For Heart is a national education and fundraising event created by the American Heart Association and the American Alliance for Health, Physical Education, Recreation and Dance. Students learn basketball skills, learn the benefits of physical activity, healthy eating and avoiding tobacco; and raise funds for research and programs to fight heart disease and stroke. Millions of students have joined with us in being physically active and in fighting heart disease and stroke by funding research and educational programs. Be a part of this great event and your school will earn gift certificates for Free P.E. equipment from U.S. Games.

Call 1-800-AHA-USA1 or
visit heart.org/hoops to get
your school involved.



AHPERD is a proud program partner of Hoops For Heart.

We Jump.
We Shoot.
We Save!



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MUSIC AND SPORTS: IT'S ALL GOOD

A Joint Statement from the National Association for Music Education (NAfME) and American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD)

RESTON, VA. (November 20, 2013) – In many schools across the country, students are afforded the opportunity to expand their involvement in curricular physical education and music through participation in extracurricular activities including competitive sports and marching band. Naturally, talented students often must choose between activities, given the realities of competing demands on their time. However, the compartmentalization that often results between extracurricular sports and band should never be cause for division among students, parents, and instructors.

Recently, Annandale High School in Northern Virginia experienced such division when the football team and marching band were placed in competition for field time, with heated emotions placing the school's students and their families on opposite sides. While that incident is being resolved, the perceived division between extracurricular athletics and band activities remains all too common. But it should not be that way.

We at the National Association for Music Education (NAfME), along with the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), support the vital roles that both music and physical education play in the lives of many students. Both disciplines provide opportunities to develop critical personal assets such as leadership, discipline, collaboration, and self-confidence.

As advocates of both music and physical enrichment, NAfME and AAHPERD emphasize the value of collaboration,

communication, and mutual respect for the unique abilities and contributions of each individual.

In the words of President John F. Kennedy, “Not every child has an equal talent..., but they should have the equal right to develop their talent and their ability and their motivation, to make something of themselves.” And as many parents know, many students take part in both music and sport activities. Hence, any fabricated divide between those communities is not helpful for any student or their school community.

We commend all students who pursue personal excellence via participation in music and sports. On behalf of NAfME and AAHPERD, thank you for the inspiration, enthusiasm, and positive example that all of you bring to your community. As parents, educators, and advocates, let us join in encouraging their respective endeavors.

For additional information, contact Nelson Duffie at NelsonD@nafme.org or Paula Kun at pkun@aahperd.org.

National Association for Music Education, among the world's largest arts education organizations, is the only association that addresses all aspects of music education. NAfME advocates at the local, state, and national levels; provides resources for teachers, parents, and administrators; hosts professional development events; and offers a variety of opportunities for students and teachers. The Association orchestrates success for millions of students nationwide and has supported music educators at all teaching levels for more than a century. With more than 70,000 members, the organization is the voice of music education in the United States. Follow NAfME on Twitter (twitter.com/nafme) and on Facebook (facebook.com/nafme).

The vision of AAHPERD is “Healthy People – Physically Educated and Physically Active!” Headquartered in Reston, VA, 25 miles west of Washington, DC, AAHPERD is the largest organization of professionals involved in physical education, physical activity, dance, school health and sport — all specialties related to achieving an active, healthy lifestyle. Its mission is to advance professional practice and promote research related to health and physical education, physical activity, dance and sport by providing its members with a comprehensive and coordinated array of resources, support and programs to help practitioners improve their skills to further the health and well-being of the American public. For more information, visit www.aahperd.org.



2014 Southern District AAHPERD/Kentucky Convention Program

All lead presenters have been notified of the day and time of their presentation. It is their responsibility to notify co-presenters of program details for presenting

Wednesday — WORKSHOPS

- Angie Smith Nix/Karen Clevenger..... *Taking Dance to the Next Level – Incorporating Assessment & Choreography*
- Mary Ann Simpkins/Jamie Sparks.....*Creating a Culture of Health and Joy in the Academic Classroom: Innovative and Creative Strategies for Collaboration, Integration, and Engagement*
- Katie Cole*National Fishing in Schools Programs – Learning Indoors, Leads to Outdoors*
- Sally Hope..... *Fit2Bsmart: fun Movement Activities to Enhance Sensory, Perceptual and Gross Motor Skills in Pres-school and Elementary Children*
- Alfred Chavira*Any Body Can – Health and Wellness for Unique Learners*
- Eric Fuchs*Social Media Workshop – What’s the Newest and Latest?*
- Tom Coates, Mike Hall, Anne Wiggins.....*Activities from under the bus: Adventure based activities for all*

DANCE SESSIONS

- BerNadette L. Williams.....*Dance Fever: Exploring Cultural Diversity through Folk Dance*
- Susan Flynn*Sun is Up, Move Your Body Rock This Party*
- Victoria Monasterolo ... *Zumba for Everyone! Strategies and easy-to-follow steps to implement a Zumba fitness program at your school*
- Linda Ramsey *Rhythms for a Lifetime*
- Nashwa Cahill..... *Belly Dance, the ancient conditioning for fitness*
- Meredith Sims.....*A Dance for Every Month...Again!*
- Lydia Childress Austin.....*Choreography – Ideas to Action*
- Fran Meyer..... *Advocating for Dance in the Fine Arts and Physical Education*
- Amanda Clark..... *Floor Barre for the Ballet and Jazz Dancer*
- Sarah Downs..... *Using Yoga and Pilates with Athletes for Balanced Fitness*
- Sarah Downs..... *Honoring Our Local Heritage in Contemporary Choreography*
- Angela Smith Nix *Let’s Move & Groove in Active Schools: Take 3 Movin’ and Groovin’ in the Movies*
- Brandy O’ Mary *Dance as Fitness*
- Shelley Cushman *The Never Ending Circle*
- Rayma Beal.....*Creative Collaboration: Children’s Literature and Creative Dance*
- Kristi Johnson *Online Dance Education: Engaging the Millennial Learner*
- Marianne McAdam *Use Folk Dance to Reinforce the Elements of Dane*
- Marianne McAdam *The Science Behind Core Training*

- Karen Clevenger.....*Cap N’ Dance*
- Susan Mayes*Latest Line Dance Craze*

GENERAL DIVISION

- Charity Bryan ... *A Successful Distance Learning Model in Kinesiology Programs*
- Jacalyn Lund*2014 Southern District AAHPERD Scholar Lecture*
- Stephen Smith..... *Do Sports Build Character or Characters?*
- Karen J Dowd..... *Finding Funds for Student Professional Travel*
- Vicki Johnson-Leuze *Building Professional Learning Communities for Health and Physical Education Teacher*
- Laura Holloway *Start now it is time to make a difference anyone can*
- Jorge L Olaves Hernandez *Reaching Internationally*
- Linda Ramsey *Stretching and Core Exercises for seniors*
- David Fleming *Physical Education Field Experiences within After School Programs*
- Cameron Brown.....*Putting your Best Foot forward and S.O.A.R as a Future Professional*
- Andy Mooneyhan *Creating an online Professional Development (PD) course for JUMP & HOOPS coordinators.*
- Sherri Huff *Let’s Move in Schools Let’s Move Active Schools Then and Now.*
- Sally Hope..... *Living, Loving and Lasting as a Coach’s Wife*
- Bill Dickens *“Hatching the Golden Egg” Preparing for an Internship*
- David Hanzlik..... *“Using Your Noodle: Simple Ways to Integrate Fun & PA Breaks into Any Classroom”*
- Heather Adams-Blair *30 Minutes: Is that too much to ask?*
- Valarie Hilson *Adaptive Physical Education and Special Olympics: A winning combination*
- Kristi Serra.....*iTeach With An iPad*
- Jacy Wooley..... *The Art of Communicating Your Value*
- Emily Beasley *Coordinating Field Experiences for PETE Students: Survival Tips for the University Supervisor*
- Darlene Kluka.....*International NGO + International Corporation + National NGO = Designed to Move*
- Kathy Ludwig *MINEPS V: Can we play too?*
- Toby Dore *A Demographic Study of Kinesiology Graduates*
- Tamika Bradley *Measuring Up: Assessing Health Related Fitness of program faculty and staff in a department of health, physical education and recreation*
— *The HPERACTIVITY Project.*

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Eltorrey Ficklin	<i>Experiential Learning: Engaging students in research coordinating, implementing and assessing faculty and staff in a department of health, physical education and recreation. The JSU HPERACTIVITY Project.</i>
Sally Jones	<i>The “Real World” of Teaching After Graduation</i>
Leslie Graham.....	<i>Physical Activity Event Planning: The good, the bad, and the dirty</i>
Kym Kirby	<i>Advocacy When I Get Around to it!</i>
Obadiah Simmons, Jr.....	<i>“To Be Or Not To Be (Autonomous)”?: Rethinking Accountability In Intercollegiate Athletic Administration</i>
Josey Templeton	<i>Can Undergraduate Teacher Candidates Do Research?</i>
Christy Lane	<i>Current Dance Trends and Appropriate Music for School Dances, Family Fun Nites, Field Days and Circuit Training</i>
Alison Epperson	<i>2013 ADA Compliance Guidelines for students with disabilities What Every School District and Coach Needs to Know to Avoid Discrimination</i>
Dayna Seeling	<i>Legal Considerations: Health, Wellness and Fitness Programs</i>
Jacqueline Harbison.....	<i>What Do We Save For the Archives?</i>

HEALTH DIVISION

Dave Terrell ..	<i>Survive and Thrive: a Community based Cancer Wellness Program</i>
Lisa Hager.....	<i>Healthy Fundraisers and Changing School Environments</i>
Michelle Henry	<i>Mental Health Lessons that Capture Your Student Attention and Enthusiasm</i>
Deanna Castelvechi.....	<i>Let’s Move In Middle School Health Class</i>
Janet Wilbert	<i>Concussion policies and legislation, what you need to know.</i>
Charlotte Guynes.....	<i>STEROIDS: Athletes Literally Dying To Win</i>
Patricia Larsen	<i>Igniting A Positive, Respectful and Inspirational Health Classroom</i>
Heather Maxey ..	<i>Facilitating Healthy Lifestyles Through Education & Example</i>
Ann Rathbun	<i>A Peer to Peer Teaching Project: From Planning to Evaluation</i>
Donna Burnett.....	<i>Evaluating Psychological Factors Related to Food and Weight Concerns</i>
Laura Nagle	<i>Sex, Booze and Baby: Preventing Fetal Alcohol Spectrum Disorders on the College Campus</i>
Lauren Ford ...	<i>Improving Health on a College Campus: Implementing Smoke and Tobacco Free Policies</i>
DaNelle Jenkins....	<i>Focusing on School Wellness Policies to Positively Shift School Environmental Change</i>
Adele Smith ...	<i>“Collaboration and Communication in Online Health Classes”</i>



Program

Jason Crandall.....	<i>The Efficacy of Service-Learning in Health Education To Increase Pre-Service Teachers Openess To Diversity</i>
Andrea McMurtry	<i>Reading + Writing = Health Class?</i>
Michelyn Bhandari	<i>Connecting learning content and practicing skills and competencies for the entry level health educator</i>
Melody Noland	<i>Recent Research in Health Promotion</i>
Lawrence Judge.....	<i>The College Transition: Physical Activity and Sedentary Patterns of University Students</i>
Stephanie Little	<i>Elementary Health Education Building Partnerships for Effective Teaching</i>
Antonia Mead.....	<i>Impact of Involvement in the Preconception Peer Education Program</i>
Myron Douglas	<i>Effects of Sleep Quality, Obesity, and Other Health Behaviors Among College Students</i>
Catherine Hawkins	<i>How To Get Into Trouble Teaching Family Life Education (Sex Education)</i>
Krys Johnson.....	<i>The Relationship Among Meeting Physical Activity Guidelines and Binge Drinking in College Students</i>
Laurie Larkin	<i>Risky Sexual Behaviors and Contraceptive Use in Kentucky Adolescent Females: The Need for Sexual Education Programs</i>
Julie Lasslo.....	<i>Falls Risk Reduction Among Older Adults</i>
Krisit King	<i>Community Health Promotion Advocacy: An Interactive “How to” Session</i>
Monica Magner	<i>M learning and Millennials in the College Setting Teaching Wellness Through Mobile Devices</i>

PHYSICAL EDUCATION DIVISION

Susan Flynn	<i>Activating Brain Power by Teaching Literacy and Math Competencies Through PA</i>
Jill Johnstone	<i>Perceptual Motor Development Laboratory</i>
BerNadette Lawson-Williams	<i>Grand Slam: Designing Effective Physical Education Service and Experiential Learning Projects</i>
Melanie Crawford.....	<i>Creating Elementary HPE Curriculum for Large, Urban Districts</i>
Kevin Daly	<i>Four Great Games for large groups!</i>
Windy Thurman...	<i>Mind Blowing Middle and High School Games: From Penny Pinching to a Bill Gates Budget</i>
Jack Rutherford	<i>GNIP GNOP: A fun game for P.E.</i>
Todd Farmer	<i>Adapted Physical Education Standards</i>
Joel Eros	<i>Common Core and YOU: Making Connections</i>

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Christopher Landry	<i>Martial Arts: An Alternative Activity in Physical Education</i>
Carol Smith.....	<i>Physical education teachers CAN teach dance!</i>
Jamie Sparks.....	<i>“Being the School Champ or the Chump?”</i>
Donna Hester.....	<i>Comprehensive Physical Education and Nutrition Education: A Statewide Initiative</i>
Scott Williams	<i>Brain Based Movers: Having a BLAST While Moving in Class!</i>
Scott Williams	<i>Mix Master MADNESS: Using Music Mixes to Enhance the PE Experience</i>
Laura Prior.....	<i>Healthy Eating, Active Living: Incorporating Nutrition Education within Physical Education</i>
Heather Erwin	<i>Teaching Fitness Activities K-12</i>
Heater Erwin	<i>Boosting Physical Activity during Physical Education Time</i>
Joanna Faerber.....	<i>No Quacks about It: You Can Assess!</i>
Chris Ousley	<i>How to Incorporate Self Defense Instruction into Physical Activity Programs</i>
Pola Metz	<i>Sport Stacking with Speed Stacks: Teaching Techniques for the 3-3-3, 3-6-3 and Cycle Stacks!</i>
Pola Metz	<i>Connecting Kids to Movement: Sport Stacking and Fitness Fun!</i>
Garry Bowyer.....	<i>Developmentally Appropriate Fitness Activities for Elementary Children</i>
Kyle Sochia	<i>What in the world is Goalball?</i>
Connie Lavergne.....	<i>Using Technology to in Physical Education & Athletics</i>
Keri Esslinger.....	<i>Struggling with your PE Apps? What are the best free Apps? Which are worth the money? And which should you ditch? WKU students give the inside scoop.</i>
Lance Bryant.....	<i>Taking the PLT? What to Expect</i>
Ann Klinkenborg	<i>Unlocking the Mysteries of edTPA</i>
Dennis Minnis.....	<i>How to Have a Successful “themed” Field Day!</i>
Dennis Minnis.....	<i>Mighty Milers: How to make running a part of your school culture.</i>
Garry Bowyer	<i>Using Cricket to Develop Skills and Tactics for Striking and Fielding Games.</i>
Hsiu Chen Liu	<i>Teaching Personal and Social Responsibility (TPSR) for Elementary Students</i>
Melissa Rhoads	<i>The Reading Connection; Joining PE & Literacy</i>
John Jones.....	<i>Quick Games for Fun & Fitness</i>
Butch Valdes	<i>Line dancing to ANY beat.</i>

Johnny Newsome	<i>Ultimate Hockey: An active brain Game</i>
Sue Banister	<i>Are you ready for some football?</i>
Sandra Nelson.....	<i>Moving and Connecting: PETE Candidates Mentor “Youth at Risk in Community Schools”</i>
Glenn Miller.....	<i>Discipline Strategies of Today Top Physical Educators</i>
Leah Spurlin	<i>Outdoor Education in Puerto Rico</i>
Rhonda Smith	<i>Orienteering..It’s Not Just For “Gym” Anymore!</i>
Jeffrey Johnson	<i>Teaching the Factors Affecting Muscle Force Production</i>
Carole Dehaven	<i>Deviate, Innovate, and Motivate for the Ultimate Fitness Activities!</i>
Seth Jenny	<i>Experiences and Guidelines Gleaned While Pursuing and Securing AHPERD Faculty Position in Higher Education</i>
Aaron Beighle	<i>Using a four part lesson in physical education</i>
Aaron Beighle ..	<i>Achieving Relevance in Physical Education: Looking for a Brand</i>
Christy Killman	<i>Co-op Games and Team Building Activities</i>
Beth Uhlman	<i>Get your FACTS (Fitness, Assessments, Creative, Technology, Social)</i>
Dan Young	<i>Moving To Success: Teaching Locomotor Skills for Transfer</i>
Katherine Pebworth.....	<i>Geocaching with 5 million of your best friends</i>
Agneta Sibrava.....	<i>Pilates and Fitness, Yoga for Everyone</i>
Elizabeth Lange	<i>Team Development Focused Teaching for the Collegiate Classroom (Challenging students with experiential learning activities to make the History of Sport and Physical Education engaging and relevant).</i>
Andrew Walker	<i>Get on the Bus with Tennis in School!</i>
Marcia Wade.....	<i>Math & Movement: Enhancing Math Ability Through Movement and Meet the CCSS.</i>
Terry Brown.....	<i>PE Across the Curriculum - Spanish</i>
Kory Hill	<i>Using mobile devices for teaching motor learning concepts</i>
Gretchen Oliver	<i>Lumbopelvic-hip Complex [LPHC] Focus for Efficient Movement in Youth</i>
Andrea McMurtry	<i>Developing 21st Century Thinkers in Physical Education</i>
Terry Gooding	<i>Omnikin: Have a Ball! Small, Medium, and Large</i>
Terry Gooding	<i>KIN-Ball: A Non-Traditional Action-Packed Game</i>
Gregory Green.....	<i>Teacher-Coach Role Conflict: Its impact on Students and Student-Athletes</i>
James Strainer	<i>A Middle School PE Magnet Program</i>
Meredith George.....	<i>Motivating Factors of Middle School Students</i>
Brandy O’Mary	<i>Fitness Fun for Large Groups</i>

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Michael Gross	<i>Everlasting Gobstopper Activities</i>
Sally Jones	<i>Bike Riding: Methods to Teaching Bike Riding</i>
Brian Devore	<i>Fast and Furious in the First 5!</i>
Jim Hammond	<i>Teaching Basketball Fundamentals Begins with "Fun": Basketball Olympics for Physical Education Classes</i>
Todd Farmer	<i>Positive Fitness Activities</i>
Cody Hinton	<i>Physical Education Activity and Assessment</i>
D'Artagnan Coots	<i>Cooperative Hula Hoop Activities (K-12)</i>
Melody Hamilton....	<i>Ways to prove your "teacher effectiveness!" Best Practices for PE (Using data and technology to drive instruction, differentiation, and gain support from the community)</i>
Martie Bell	<i>Wii Wii? Using Wii to Teach Bowling Skills</i>
Billie Stone	<i>Stacking and Beyond.... Adding fitness components</i>
Carol Ryan	<i>Collaboration: The Key to Increasing Physical Activity and Healthy Nutrition</i>
Robin "Me Me" Ratliff	<i>#PEGEEKS Unlocking the world of physed</i>
Dan Young	<i>Using Formative Assessment to Improve Student Performance</i>
Crystal Reimer	<i>Action Based Learning and Students with Disabilities in PE</i>
Tina Hall	<i>State Policy Trend: Teachers Held Accountable for Student Learning in Physical Education</i>
Joel Eros	<i>An Apple for the teacher in 2013</i>
Louisa Summers	<i>The Effects of an Eight Month Adapted Physical Activity Program On Gross Motor Skills of Children with Disabilities</i>
Louisa Summers	<i>The Effects of Adapted Aquatics On Aquatics Skills in Children with Disabilities</i>

SPORTS AND LEISURE DIVISION

Mark Deaton...	<i>Evaluating the Relationship between Mass Specific Force Strength Training and Improvements in Acceleration and Speed of Collegiate Athletes</i>
Andrew Mead	<i>Get Your School Involved With the HERSHEY'S Track & Field Games!</i>
Lon Seiger	<i>Playing Musical Rhythms: A Creative Teambuilding Activity</i>
James Holbrook....	<i>Skill Sets needed for the Sport Management & Leisure Industry</i>
Martie Bell	<i>Getting a Job: Perspectives of Female NCAA Women's Basketball Coaches</i>
Steve Chen .	<i>Female college athlete's perceptions on gender stereotypes and discrimination in collegiate athletics</i>
Steve Chen ..	<i>Considering Cheerleading & Stunt to Be a Competitive NCAA Sport</i>
Toby Dore	<i>A Demographic Study of Doctoral Prepared Certified Athletic Trainers</i>
Stuart Currie.	<i>Combining Two Instructional Models, Game Sense & TGFU, For Increased Student Participation & Enjoyment in Playing The International Net Game of Short Tennis</i>

William Hey	<i>The Importance of Strategic Communication in Marketing Sport Brands</i>
William Hey	<i>Best Practices for Creating Interdisciplinary Online Cohort Graduate Programs</i>
Wardell Johnson	<i>Developing a Professional Perspective: Resume Writing, Interview Techniques and Professional Dress.</i>
Sharon Hunt	<i>"The Role of the Faculty Athletics Representative in Monitoring Academic Integrity in Athletic Programs in Higher Education Institutions"</i>
Dennis Minnis	<i>Tchoukball: How to play the game of Tchoukball and how to make it fun!</i>
John Jones	<i>Track, Field Events & Speed Development for Females</i>
Joseph DeBella	<i>How to improve your golf game on the range.</i>
Eric Moore	<i>P.R.A.I.S.E. — Strategies to Promote Motivation in Youth Sports</i>
Jeffrey Johnson	<i>Using Dartfish To Improve Skill Performance in Athletes</i>
Carol A Smith	<i>National Standards 5 & 6 Aligned with Adventure Based Learning</i>
Tom Coates	<i>Outdoor activity curricula: What options are available</i>
Tom Coates	<i>Practical application of classroom theory: Inclusion of athletic departments in sport management classes</i>
Darren Smith	<i>Volunteer Experiences: Do they Matter?</i>
Tricia Jordan	<i>Sport Communication: Strategies for Crisis Management</i>
Dylan Naeger	<i>What Comes First the Student or the Athlete?</i>
Dennis Johnson	<i>Developing Sex Abuse Policy in Youth Sport Day Camps</i>
Heather Adams-Blair	<i>When in Doubt, Tell the Truth</i>
Brent Heidorn	<i>Developing Fitness from Exercise Science: What Every Coach Needs to Know</i>
Andrew Walker-	<i>Let's Play Tennis After School!</i>
Ajit Korgaokar ..	<i>Scenario-based small-sided games to improve possession in soccer</i>
Phyllis Love	<i>Global Careers in Sport Science</i>
Bobby Heyward	<i>Rookie Rugby: Non-contact Games to Get Everyone Moving!</i>
Paula Upright	<i>The Economic Impact of Recreational Sporting Events on a Rural Community</i>
Jim Hammond	<i>Why Didn't I Know This 25 Years Ago?</i>
Eric Fuchs	<i>Concussion Legislation what does it mean for Me Coach, Physical Educator and How to implement Concussion management Program from Education to Emergency Action Plan Requirements</i>
Abigail Mobley Bellinger	<i>Aqua Aerobics: One of the Best Kept Secrets for Aging Gracefully</i>



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Obadiah Simmons, Jr.....*The (Lost) Art of Officiating Sports*

Jennifer Laswell..... *The Positive Impact of Special Olympics in the
Lives of Special Needs Individuals*

Dayna Seelig*Strength Training for Adolescents*

Saturday — WORKSHOPS

Christy Lane*Dare to Dance*

Gary Trotta*Exercising the Brain*

SPECIAL EVENTS

Dance Kaleidoscope

WD 40

State and University Socials

Exhibit Hall

Exhibits Gala, Taste of the States, and Silent Auction

Casino Night

Division Assembly of Members

Future Professional and Retiree Social

Health Linkage Breakfast

Southern District and Kentucky Past President's Luncheon

Southern District Executive Director's Breakfast

Southern District and Kentucky Awards Luncheon

Southern District Scholar

Research Poster Presentations

Kentucky General Assembly

Southern District General Session

Southern District Representative Assembly



Program

Silent Auction

Thursday, February 20, 2014

During the Exhibits Gala and Taste of the States

*Bid early. Bid often.**

Silent Auction

SOLD

**Proceeds to benefit Future Professional programs and
professional development opportunities within the SDAHPERD.*



KY'S CAROL M. WHITE PHYSICAL EDUCATION PROGRAM (PEP) GRANT RECIPIENTS!!

Congratulations to
Erlanger-Elsmere Independent School District - \$725,893
Newport Independent Schools - \$478,403

KAHPERD Leadership
Conference/Board Meeting

Friday, January 17, 2014

Saturday, January 18, 2014

Griffin Gate, Lexington, KY

KAHPERD HONOR AWARDS NOMINATIONS

_____ **Mustaine Award** – This is the highest honor that KAHPERD bestows. The recipient should have been recognized at some earlier date. It should be an award of great honor and the person must be carefully chosen.

_____ **Life Member Award** – This is awarded to someone who has had a long period of service (at least ten years) or who may have retired. It recognizes distinguished service to the profession.

_____ **Distinguished Service Award** – This is awarded to members of KAHPERD in recognition of meritorious service over an extended number of years.

_____ **Merit Award** – This is awarded to members and non-members of KAHPERD. It is to recognize merit in the fields of HPERD and fields of allied interests. It may be presented to persons, schools or institutions/corporations.

Date Submitted: ____/____/____

Your Name: _____

Address: _____

City/Zip: _____

Phone: _____

Email: _____

Nominee Name: _____

Nominee Address: _____

Nominee Phone: (work) _____

(home) _____

Justification for the Award: For the committee to consider the nominee we **MUST** have one **FULL typewritten page** of specific information that justifies why this person is deserving of the award.

Mail completed information to:

Sue Banister

530 Iroquois Drive • Bowling Green, KY 42103 • sue.banister@twc.com

Online forms are available at kahperd.com under Honor Awards.

**All Nominations must be received
by January 5, 2014**



Note: It is possible that every category will not be awarded each year.

To be honored at the SD/KAHPERD Convention in February 2014.

Teacher of the Year Awards (TOY)

PROFESSIONAL AWARDS

____ Elementary Physical Educator (K–6) ____ Health Educator (K–12)
____ College/University Physical Educator ____ Recreator of the Year
____ Health Educator College/University ____ Middle/Secondary Physical Educator (7–12)
____ Dance Educator of the Year



COLLEGE/UNIVERSITY STUDENT AWARDS

____ Health Student ____ Recreation Student ____ Physical Education Student

Information on the Nominee:

Name _____

Address _____

City/State/Zip _____

Email _____

Justification for the award must be submitted along with this form. Check out **kahperd.com** for complete instructions.

Individuals nominated for the above Special Awards should exhibit outstanding qualities in their respective area.

Name of person nominating: _____

Phone _____

Email _____

Please refer to the KAHPERD website for complete instructions on the nomination process for special awards. **www.kahperd.com**

Nominations should be sent to: Sue Banister
530 Iroquois Drive • Bowling Green, KY 42103 • sue.banister@twc.com

Note: It is possible that every category will not be awarded each year.

Nominations are due on or before January 5, 2014

To be honored at the SD/KAHPERD Convention in February 2014.

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Please Share with Your Principal

“What’s going on in the gym?”

Three Things to Look for When Evaluating Physical Education Teachers

All teachers benefit from meaningful, ongoing assessment and evaluation. The AAHPERD-developed Physical Education Teacher Evaluation Tool identifies the knowledge, skills and behaviors needed to provide sound instruction in the K-12 physical education setting. Its purpose is to assist principals, school district curriculum specialists and others who evaluate physical education teachers to guide physical education teachers in reflection and self-assessment; and to serve as an instructional tool in college/university physical education teacher education programs.

As a preview to observing the full guidance document, here are three things an evaluator can look for when observing a physical education lesson to make an evaluation more meaningful and effective. Principals may select one of these points to tailor their observation, or use all three.

1. Movement Time vs. Talking Time — A daily goal for physical educators is to get students moving as much as possible during a single lesson (at least 50% of class time spent in moderate-to-vigorous physical activity). As an evaluator, pay attention to how much time students are moving compared to time spent listening to the teacher. An easy way to do this is to use a stopwatch. When students are engaged in a movement activity, start the stopwatch; when students are not moving as a whole class stop the stopwatch. Having the actual minutes that students are active during class can help teachers get a better idea of how much physical activity is actually happening in a lesson.

2. Instant Activity — Squad lines are a thing of the past. Getting students moving during a physical education class is key. One way to do this is by getting students active as soon as they enter the physical education setting by having them practice previous skills learned during class or incorporating more fitness into a daily lesson. Since this takes planning and preparation on the teacher’s part, it can also be an indicator of how good a teacher’s management and organizational skills are.

3. Organized Chaos — When a physical education lesson is in full swing, the gymnasium (multipurpose room, cafeteria, field, etc.) can look chaotic to an outsider. During a lesson pay attention to how the physical education teacher is moving through the space. Is he or she using this time to give independent instruction? Does he or she maintain class management through all the noise and movement? Is the physical educator using a clear stop signal for students? Is his or her voice able to be heard from all locations in the space?

These tips are specific to a physical education setting. Physical educators should be evaluated with the same standards, expectations, procedures and rigor as teachers of other curricular areas. Talk with your physical education teachers about other practices unique to their content area to create goals for the year. Remember, a comprehensive physical education program can improve student wellness and contribute to academic success!



Everyone needs to
“renew / become” a
KAHPERD Member prior
to Dec. 31, 2013.

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on Twitter



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LET’S MOVE! ACTIVE SCHOOLS

Deborah Campbell • deborah.campbell@madison.kyschools.

Let’s Move! Active Schools is a comprehensive program that empowers P.E. teachers, classroom teachers, principals, administrators, and parents to create active environments that enable all students to get moving and reach their full potential. After signing up, these school champions are guided through a simple, Six Step Process that helps them build a team, make a plan, and access free in-person trainings, program materials and activation grants, and direct, personal assistance from certified professionals. Once they’ve achieved their goals in the five areas above, schools are publicly recognized and celebrated.

Is your school registered with LMAS? There are only 134 schools signed up in Kentucky. Spread the word to your colleagues about this awesome program!

To sign up, visit: www.letsmoveschools.org.
If you have any questions, you may contact:
Deborah Campbell at deborah.campbell@madison.kyschools.us



PRESIDENT'S MESSAGE

Jim Hinerman, President • jim.hinerman@eku.edu



KAHPERD Welcomes Southern District to Lexington for The 2014 Convention

KAHPERD welcomes its Southern District member States this year as we host the Convention for the first time in over half a century! Please plan on joining us as we gather together for a great opportunity to expand educationally and socially February 19 – 22, 2014 in Lexington. The convention will be housed in the Lexington Center, home of Rupp Arena, the center hosts many conventions and trade shows, incorporates locally owned boutiques in its venues and runs an Opera House as well. Located downtown, the center is immediately connected to the Hyatt Regency Hotel and is accessible through covered walkways to the Hilton Downtown Hotel, and an array of shops and restaurants.

The Convention will kick off Wednesday February 19th with workshops and a Convention welcome party called WD 40. Thursday through Saturday will bring us well over 100 sessions to choose from for our educational pursuits with Social events added in like: Taste of the States (Free Stuff bring your little bag), Dance programs, Casino Night (with prizes), Socials, and much more.

You need to book your rooms at the Hyatt Regency as soon as possible to get good rates and to insure availability! The University of Kentucky women's team hosts South Carolina on Thursday evening and the LSU Tigers men's team is coming to town on Saturday, 22 and we do not need to give the out-of-towner's an opportunity to get our rooms if we book late.

As you prepare to sign up for the Southern District Convention keep these things in mind: The Southern District website convention sign up looks different than

ours and is mechanically different than what you are used to at our KAHPERD website. There are two early registration time frames, Early Bird up to December 15th and Pre-registration up to February 14. There is also different sign up areas for dual members of KAHPERD/AAHPERD or just KAHPERD members only.

KAHPERD will once again resume its normal convention routine next school year Sunday, November 16 through Tuesday 18, 2014 at the Griffin Gate Resort located in Lexington.

Please come and be with us as we host the best of both worlds, education of the mind and the heart. What better time can be spent than with fellow educators in the pursuit of higher expectations for ourselves!

EXECUTIVE DIRECTOR'S MESSAGE

Lonnie Davis, Executive Director • Lonnie.Davis@twc.com



The theme of the 2014 Southern District Convention is *"Finding Joy in the Journey."* President Jim Hinerman and his Board are modeling this theme through their hard work and dedication to making this Convention outstanding and one you will not want to miss.

Mark your calendar for February 19-22, 2014 at the Lexington Convention Center and Hyatt Regency. All KAHPERD members will serve as hosts to the 13 states that make up the Southern District. This is the first time in over 62 years that Kentucky (KAHPERD) has hosted our district convention!

Professionals from all over the South: including Virginia, North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, Tennessee, Kentucky, Texas, Arkansas, Oklahoma and Louisiana, will be attending the SD Convention. What a wonderful opportunity to network with others in our fields and only have to travel to Lexington. It is an honor to be chosen as the host state, but it is also going to require all KAHPERD members to **"step up to the plate"** and help make the Convention the successful one we know it can be. You don't want to miss out on being present and making sure that you are an integral part of this great event. Let your school administrators and KAHPERD President Jim Hinerman (jim.hinerman@eku.edu), know that you want to be a part of the team by immediately registering for the convention and joining KAHPERD as a member. This is a great way you, too, can *"Find joy in the Journey."* KAHPERD members are always wonderful about giving of their time and talents to make this organization one in which we are so proud.

Now, more than ever, KAHPERD has a responsibility to be the best it can be and reach as many people as possible for this Southern District Convention. We must let people all over Kentucky know about our message of the importance of movement and healthy lifestyles for all Kentuckians. Seldom can you open a newspaper, magazine, listen to a radio broadcast, or watch a T.V. show that at some point, concern is not expressed over the fitness and well being of people in all age groups, especially in our K-12 school children. It isn't enough to talk about the issue, we have to be prepared to share strategies for reversing the trend. Again, KAHPERD and S. D. members are *"Finding Joy in the Journey"* and are making a difference. We need each other for support and ideas. That's what we've done in the past and that is what we will do in the future.

In order for KAHPERD to remain a strong organization and to host the greatest Southern District Convention ever, we all have a responsibility to become active and involved. Some ways you can do this are:

- ☐ Share the benefits of being a KAHPERD member with someone who isn't a current member.
- ☐ Invite them to become a member, give someone a membership form.
- ☐ Refer them to our website (www.kahperd.com).
- ☐ Be a more vocal advocate for Health, Physical Education, Recreation, Dance, Sport, or Fitness in your school and community.

- ☐ Communicate with your KAHPERD Board members and tell them about your interest, concerns, and vision for KAHPERD.
- ☐ Improve the visibility of your program, by identifying partners within your school or community.
- ☐ Volunteer to help with the hosting of our February 19–22, 2014, Southern District/KAHPERD Convention by contacting President Jim Hinerman @ (859) 948–2566 or jim.hinerman@eku.edu

There is still much work to do if we are going to *"Find Joy in the Journey"* but many hands make the work easier and enjoyable.

I hope to see each of you along with someone new, at the February Convention, at the Lexington Convention Center and Hyatt Regency.



DANCE DIVISION

Deborah Campbell, Vice President

Deborah.Campbell@Madison.KySchools.Us



As if the excitement of the SDAAPERD Convention being in Lexington this February wasn't enough, the variety of DANCE sessions being offered is just phenomenal. Many talented artists and teachers will be traveling to the Bluegrass to help us with

"Finding Joy In The Journey." Some sample session titles are: Cap N' Dance, Dance Fever, Rhythms for a Lifetime, the Never Ending Circle, Latest Line Dance Craze, Dare to Dance, and Sun is UP, Move your body. There are plenty more to choose from.

So warm up this winter at the 2014 SDAAPERD/KAHPERD, February 19–22, 2014 in Lexington, Kentucky.

HEALTH DIVISION

Laurie Larkin, Vice President, laurie.larkin@eku.edu



What an amazing opportunity we have in Kentucky to host for the 1st time in over 60 years, the 2014 SDAAPERD/KAHPERD

Convention February 19–22 in Lexington, KY. It will be an excellent opportunity to show professionals from all over the southeastern United States our wonderful hospitality and beautiful Bluegrass state. You do not want to miss our next convention. It will be an incredible gathering of professionals who are passionate and excited about making a difference in our nation's health and quality of life.

Some of the topics to be presented will include: health education program planning, evaluation, and policies, health advocacy, connecting learning, skills, and competencies, **Let's Move** in middle school health classes, peer education strategies, classroom behavior management, preventing fetal alcohol spectrum disorders, binge drinking, community-based cancer wellness program, and implementing smoke-free policies, among other topics. If you want to learn cutting-edge health information, network with other health professionals, and return to your job renewed and re-energized, make it a priority to join us in Lexington, February 19–22. See you there!

PHYSICAL EDUCATION DIVISION

Jamie Sparks, Vice President, Jamie.sparks@education.ky.gov



Since 2010 Kentucky has been full speed with implementation of Senate Bill 1, otherwise known as Unbridled Learning. It has been a whirlwind of new changes under the new

accountability system to include common core standards, teacher effectiveness and Program Review to just name a few. The most notable change for Physical Education (along with health education and other arts/humanities content), Kentucky students are no longer tested at the end of the year on the state accountability test. That challenge along with being a state that continues to have no elementary or middle school requirements for amount of PE time, means there are plenty of variables threatening quality physical education.

However, this new system does offer a new path of advocacy for local site based decision making councils for PE/health teachers. So while, PE time remains a local decision

in Kentucky, the Program Review equips local teachers with a process of determining implementation levels for best practices around concepts such as Coordinated School health committees, school level wellness policy and comprehensive school physical activity programs (CSPAP). The concept of physical literacy has also been embedded within the curricular expectations for proficiency with the Program Review characteristics, a term that was only recently added to the National Standards for Physical Education. So while these expectations are not mandated by state law, they are critical in helping to inform and improve school physical education programs for local teachers.

Thus Kentucky physical education teachers find themselves in a unique position hosting Southern District AAHPERD in February 2014. We are positioned to transform the profession and potentially pace the nation in defining and exemplifying the concept of physical literacy via CSPAP. We must set the expectation bar high for our profession and

have peer accountability to truly serve our schools as Physical Activity Leaders (PAL). The AAHPERD partnership with Let's Move Active Schools is a win-win situation for everyone and the work has just begun to train and identify a PAL for each school, Kentucky has more PAL trainers than any other state. As a PAL, we must learn that in order to meet the needs of our students, we must be a physical activity expert beyond just the four walls of our gym. Our students need more physical activity not only for their own health but as a means for improving their academic achievement and cognitive abilities. Physical education teachers are the frontline for improving both the healthcare system of our nation and the college/career readiness of our students. PE teachers must be the Physical Activity Leader for their school, **"Let's Move"** our schools and our state forward in 2014! See you in Lexington in February!

STUDENT SECTION CHAIR

Margaret Whitfiel, Section Chair, margaret_whitfiel3@mymail.eku.edu



Greetings to everyone! It's crazy how the time flies, before you know it we will all be together in Lexington at the Southern District! Throughout this past year there have been many events that KAHPERD has teamed up with the colleges and universities of our state. In September, Eastern Kentucky University hosted a KAHPERD leadership conference led by President Hinerman. The conference had valuable activities for the students that included multiple presenters with leadership building, character building, and resume writing themes. The students were also able to network and make relationships with each other throughout the conference with fun activities such as bowling and climbing at ECU's campus recreation climbing wall. There were seventeen students at the conference representing Lindsey Wilson College, Western

Kentucky, Morehead, Midway, University of Louisville, Berea College and Eastern Kentucky. Two students were sent to represent the state of Kentucky at the Southern District Leadership Conference in Johnson City, Tennessee on September 26-28. Whitney Anderson from Eastern Kentucky University and Anthony Horne from Lindsey Wilson College were the students picked to represent the state. The conference had many of the same themes as our state conference and the students engaged in a 17 mile bike ride and a ropes course! There will be a student social at the Southern District Convention and will start on the Friday night at 5:30 followed by a Casino night. Be sure to check it out! The convention will provide plenty of information, workshops, networking, and valuable learning experience for everyone. If you would like to volunteer to help with the SDAHPERD/KAHPERD Convention please email margaret_whitfiel3@mymail.eku.edu.

FISHING IN SCHOOLS

PRE-CONVENTION WORKSHOP



Join us in Lexington at the 2014 Southern District AAHPERD Convention for a pre-convention workshop on Fishing in Schools.

Co-sponsored by the General Division and Sport and Leisure Division.

Registration information will be available on the Southern District AAHPERD website:

<http://www.aahperd.org/about/districts/southern/index.cfm>



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Association



Jump Rope For Heart gives students several great opportunities: helping kids with special hearts, learning the benefits of physical activity, healthy eating, avoiding tobacco, and raising funds for research and programs to fight heart disease and stroke. Join millions of kids in serving others, saving lives and supporting research.

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your school involved.

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Heart
to be a Hero



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JUMP ROPE FOR HEART

Joy Heines, joy.heines@jefferson.kyschools.us

It is hard to believe that the 35th anniversary is here for Jump Rope for Heart and the impact that it has had on my students!

I have been doing Jump Rope for Heart for 29 years and I still look forward to hosting my event every year. It has become a staple in my program and my students look forward to learning about their hearts, new jump rope tricks and healthy lifestyles.

If you are not doing Jump Rope for Heart then your students are missing out on a super opportunity to learn about the heart and healthily living. I encourage you to host an event this year and get your students jumping!

Contact your local American Heart Association rep to see if a demo team is available for your school.

Make sure to stop by the Jump Rope for Heart booth at Southern District!

☐ Fall Convention Worker

Call for Nominations – Officers

Nominees must: (1) be a member of KAHPERD for three years or more; (2) assume the duties/responsibilities of the office; and (4) **4-year** commitment for President, **3-year** for Vice-Presidents, Board Members-at-Large and Section Chairs (one board meeting the evening prior to the convention, one board meeting immediately following the convention, and three board meetings that are not held in conjunction with the convention — held on Saturdays throughout the year and include one Leadership Workshop in January, one spring board meeting, and one summer board meeting). Any member of KAHPERD may submit nominees for the following offices by sending the names to the address on the bottom of this form. Reproduce this form as needed.

President (candidates for 2014)

Name: _____

Address: _____

Email: _____

VP Physical Education

Name: _____

Address: _____

Email: _____

VP General

Name: _____

Address: _____

Email: _____

VP Dance

Name: _____

Address: _____

Email: _____

VP Health

Name: _____

Address: _____

Email: _____

Section Chairs within the General and Physical Education Divisions

☐ Recreation ☐ Research ☐ Sport Mgmt.☐ Coaching ☐ Exercise Physiology

Name: _____

Address: _____

Email: _____

☐ Elementary ☐ Secondary ☐ Adapted

Name: _____

Address: _____

Email: _____

☐ Board Member At-Large East of I-65

Name: _____

Address: _____

Email: _____

☐ Board Member At-Large West of I-65

Name: _____

Address: _____

Email: _____

Nominated by: Name: _____

Address: _____

Phone: _____ Email: _____

Send to:

Jim Hinerman

jim.hinerman@eku.edu

202A Moberly Building • Eastern Kentucky University • Richmond, KY

DEADLINE – September 1, 2014

Volunteers Needed

KAHPERD needs volunteers, to serve the association in a leadership role, at the Fall Convention, and at the Summer Physical Education Workshop. The life blood of any organization are the volunteers, and the new ideas they bring.

If you would like to volunteer, please complete the form below or go to www.kahperd.com, under About Us.

Lonnie Davis, Executive Director

KAHPERD

546 Gingermill Dr. • Lexington, KY 40509

Lonnie.Davis@twc.com

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP-CODE _____

HOME PHONE _____

COUNTY _____

SCHOOL/UNIV. NAME _____

CITY _____

COUNTY _____

E-MAIL _____

I wish to serve in the following capacity (check all that apply):

☐ Leadership Position on Board☐ Fall Convention Worker☐ Summer PE Workshop Worker☐ 2014 SDAHPERD/KAHPERD
Convention Worker☐ Summer Health Workshop Worker

KAHPERD Members Plan to Attend the 2014 SDAAPERD Convention

PAY your KAHPERD Membership by going to **http://www.kahperd.com/index_main.asp?id=314** Pay your Membership w/credit card through PayPal. You can print the receipt after you have paid through PayPal. THEN register for the SDAAPERD/KAHPERD Convention on the AAHPERD web site **<http://www.aahperd.org/about/districts/southern/convention.cfm>** Go to the bottom of the page click on **"online registration."** If you are not an AAHPERD MEMBER you will need to setup a one time registration name/password then you will be able to proceed w/your registration for SDAAPERD.



Hotel Registration needs to be **MADE ASAP** (UK Men play on Sat., Feb. 22, 2014) Link to Hotel Registration



<http://lexington.hyatt.com/content/propertywebsites/hotels/regency/lexrl/en/group-booking/lexrlgsdah2013.html>

Any Rooms left after the **Dec. 15th deadline** will be rented for more than our special rate of \$144.00!



Dr. Lonnie Davis, Executive Director
546 Gingermill Lane
Lexington, KY 40509

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"KAHPERD NEWSLETTER" is an official publication of the Kentucky Association for Health, Physical Education, Recreation and Dance.



Editor:

Cheryl Harlow

872 Pig Road • Smith Grove, KY 42171-8817 • **charlow@windstream.net**

DATES FOR SUBMITTING MATERIAL FOR PUBLICATION:

Fall Issue: **May 15** Spring Issue: **December 15**

KAHPERD Membership Form

Every KAHPERD Member needs to **COMPLETE** the membership form prior to registering for the 2014 SD/KAHPERD Convention in Lexington



eNews

Sign up for the eNews on the KAHPERD Website. Scroll down to the bottom right & fill out the form. Receive updated info in a timely way!

