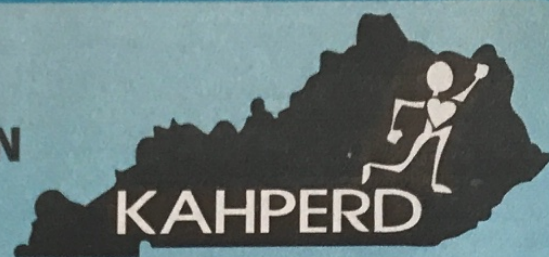


KENTUCKY NEWSLETTER FOR HEALTH • PHYSICAL EDUCATION RECREATION • DANCE



FALL 2012

MAKING A DIFFERENCE

Kentucky Association for Health, Physical Education, Recreation and Dance

SUNDAY, NOVEMBER 11 – 13, 2012 • GALT HOUSE LOUISVILLE, KY

Pre-Convention:

The Physical Education Curriculum Analysis Tool (PECAT)



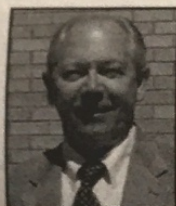
The Physical Education Curriculum Analysis Tool (PECAT) is a self-assessment and planning guide developed by CDC. It is designed to help school districts and schools conduct clear,

complete, and consistent analysis of physical education curricula, based upon national physical education standards. The results of the PECAT can be used by school districts to enhance existing physical education curricula, develop curricula, or select published curricula that will deliver high quality physical education to students. This workshop will provide an overview of the PECAT and strategies for using the PECAT as a part of the Kentucky Program Review.

The PECAT workshop will be Sunday Nov. 11th 4 pm – 8 pm. The workshop will be presented by Aaron Beighle from the University of Kentucky and will be available to the first 150 registrants. **The pre-convention is free to KAHPERD members only.** You must be a KAHPERD member at the time of registration in order to attend—

registration is limited to the first 150, so be sure to register early! **The PECAT is part of the Program Review.**

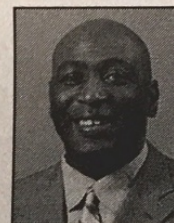
First General Session Keynote: A Funny Thing Happened on My Way to School



Dr. Jim L. Stillwell received his doctorate in physical education from Indiana University in 1978. Since 1994 he has served as Professor and Chair of the Department of Health, Physical Education and Sport Sciences at Arkansas State University in Jonesboro. He has written four books dealing with physical education curriculum from pre-K to high school. His most recent co-authored book is **Preventing Childhood Obesity: Helping Preschool Children Become Healthy and Fit (2008)**. He has 50+ journal publications and more than 100 state, national, and international presentations dealing with physical activities for young children. Jim has been an invited speaker in Canada, China, England, Greece, Israel, Malaysia, and Thailand. He most recently attended KAHPERD last year (2011) where he presented a 2-hour session on *Activities Your Kids are Going to Love*. He will

again be presenting *Rhythmic Activities Your Kids Are Gonna Love* based on his popular elementary physical education activities at this year's convention in addition to his Keynote message. Jim is a long-time friend of KAHPERD and it is our privilege to have him bring his unique and energetic teaching methods to Kentucky.

Second General Session:



Robbie Valentine, former high school and University of Louisville standout basketball player, and current Assistant General Manager for KFC YUM! Center will be our second general session speaker. Robbie knows what it takes to succeed. A scholarship athlete on the University of Louisville's 1986 NCAA championship basketball team, he graduated the following year with a master degree in education and served as a student assistant coach to Denny Crum. He was inducted into the University's Hall of Fame in 2000.

Robbie founded **Robbie Valentine Enterprises** in 1991 to help children through clinics and camps, motivational speeches, organizing charity basketball

continued on page 2

MAKING A DIFFERENCE *continued from page 1*

games as well as the STARS Club Education Program. He has served the community on numerous boards, including: Dare to Care; Boys and Girls Clubs; University of Louisville Alumni Association; Juvenile Justice Crime Commission; Jeffersonville Human Relations Commission; Champions Against Drugs; DARE; and the Fellowship of Christian Athletes. He was recognized for his devotion to charitable causes by having the street he grew up on renamed "Robbie Valentine Drive." In 2002, Jeffersonville Indiana gave Robbie their "Best and Brightest Award." A tireless worker, Robbie's speaking engagements number more than 450 a year, where he preaches the doctrine that hard work and education can take a student anywhere they want to go.

Robbie is currently the Assistant General Manager of KFC YUM! Center in Louisville, Kentucky. He served for seven years on the Greater Clark County School Board. He is recognized as an active member of the National Affiliation Program, which demonstrates significant commitment to raising student achievement and dedication to improving the quality of education for all students in every community.

Robbie supports and donates to several charities and causes. He has organized and raised over \$1,000,000 for local charities.

PRE-CONVENTION

The Physical Education Curriculum Analysis Tool (PECAT)

Sunday, November 11
4pm - 8pm

Available to the first 150 registrants

KAHPERD members only

Robbie currently resides in New Albany, Indiana. He is married to Robyn and together they have 6 children and three grandchildren.

ADVOCACY: It is not a job, it is an ADVENTURE!



Sandra Sims, the president-elect of the Southern District AAHPERD, is the special guest of KAHPERD at this year's convention. We are excited to have Dr. Sims attend and present her session titled: **ADVOCACY: It is not a job, it is an ADVENTURE!** You will love the energy and excitement she brings to this topic. In addition, she will be president for the Southern District/KAHPERD joint conference in February, 2014.

Sandra Sims is an associate professor at the University of Alabama at Birmingham. At UAB, she teaches undergraduate and graduate courses involving methods of teaching in physical education and coaching. She is also the Major's Club advisor.

Sandra has been a member of AAHPERD, SDAHPERD and ASHPERD since 1980. She loves to serve her professional organizations by working on committees or being a member on the Board of Directors. For AAHPERD, she has served as the Chair of the Public Affairs and Legislative Committee and Chair of NASPE Public Policy committee. For Southern District, Sandra is currently serving as President-Elect. She has served Southern District as Vice President of General Division, Vice President of Recreation, Secondary Physical Education Council Chair, Therapeutic Recreation Council Chair and Advocacy Committee Chair. She has also served as a member on the following committees: Constitutions and By-Laws Committee, District, Alliance and State Relations Committee, Nominating Committee,

Recreation Professional of the Year Committee, Advocacy Ad Hoc Committee, and General Arrangement Branch Director for the 2001 SDAHPERD Convention. In Alabama, she has served ASHPERD as President, Vice President of Physical Education and General Divisions, as secretary and as Chair of the Research Council. Sandra is currently serving as the ASHPERD Director of the Advocacy, the position she has held for almost 20 years.

Sandra has published sixteen refereed national journal articles, seven refereed state level journal articles, four refereed nationally published professional documents and one reviewed state level governmental document. She has served as an editor/reviewer nationally for NASPE and PE Central and also for the ASHPERD Journal.

Sandra has been an invited speaker sixty-eight times, including 7 national, 40 regional and 21 state presentations. She has also attended professional conferences where she has made sixty nine refereed presentations (2 international, 12 national, 19 regional and 36 state level). In all, Sandra has made 137 invited and refereed presentations.

Sandra has been awarded SDAHPERD Honor Award, SDAHPERD Secondary School Physical Education Teacher of the Year, SDAHPERD Middle School Physical Education Teacher of the Year, ASHPERD Honor Award, ASHPERD Secondary School Physical Education Teacher of the Year, ASHPERD Middle School Physical Education Teacher of the Year and ASHPERD Female Coach of the Year. She was also Teacher of the Year for Jemison High School, Chilton County Teacher of the Year and Alabama District 3 Teacher of the Year. UAB honored Sandra in 2012 with the Excellence in Service to Students Award from the National Society of Leadership and Success.

PRESIDENT'S MESSAGE

Jenny Dearden, President • j.dearden@moreheadstate.edu



Hello KAHPERD friends. I hope this message finds you well and the new semester has started without a hitch. This second term of Presidency with KAHPERD has been very special for me. I can't begin tell you how wonderful it is to work with such a devoted group of people. It is truly a labor of love and I appreciate the support of all in furthering KAHPERD's charge to improve the health of all Kentuckians. While we have made strides, we still have a lot of work to do. Over the past year or more, one of the more pressing concerns has been in regard to AAHPERD pressing forward with unification and structure changes. As of last year (April 2011) AAHPERD moved to work toward one unified national organization with a focus on comprehensive physical education, physical activity, and health. If you hadn't yet heard, the Boston convention was cancelled this past April due to a fire near the convention center that resulted in a week-long power outage. The AAHPERD Alliance meeting did not happen therefore the Alliance Delegates did not have the opportunity to vote on motions brought forward. No votes (other than the election for President) were taken as a result of that cancelled meeting, but I encourage you to follow the KAHPERD webpage for updates on AAHPERD unification activities.

It is time to think about the annual KAHPERD convention! The KAHPERD board has been

busy the past few months putting together a wonderful slate of sessions and activities. This year's convention will be held at the Galt House in Louisville on November 11-13th. It has been a few years since we last met at the Galt House. Since then, the Galt House has made significant improvements and is eager to host us again. Although many things around us have increased in price, the room rates at the Galt House remain at the same rate as our convention last year. To take advantage of this rate, be sure to book your room soon. On Sunday we have a special 4-hour professional development session on the **PECAT** sponsored by the Centers for Disease Control (CDC) and presented by Dr. Aaron Beighle. This is a wonderful opportunity for teachers to gain skills that will transfer to the **Program Review**. This pre-convention workshop is free to KAHPERD members only. Be among the first **150 to register** in order to attend. I am also excited to announce that Dr. Jim Stillwell from Arkansas State University-Jonesboro will be our first General session speaker. I assure you that his keynote entitled: *A Funny Thing Happened on My Way to School* will make you laugh. He will also be presenting a session called *Rhythmic Activities Your Kids are Gonna Love*. If you haven't heard Jim speak (he presented last year at KAHPERD), you are missing something special.

In what may be the most exciting upcoming activity at KAHPERD, we are hosting the Southern District AAHPERD annual convention in Lexington February 17-23, 2014. Please note

that this convention (2012) will be the last one until the Southern District convention in 2014. All other regular KAHPERD activities will happen as usual during 2013 (PE Summer Workshop, Student Leadership Conference, Journal and Newsletter publications). After the Southern District convention in February 2014, the annual KAHPERD conventions will continue in the fall as previously scheduled (we will have a Fall 2014 convention). Keep in mind that by attending the Southern District conference, you will have the opportunity to attend a larger conference with more sessions and a greater variety of regionally and nationally known presenters. You will be hearing a lot about this opportunity throughout the next year and a half.

Keep abreast of KAHPERD activities by becoming a member of our e-news mailing list. For up-to-date information regarding the KAHPERD conference and other activities, go to kahperd.com and click on the box in the lower right-hand corner that says: "*kahperd e-news*" to sign up. You can also follow @KYAHPERD on Twitter and/or KAHPERD on Facebook.

See you in Louisville!!



@KYAHPERD
on Twitter



KAHPERD Facebook

PRESIDENT ELECT

Jim Hinerman, President-Elect • jim.hinerman@eku.edu



Greetings KAHPERD members. Jenny and I invite you to utilize our web site www.kahperd.com for your continued educational progress and also personally invite you to our fall convention in November.

Although our major focus for this upcoming fall is our state convention, it is not too early for us to prepare for hosting the Southern District

Convention in February of 2014. We invite you to participate in this unique opportunity to host our 13 state "*get together*." The LDC held in June in Myrtle Beach jump started this effort for our VP elects and myself to familiarize ourselves with the personnel that will be planning this event. We will need your support, volunteerism, and attendance to "*show*" our fellow multiple state members a good bit of Bluegrass hospitality. A reminder to all that KAHPERD will not be holding its traditional

fall convention in 2013, but will combine with Southern District to host "our" convention in February 2014.

Thanks so much for your continued support at our state convention. It is always a good feeling to see everyone in attendance and to be able to help promote our profession. We are "*keepers of the gate*" so to speak for the students of this state. We must take this charge serious enough to always be prepared for the future of our educational process.

EXECUTIVE DIRECTOR'S MESSAGE

Lonnie Davis, Executive Director • lonnie.davis@insightbb.com



The theme of the Fall 2012 KAHPERD Convention is **"Making a Difference."** President Jenny Dearden and her Board are modeling this theme through their hard work and dedication to making this

Convention outstanding and one you will not want to miss. Mark your calendar for Nov. 11-13, 2012 at the Galt House in Louisville.

This Fall Convention will be the last KAHPERD Convention until February 2014 when KAHPERD will host the Southern District Convention in Lexington. Professionals from all thirteen states will be attending the SD convention. What a wonderful opportunity to network with others in your field and only have to travel to Lexington. It has been more than 58 years since KAHPERD has hosted the Southern District

Convention in Louisville in 1954. It is an honor to be chosen as the host state but it is also going to require much planning and many KAHPERD members to **"step up to the plate"** in order to make the Convention the successful one we know it can be. These next two years are going to be exciting and professionally rewarding. You don't want to miss out on being an integral part of this event. Let President Elect Jim Hinerman, jim.hinerman@eku.edu know that you want to be a part of the team that plans and hosts the 2014 Convention. This is one way you, too, can **"make a difference."** KAHPERD members are always wonderful about giving of their time and talents to make this organization one in which we are so proud.

Now more than ever, KAHPERD has a responsibility to be the best it can be and reach as many people as possible with our message

of the importance of movement and healthy lifestyles for all Kentuckians. Seldom can you open a newspaper, magazine or listen to a TV or radio broadcast that at some point, concern is expressed over the fitness and well being of people in all age groups but especially in our children. It isn't enough to talk about the issue—we have to be prepared to share strategies for reversing the trend. Again, KAHPERD members can **"make a difference"** and are making a difference. We need each other for support and ideas. That's what we've done in the past and that is what we will do in the future.

In order for KAHPERD to remain a strong organization, we all have a responsibility to become active and involved. Some ways you can do this are: share the benefits of being a KAHPERD member with someone who isn't, invite someone to become a member, give someone a membership form or refer them to our website (www.kahperd.com), be a more vocal advocate for health, physical education, dance, sports, or fitness in your school and community, communicate with your association's officers (Board) to tell them about your interests, concerns and vision for KAHPERD, improve the visibility of your program, identify partners within your school or community, **volunteer to help with the planning and hosting of the 2014 Southern District/KAHPERD Convention.**

There is much work to do if we are going to **"Make a Difference"** but many hands make the work easier and enjoyable.

I hope to see each of you along with someone new, at the Fall Convention, November 11-13, at the Galt House in Louisville.

2012 DANCE GALA

The 2012 Dance Gala is accepting proposals from Dance Artists/Groups who wish to participate in the Gala. The Dance Gala is an annual event that highlights dancers and dances of different origin and theme. Dance is explored through contemporary and traditional compositions created and presented by select dance group/artists. Program goals are to advocate and promote the contributions of dance students/groups/artists from a variety of settings.

SUBMISSION GUIDELINE

Applicants should submit a brief description of the proposed work including:

Length of the piece • Number of dancers/performers • Music • Special technical requirements

Name of Group: _____

Name of Coordinator: _____

School/Organization: _____

Address: _____

Phone: (home) _____

(work) _____

Email: _____

DEADLINE IS OCTOBER 1, 2012

For more information or to Submit a Proposal:

Nashwa Cahill, Dance Gala / Vice President Dance
Department of Exercise Science, ECU, 231 Moberly Bldg,
521 Lancaster Ave. • Richmond, KY 40475

859.622.8139 • Nashwa.cahill@ecu.edu • www.kahperd.com.



RECREATION DIVISION

Beth Pyle, Vice President
elizabeth.pyle@wku.edu



Greetings! **Question...** what do apples, hunger, KAHPERD convention, and games all have in common? **Answer...** an archery workshop in November. Come learn about archery in the state of Kentucky and how fast the sport is growing in the schools.

HEALTH DIVISION

Vicki Johnson-Leuze, Vice President
vickijohnsonleuze@prodigy.net



Hello from the Health Division. It is hard to believe we are nearing another KAHPERD convention time, but the 2012 Convention in Louisville will be here before we know it. I know as Health educators we are busy with our new accountability system and certainly with the Program Review. We have learned so much this year and have more to learn as the academic school year progresses.

I would like to encourage you to attend the 2012 Convention in Louisville. It will keep you updated about the *Program Review in Practical Living/ Career Studies*. The sessions will allow you to meet other health educators from around the state to network and share successes each of you are having in your classroom. Our sessions will provide practical and useful teaching strategies and tools.

It is our hope that after attending the Convention you will return to your teaching site with a renewed desire to improve the health and well-being of those in your school and community.

COACHING SECTION

Louisa A. Summers, Section Chair
Louisa.summers@eku.edu



We have had a great spring recruiting for the Fall 2012 convention. In the area of coaching education we have: "There Is No Substitute For Integrity In Athletics," by Mark Sandy, Athletic Director,

Eastern Kentucky University; "Training With New or Unconventional Items (kettle bells, chains, bands, sleds)," by Jon-Michael Davis, Head Strength and Conditioning Coach, Eastern Kentucky University; "Social Media And Student Athletes" by Bob LaDeur, Head Track and Field and Cross Country Coach, Madison Central High School, and "Strategies For Working With Female High School Athletes" by Michelle Smith, Director of the Sport Management Program, Midway College, and "Does Sport Develop Character?" By Louisa Summers, Eastern Kentucky University.

PHYSICAL EDUCATION DIVISION

Bob Van Bruggen, Vice President • bob.vanbruggen@sciencehill.kyschools.us



WOW!! Has this year flown by or what? It is hard to believe that our Fall Convention at the Galt House in Louisville is right around the corner. Let me take this opportunity to invite each and every one of you to attend this year's convention. There are several reasons why you should attend this year's convention. First of all there are lots of great sessions for you to attend to gain information and ideas that you can take back to your own programs. Sessions will cover a wide range of topics including: Archery, Tennis, Game Play, Integrating Technology, Assessment, Jump Rope

Skills and much more. Second it is being held in a great location, The Galt House in Louisville. Third and finally it is a great opportunity to catch up with friends and network with colleagues. We have a lot of great sessions lined up for everyone to attend.

For those of you who are going to present at this year's convention, let me say a big thank you in advance for your willingness to share your insights, ideas and information. We couldn't hold the convention without you.

Again, I want to encourage everyone to attend this year's convention. See you in November at the Galt House.

ELEMENTARY PHYSICAL EDUCATION SECTION

Meg Mabry, Section Chair • meg.mabry@henderson.kyschools.us



Let's talk PROGRAM REVIEW! We are all experiencing the shock of the past year and the "practice program review" we did. We are going to have great sessions this

year and each presenter is going to relate how their activities work with the program review. It is so great to be able to share ideas and others do things. Hope to see you at the elementary sessions.

DANCE DIVISION

Nashwa Cahill, Vice President • Nashwa.cahill@eku.edu



I'm looking forward to the KAHPERD convention, November 11-13, 2012 in Louisville. First of all, we have an array of topics and presentations by many professionals in the dance field.

Dance teachers and students will benefit from the

variety of sessions offered. I'm also excited about this year's Dance Gala which is a favorite to many of the members. This year we'll be introducing some new groups as well as bring back some previous favorites. The groups represent different styles and ages. I hope to see you all in November and trust that you will not miss the Gala this year, as it contains many



Dance Gala

DANCE DIVISION

Deborah Campbell, Vice President-Elect • Deborah.campbell@madison.kyschools.us



Topics to look forward to this fall are: *Movin' and Groovin' in P.E.*, *Middle Eastern Dance for Fitness*, *Social Dance for each Month*, *Get FOOTLOOSE* and *Fancy Free*, *Possibilities and Challenges: Moving with Early Elementary Students*.

The variety of sessions will enhance students in all grade levels.

The 2012 Dance Gala is going to be

grand! We hope to see you performing or in the audience. If you want to participate in the Gala, then please contact Nashwa Cahill at nashwa.cahill@eku.edu.

If you have any questions concerning the Dance Gala, then please email, nashwa.cahill@eku.edu or deborah.campbell@madison.kyschools.us or go on the KAHPERD website www.kahperd.com to submit a proposal.

The Convention will be at the Galt House in Louisville, Ky. on November 11-13 2012.

HONOR and SPECIAL AWARDS

Sue Banister • sue.banister@insightbb.com



Please take a few minutes to nominate someone for a KAHPERD Award since we are so overlooked by everyone else. Below are the categories of awards:

Honor Awards:

W. Walter Mustaine Award: The recipient should be someone long associated with KAHPERD and has/have been actively involved.

Highest honor award in the association.

Life Member Award: The recipient should have at least a 10 yr. period of service to KAHPERD.

Distinguished Service Award: The recipient should have meritorious service over an extended number of years in the fields of health, PE, dance or recreation in KY.

Merit Award: awarded to persons in KAHPERD or to nonmembers who recognize merit in the fields of PE, recreation, dance or allied interests. It is to recognize outstanding or meritorious standards of achievement or services

Special Awards:

Teacher of the Year:

- Health (P-12) and College/University
- Physical Education (P-6) and (7-12) and College/University
- Dance Educator
- Recreator of the Year

Student Major of the Year:

- Health Student
- Physical Education Student



Honor Awards



Special Awards

All nominations must be received by September 1, 2012 and can be found at www.kahperd.com.

CO-EXHIBIT MANAGERS

Melissa James
melissa.james@williamstown.kyschools.us
B. J. Walters, bjcalling@yahoo.com



Greetings from your Co-Exhibit Managers! We have been busy securing vendors for the 2012 Convention. You'll want to take advantage of the opportunity to check out the products and services that they have available.

We are excited about the upcoming convention and look forward to seeing you there!

ADAPTED PHYSICAL EDUCATION

Stephanie Woodie, Section Chair • stephanie_woodie@berea.edu



Greetings from Stephanie Woodie, the Adapted Section Chair of KAHPERD! There will be some interesting adapted presentations this year that you will want to attend. Louisa Summers, EKU, will present "Using Peer-tutors in Physical Education to help Students with Autism." Louisa has served as APE Section Chair in the past and is a leader in Adapted Physical Education in our state. Melody Srsic, Berea College, is a new presenter at KAHPERD and will present "Therapeutic Horsemanship: Enriching Learning." She has been working with Cheryl Martin at Jack's Creek Stables in Richmond and hopes to bring

Cheryl along for the presentation. Keri Esslinger and Beth Pyle, both faculty at Western Kentucky University will lead a forum titled "Inclusion: Language, Law and Practice." Come and join these knowledgeable professionals in a discussion about the topic of inclusion and how it is being implemented in schools. I hope that these presentations will benefit many professionals attending the conference and offer useful information to teachers in the field. If you would like more information about these presentations feel free to contact me at stephanie_woodie@berea.edu. I'm looking forward to seeing you this fall!

Future Convention Dates

AAHPERD, SDAHPERD & NCAHPERD

April 23 – 27, 2013 • Charlotte, North Carolina

SOUTHERN DISTRICT LEADERSHIP CONFERENCE

JULY 19 – 20, 2013 • Lexington, Kentucky

2014 SDAHPERD/KAHPERD

FEBRUARY 17 – 23, 2014 • Lexington, Kentucky

AAHPERD

March 18 – 22, 2014 • St. Louis, Missouri

KAHPERD CONVENTION

Fall 2014 • TBA

AAHPERD

March 17 – 21, 2015 • Seattle, Washington

2012 Summer Workshop, Woodford County Middle School



MAKING A DIFFERENCE

Kentucky Association for Health, Physical Education, Recreation and Dance

SUNDAY, NOVEMBER 11-13, 2012 GALT HOUSE LOUISVILLE, KY

Sunday November 11

Registration 8:00pm - 9:00pm

General Session 8:00pm

Monday November 12

ROOM	ROOM	ROOM	ROOM
DOGWOOD	CHERRY	WALNUT	POPLAR
8:00-9:00 Registration	8:00-9:00 Registration	8:00-9:00 Registration	8:00-9:00 Registration
9:00-10:00 Registration	9:00-10:00 Registration	9:00-10:00 Registration	9:00-10:00 Registration
10:00-11:00 Registration	10:00-11:00 Registration	10:00-11:00 Registration	10:00-11:00 Registration

General Session - JIM STANWELL (A Penny For Your Thoughts)

11:00 - 12:00pm - POSTER SESSIONS / 12:00 - 1:30pm

ROOM	ROOM	ROOM	ROOM
DOGWOOD	CHERRY	WALNUT	POPLAR
11:00-12:00 Poster Sessions	11:00-12:00 Poster Sessions	11:00-12:00 Poster Sessions	11:00-12:00 Poster Sessions
12:00-1:30 Poster Sessions	12:00-1:30 Poster Sessions	12:00-1:30 Poster Sessions	12:00-1:30 Poster Sessions
1:30-3:00 Poster Sessions	1:30-3:00 Poster Sessions	1:30-3:00 Poster Sessions	1:30-3:00 Poster Sessions

DANCE GALA - Monday 1:45 - 5:30pm

Tuesday, November 13

ROOM	ROOM	ROOM	ROOM
DOGWOOD	CHERRY	WALNUT	POPLAR
8:00-9:00 Registration	8:00-9:00 Registration	8:00-9:00 Registration	8:00-9:00 Registration
9:00-10:00 Registration	9:00-10:00 Registration	9:00-10:00 Registration	9:00-10:00 Registration
10:00-11:00 Registration	10:00-11:00 Registration	10:00-11:00 Registration	10:00-11:00 Registration

General Session - BOBBIE VALENTINE

ROOM	ROOM	ROOM	ROOM
DOGWOOD	CHERRY	WALNUT	POPLAR
11:00-12:00 Registration	11:00-12:00 Registration	11:00-12:00 Registration	11:00-12:00 Registration
12:00-1:30 Registration	12:00-1:30 Registration	12:00-1:30 Registration	12:00-1:30 Registration

Banquet - 1:00 - 2:30pm - POST CONVENTION BOARD MEETING

Registration 8:00pm - 9:00pm

ROOM	ROOM	ROOM	ROOM
DOGWOOD	CHERRY	WALNUT	POPLAR
8:00-9:00 Registration	8:00-9:00 Registration	8:00-9:00 Registration	8:00-9:00 Registration
9:00-10:00 Registration	9:00-10:00 Registration	9:00-10:00 Registration	9:00-10:00 Registration
10:00-11:00 Registration	10:00-11:00 Registration	10:00-11:00 Registration	10:00-11:00 Registration

General Session - JIM STANWELL (A Penny For Your Thoughts)

11:00 - 11:50 am PRESIDENTS' LUNCHEON - INVITATION ONLY - ROOM TBA

ROOM	ROOM	ROOM	ROOM
DOGWOOD	CHERRY	WALNUT	POPLAR
11:00-11:50 Presidents' Luncheon	11:00-11:50 Presidents' Luncheon	11:00-11:50 Presidents' Luncheon	11:00-11:50 Presidents' Luncheon
12:00-1:30 Registration	12:00-1:30 Registration	12:00-1:30 Registration	12:00-1:30 Registration
1:30-3:00 Registration	1:30-3:00 Registration	1:30-3:00 Registration	1:30-3:00 Registration

DANCE GALA - Monday 1:45 - 5:30pm

Tuesday, November 13

ROOM	ROOM	ROOM	ROOM
DOGWOOD	CHERRY	WALNUT	POPLAR
8:00-9:00 Registration	8:00-9:00 Registration	8:00-9:00 Registration	8:00-9:00 Registration
9:00-10:00 Registration	9:00-10:00 Registration	9:00-10:00 Registration	9:00-10:00 Registration
10:00-11:00 Registration	10:00-11:00 Registration	10:00-11:00 Registration	10:00-11:00 Registration

COCHRAN ROOM - 11:00 - 11:50 am

ROOM	ROOM	ROOM	ROOM
DOGWOOD	CHERRY	WALNUT	POPLAR
11:00-11:50 Cochran Room	11:00-11:50 Cochran Room	11:00-11:50 Cochran Room	11:00-11:50 Cochran Room
12:00-1:30 Registration	12:00-1:30 Registration	12:00-1:30 Registration	12:00-1:30 Registration
1:30-3:00 Registration	1:30-3:00 Registration	1:30-3:00 Registration	1:30-3:00 Registration

Immediately following Banquet, ALL Board Members need to attend!

Don't forget!

Pre-register to enter a drawing for
\$250 Gift Certificate
to attend AAHPERD or SD/AAHPERD or
to use with the Exhibitors!

Must be present to win!

(Must have email on registration form to be included in the drawing.)

PRE-CONVENTION

The Physical Education
Curriculum Analysis Tool (PECAT)

Sunday, November 11th
4pm - 8pm

Available to the first 150 registrants
KAHPERD members only

JUMP ROPE FOR HEART and HOOPS FOR HEART



Jump Rope for Heart

Joy Heines
joy.heines@jefferson.kyschools.us



Hoops for Heart

Brandon Napier
brandon.napier@campbell.kyschools.us



AHA Representative

Lea Stammerman
lea.d.stammerman@heart.org

The financial breakdown between Hoops vs. Jump

Jump \$957,089.51	Jump/Hoops \$126,271.68
Hoops \$116,302.34	Total \$1,199,663.53

The numerical breakdown between Hoops vs. Jump regarding the number of schools participating

Jump 363	Jump/Hoops 37
Hoops 88	

The top 5 schools for Jump

Tully Elementary School - Jefferson County \$18,934.39
Helmwood Heights Elementary School - Hardin Co. \$16,099.33
Russell Primary School - Greenup County \$14,896.74
Simpson Elementary School - Simpson County \$13,189.31
Dunn Elementary School - Jefferson County \$12,959.13

The top 5 schools for Hoops

Grayson County Middle School - \$7,608.94
West Hardin Middle School - \$5,366.85
Lawler Elementary - \$5,237.86
Calhoun Elementary - \$5,034.38
Flaherty Elementary - \$4,959.21

Total # of completed schools in KY: (Reg, Income Received, Complete, Committed)

2011-12 — 550 2010-11 — 551

Total # of schools Recruited for next school year and many months to work on this!

2012-13 — 473 which is 40% of Kentucky's 1,174 schools

Total Gross Raised in KY, so far Books closed June 30th!

2011-12 — \$1,198,300.33	2009-10 — \$1,219,471.51
2010-11 — \$1,298,158.82	

**Reported prior to 6/30/12*

Thank You

Thanks to our amazing partners and volunteers of the 2010-2011 school year, the AHA JRFH & HFH programs raised over \$1.2 million and AAPHERD/KAHPERD combined received over \$80,000 in funding from JRFH & HFH. For the 2011-2012 school year we hope to finish out 500 KY school partnerships, Private and Public. We are estimating that our partnered JRFH & HFH schools will raise again roughly \$1.2 mil gross for the lifesaving mission of the American Heart Association and we will be able to fund AAPHERD/KAHPERD combined with close to \$80,000 in income again. Also we continue to feel very proud of the thousands of dollars given back to each of our partnered schools who earn their US Games gift certificate levels to support their purchase PE Equipment.

All of our partnered schools will continue to receive their KAHPERD Membership for free and we have exciting news from AAPHERD. **AAPHERD has agreed to offer free memberships to any coordinator that raised \$1,000+ in the 2011-12 school year.**

We appreciate so much the partnerships of the KY Schools. Each and every volunteer helps us build healthier lives and change the way people think about their health.

Thanks,

Joy Heines, joy.heines@jefferson.kyschools.us



AHA Contact Info



Hoops School Website



JRFH School Website

101 Tips for Teaching Nutrition Concepts in Physical Education

The National Association for Sport and Physical Education (NASPE) and Fuel Up to Play 60 have teamed up to create "101 Tips for Teaching Nutrition Concepts in Physical Education," <http://school.fueluptoplay60.com/documents/NASPE-101-Tips-TeachingNutrition.pdf>. These easy-to-use ideas to incorporate into your curriculum.

Fuel Up to Play 60 is a free in-school nutrition and physical activity program that encourages children to develop life-long healthy habits. Launched by the National Dairy Council and the National Football League, in collaboration with the U.S. Department of Agriculture, Fuel Up to Play 60 encourages students to eat healthy, be active and implement long-term, positive changes for themselves and their schools.

Would you like to bring Fuel Up to Play 60 to your school? To register your school, visit www.fueluptoplay60.com and consider signing up as a program advisor.

FuelUptoPlay60.com and consider signing up as a program advisor.

The newest title in NASPE's line of 101 Tips booklets offers quick & easy-to-implement strategies for PE and classroom teachers to introduce nutrition concepts to their students. Activities, games, information ideas... it's all here in one convenient booklet! And the tips come from Fuel Up to Play 60 supporters, PE teachers and dietitians, so you know they're well-grounded and doable!



2012 Summer Workshop



Dates to Remember

August 4, 2012

Presenter Notification Deadline
Vice Presidents

September 1, 2012

KAHPERD Fall Journal Deadline
s.chen@morehead-st.edu

Deadline for Honor & Special
Awards Nominations

Sue.Banister@insightbb.com

Deadline for Officer Nominations
jim.hinerman@eku.edu

September 10, 2012

Submissions (by selected Presenters)
for Convention Proceedings
j.dearden@moreheadstate.edu

September 14 & 15, 2012

KAHPERD Student Leadership
Conference at EKU
john.ferguson@eku.edu

October 1, 2012

Dance Gala Deadline
nashwa.cahill@eku.edu

Call for Abstracts

g.blunt@moreheadstate.edu

November 11-13, 2012

Pre-Convention Board Meeting
PECAT Pre-Conference Workshop
(available for first 150 registrants)

KAHPERD Fall Convention

Galt House, Louisville, KY
j.dearden@moreheadstate.edu

December 15, 2012

Deadline for Spring Newsletter
charlow@windstream.net



CALL FOR ABSTRACTS

The Kentucky Association of Health, Physical Education, Recreation and Dance (KAHPERD) welcomes the submission of poster presentation abstracts for its annual convention to be held at The Galt House, Louisville, Kentucky on November 11–13, 2012. The goal of the poster presentation is to provide students, scholars, and health practitioners with a public forum to discuss relevant and timely sport- and health-related issues and topics. KAHPERD sincerely encourages students to submit research proposal or presentation ideas. This year abstracts selected for the 2012 conference will also be published in the *Spring 2013 KAHPERD Journal*.

SUBMISSION GUIDELINE

All abstracts **MUST** be submitted electronically as a Microsoft Word attachment and must contain the following information and conform to the following format requirements:

- Single-spaced
- One-inch margins
- Times New Roman 12-point font, and
- 300-word maximum



Research topics or presentation related to physical education, health and sport related issues, and recreation activities or dance are highly encouraged. Abstracts should NOT be submitted later than **Monday, October 1, 2012 (11:59 p.m. EST)**. Please send the submission to g.blunt@moreheadstate.edu.

In the email message accompanying the attached abstract, include the principal author's name, postal mailing address, email address, fax and telephone numbers.

Submission of abstract(s) indicates the intent of the presenter(s) to register for the conference at the appropriate registration fee.

For more information regarding the conference visit www.kahperd.com.

Gina Blunt

Associate Professor, Health, Wellness & Human Performance
Morehead State University, 200 D Laughlin Health Building,
Morehead KY 40351

606-783-2120 (office) • 606-783-5058 (fax) • g.blunt@moreheadstate.edu

Deadline – Monday, October 1, 2012

LET'S MOVE IN SCHOOL – DOES KENTUCKY LIKE TO MOVE IT, MOVE IT MOVE IT?!



JOIN the MOVEment to get students physically active before, during and after school! From creating specially designed toolkits for physical education teachers and principals to a series of LMIS Webinars, AAHPERD wants everyone to join forces and show the world that every school in America is committed to getting kids physically active. Register your school today for Let's Move in School!

If you have any questions or success stories then email your KY contact person: Deborah Campbell, Deborah.Campbell@Madison.KySchools.Us.

Join me at the KAHPERD Fall Convention for an informational session about LMIS.



Call for Nominations – Officers

Nominees must: (1) be a member of KAHPERD for three years or more; (2) assume the duties/responsibilities of the office; and (4) 4-year commitment for President, 3-year for Vice-Presidents, Board Members-at-Large and Section Chairs (one board meeting the evening prior to the convention, one board meeting immediately following the convention, and three board meetings that are not held in conjunction with the convention — held on Saturdays throughout the year and include one Leadership Workshop in January, one spring board meeting, and one summer board meeting). Any member of KAHPERD may submit nominees for the following offices by sending the names to the address on the bottom of this form. Reproduce this form as needed. *Each officer will be requested to serve an additional year as the result of KAHPERD hosting the 2014 Southern District AAHPERD Convention.

President (candidates for 2013 must be female)

Name: _____

Address: _____

Email: _____

VP Physical Education

Name: _____

Address: _____

Email: _____

VP General

Name: _____

Address: _____

Email: _____

VP Dance

Name: _____

Address: _____

Email: _____

VP Health

Name: _____

Address: _____

Email: _____

Section Chairs within the General and Physical Education Divisions

☐ Recreation ☐ Research ☐ Sport Mgmt.

☐ Coaching ☐ Exercise Physiology

Name: _____

Address: _____

Email: _____

☐ Elementary ☐ Secondary ☐ Adapted

Name: _____

Address: _____

Email: _____

☐ Board Member At-Large East of I-65

Name: _____

Address: _____

Email: _____

☐ Board Member At-Large West of I-65

Name: _____

Address: _____

Email: _____

Volunteers Needed

KAHPERD needs volunteers, to serve the association in a leadership role, at the Fall Convention, and at the Summer Physical Education Workshop. The life blood of any organization are the volunteers, and the new ideas they bring.

If you would like to volunteer, please complete the form below or go to www.kahperd.com, under "About Us".

Lonnie Davis, Executive Director

KAHPERD

546 Gingermill Dr. • Lexington, KY 40509

Lonnie.Davis@insightbb.com

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP-CODE _____

HOME PHONE _____

COUNTY _____

SCHOOL/UNIV. NAME _____

CITY _____

COUNTY _____

E-MAIL _____

I wish to serve in the following capacity (check all that apply):

☐ Leadership Position on Board

☐ Summer PE Workshop Worker

☐ 2014 SDAHPERD/KAHPERD Convention Worker

☐ Summer Health Workshop Worker


Nominated by: Name: _____

Address: _____

Phone: _____ Email: _____

Send to:

Jim Hinerman

jim.hinerman@eku.edu

202A Moberly Building • Eastern Kentucky University • Richmond, KY

DEADLINE – September 1, 2012



KAHPERD HONOR AWARDS NOMINATIONS

Mustaine Award – This is the highest honor that KAHPERD bestows. The recipient should have been recognized at some earlier date. It should be an award of great honor and the person must be carefully chosen.

Life Member Award – This is awarded to someone who has had a long period of service (at least ten years) or who may have retired. It recognizes distinguished service to the profession.

Distinguished Service Award – This is awarded to members of KAHPERD in recognition of meritorious service over an extended number of years.

Merit Award – This is awarded to members and non-members of KAHPERD. It is to recognize merit in the fields of HPERD and fields of allied interests. It may be presented to persons, schools or institutions/corporations.

Date Submitted: ____/____/____

Your Name: _____

Address: _____

City/Zip: _____

Phone: _____

Email: _____

Nominee Name: _____

Nominee Address: _____

Nominee Phone: _____

Nominee Email: _____

Justification for the Award: For the committee to consider the nominee we **MUST** have one **FULL typewritten page** of specific information that justifies why this person is deserving of the award.



Mail completed information to:

Sue Banister
530 Iroquois Drive • Bowling Green, KY 42103
sue.banister@insightbb.com

Online forms are available at kahperd.com under Honor Awards.

**All Nominations must be received
by September 1, 2012**

Note: It is possible that every category will not be awarded each year.

KAHPERD SPECIAL AWARDS

PROFESSIONAL AWARDS

- | | |
|--|---|
| ____ Elementary Physical Educator (K-6) | ____ Health Educator College/University |
| ____ Middle/Secondary Physical Educator (7-12) | ____ Dance Educator of the Year |
| ____ College/University Physical Educator | ____ Recreator of the Year |
| ____ Health Educator (K-12) | |

COLLEGE/UNIVERSITY STUDENT AWARDS

- ____ Health Student ____ Recreation Student ____ Physical Education Student

Information on the Nominee:

Name _____

Address _____

City/State/Zip _____

Email _____

Justification for the award must be submitted along with this form. Check out kahperd.com for complete instructions.

Individuals nominated for the above Special Awards should exhibit outstanding qualities in their respective area.

Name of person
nominating: _____

Phone _____

Email _____

Please refer to the KAHPERD website for complete instructions on the nomination process for special awards. www.kahperd.com

Nominations should be sent to:

Sue Banister

530 Iroquois Drive • Bowling Green, KY 42103

sue.banister@insightbb.com



Note: It is possible that every category will not be awarded each year.

Nominations are due on or before September 1, 2012



Mutual Funds
College Planning
Retirement Planning

The Legend Group
Your Partner in Retirement Planning

Annuities
Life Insurance
Estate Planning

National Office: 4600 East Park Drive, Suite 300, Palm Beach Gardens, FL 33410 • (561) 694-0110
Local Office: 2 Summit Park Dr., Ste. 600, Independence, OR 97131
Phone: (800) 417-9099 • Email: info@legendgroup.com

Securities offered through Legend Equities Corporation, member NASD & SIPC. Before investing in a mutual fund, consider its investment objectives, risks, charges and expenses carefully. The prospectus, which contains this and other information about the mutual fund, can be obtained by contacting Legend Equities Corporation. Please read the prospectus carefully before you invest or send money.

KAHPERD Pre-Registration Form

Failure to pre-register will result in the loss of your chance to win a \$250 reimbursement with the Exhibitors or SO/KAHPERD. Register at www.KAHPERD.com - KAHPERD accepts credit cards through PayPal

Name (Last) _____ (First) _____ (Initial) _____
 Name Address _____
 City _____ State _____ Zip _____
 School/Organization _____
 School/Organization address _____
 Phone (Home) _____ (work) _____
 E-Mail (required) _____
BADGE INFORMATION / Name you wish on your badge: _____
 School or Organization: _____ City: _____

KAHPERD MEMBERSHIP (Must be current member to register for the convention / PECAT)

☐ New ☐ Renewal
 Professional \$35.00
 Lifetime Member NC
 JRFH/JFH (Must have sponsored 11-12 school event) NC
 Student \$15.00
 Retired \$20.00

PRE-CONVENTION WORKSHOPS ONLY • Sunday, November 11, 2012 • 4:00-8:00 PM Eastern Time

(If you are attending the ENTIRE convention - SKIP THIS SECTION)

I want to register for the Pre-Convention Workshop ONLY \$35.00
 (KAHPERD membership is REQUIRED when attending PECAT workshop.)

CONVENTION REGISTRATION (JRFH members MUST pay convention registration fees)

Professional (after November 7, \$115.00) prior to November 7, \$95.00
 (Professionals should pick-up their banquet ticket from Executive Director Davis.)
 Students (after November 7, \$30.00) prior to November 7, \$20.00
 Retired / Lifetime Member \$20.00
 Additional Awards Banquet Tickets \$30.00
 Awards Luncheon Ticket (Student) \$15.00
 Conventions Transportation (VCR) \$15.00
TOTAL

Please check if attending Sunday night 4:00-8:00 pm eastern time pre-convention workshop.
 Membership is REQUIRED to attend PECAT CERTIFICATION on Sunday evening!!

Check or Money Order will only be accepted. (No Purchase Orders Please!)

Mail to: Lonnie Davis, KAHPERD Executive Director • 546 Gingermill Lane, Lexington, KY 40509

MUST BE POSTMARKED ON OR BEFORE NOVEMBER 7 FOR PRE-REGISTRATION DRAWING!

You must pre-register to be entered in the \$250 drawing for a Gift Certificate with the EXHIBITORS or AAHPERD / SOUTHERN DISTRICT AAHPERD.



Dr. Lonnie Davis, Executive Director
 546 Gingermill Lane
 Lexington, KY 40509

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"KAHPERD NEWSLETTER" is an official publication of the Kentucky Association for Health, Physical Education, Recreation and Dance.

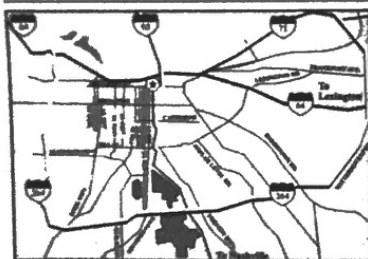
Editor:

Cheryl Harlow

872 Pig Road • Smith Grove, KY 42171-8817 • charlow@windstream.net

DATES FOR SUBMITTING MATERIAL FOR PUBLICATION:

Fall Issue: May 15 Spring Issue: December 15



Mail directly to the: THE GALT HOUSE HOTEL SUITES

140 North Fourth Street
 Louisville, KY 40202

1-800-843-4258 (Toll Free)

1-502-589-5200 (Direct)

KAHPERD Annual Convention

November 11-13, 2012

CONVENTION RATE: \$109 Single or Double

Deadline for special rate is

(October 12, 2012)

Identify yourself as a KAHPERD Member



Name _____

Address _____

City _____ State _____ Zip _____

Daytime Phone Number _____

Sharing room with _____

No. of persons _____ Arrival date _____ Departure Date _____

Check in time is 3:00 p.m. • Check out time is Noon

Accommodations will not be confirmed without a check for the first night's deposit or use your credit card to guarantee your reservation. You will be charged for the first night if reservations are not cancelled 48 hours prior to arrival.

☐ Amex ☐ Diners Club ☐ Visa ☐ Mastercard ☐ Discover Card ☐ Advanced Deposit

Credit Card # _____ Exp. Date _____

Please check preferred accommodations

Single \$109 (1 person)	Double \$109 (2 persons)	Triple \$129 (3 persons)	Quad \$139 (4 persons)
_____	_____	_____	_____

1 King Bed

2 Double Beds

☐ Smoking

☐ Non-Smoking

Special Requests: _____

(Mail / Fax directly to Galt House Suites • www.galthouse.com/info@galthouse.com)