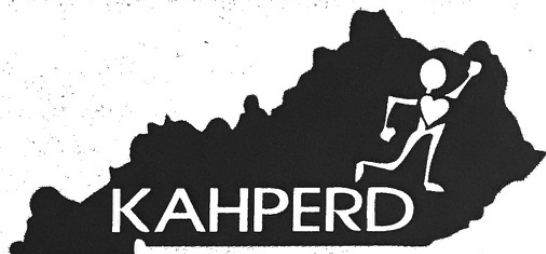


KENTUCKY NEWSLETTER FOR HEALTH • PHYSICAL EDUCATION RECREATION • DANCE



FALL 2009

A CENTENNIAL CELEBRATION: SHAPING THE FUTURE OF KENTUCKY'S KIDS NOVEMBER 11-13, 2009 HYATT REGENCY LEXINGTON, KY



ARTIE KAMIYA has been called the "nation's leading expert for K-12 physical education." Always in demand for his exciting presentations, Artie has conducted about 500 workshops in over 40 different states. He is the founder of a well-known publishing/consulting firm and has successfully written

over \$15 million in grants for schools. His work has appeared on numerous ABC, NBC, CBS, and Fox TV affiliates, as well as on National Public Radio and *USA Today*. A former National Physical Education Administrator of the Year, he was recently recognized by the National Association for Sport and Physical Education as the 2007 "Joy of Effort" Award winner. Distinguished as one of the most enthusiastic and compelling physical education professionals, he has a "standing offer" to present at numerous state and national conferences throughout the year.

He has extensive experience in the classroom as a physical education teacher, and as Senior Administrator for Health and Physical education in the Wake County Public School System. Kamiya has also written, co-authored, or edited 19 publications. These include: *Games and Great Ideas: A Guide for Elementary School Physical Educators and Classroom Teachers*; *Academic Activities for the Gifted and Talented Elementary Child*; *Elementary Teacher's Handbook of Indoor and Outdoor Games*; *Great Activities Newspaper*; and *The Gym Dandies Series*.

During his career, Kamiya has been recognized with numerous awards and accolades. These include: Honor Award from the North Carolina Alliance for Athletics, Health, Physical Education, Recreation & Dance; Presidential Award from the Southern District of the American Alliance for Health, Physical Education, Recreation & Dance; and the Camp Caesar Hall of Fame for outstanding leadership in elementary physical education.

Kamiya will conduct a pre-conference workshop at 6:30 p.m. on Wednesday, November 11th. Join us for a great session of K-12 games, instant activities, fitness ideas, and more! Want to turn "small spaces into fun-filled spaces?" Looking for new ways to involve your students with non-stop action? Then these are the sessions for you!



STU SILBERMAN
Superintendent of Fayette County
Public Schools, Lexington, KY

Stu Silberman has led two school districts to prominence in the state of Kentucky and has three times been named the State Superintendent of the Year. Most recently, he was among the four finalists for the National Superintendent of the Year Award.

In 2004 Stu became the fifth superintendent in three years for the Fayette County Public Schools, a district with an enrollment of roughly 37,000 students and a budget of approximately \$375 million. Since coming to Fayette County, student achievement has skyrocketed, with nearly 40 percent of local schools surpassing state proficiency standards six years early. Stu has a clear focus on closing achievement gaps and holding all students to high expectations. His tenure has been marked by a commitment to transparency and openness with the public, fiscal responsibility and a tremendous community effort to redesign education in Fayette County called 2020 Vision.

Superintendent Silberman has taught in the state's new superintendent training program for the last several years, helping new superintendents get off to a good start. Additionally, six members of his cabinets have gone on to become successful superintendents and he is the only superintendent in Kentucky to have served as a mentor in the state's Minority Superintendent Internship Program in each of its three years.

Stu Silberman has been an educator for 36 years and will always be a teacher. He is married to Kathy Silberman and they have three grown daughters and one granddaughter. He holds bachelor's and master's degrees from the University of Tennessee at Chattanooga, did post-masters work at the University of Alabama and received an honorary doctorate from Kentucky Wesleyan College.

ALAN STEIN - President/COO - Persistence, dedication and personal sacrifice have paid off for Alan Stein and his beloved Lexington, KY. For over



20 years it has been his dream to bring the best of professional baseball to Central Kentucky. Alan has poured his tremendous energy and enthusiasm into turning his dream into a reality. The success of the Lexington Legends and Applebee's Park have made him a national leader

in the sports industry and follow a long history of personal and business success. He owned and operated a popular Lexington nightspot restaurant, served as Vice-President of a real estate development and management company and was a part owner of HMH Broadcasting, a Lexington-based radio and communications company. He is well known nationally for his volunteer efforts and humanitarian work with countless charitable, civic and service organizations. Alan Stein has now, as Chief Operating Officer of Ivy Walls Management Co., LLC, set his sights on creating a model for a national company that will be an industry leader in owning and operating multiple Minor League Baseball Clubs. Stein was elected to represent the South Atlantic League on Minor League Baseball's Board of Trustees allowing him to help shape the future of Minor League Baseball.



TIM CAHILL - A current instructor at Eastern Kentucky University is a current American Red Cross Instructor in Adult, Child and Infant CPR/AED. He has taught CPR for the last 30 years at the college and community level. He is a past recipient of the KAHPERD Distinguished Service Award.

Adult CPR/AED Review Course - On Wednesday night, Cahill will conduct a pre-conference workshop that will provide a Adult CPR/AED Review Course. To be eligible to participate in a review course, participants must possess a current American Red Cross certificate (or equivalent) for the course being conducted; non-certificate holders may not participate in the review course option.

This review course will take approximately 3 hours to complete. Participants should be prepared to perform CPR skills on manikins. Skill check offs and a written exam with a score of 80% must be achieved to complete the certification process. Cost for this pre-conference workshop is \$10.

Important!

You **MUST** pre-register to
attend Thursday's Luncheon &
Awards Ceremony.

PRESIDENT'S MESSAGE

Mike Ballard, President • Michael.ballard@eku.edu



Greetings KAHPERD members! I hope everyone is getting excited about the upcoming, historic Centennial Convention which will be held November 11-13th in Lexington at the Hyatt. Our theme this year is "A Centennial Celebration:

Shaping the Future of Kentucky's Kids." Special thanks to the current KAHPERD Board who has worked diligently to plan a very diverse program for our members. Information collected from the KAHPERD Membership Survey last year was very useful in planning sessions requested by our members. Overall, we had more sessions proposals submitted this year than ever before. Detailed information on the program and specific sessions is provided for you on pages 6-7 of this newsletter.

PRE-CONFERENCE WORKSHOPS

I would like to share a few things about the convention as you begin to plan your schedule. Our Wednesday night pre-conference workshops are outstanding. Members will have three options to choose from.

Fitness Fun for Everyone – Artie Kamiya. Artie Kamiya, called the "nation's leading expert for K-12

physical education" will present a 3 hour workshop entitled "Fitness & Fun for Everyone!" Cost for this pre-conference workshop is \$35.

Adult CPR/AED Review Course – Tim Cahill. Tim Cahill will be providing an Adult CPR/AED Review Course. Cost for this pre-conference workshop is \$10.

University of Kentucky Joe Craft Center Tour The Joe Craft Center is the \$30 million dollar state of the art basketball practice facility of the University of Kentucky that opened in 2007. The Craft center is used by both the men's and women's basketball teams. Participation on the tour is limited to the first 30 pre-registrations received. KAHPERD will provide transportation to the Joe Craft Center.

AWARDS LUNCHEON

This year KAHPERD is doing a few things differently. One of the biggest is a change in the awards luncheon. Please note that this year we will be having our Awards Luncheon on Thursday. The luncheon will be a special event recognizing our centennial as well as our award winners. In recognition of our proud heritage, KAHPERD members will be treated to a video recognizing our history as an association. A special tribute will also be provided to all of the past KAHPERD President's.

Each of these distinguished professionals has helped shape our profession and our current organization. The luncheon will then conclude with our annual recognition of our exemplary award winners.

If you are a professional member, your ticket to the luncheon is provided if you **PRE-REGISTER** for the convention. Students may purchase a ticket for \$15 by the **PRE-REGISTRATION** deadline, it is not included in their pre-registration. KAHPERD is subsidizing half of the cost of the ticket for students at this rate.

KAHPERD T-SHIRTS

This year all pre-registered convention attendees will receive a free KAHPERD T-shirt with the new logo. This is made possible through a partnership with Time Warner Cable.

KAHPERD HISTORY

A KAHPERD Committee was established with the charge to update our history. This had not been done since the 1970's. I am pleased to report that the work of this committee under the direction of Don Calitri and Heather Adams-Blair has been completed. This historical update will be provided to our members.

In closing, I would once again like to say thank you to the membership. Serving KAHPERD this past year has been an honor. I appreciate all of the hard work and commitment of our members, who have worked to move our association forward. Special thanks to Mike Kennedy who has given us an enormous amount of time and energy as our convention manager. I look forward to seeing everyone in Lexington at the Centennial Convention. Please contact me at Michael.ballard@eku.edu or 859-622-1029 if you have any questions.

EXECUTIVE DIRECTOR'S MESSAGE

Lonnice Davis, Executive Director
lonnie.davis@insightbb.com



I hope to see you November 11, 2009, at the Hyatt Regency in Lexington, KY. President Michael Ballard and his board have worked hard this year and have a great convention planned for you. Be part of it by attending and getting involved, "KAHPERD NEEDS

YOU" and "YOU NEED KAHPERD."

In my last message I shared my thought with you concerning a "vision and goals" for KAHPERD. With this message I would like to talk with you concerning "A Strategic Plan" for KAHPERD.

A strategic plan for KAHPERD begins with "vision and goals." The plan takes shape as the acts or behaviors change in order to reach our objectives. Meeting our objectives will achieve the vision for KAHPERD. I propose the following behavior changes through:

- **Raising awareness**
Rally HPERD professionals, parents, and influential parties around KAHPERD's core mission: active, healthy lifestyles, everyday.
- **Changing perceptions**
Convince the public the HPERD programs are not getting enough support and that quality programs are effective, attainable and desirable. Convince all KAHPERD members and their professional peers that we are indeed experts in the art and science of changing human behavior.

• Creating understandings

Educate HPERD professionals, parents, influential people, and media about the importance of daily physical activity, health knowledge, artistic expression, and recreational activities to help develop the mind, body, and spirit. Thus by raising awareness, changing perceptions, and creating understanding the results for KAHPERD will be:

- ♦ More potential members joining KAHPERD.
- ♦ Past members retaining their membership.
- ♦ HPERD professionals continuing to improve and expand the skills related to their work;
- ♦ Educational administrators demanding and supporting quality programs and instruction.
- ♦ The public, especially parents, advocating for more school-based HPERD programs.
- ♦ Related associations and organizations working collaboratively with KAHPERD.
- ♦ Policy makers supporting HPERD programs through law, rule and-or-policy.

This "Strategic Plan" represents a beginning for KAHPERD. We as an association, must do our part as individuals to ensure that our professional organization is ready NOW. KAHPERD is a professional organization committed to the development of knowledge, programs that foster active healthy lifestyles, and the enhancement of skilled and aesthetic motor performance for all Kentuckians.

Student Challenge

Young professionals are the future of any association. KAHPERD is no exception. We have a strong history of students attending KAHPERD; however, we can do much better. KAHPERD has \$1,200 that will be given in staggered amounts to the student majors' clubs of the three universities that have the most students in attendance at the 2009 Centennial Convention which will be held November 11-13th at the Hyatt Regency in Lexington. The college/university with the most students in attendance with paid registration/membership will receive \$600 for their student majors' club. Second place will receive \$400, and third place will receive \$200 respectively.

HEALTH DIVISION

Laurie J. Larkin, Vice President
Laurie.Larkin@eku.edu



Many of you are planning your school year and I understand it is early to consider the fall 2009 KAHPERD Convention. Let me "put a bug in your ear" regarding the wonderful event that we have planned this year. First, we are going to celebrate the 100th year of KAHPERD!! What a testimony to the many years of hard work and dedication our predecessors did to bring us to this point in history. And for these many dedicated men and women of our field, we give thanks.

Second, we have a fantastic line-up of presentations planned this year including topics such as: holistic health, sexual health, drug abuse, service learning and health, TV realities and weight loss, health information podcasting, and finally, using the health index from the CDC to improve school health.

I guarantee there will be a lot of excitement at this year's convention that you will not want to miss. I look forward to seeing everyone in Lexington and making 2009 a wonderful KAHPERD Centennial Celebration.

PHYSICAL EDUCATION

Natalie Doering, Vice President
natalie.doering@coe.murraystate.edu



Come one, come all. Whether you have never been before, have come twenty years in a row, or have missed coming the last few years, I invite each and every one of you to join us for this year's Centennial KAHPERD Celebration conference in Lexington, KY, November

11-13, 2009. Mark your calendars. This is a great opportunity to get professionally refreshed, spend time with Colleagues, earn PD credit, learn new ideas or be reminded that the things you do are quality instruction that others are also doing in their physical education programs.

We have folks teaching karate, yoga, and other fitness sessions. We have assessment and adapted PE sessions, a look at Title IX history, and other historical perspectives for our centennial year. For secondary folks we have game strategies, fitness, yoga, team handball, archery, and others. We also have special sessions for pre-service teachers including interviewing techniques, resumes and surviving the KTEP year! Our KAHPERD 2008 elementary teacher of the year will present a session called Fitness Memory - an active game using fitness, skills and content. This should be a terrific year to join us at KAHPERD.

Come, get refreshed, spend time with colleagues, and learn from others. Join us at the Hyatt.

DANCE

Marianne McAdam, Vice President
Marianne.mcadam@eku.edu



Dance Enthusiasts: We have a great program lined up for you this November! Of course, we have lots of ideas on how to cover the Dance Program of Studies and meet your requirements for professional development credit. Meg Mabry and Jamie Johnson will offer great ideas for drumming and dancing through the Native American and African unit; Jeannette Askins will be back sharing her success with multicultural dance as a link to community; Kacey Frazier will show you how to enhance recreational dance by applying the elements of dance to turn it into a stage performance; and Susan Spalding will simplify the creative dance process. For your own enjoyment as well as giving you ideas to take back to the classroom, the new organization Motion Matters will give a taste of three wonderful movement traditions including Feldenkrais, Tai Chi and Nia (yoga/dance); the ever popular Nashwa will offer Belly dance for Fitness; and Stephanie Woodie will help you make sense of Yoga and how you might bring it to your students. In keeping with the Centennial theme, Rayma Beal will enlighten us with how the "D came to Be in KAHPERD/AAHPERD".

In addition to all the great sessions we will have lots of dance going on as you move from session to session. At SDAHPERD we call these "Dance on the Spot." Last but not least, we plan on having a Dance Gala fit for the Centennial celebration! We hope to have all ages participating in these performances, so let me know if you have a group that would like to be involved. Can't wait to see you at this very important 100 year celebration of KAHPERD! Contact me by email or 859-582-0768.

STUDENT

Daniel Rigney Student Co-Chair
Daniel_rigney@eku.edu



I hope that all of you college students are ready for the 100th anniversary of KAHPERD. The Fall Convention is coming up on November 11-13. This year's Superstars Competition will be better than ever. We plan to change a few events to make it a more exciting competition. So get together a team of four and get ready to compete!

Do not forget to try to get as many of your college classmates as possible registered for the convention so that your college/university can win the College Student Challenge. The college/university with the most registrations/memberships attending will receive \$600 that will be presented to the student majors club at the institution. The college/university with the second most will receive \$400 and third most \$200. Along with the College Student Challenge, KAHPERD has added more sessions geared toward college students in order to get more students involved. So come to Lexington and see how KAHPERD can help you become a better professional.

GENERAL DIVISION

Heather Adams-Blair, Vice President
Heather.Adams-Blair@eku.edu



Greetings from your VP-General! Life has changed a bit since I last wrote in the Newsletter. Cadyn's baby brother, Elijah Walker Adams Blair (Eli) arrived on April 24, 2009. Our home is full of total chaos and lots of love at the moment. Everyone is adjusting well and we appreciate all of the emails and phone calls from numerous KAHPERD members.

As summer approaches, Mike and Mike (no, not from ESPN) appear to be leading this organization to an unbelievable 100th anniversary celebration convention. I am so excited to be a part of this historic event.

As the General Vice President, I am happy to tell all you folks who have a vested interest in coaching, sport management, recreation, exercise physiology, and student research that you won't be disappointed this year! We have an outstanding lineup set for you. The program will include sessions for students and professionals alike. There will be a round table discussion session dealing with sport management and a presentation about preparing to become a professional. Please check out pages 6-7 to view all of the quality folks and content that will be at convention.

If you have questions or need clarification please email me.



Eat well,
move more,
be well.

You can help your school become a healthier place for students to learn and staff to work!

The Healthy Schools Program's Network will give you access to tools and discounts to help your school. Sign-up is free and anyone can join!

Join the Healthy Schools Program's Network today!
HealthierGeneration.org/schools

For up-to-the-minute information, go to
www.KAHPERD.com

SUPERSTARS

Sharon Whitlock, At-Large Board Member West
Sharon.Whitlock@wku.edu



Who will take the trophy back to their school this year? The superstars competition promises to be rousing and thrilling as we prepare to make some changes to the activities this Fall. As each team challenges one another we pledge that only the strongest will

come out as the winner. Get your **four-member teams** together as you go head-to-head against some of the best competitors in the state. This year's superstars competition assures that there will be fun and excitement for all.

SILENT AUCTION

Barb Mercer, Chair, Silent Auction
barb.mercer@louisville.edu

The Silent Auction needs your donated items to be a success. Could you part with something of value a colleague would bid on? Do you have a contact in any of the KAHPERD areas that could donate an item to advertise their business? If so, please make that call and don't forget to obtain their business card or advertising information to be displayed along with that item.

We had many hand-made and creative silent auction items last year. Small items could be combined to make a theme basket. All items are much appreciated. Let me know the details of your donation if you plan to bring it to the KAHPERD conference rather than submit it early.

EXHIBITORS STILL NEEDED

Hello from your KAHPERD exhibit managers!

Our space allocation this year will allow us to host a total of 21 exhibitors for the 2009 KAHPERD Conference. We still have space available — so please "pass the word" and let us know if there is someone you would like for us to contact (or feel free to give them our e-mail addresses).

Grover and I are excited about the upcoming convention and look forward to seeing you there!

B. J. Walters
bj.walters@grant.kyschools.us
Perri Grover Warren
grover@kyol.net

KAHPERD 100-YEAR ANNIVERSARY—DID YOU KNOW???

1. KAHPERD has had 31 Secretary-Treasurer/Executive Directors since 1909.
2. Lonnie Davis has been Executive Director for 13 years, passing Don Calitri, who was in the position for 11 years.
3. First Executive Director was Don Calitri (1987). Name changed then and became a regular position.
4. Since 1966 ALL Executive Directors have also been President's of KAHPERD.
5. Oldest living Secretary Treasurer of KAHPERD is Nan Karrick Ward.
6. KAHPERD has had a recorded 79 Presidents in 100 years.
7. First President of KAHPERD was W. Walter H. Mustaine (1909)
8. Oldest living Past President of KAHPERD is Peggy Stanaland (1957-58).
9. Presidents who have served two or more terms as President of KAHPERD are Lonnie Davis (1978-79, 1992-93); Dorothy Harkins (1961-62, 1973-74); Walter Mustaine (1909-1913); Tom Godfrey (1935-36, 1940-41); and William Hansen (1926-29).
10. KAHPERD Presidents who have also been President of Southern District AAHPERD are Barbara Johnson, Thad Crews, Bill Dickens, and Michael Ballard.
11. KAHPERD Presidents who have also been Presidents of other state associations—Bill Dickens (Kentucky and Louisiana)
12. Oldest living W. Walter Mustaine Award Winner (KAHPERD's Highest Award) is Richard Lee Gentry (1974).
13. Oldest living Distinguished Service Award Winner is Peggy Stanaland (1960).
14. Oldest living Merit Award Winner is Dorothy Harkins (1959).
15. Oldest living Life Member recipient is Richard Lee Gentry
16. KAHPERD has NO records available from 1918-1926.

Info compiled by Past President and Past Ex. Director - Don Calitri

2009 DANCE GALA

Dance Gala 2009 is accepting proposals from dance artists/groups who wish to participate in the Dance Gala. The Dance Gala is an annual event that highlights dancers and dances of different origin and theme. Dance is explored and reflected through traditional and contemporary dance compositions created and presented by selected dance groups/artists. Program goals are to advocate and promote the contributions of dance students/groups/artists from a variety of settings.

SUBMISSION GUIDELINE

Applicants should submit a brief description of the proposed work including:

- Length of the piece
- Number of dancers/performers
- Music
- Special technical requirements

Name of Group: _____

Name of Coordinator: _____

School/Organization: _____

Address: _____

Phone: (home) _____

(School/org) _____

Email: _____

DEADLINE IS OCTOBER 10, 2009

For more information or to Submit a Proposal:

Marianne McAdam

Dance Gala / Vice President - Dance

521 Lancaster Avenue, Weaver Building • Richmond, KY 40475 • 859-622-1901

Martanne.McAdam@eku.edu

NATIONAL ASSOCIATION FOR SPORT AND PHYSICAL EDUCATION SALUTES NEW WHITE HOUSE OFFICE OF OLYMPIC, PARALYMPIC AND YOUTH SPORT

RESTON, VA, July 1, 2009 –The National Association for Sport and Physical Education (NASPE) calls for national standards for sport coaches to be a key component of President Barack Obama's new Office of Olympic, Paralympic and Youth Sport in the White House. Saluting the administration's plans to enhance opportunities and access for youth participation in sport, NASPE urges the new Office of Olympic, Paralympic and Youth Sport to educate the American public about the importance of caring and professionally trained coaches so that all young athletes have quality sport experiences.

"Over 50 million children under the age of 18 participate in organized sport programs," said NASPE President Steve Jefferies. "Parents across the country send their children to practices and events with the expectation that adult supervision will bring positive sport outcomes, maximal learning and skill development. Yet horror stories persist about dramatic increases in winning-obsessed parents, sport injuries, over-specialization of young athletes, and children quitting sports because they simply aren't fun anymore."

NASPE looks forward to working with the Office of Olympic, Paralympic, and Youth Sport and other organizations such as the National Council for the Accreditation of Coaching Education (NCACE), www.ncaceinfo.org, to promote the importance of properly trained coaches. This new White House office provides an unprecedented opportunity to enhance policies and programs that will support sport organizations in their efforts to improve the sport experiences of athletes and promote health and wellness. A coalition of the United States Olympic Committee (USOC), National Collegiate Athletic Association (NCAA), National Federation of State High Schools (NFHS) and NASPE, NCACE promotes the development of coaching education programs

and requirements based on the National Standards for Sport Coaches (NASPE, 2006), www.naspeinfo.org/coachingstandards

From establishing the first position paper on *Standards for Youth Sport Coaches* (1984) to publishing the second edition of the *National Standards for Sport Coaches* (2006), NASPE is an advocate for quality sport programs. In 2008 NASPE published the *National Coaching Report*, which provides a baseline of what is being done to train coaches at the youth and interscholastic sport levels. Sport officials, State Board/Department of Education administrators, legislators and parents can now view the requirements set forth by state at www.naspeinfo.org/coachingreport.

NASPE

The preeminent national authority on physical education and a recognized leader in sport and physical activity, the National Association for Sport and Physical Education (NASPE) is a non-profit professional membership association that sets the standard for practice in physical education and sport. NASPE's 16,000 members include: K-12 physical education teachers, coaches, athletic directors, athletic trainers, sport management professionals, researchers, and college/university faculty who prepare physical activity professionals. The mission of NASPE is to enhance knowledge, improve professional practice, and increase support for high quality physical education, sport and physical activity programs. It is the largest of the five national associations that make the American Alliance for Health, Physical Education, Recreation & Dance (AAHPERD).

F as in Fat: How Obesity Policies are Failing in America 2009

Trust for America's Health (TFAH) and the Robert Wood Johnson Foundation (RWJF) are pleased to provide you with a copy of the sixth annual edition of the report, *F as in Fat: How Obesity Policies are Failing in America 2009*. The report contains rankings of state obesity rates, reviews federal and state government policies aimed at reducing or preventing obesity, and provides recommendations for addressing obesity within health reform. An online version of the report with state rankings in all categories is available TFAH's Web site at www.healthymamericans.org and RWJF's Web site at www.rwjf.org.

The report finds that in the past year adult obesity rates increased in 23 states while no state saw a decrease. In addition, the percentage of obese and overweight children is at or above 30 percent in 30 states. Mississippi had the highest rate of adult obesity at 32.5 percent, making it the fifth year in a row that the state topped the list. Mississippi also had the highest rate of obese and overweight children at 44.4 percent. Eight of the 10 states with the highest percentage of obese adults are in the South. Colorado continued to have the lowest percentage of obese adults at 18.9 percent.

Dates to Remember

December 15, 2009

Deadline for Spring Newsletter
charlow@windstream.net

January 22-23, 2010

KAHPERD Leadership Development Conference
Lexington Embassy Suites Hotel, Lexington, KY
Friday, 7:00 pm

January 23, 2010

KAHPERD Board Meeting
Lexington Embassy Suites Hotel, Lexington, KY
Saturday, 1:00 pm

February 6, 2010

National Girls & Woman's Sports Day

February 10-14, 2010

Southern District Convention
Myrtle Beach, South Carolina

March 1, 2010

KAHPERD Journal Deadline for Spring
Bruce.Larson@wku.edu

March 1, 2010

2010 KAHPERD Convention Program Proposal Deadline

March 6, 2010

KAHPERD Board Meeting
Quality Inn, Bardstown, KY, 8:30 am

March 16-20, 2010

AAHPERD National Conference & Exposition
Indianapolis

May 1, 2010

Deadline for Officer & Award Nominations

May 1-7, 2010

National Sport & Physical Education Week

May 15, 2010

KAHPERD Fall Newsletter deadline
charlow@windstream.net

June 5, 2010

KAHPERD Board Meeting
Richmond, KY, 9:00 am

June 7-8, 2010

Physical Education Summer Workshop
Bowling Green, KY

August 7, 2010

Presenter Notification Deadline – By Vice Presidents

September 1, 2010

KAHPERD Journal Fall Deadline
Bruce.Larson@wku.edu

Deadline for Special Awards Nominations

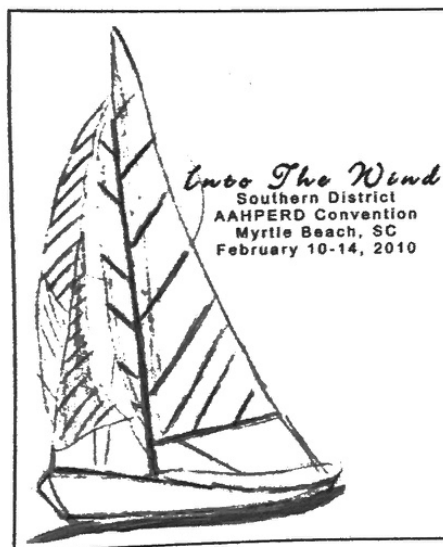
October 2-3, 2010

KAHPERD Student Leadership Development
Conference
Morehead, Kentucky

November 14-16, 2010

Pre-Conference Board Meeting
Pre-Conference Workshop
Fall Convention

Lexington Embassy Suites Hotel, Lexington, KY





A CENTENNIAL CELEBRATION: SHAPING THE FUTURE OF KENTUCKY'S KIDS

NOVEMBER 11-13, 2009 HYATT REGENCY LEXINGTON, KY



Wednesday, November 11 (Preconvention Workshop)

	Regency	Mezzanine	Lobby
6:00 - 9:00	Fitness Fun for Everyone (Artie Kamiya)	AED/CPR Recertification (Tim Cahill)	Joe Craft Practice Center Tour

Thursday, November 12

	Mezzanine Level Jessamine	Mezzanine Level Franklin	Mezzanine Level Scott	Mezzanine Level Woodford	Patterson Ballroom A	Patterson Ballroom B	Patterson Ballroom C	Patterson Ballroom D	Regency Ballrooms
8:30-9:30 am	Applying the CDC's School Health Index Kristol King	Comparisons of Perceived Exertion on Elliptical Training Versus Treadmill Exercise Manuel Probst	The Hiring Process & Practice of NCAA, FBS and FCA Head Coaching Positions Wardell Johnson	Protecting Your Sexual Health Daniel Newman	Building Blocks for Creative Dance Susan Spalding	Mind-Body Fitness MaryKay Sliney	Hockey - Soccer Brain Game Johnny Newsom	Start a C'Motion in Your Physical Education Classes Jason Meier	Show Me the Money - Writing a Winning PEP Grant Artie Kamiya
9:45-10:45 am	Effective Collaboration with Other Content Areas Bob LaDeur and Kim Riggs	Sports Performance Training for All Ages: Fusing Science and Sport Rick Pounds	Hoops for Heart: Making It a Slam Dunk Beverly Gass	Kentucky High School Transfer and Eligibility Jenell Booth	Beating the Drum for Dance Jamie Johnson and Meg Mabry	Fitness Memory Cindy Meyer	Yoga as a Tool for Learning and Wellness Teresa Thompson	Skatetime School Rental Program Adam and Karen Higgason	
11:00 am - 12:00 pm	Individual Health Consultation at the People's Clinic of Morehead Steve Chen and Mark Deaton	Let's Get Real About Adapted PE Pat McCann, Amy Scott and Sherry Vincent Adapted Physical Education Section Chair Election	The "Realities" of Television Weight Loss Shows George Salyers and Ann Rathbun	Elementary and Middle School Partnership Programs with the American Heart Association Lee Stammerman and Dawn O'Dell	Motion Matters: Diverse Methods Lauren Howard, Meriah Kruse and Tara Steinbach	Assessment Made Easy Natalee Doering	Teaching Fitness Concepts: Bringing PHYSICAL Education Back Aaron Beighle	Jump Rope for Heart Demo Team Performances Joy Heines and students from Hite Elementary School	

12:15 - 2:15 pm	REGENCY BALLROOMS: General Session / Luncheon / Stu Silberman Voting Booth opens after 1st General Assembly — Professionals Only are allowed to vote.								
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	Mezzanine Level Jessamine	Mezzanine Level Franklin	Mezzanine Level Scott	Mezzanine Level Woodford	Patterson Ballroom A	Patterson Ballroom B	Patterson Ballroom D	President's Suite
2:30-3:30 pm	Playing with Confidence Gary Henderson	The History of Adapted Physical Education in Kentucky June Robinson	Participation and Commitment in Recreational Tennis Sagatomo Tokuyama and Dylan Naeger	What's New on the Streets: Drug Training for Professionals Daniel Newcome Health Section Chair Election	Let's Have Fun: Teaching Multicultural Dance Jeanette Askins	Alternative Sports Programs for Physical Education and Recreation Bruce Larson, Fred Gibson and Paula Upright	Games Simplicity WKU Practicum Students Secondary Physical Education Section Chair Election	Past President's Social

3:45 pm	DANCE GALA - Regency Ballroom							
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Friday, November 13

7:00-8:00 am POOL: Water Aerobics — Wake Up and Move to the Beat (Doris Miller)

	Mezzanine Level Jessamine	Mezzanine Level Franklin	Mezzanine Level Scott	Mezzanine Level Woodford	Patterson Ballroom A	Patterson Ballroom B	Patterson Ballroom C	Regency Ballrooms
8:30-9:30 am	Why Yoga is Healthy Donna Hey	Wellness Revisited Gary English	How to Successfully Navigate KTIY Year with a Smile on Your Face Christine Baker	Varying Cultures in High School Athletics Dylan Naeger and Sagatomo Tokuyama	A Closer Look at Yoga: Breaking Down the Basics Stephanie Woodie	African Dance — A Dance for Men Jason Thompson	Into Fitness 4 Life Kathy Todd, Lee Anne Browder, and Donna Hunley	Superstars Competition
9:45-10:45 am	The Paralympic Games — Spirit in Motion Mary Hums	Educational Karate Doris Miller and Sharon Whitlock	Gender Segregated Physical and Health Education: Past, Present and Future Jason Moncer and Ford Waterstat	See It, Believe It, Teach It: Sport Stacking with Speed Stacks TBA	How the "D" Came to KAHPERD/AAHPERD Rayma Beal	Teaching and Assessing the Core Content Natalee Doering Elementary Physical Education Section Chair Election	On Stage Kacey Frazier	

11:00 am - 12:30 pm	Voting Booth Closes at 11:00 am REGENCY BALLROOMS: General Session / Alan Stein / Elections results will be announced.							
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	M-1	M-2	M-3	M-4	PB-A	PB-B	PB-C
12:45-1:45 pm	Designing Podcasts for Community Health Gina Blunt and Monika Wagner	Sports Management in Kentucky Rick Hatcher	Professional Development: Interviews / Resumes / Writing / Dress for Success Wardell Johnson	Fitness Stacking: Sport Stacking with a Twist...A Run and Jump! TBA	Shall We Belly Dance? Nashwa Cahill	The Get Fit Club Mikal Marzian	Move to Learn — Integrated Learning Through Meaningful Movement Barbara English
2:00-3:00 pm	Advocacy Lessons Learned Nick Davidson and Cory Maddix	Strength and Conditioning of Firefighters Mark Abel	Discovering Philosophical Approaches to Coaching Jim Hinerman	Bringing Consumerism and Vocational Studies into the Gym Wick Johnson-Lewze and Stephanie Wooten-Burnett	Latin Dancing for Fun and Fitness Prageeth Heftlarchi	Break it Down Dance Andrea Moore	Creative Activities for Teachers and Students Heather Erwin

Board Meeting immediately following the 2:00-3:00 session in the Mezzanine Level Franklin and Jessamine Room — All newly elected officers should be in attendance

Don't forget!

Pre-register to enter a drawing for
\$250 reimbursement
for SDAAHPERD or AAHPERD!

Must be present to win!
(Must have email on registration form
to be included in the drawing.)



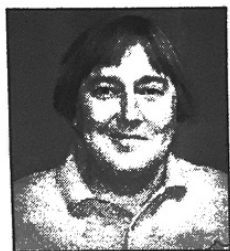
**Free KAHPERD
T-Shirts!!**

T-Shirts are available for all
who pre-register for the
Centennial Convention
by November 1st

Sponsored by Time Warner Cable



JUMP ROPE FOR HEART and HOOPS FOR HEART



Jump Rope for Heart

Joy Heines
joy.heines@jefferson.kyschools.us



Hoops for Heart

Bev Gass
wildem10@bellsouth.net



AHA Representative

Lea Stammerman
lea.stammerman@heart.org

THANK YOU GIFT STRUCTURE!

Jump Rope for Heart

Prizes are Cumulative for Jump Events

Gift Level	Gift
\$5	Water Bottle (orange with teal imprint)
\$15	Jump Rope (orange with teal handles)
\$30	Click-n-Catch
\$50	Event T-shirt (White)
\$75	Impossiball
\$125	Light Up Ramrocket
\$200	Stunt Air Ball
\$300	Splash Rocket
\$500	Mini Sports Disc
\$1,000+	Walkaroo Stilts



Hoops For Heart

Please Note: The HFH thank you gift structure is cumulative for Levels 1-5 plus the gift in the respective level the participant reaches within Levels 6-10.

Gift Level	Gift
\$5	Water Bottle (orange with teal imprint)
\$15	Bungee Blast OR Gift Card for 1 Music Download
\$30	Lightshow Top OR Gift Card for 2 Ringtone Downloads
\$50	T-shirt - 100% Cotton - White
\$75	Exclusive HFH Basketball Non-Cumulative Gifts
\$125	Pump Rocket Jr. OR Gift Card for 6 Music Downloads
\$200	Tangle Sportz Football OR Gift Card for 2 Movie Passes
\$300	Splash Rocket OR \$20 Nike GC
\$500	Catch-n-Shoot OR \$50 Nike GC
\$1,000+	Spikeball OR \$150 Nike Gift Card



Lea Stammerman, Youth Market Director,
American Heart Association, Kentuckiana Metro

DID YOU KNOW...

...that by participating in Jump Rope For Heart and Hoops for Heart you're helping to save lives?

Heart disease is our nation's No. 1 killer; stroke is No. 3 and a leading cause of serious disability. Every year, about 870,000 Americans die from cardiovascular diseases and stroke. That's about 36 percent of all deaths.

These diseases may remain critical problems in the future because of poor lifestyle habits among American adults and children. For example, only one of 10 Americans participates in 30 minutes or more of vigorous activity every day. In addition...

- Over 15 percent of children and adolescents are overweight.
- 4 million children have above-normal blood pressure.
- 27 million children have high cholesterol.

Healthy lifestyles can help prevent heart disease and stroke. Eating healthy, nutritious foods, being physically active, staying tobacco-free, and maintaining a healthy blood pressure and weight are all part of a healthy lifestyle. Jump Rope For Heart and Hoops for Heart help get this message across to students.

Jump Rope For Heart and Hoops for Heart promote the value of physical activity to elementary and middle school children while showing them they can contribute to their community's welfare. By pumping rope or shooting hoops while securing sponsors, students raise money for the fight against heart disease and stroke while learning about the seriousness of heart disease and stroke, the lifelong benefits of physical activity and the importance of living a heart-healthy lifestyle.

For more information please call (800) 309-3466

Total # of committed or completed schools in KY:

07-08: 481

08-09: 548 projected

(67 more schools than prior year)

Total # of schools recruited for next school year and many months to work on this!

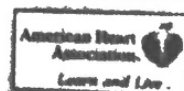
09-10: 575

which is about 50% of all of the schools in Kentucky (projected)

Total Gross Raised in Kentucky for 08-09 as of June 1, 2009

\$1,142,103.17 (projected)

Source: Lea Stammerman, AHA Representative



Ruth Abernathy Presidential Scholarship

Since 1995, the American Alliance for Health, Physical Education, Recreation and Dance has awarded scholarships to outstanding undergraduate and graduate student members. The Ruth Abernathy Presidential Scholarship, developed by the past presidents of AAHPERD to honor deserving students, is awarded to three undergraduate students and two graduate students in January of each year. All scholarships are presented at the AAHPERD National Convention & Exposition held in the spring.

Undergraduate awards are \$1,250 each and graduate awards are \$1,750 each. Recipients also receive a complimentary three-year AAHPERD membership.

Applications will be accepted electronically or by mail until October 15. Application forms and detailed eligibility criteria and procedures for submission are available below. Questions should be directed to Deb Callis at dcallis@aaahperd.org.

For an application/criteria go to www.kaahperd.com under "In the News" - College/University Students and follow the links.

KAHPERD Past President's Scholarship PLEDGE SHEET

All KAHPERD members are encouraged to make a TAX DEDUCTIBLE contribution to the Past Presidents scholarship fund.

Date: _____

Name: _____

Address: _____

Phone: _____

Email: _____

Type of Contribution: ☐ 1 Time ☐ Annually (to be billed by KAHPERD)
☐ Matching (not to exceed \$ _____)

Amount Contributed: \$ _____

Your generous gift to support the KAHPERD Past President's Scholarship Fund is greatly appreciated. A copy of this form and acknowledgment letter will be sent to you for tax purposes. This form can be returned with payment to Dr. Lonnie Davis, 546 Gingermill Lane, Lexington, KY 40509. Please make checks payable to KAHPERD, and note Past President's Scholarship on check memo.

KAHPERD SPECIAL AWARDS

PROFESSIONAL AWARDS

____ Elementary Physical Educator (K-6)

____ College/University Physical Educator

____ Health Educator College/University

____ Dance Educator of the Year

____ Health Educator (K-12)

____ Recreator of the Year

____ Middle/Secondary Physical Educator (7-12)

COLLEGE/UNIVERSITY STUDENT AWARDS

____ Health Student ____ Recreation Student ____ Physical Education Student

Information on the Nominee:

Name: _____

Address: _____

City/State/Zip: _____

Email: _____

Individuals nominated for the above Special Awards should exhibit outstanding qualities in their respective area.

Name of person nominating: _____

Phone: _____

Email: _____

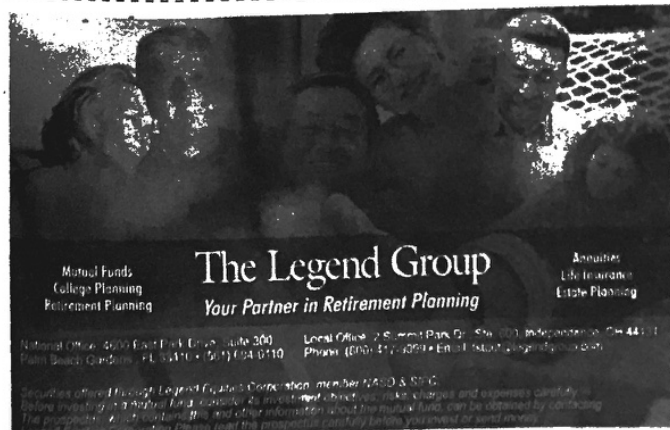
Please refer to the KAHPERD website for complete instructions on the nomination process for special awards. www.kaahperd.com

Nominations should be sent to:

Dr. John Ferguson
Eastern Kentucky University
Dept. Exercise & Sport Science Moberly 228
Richmond, KY 40475
email: john.ferguson@eku.edu

Note: It is possible that every category will not be awarded each year.

Nominations are due on or before
September 1, 2009



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www.KAHPERD.com — WHY?

Pat McCann, Past President KAHPERD
PMcCann103@aol.com

In the past I have been happy getting all my information concerning KAHPERD from Newsletters and Journals, but there is a better source of information, www.KAHPERD.com. Why?

- The web site is continually updated. When I checked it today I found out about embedded PD, which is something most public school educators can use to help them attend KAHPERD conferences. I also found out that a beloved Southern District Executive Director died in Atlanta. I knew this three months before you'll be reading about it in this Newsletter.
- If I wanted to attend summer workshops in health or physical education all the information is there. As soon as they occur pictures are posted.
- The past two newsletters are on the web site and coming this fall past issues of the journal will be available online.
- ALL Convention information is listed.
- ALL nomination forms are on the web site. One of the things we really need to do is nominate

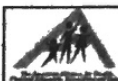
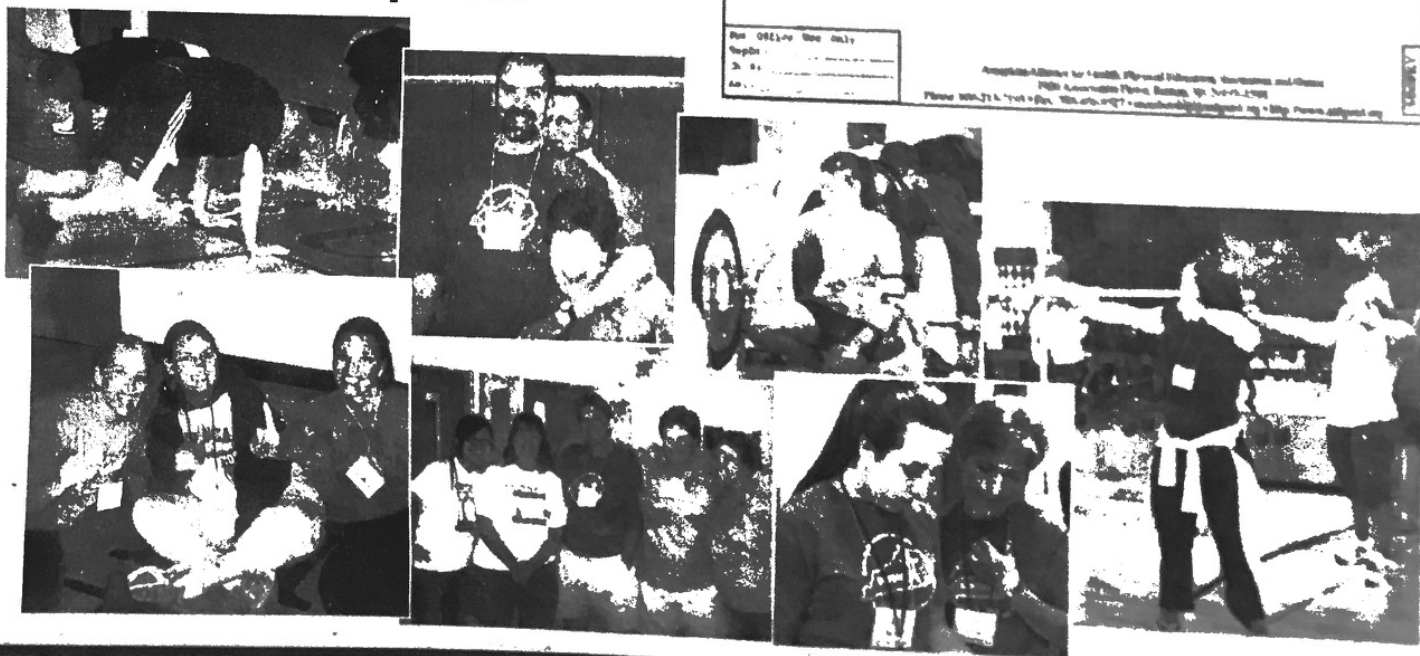
people for awards and offices. It is easy on line.

- The Advocacy section gives us the information we need to promote our profession. I watched a great video on Brain Research.
- In The News keeps us updated on what's happening in our field nationally.
- Need information on JRFH or HFH, it's there.
- Pictures, I love pictures and the web site is loaded with pictures. Can you find yourself?
- Most importantly you may join the "KAHPERD Email list". Members are sent info & reminders of important events in KAHPERD. Members emails are kept strictly confidential. Join up when you visit the website.
- KAHPERD is also available on Facebook.

Two Journals and two Newsletters each year cannot keep you on top of things in a timely fashion — www.KAHPERD.com can. Visit us often.

Cheryl Harlow web site coordinator is always looking for ways to improve the web site, so let her know what you are thinking. charlow@windstream.net.

Summer Workshop 2009



JOIN TODAY, AND PUT AAHPERD TO WORK FOR YOU!

AAHPERD Membership Application

☐ YES, I want to join AAHPERD. Please send my Association credentials, and begin my subscription to Update and the professional journal(s) I've checked below.

(Mr.) (Ms.) (Dr.)
Name _____

Please fill out both addresses below, and then tell us which one you'd like to use.

1. Business/Academic Address

Place of Employment _____
Address _____
City _____ State _____ Zip _____
Work Phone _____ Fax _____
E-mail _____

2. Home Address

Address _____
City _____ State _____ Zip _____
Home Phone _____

Preferred Membership Mailing Address

☐ Business/Academic ☐ Home

Your satisfaction is 100% guaranteed.
Cancel any time and you'll receive a full refund on all the remaining issues of your membership. Join AAHPERD with confidence!

Customize your membership

Choose your Associations

AAHPERD membership includes a number of other associations. Please indicate your choices. (Students may join only one association.)

- ☐ 1 American Association for Health Education
☐ 2 American Association for Physical Activity and Recreation
☐ 3 National Association for Girls and Women in Sport
☐ 4 National Association for Sport and Physical Education
☐ 5 National Dance Association
☐ 6 Research Consortium for those interested in research (Select this in addition to your association affiliation(s) if no other change to you.)

Choose your Professional Journals

- ☐ Journal of Physical Education, Recreation & Dance
☐ American Journal of Health Education
☐ Research Quarterly for Exercise and Sport
☐ Sportscapes, A Journal for Physical and Sport Educators
Indicate a subscription to one professional journal with your membership in AAHPERD. Subscriptions to additional journals are only \$25 each per year.

Figure your dues

AAHPERD Professional Membership	\$	_____
OR \$135 per year		
AAHPERD Student Membership	\$	_____
\$25 per year		
<input type="checkbox"/> Undergraduate <input type="checkbox"/> Graduate		
Additional Professional Journals	\$	_____
(\$25 per year)		
Foreign postage outside U.S. & Canada	\$	_____
add \$12 per annual meeting (prints)		
TOTAL DUES	\$	_____

Payment Options

- ☐ My check is enclosed for a full year's membership
☐ Please charge on ☐ VISA ☐ M/C ☐ AMEX
☐ Discover ☐ American Express

Signature _____
Printed Name _____
Address _____
City _____ State _____ Zip _____
Phone _____
E-mail _____

Box 0821-96 Use only
Name _____
Address _____
City _____ State _____ Zip _____

AAHPERD is a 501(c)(3) non-profit organization.
1000 American Road, Suite 100, St. Louis, MO 63102
Phone 314.771.1100 • Fax 314.771.1101 • www.aaahperd.org • <http://www.aaahperd.org>

AAHPERD

What is Embedded PD and How do I get it?

Embedded PD is when you arrange with your Principal (prior approval is necessary) to do a PD activity during school hours. To make up the time you missed from school you will have a form/some way of reporting and keeping track of the hours. You will then make up the time missed from school by staying after school to work. This all must meet your Professional Growth Plan and your school's Consolidated Plan. Check out questions and answers under the Convention 100th tab. This is a great way to allow you to get PD credit while having time off from school to attend the Fall Convention in Lexington. Check it out!!

How do I get Job Embedded PD for attending the KAHPERD Convention in November?

Get the Principal's Approval **BEFORE** the Convention. Another important consideration is that attending the conference for PD credit should be part of a teacher's individual professional growth plan (IPGP) OR at least mentioned in the school's coordinated improvement plan (CSIP). If there's prior administrative approval AND some professional growth linkage, then attending conferences for job embedded PD probably meets most criteria as effective professional development.

1. *Is job embedded PD available state wide? If so, how does it work?* Job embedded PD is a concept, not a program. The value lies in teachers participating in meaningful professional growth activities during the school day, while the skills they are trying to learn are actually happening in the classroom or in the schools.
2. *How do teachers apply?* There is no state application process. It's left up to the school/district administration to interpret the process approve the time spent during the day as job embedded PD.
3. *Is there a statewide form they must use?* No, it's a local school or district process that will vary.
4. *How do they go about "paying back" the time off they receive for PD?* Typically, teachers must make up the time requested as job embedded PD after school hours. Otherwise, the time would count as double, constituting "double-dipping," which is a big no-no. (In other words, if the time was not made-up after school hours, you'd be counting the job embedded PD flex time, AND regular work time twice)
5. *Is it available so teachers can attend a state conference, such as KAHPERD, in order for teachers to receive content specific PD?* Yes, that would be the intent, as long as there was linkage to attending the conference and to the teachers individual professional growth plan. This linkage is critical.
6. *After the embedded PD takes place what type of forms do teachers need to complete?* Again, this will vary. At a minimum, some sort of time log should be kept, indicating when the job embedded PD time was made up after hours.
7. *Do school systems reimburse teachers for their expenses incurred at a "job embedded" workshop, i.e. registration fees, food, lodging & travel?* Yes, reimbursement for expenses would be appropriate, excluding any type of stipend payment and maybe for food. Fayette County only reimburses food expenses when there is an overnight stay, so Fayette County teachers would not be reimbursed for food when attending a conference in Lexington... and we won't let them spend the night for an in-town conference either.

This information was obtained from Mike Kennedy, Fayette Co. and David Cook, Office of Leadership & School Improvement, David.Cook@education.ky.gov and compiled by Cheryl Harlow. Feel free to contact David with questions & concerns.

KAHPERD Leadership Conference

Lexington Embassy Suites Hotel

1801 Newtown Pike

Lexington, KY, 40511

859-455-5000 (Phone)

1-800-EMBASSY (Toll Free)

859-455-5001 (Fax)

January 23-24, 2010

Call 1-800-EMBASSY (Toll Free) or 1-800-362-2779 to reserve your room for Friday night at the special KAHPERD rate of \$105 for a single or double room. Breakfast and lunch will be provided on Saturday. All those staying at the Lexington Embassy Suites Hotel will be given \$80 to offset expenses. It is suggested you find a roommate to make the expense allocation go further.

Friday evening:

5:30 to 6:50 pm
7:00 to 10:00 pm

Dinner at hotel (at your own expense.)
Leadership Conference
(we'll kick off the conference with a t-shirt swap)

Saturday:

8:00 am 8:30 am
8:30 to 12:00 pm
12:00 to 1:00 pm
1:00 to 3:00 pm

Breakfast (provided)
Leadership Conference (cont'd)
Lunch (provided)
KAHPERD Board Meeting

Special Notes:

- Please plan to stay for the entire conference and board meeting.
- Be sure to read the constitution and by-laws before the conference, particularly the specific duties of your position.
- In case of inclement weather, call Lonnie Davis at 859-622-1887.
- A tour of facility and meeting rooms will be provided by the hotel staff at some point during the leadership conference.
- Don't forget to bring a t-shirt (adult size) to swap at our Friday evening session.

Physical Education Workshop 5-Year Rotation Schedule

The Physical Education Workshop is held in June each summer.

2010 - Bowling Green area (Warren County Public Schools)

2011 - Northern Ky area (NKU)

2012 - Lexington area (UK)

2013 - Louisville area (UL)

2014 - Richmond area (EKU)

Don't forget!

Pre-register to enter a drawing for

\$250 reimbursement

for SDA/KAHPERD or AAHPERD!

Must be present to win!

(Must have email on registration form to be included in the drawing.)

"KAHPERD NEWSLETTER" is an official publication of the Kentucky Association for the Health, Physical Education, Recreation and Dance, printed by the NEWS-DEMOCRAT, Russellville, Kentucky.

Editor:
Cheryl Harlow
872 Pig Road • Smith Grove, KY 42171-8817
charlow@windstream.net

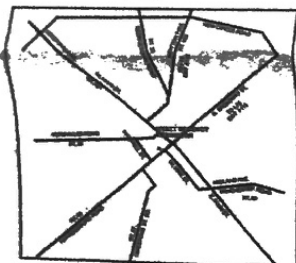
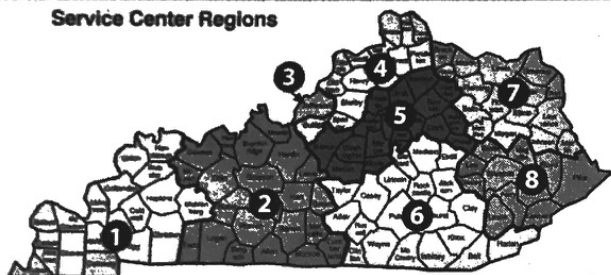
DATES FOR SUBMITTING MATERIAL FOR PUBLICATION:
Fall Issue: May 15 Spring Issue: December 15



Dr. Lonnie Davis, Executive Director
546 Gingermill Lane
Lexington, KY 40509

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859-254-7430 (Fax) www.hyatt.com

KAHPERD Annual Convention

November 11-13, 2009

CONVENTION RATE:

\$89 Single or Double or Triple or Quad

Deadline for special rate is October 20, 2009

Identify yourself as a KAHPERD member

Name _____
Address _____
City _____ State _____ Zip _____
Daytime Phone Number _____
Sharing room with _____
No. of persons _____ Arrival date _____ Departure Date _____

Check in time is 3:00 p.m. • Check out time is Noon

Accommodations will not be confirmed without a check for the first night's deposit or use your credit card to guarantee your reservation. You will be charged for the first night if reservations are not cancelled 48 hours prior to arrival.

☐ Amex ☐ Diners Club ☐ Visa ☐ Mastercard ☐ Discover Card
☐ Advanced Deposit

Credit Card # _____ Exp. Date _____

Please check preferred accommodations

Single \$89 (1 person) Double \$89 (2 persons) Triple \$89 (3 persons) Quad \$89 (4 persons)

1 King Bed _____ ☐ Smoking
2 Double Beds _____ ☐ Non-Smoking

Special Requests: _____

(Mail directly to HYATT REGENCY LEXINGTON)

KAHPERD Pre-Registration Form

Failure to pre-register will result in the loss of your chance to win a \$250 reimbursement for SDAKAHPERD or AKAHPERD

Register at www.KAHPERD.com - KAHPERD accepts credit cards through PayPal

Name (last) _____ (first) _____ (initial) _____
Home Address _____
City _____ State _____ Zip _____
School/Organization _____
School/Organization address _____
Phone (home) _____ (work) _____
Fax _____ E-Mail (required for drawing) _____

BADGE INFORMATION:

Name you wish on your badge: _____
School or Organization: _____
City: _____

KAHPERD MEMBERSHIP

(Must be current member to register for the convention)

☐ New ☐ Renewal
☐ Professional \$35.00
☐ JRFH/HFH (Must have sponsored 08-09 school event) NC
☐ Student \$15.00
☐ Retired \$20.00
☐ Life Member (Must have received LM award) NC

PRE-CONVENTION WORKSHOPS

Wednesday, November 11, 2009 6:30-9:30 PM

☐ Fitness and Fun for Everyone - Artie Kamiya \$35.00
☐ Adult CPR/AED Review Course - Tim Cahill \$10.00
☐ Joe Craft Center Tour - UK Practice Facility (limited to first 30) \$10.00
(KAHPERD membership is not required when attending Wednesday night workshop only.)

CONVENTION REGISTRATION

(JRFH members MUST pay convention registration fees)

☐ Professional prior to Nov. 1, \$95.00; after and on-site, \$110.00
☐ Students prior to Nov. 1 \$20.00; after and on-site, \$30.00
☐ Additional Awards Luncheon Ticket - MUST PRE-REGISTER BY NOV. 1 \$30.00
☐ Retired/Life Members \$20.00
☐ Awards Luncheon Ticket (Student) - MUST PRE-REGISTER BY NOV. 1 \$15.00
☐ Convention Proceedings (CD only) (Pre-registration) \$15.00 (On-Site) \$20.00
☐ Friday Only (Must pay membership) \$60.00

TOTAL

☐ Please check if attending Wednesday night 6:30-9:30 pm pre-convention workshop.
Check or Money Order—ONLY (No Purchase Orders will be accepted!)

Mail to: Lonnie Davis, KAHPERD Executive Director - 546 Gingermill Lane, Lexington, KY 40509

MUST BE POSTMARKED ON OR BEFORE NOVEMBER 1 FOR PRE-REGISTRATION!

You must pre-register to be entered in the \$250 drawing and attend the First General Session/Awards Luncheon to win \$250 for AKAHPERD or Southern District.