

KENTUCKY NEWSLETTER FOR HEALTH • PHYSICAL EDUCATION RECREATION • DANCE

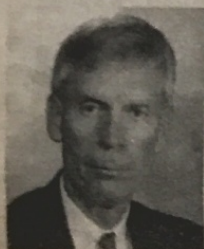
KAHPERD



FALL 2007

Dreams + Vision = Reality!

2007 Convention October 24-26 Clarion Hotel, Louisville



**DARYL
SIEDENTOP**

Daryl Siedentop brings a wealth of experiences, honors and awards with him as he serves as the keynote speaker for the KAHPERD Banquet on Friday, October 26, 2007.

He is, without a doubt, **one of the most prominent, national figures in the area of physical education pedagogy.** He is a 1960 graduate of Hope College

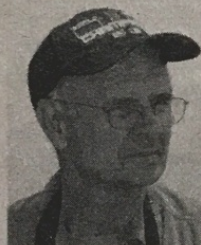
where he also served for 10 years as an Associate Professor of Physical Education, Head Baseball Coach and Assistant Basketball Coach. He served The Ohio State University from 1970-2001 where he was recognized as Emeritus Professor in 2001. **Some of his professional experiences include:** Senior Associate Dean, College of Education, OSU, 1995-1998; Interim Dean, College of Education, OSU, 1998-2000; Director OSU P-12 Project, a university-wide outreach initiative to support urban education in Ohio 2001-2003; Research Director, The Teacher Quality Partnership, Research Professor, University of Cincinnati, 2004-2005; and the Principal Investigator for The Ohio Project — a Policy and Program Analysis of Ohio's Efforts to Stem the Childhood Obesity Epidemic; and The Ohio Collaborative: Research and Policy for Schools, Children, and Families.

Dr. Siedentop has served as a Visiting Professor both in the United States and in three foreign countries. **A few of his honors and awards include:** NASPE Curriculum and Instruction Academy Award, 1994; AAHPERD Alliance Scholar Award, 1995; Indiana University School of HPER Distinguished Alumni Award, 1996; C.H. McCloy Lecturer Award, Research Consortium, AAHPERD, 1996; Curriculum and Instruction Academy Emeritus Award — AAHPERD,

2005; NASPE Hall of Fame Inductee, 2005 and NASPE Council on Physical Education Teacher Education Honor Award, 2006.

He has authored or co-authored ten books, some of which include: *The Development of Teaching Skills in Physical Education*, 4 editions, translated into Korean, Japanese, Spanish, and French; *Sport Education: Quality PE Through Positive Sport Experiences* and *The Complete Guide to Sport Education*. Dr. Siedentop also has **five QUEST Monographs** Edited; thirteen Sections or Chapters in Books, six refereed; **eighty-eight** Journal Articles, sixty-six refereed; and **twenty-five** Significant Keynote and Honorary Addresses. Some of his addresses include: Delbert Obertuefner Memorial Lecture, The Ohio State University; Olympic Scientific Congress, Eugene, Oregon and Seoul, South Korea; AAHPERD Alliance Scholar Lecture; C.H. McCloy Lecture, Research Consortium, AAHPERD; Sport Education Workshop, Beijing, China; Keynote Japan National Physical Education Conference, Tsukuba, Japan and The Council on Physical Education Teacher Education honor address, AAHPERD, Salt Lake City, Utah.

Don't miss this great opportunity to hear one of the "giants" in our profession!



JOHN S. HICHWA

John Hichwa, first National Association of Sport and Physical Education (NASPE) National Middle School Physical Education Teacher of the Year, 1993, brings a wealth of experiences and energy to the 2007 KAHPERD Convention. John is a **physical education consultant** for SPARK, Sportime, and NASPE and taught middle school physical education for 35 years in Redding, Connecticut. He retired from active teaching in 1995.

Since that time **he has conducted** over 390 workshops for teachers, administrators, day care providers and camp personnel at state, district, and national conferences. **His travels** have taken him to 47 states, Singapore, France, Portugal, Japan, and Bermuda. **Hichwa was featured** on HBO's "Real Sports" and his work has appeared in several publications. **NBC Television** has done an educational documentary with his 8th grade students in adventure education. **John has also authored** "Right Fielders are People Too — an inclusive approach to Teaching Middle School Physical Education," published in 1998 by Human Kinetics.

John has also received the AAHPERD Honor Award, 2005, the Connecticut AAHPERD Honor Award, 1997, the Eastern District AAHPERD Middle School Teacher of the Year, 1993 and the Connecticut AAHPERD Middle School Teacher of the Year in 1992. **He will be leading the Pre-Convention Workshop on Wednesday, October 24th at 7:00. In addition, he will be conducting a presentation on Thursday, October 25th.**



CAM KERST-DAVIS

Cam Kerst-Davis brings her many years of experience as an **elementary physical educator** to the 2007 KAHPERD Convention.

A native of the state of Washington and now living and teaching in Tennessee, Cam has **34 years of teaching** experience at the elementary level. Cam is a graduate of Washington State University, Pacific Lutheran University, and holds the Doctor of Arts from Middle Tennessee State University. She has taught elementary

continued on page 2...

PRE-CONVENTION WORKSHOP With John Hichwa

Wednesday, October 24th, 2007, 7:00-9:00pm

"There is no such thing as just being a 'gym' teacher"

Check it out!

**2007 KAHPERD CONVENTION
PROGRAM on pages 6-7**

2006 Convention, continued from page 1

physical education in Franklin, Tennessee the past 21 years and also serves as an adjunct professor at Middle Tennessee State University.

Cam has served as **AAHPERD President for the state of Washington and Tennessee, NASPE Board of Directors, COPEC Executive Board and is currently the President of the Southern District of AAHPERD.** She has also received the **Tennessee and Southern District Honor Awards, the Southern District Elementary Teacher of the Year Award** and is a **National Board Certified Teacher.** In addition to all of this, **her school is nationally recognized by NASPE as a STARS Level 3 School.** Quite an impressive list of accomplishments!

Cam will be speaking briefly at the **KAHPERD General Session on Thursday, October 25th** and also **conducting a presentation later that same day.** Be sure to see her — she will have an “energized” session!



BETH KIRKPATRICK

rate monitors with students in physical education classes as early as 1980. She has gathered over 15,000 heart rate printouts of students in her physical education classes at Tilford Middle School in Vinton, Iowa.

Beth's renowned teaching methods have earned her **many awards including:** Distinguished Leadership

Beth Kirkpatrick, Director of Education for Polar Electro Inc., is an enthusiastic and much sought after keynote speaker and presenter. She brings 20 years of experience teaching health and physical education at the middle school level. Beth is considered the **pioneer of heart rate monitor use in education** and the first physical education teacher in the country to use heart

Award — Council on School Leadership in PE, NASPE Teacher of the Year, Governor's Cup for Outstanding Secondary Physical Education Program (Iowa) and U.S. West Outstanding Teacher of Iowa. In 1998 she became the first physical educator to receive the U.S. Department of Education's Christa McAuliffe Fellowship. Additionally, **Beth has spent 15 years** working with top college athletic programs including Division I men's and women's basketball teams from: Duke, Connecticut, Tennessee, Kentucky, Louisiana State, and Arizona State Universities.

Beth's physical education program has been featured in *Life Magazine*, *Newsweek*, Arnold Schwarzenegger's *Arnold Fitness for Kids*, and on *NBC Nightly News With Tom Brokaw*. She is also a member of the PE/TV Board of Advisors and former chair of NASPE's Middle and Secondary School Physical Education Council. She has been a keynote speaker to national and state AAHPERD Conventions — more than 700 conferences and workshops worldwide. **In addition,** she is co-author of the text “Lessons From The Heart,” written to help educators integrate heart rate technology into their curriculums.

Beth will be the Keynote Speaker at the first General Session on October 25th at 10:30 a.m. and will also be presenting a session dealing with heart rate monitors during the afternoon.

Submissions Call for Dance Showcase (GALA) Presentation 2007

Looking for feature dancers/groups for a large performance piece entitled “Elements.” This dance GALA is a KAHPERD event for the Art of Dance.

Dance gala is accepting proposals from dance artists/groups who wish to participate in the Showcase Presentation. The dance GALA Showcase Presentation is an annual event which highlights dancers and dances of different origin and theme. Dance is explored and reflected through traditional and contemporary dance compositions created and presented by selected dance groups/artists. Program goals are to advocate and promote the contributions of dance students/groups/artists from a variety of settings.

SUBMISSION GUIDELINES

Applicants should submit:

1. A brief description of the proposed work including:
 - o Length
 - o Number of dancers/performers
 - o Music
 - o Special technical requirements

Deadline for proposal submission is October 10th.

Send proposals to:
DANCE GALA
Vice-President - Dance
Mary Miller
Morehead State University
217B Laughlin Bldg.
Morehead, KY 40351
PH: 606-783-2227
Fax: 606-783-5058

E-Mail: m.miller@moreheadstate.edu



News from the Editor

It's official — I'm retired as of July 1, 2007. I just decided at the end of April to retire after 32 years of teaching. I do plan to stay involved with KAHPERD and continue to do the newsletter. I have no idea what I will do with my time other than enjoy life. So far, it just seems like summer vacation. I'm sure when August comes and school starts I'll wonder what I've done. I hope to get to visit some of you to promote your programs. There are **many** of you doing great things and I hope you'll share those with Pat and me so we can feature your programs in upcoming issues as part of the new feature, “On the Road With Pat and Cheryl.” My new email address is charlow@windstream.net. Feel free to contact me.

—Cheryl

EXECUTIVE DIRECTOR'S MESSAGE

Lonnie Davis, Executive Director • lonnie.davis@eku.edu



The Value of KAHPERD
Your Professional Association
Website: www.kahtperd.com

Mark your calendars. October 24-26, 2007, and be at the Clation Hotel in Louisville. President Ferguson and his board have worked

hard this year and have a great convention planned for you. Be a part of it by attending and getting involved. "KAHPERD NEEDS YOU" and "YOU NEED KAHPERD."

As teachers, coaches, administrators, individuals, and leaders, it is often necessary and desirable to have a vision for the future. That vision can only become a reality however, if we set realistic goals, and plan strategies for moving us in the direction of the vision, step-by-step. So where does KAHPERD want to go? The Board envisions "KAHPERD" being the leading organization promoting and supporting a healthier, more creative, and active Kentucky. Your Board is in the process of identifying KAHPERD's vision and goals for the future. They want to define these goals in measurable terms and establish several strategies for each goal. These goals and strategies cannot be achieved by just the activities of the Board. **WE NEED YOU!** Think of how you can help in achieving these goals. Share the benefits of being a KAHPERD member with someone. Invite someone to become a member and give them a membership form or refer them to our web site (www.kahtperd.com). Be a stronger

more vocal advocate for health, physical education, recreation, dance, sports, or fitness in your school and community. Communicate with your association's officers (Board) to tell them about your interests, concerns, and vision for KAHPERD. Improve the visibility of your program. Identify partners within your school or community. Each of us can play an important role in advancing our organization's vision and goals.

AAHPERD has also proposed a set of strategic goals. It is appropriate that many of our Kentucky goals correspond with the national goals since we are under the alliance umbrella. The proposed strategic goals include: increasing advocacy efforts; establishment of common membership programs for states and districts; increasing diversified external funds; improve profitability of program portfolios; increasing and diversifying membership and services; creating a more efficient/responsive organizational structure and governance system; planning for resources and programs to sustain public affairs; marketing; fund development functions within the Alliance; and increasing efficiency and effectiveness of the use of electronically based technology to enhance members services.

Please consider KAHPERD's goals — and yours — as a journey. Half the fun is in the process of getting where we want to go! As we work toward our goals, let's take time to enjoy the process, the people, and/or surroundings!

See you at the convention.

PHYSICAL EDUCATION

Daniel Hill, Vice President Physical Education • daniel.hill@franklin.kyschools.us



I am very excited to once again serve on the KAHPERD board! I previously served as the VP for dance in 2005. All the members of the board have worked very hard to gather high quality presenters for the fall conference. My role as Vice President for Physical Education was to gather

presenters in the area of P.E. Each year I anxiously await the release of the sessions for the fall conference. I analyze my own strengths and weaknesses and make every effort to attend sessions that will help me grow as a teacher. This year's conference is shaping up to provide a wide range of professional development opportunities in the area of physical education!

Here are just a few of the sessions I would like to draw your attention to: Robin Walker from KDE- Moving with a Word Wall in Elementary Physical Education Class. Dr. Debby Mitchell from the University of Central Florida will again present GEOMOTION! This is a wonderful tool to get all ages active! National Board Certified physical educators Melody Hamilton and Rick Carr will present cool ideas for keeping middle schoolers interested and active! Judy Taylor from the Franklin County Health Department will present WOW; Working on Wellness.

This is a health education program done in all the elementary schools in Franklin County that covers nearly all of the health education content in Practical Living. (I highly recommend this one!) Dr. Sue Crumpler and Amy Strunk from Second Street School in Frankfort will present ways in which the music and PE programs collaborate to teach movement and dance. Finally, I have to make a shameless plea for myself: I will present a topic called: **Instant Activities**. I will share ideas I gathered while attending a session at the 2005 AAHPERD convention. These activities will assist you in getting your kids active the first few minutes of class.

I hope each of you will take the time to attend as many sessions as you can at the fall conference. I know you can use many of the ideas and techniques to make your class a more positive experience for your students.

Daniel Hill
KAHPERD VP- P.E.
Collins Lane Elementary
Physical Education
Frankfort, Ky.

DANCE DIVISION

Mary Murphy Miller, Vice President Dance
m.miller@moreheadstate.edu



This is the largest gathering of Health, Physical Education, Recreation and Dance specialists in the state of Kentucky, the best opportunity to showcase one's work to a wide audience of practitioners, dance teachers, choreographers, researchers, journalists and organizers.

Last year, several specialists from counties all over Kentucky took part.

All forms of dance are represented, strictly to enhance your knowledge. Not to be confused with festivals, workshops, competitions or open conferences this conference is an opportunity to learn, and reflect and grow as a professional.

The program this year includes:

Lauren Case — *Dance Me A Story? Integrating Literature and Dance*

Deborah Denenfeld — *A Visit to the Colonial Dancing Master*

- Presentation and discussion of original **dance presentations**
- **Classes, lecture-demonstrations, video projections**
- **Performances** by dance companies, duos or solos
- **Exhibitions** and sale of books, records, pictures, costumes, accessories etc. associated with teaching dance
- **Visits** to presentations of special interest, such as dance....
- **Evenings** where members can discuss in a relaxed setting.

While intended primarily for professionals, it is at the same time a trade fair and a participatory event, facilitating contacts with colleagues, informal discussions, networking and individual initiative.

Whether you are presenting, registering as a participant, please make sure you attend this year conference.

Under the auspices of this year's President John Ferguson, the 2007 KAHPERD convention is bound to be a success. We would like to see a record attendance this year with hopefully lots of presentations from different entities in Kentucky. This year should prove to be an eventful time for everyone.

Vice-President - Dance

Mary Miller
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E-Mail: m.miller@moreheadstate.edu

Dates to Remember

Dreams + Vision = Reality!

September 1, 2007	KAHPERD Fall Journal Deadline
September 15	Deadline for KAHPERD Honor Awards, ryanc@nku.edu
September 29-30, 2007	KAHPERD 3rd Annual Student Leadership Conference
October 24, 2007	KAHPERD Board Meeting 6:00 pm Clarion Hotel & Conference Center Louisville, KY
October 25-27, 2007	KAHPERD Fall Convention Clarion Hotel & Conference Center Louisville, KY
December 15, 2007	Newsletter Deadline for Spring
January 18-19, 2007	KAHPERD Leadership Development Conference Clarion Hotel Convention Center, Louisville, KY Friday, 7:00 PM
January 19, 2008	KAHPERD Board Meeting Clarion Hotel & Conference Center, Louisville, KY 1:00 PM.
February 12, 2008	American Heart Association & KAHPERD Lobby Day Tuesday, State Capital, Frankfort, KY 10:00 AM - 2:00 PM.
February 18, 2008	Southern District Convention
March 1, 2008	KAHPERD Journal Deadline for Spring
March 8, 2008	KAHPERD Board Meeting Saturday, Days Inn, Bardstown, KY 8:30 AM.
March 13-17, 2008	AAHPERD Convention & Exposition
May 1, 2008	Deadline for Officer & Award Nominations
May 15, 2008	KAHPERD Newsletter Deadline Fall.
June 2, 2008	KAHPERD Board Meeting Eastern Kentucky University 8:30 AM
June 25-26, 2008.	Physical Education Workshops University of Kentucky Contact: Aaron Beighle at beighle@uky.edu
September 1, 2008	KAHPERD Journal Deadline Fall.
September 29-30, 2008	KAHPERD 3rd Annual Student Leadership Conference
October 24, 2008	KAHPERD Board Meeting 6:00 PM Clarion Hotel & Conference Center, Louisville, KY
October 25-27, 2008	KAHPERD Fall Convention Clarion Hotel, Louisville, KY.

GENERAL DIVISION

Jennifer Dearden, Vice President
j.dearden@moreheadstate.edu



Hello from the General Division!
I hope this finds everyone well.
Preparations for this year's convention
are shaping up and it looks like there
will be something for everyone.

Manuel Probst has done a great
job of lining up what should be six
sessions in Exercise Science. Sessions
will include topics such as: internship possibilities in
strength and conditioning, musculoskeletal injuries at a
U.S. Federal Law Enforcement academy, validity of the
BodyMedia Sensewear Armband, community-based
programs to fight obesity and physical inactivity, muscle
contraction and ATP and the Cardio-Pro agility/interval
program for ages 8-80.

In the Sport Management area, there will be sessions
on topics including: liability in little league baseball, risk
management, strategies to make your internship a hit,
and planning and designing student recreation centers.
There will also be program sessions about coaching.

This year recreation sessions will include topics
on making the most of your workout during outdoor
recreation pursuits and a presentation on the National
Archery in the Schools Program. I am especially
excited about the latter session because Lisa Frye, will
be providing pointers and hints for starting a successful
archery program at your school.

I would like to take this time to remind the
members that the presenters at the KAHPERD
conferences come from the KAHPERD membership.
Please support your peers by attending sessions and
completing session evaluations. Next year consider
bringing your own expertise to the conference in the form
of a session or poster.

I look forward to seeing you in Louisville!

SECONDARY CHAIR

Sharon Whitlock, Secondary Chair
sharon.whitlock@wku.edu



Time is fast approaching for the
KAHPERD conference. KAHPERD
is always a time for providing you
with some basic tools and principles
that will help you to build a strong
program that enhances a healthy
lifestyle for your students.

Come to this year's conference
expecting to glean from the phenomenal presenters that
we have outlined for the Secondary Division. Jennifer
Layson, Secondary Teacher of the Year, will present at
one of our sessions.

It is my desire that you leave this year's conference
inspired, determined and committed to do more to
making a difference in the lives of our children through
physical activity.

Come to the conference and bring along a physical
educator that has not been to the conference in a while.
The bond of friendships that are forged during this time
last a lifetime.

Don't forget!

Pre-register to enter a drawing for

\$250 reimbursement

for SDAHPERD or AAHPERD!

Must be present to win!

ON THE ROAD WITH PAT & CHERYL

When Sonny Prunty at South Edmonson Elementary School in Edmonson County decides to do something, he does it right. His Family Fitness Night connected fitness to the entire community and provided an evening of fun, fellowship, and learning.

One large room featured fitness and careers. Do you know how far a postman walks in a day, carrying a heavy bag? They walk 9-10 miles. Sonny video taped the fitness portion of State Trooper training at ECU so kids and their parents could view, first hand, the rigorous fitness training required to be in law enforcement. He also had park rangers, fire fighters, lifeguards and the local fitness center. There were also individuals from the local Health Department, American Heart Association, and the mobile health unit from WKU showing videos, handing out information and taking blood pressures. Of course, there were lots of healthy and delicious snacks.

One classroom was devoted to dance and students from WKU were teaching. The library had Broadway the Clown teaching juggling. The gym was set up with a fun, adventure station being monitored by Edmonson County High School football players in their football jerseys.

Sonny had spent an afternoon training them on their responsibilities and safety. Outside he had beach ball volleyball, the playground, and the walking trail in action.

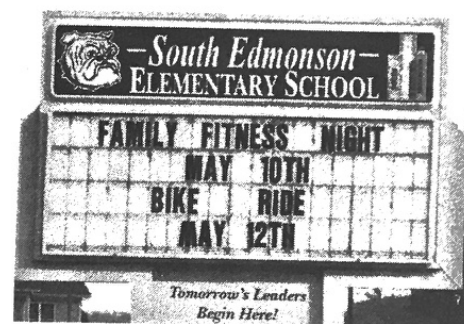
Every 30 minutes during the Family Fitness Night in fitness related prizes were given away. The grand prizes were two bicycles.

The Family Fitness Night was sponsored by a grant and the school's PTO. It was a class operation and was very well attended. No teachers were asked to give up their Thursday night to work, yet 85% were there!

Sonny's Thursday Night Family Fitness Night was followed by Saturday morning's Family Fitness Ride on the Bike Trails at Mammoth Cave.

Way to go, Sonny! Thanks for taking the time to share with your community the importance and fun of family fitness. If anyone has any questions for Sonny, just email Sonny.Prunty@edmonson.KYschools.us.

Pat McCann
Cheryl Harlow



On The Road With Pat & Cheryl is a new feature we would like to try in the KAHPERD newsletter. Since my retirement, I've had the opportunity to observe many physical education and health rooms as a substitute teacher and University Supervisor of Interns. That is how I met Sonny. Unfortunately, I only see a limited amount of programs. Now that Cheryl is retired, we would like to visit and feature programs around the state.

In order to do that, you have to tell us about your programs. Telling us is not bragging! It's promoting your school and spreading the word about the importance of what we do — and what we do is important!

Please email us, pmccann103@aol.com and charlow@windstream.net, about what's going on in your school and we will do our best to cover it.

Pat McCann and Cheryl Harlow



Dreams + Vision = Reality!

2007 KAHPERD CONVENTION
October 24-26
Clarion Hotel, Louisville

Wednesday	Grand Belle Ballroom	Grand Belle Ballroom	Grand Belle Ballroom	Grand Belle Ballroom	Grand Belle Ballroom	Grand Belle Ballroom	Grand Belle Ballroom	Grand Belle Ballroom	Grand Belle Ballroom	Grand Belle Ballroom
8:00 - 9:00 pm	Registration - Conference Center Lobby Exhibits Set Up - Grand Belle <i>Ask for free ticket for exhibitor's Awards Luncheon if you plan on attending</i>									
9:00 - 7:00 pm										Board Meeting
7:00 - 9:00 pm	There is No Such Thing As a Free Lunch Teacher Edition									
Thursday 8:00 - 9:00	Step, Step, Step, & More PE & Music Computer	Set Up	Go...So Go Kids' Model						Planning & Designing Student Recreation Centers Hypes	National Archery in the Schools Program Frye
9:15 - 10:15	Wig Wag Dance, Dance, Dance!	Set Up	"Catching" Students in PE Class Wilson	Don't Waste a Second Quality Instant Activities Hill		ABCs of Cardio For Middle Schoolers Marks	Fan Satisfaction Analysis of NBA Spectators Chen	Establishing a Positive Learning Environment... Robinson	Track & Field Distance Training Erdman	Coaching Girl's Basketball Todd
10:30 - 11:45	1st General Session - Grand Belle Ballroom A Speaker: Beth Kirkpatrick (Polar Heart Rate Monitors) - Star Tech PE: Going Where No Program Has Gone Before									
12:00	Past President's Luncheon (By Invitation Only)									
12:00 - 1:00	Dance Me A Story: Integrating Lit & Dance Case	Take Down	A Hands-On Look At The NEI Dance Art Tug'N'Champion	Taking Your Middle Schoolers Out of Town... DeBolt	Using Your Level Thinking Strategies in PE DeBolt	PE: Connection to Academics Mushlen	Physical Educator's Role in the IEP Process DeBolt	Rutherford County, TN Schools Athletic... Juberville	Collaboration For A Community Based Program Norton	Applied Experiences Within The Strength & Conditioning Pounds
1:15 - 2:15	Scatter Square Dance Host-Dave	Middle School Soccer Skills Deussen	Jump Rope Skills Helms	Maximizing Physical Activity Time in PE DeBolt	Using Your Level Thinking Strategies in PE DeBolt	Drumming Your Class Through Movement Crumpler	Fast Food Consumption of College Students Chen	Dancing With The Foxes: A School Wide Dance Event Layson	Muscle Contractions And ATP... Abraham	
2:30 - 3:30	My Wig Wag Dance Dances	Technology Plus Data Drives Decisions... Ritzpatrick	Jump Rope For Heart Dance Teams Helms		Using Your Level Thinking Strategies in PE DeBolt	Focusing On Abilities: Teaching Students With... Ryan		Little League Baseball: Issues of Liability Lorenz	Surviving KTIP & Your 1st Year Sewell	Make the Most of Your Workout! Dearden
3:45 - 4:45		Classroom Management in The Outdoor Classroom Marshall	4 Corners: Grid Games For Teaching... Anderson	Cool Ideas For Keeping Middle Schoolers Interested... Hamilton	Using Your Level Thinking Strategies in PE DeBolt		The Effect of Physical Activity on Childhood Obesity... Vempati		Risk Management: A Key Component to Safe... Jones	
5:00 - 6:00	Bonus-Gala	Super Stars								
6:00 -	President's Reception JRFH/HFH - Heated Pool Lounge									
Friday	Registration 7:00 am - 12:00 pm (Conference Center Lobby); Exhibits Open 8:00 am - 1:30 pm (Grand Belle Exhibits) Election of New Officers 8:00 am - 11:30 am; Silent Auction 8:00 am - 11:30 am (Grand Belle Exhibits)									
8:00 - 9:00	Beginning Line Dance St. Pierre	The 5-Components of Fitness: Coleman			U of L M.A.T. Students Wooten-Burnett		Teaching A Golf Unit The Circuit Way DeBella	Knowing What Your Students Know Shepherd	Project L.I.F.E.: 3 Years of Using a PEP Grant... Spangler	
9:15 - 10:15	A Visit To The Colonial Dancing Master Deneffeld	Tinkling Hepp	Alternatives to Hall of Shame Activities WKU Students	On The Move With Speed Stacks Wolfe	Gone Fishin' Lind	Sport Specific Yoga Hey	Values Based Sponsorship Case Study Juberville	All Good PE is A.P.E.: How to Assess... DeBolt		
10:30 - 11:30	Set Up	Co-Op Games & Team Building Activities Killman	USTA Tennis Unit Stone	Simple Self Defense Techniques For HS Females Newsome		Adapted Sport: Beyond the School St. Pierre		Creative Group Strategies For The Health Education Class Hey	Root Cause Analysis of M.S. Injuries... Probst	Validity of Body Media Sensewear Armband in... Tessmer
11:45 - 12:45	Set Up		Moving With a Word Wall in Your Elementary PE Class Walker	Learning Comes Together As Fun Ribey			Play Ball: Strategies To Help Make Your... Hypes	School Coordinated Health Follow-Up Meeting Tackett	Perceived Service Quality & Satisfaction of Onsite... Chen	
1:00 - 3:00	Awards Luncheon <i>Get free ticket at registration desk on Thursday, October 25</i>									
3:15 - 4:00										2nd General Session
4:00 - 6:00										Board Meeting

For the most up-to-date program schedule, go to www.kahperd.com

Remember to vote!

Voting for KAHPERD officers will be held on the following days:

Thursday, October 25

Voting Booth open from
12:00 - 4:00 p.m.

Friday, October 26

Voting Booth open from
8:00 - 11:30 a.m.

All **professional** members are eligible to vote.



For the security of our membership, all members are asked to wear and display their KAHPERD badge to all convention sessions

JUMP ROPE FOR HEART and HOOPS FOR HEART



Jump Rope for Heart
Joy Heines
heines@bellsouth.net



Hoops for Heart
Bev Gass
wildem10@bellsouth.net



AHA Representative
Lea Stammerman

Your AHA Representative

Lea Stammerman
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Mandy McFarland
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1-800-309-3466

Emily Fagel
2936 Vernon Place
Cincinnati, Ohio 45219
513-842-8865
1-800-309-3466

EXHIBITORS WANTED

We have been working diligently to secure exhibitors and are hoping to fill the Exhibit Hall with displays of all types for the 2007 KAHPERD Convention. We have confirmed participation from the following:

*The Legend Group
American Heart Association
David Williams and Associates
Children's Health Market
Skatetime*

If you know of anyone who might be interested in being an Exhibitor, please have them contact us at
Perri.warren@taylor.kyschools.us

Perri "Grover" Warren and B. J. Walters are the Co-Exhibit Managers for the 2007 Convention.

2007-08 Hoops for Heart Brand New Prize Structure

Please Note: The HFH thank you gift structure is cumulative for Levels 1-5 plus the gift in the respective level the participant reaches within Levels 6-10.

PRIZE LEVEL	INCENTIVE ITEMS
\$5	Water Bottle (yellow w/black lid & imprint)
\$15	Return Ball OR Gift Card for 1 Music Download
\$30	Flip Glider OR Gift Card for 2 Ringtone Downloads
\$50	T-shirt - 100% Cotton - White
\$75	Exclusive HFH Basketball

Non-Cumulative Gifts

\$125	Mini-Tunes Radio OR Gift Card for 6 Music Downloads
\$200	Fun Slides OR Gift Card for 2 Movie Passes
\$300	Dodge Disc OR \$20 American Eagle Outfitters GC
\$500	Play and Freeze Ice Cream Maker OR \$50 American Eagle Outfitters GC
\$1,000+	Pumgo OR \$150 American Eagle Outfitters GC

Jump Rope for Heart

Please Note: The JRFH thank you gift structure is cumulative for Levels 1-10.

PRIZE LEVEL	INCENTIVE ITEMS
\$5	Water Bottle (yellow w/black lid & imprint)
\$15	Jump Rope (green w/yellow handles)
\$30	Magic Magnets
\$50	Event T-shirt (White)
\$75	Mini-Tunes Radio
\$125	Rocket Blaster
\$200	Fun Slides
\$300	Radio Cooler
\$500	Knock Out
\$1,000+	Zoundz

Don't forget!

Pre-register to enter a drawing for
\$250 reimbursement
for SDAHPERD or AAHPERD!

Must be present to win!

2007-2008 AAHPERD JRFH/HFH Grant Program

As a Jump Rope For Heart/Hoops For Heart coordinator you are eligible to apply for the AAHPERD JRFH/HFH Grant program! This grant will subsidize your AAHPERD membership and attendance at the AAHPERD National Convention, as well as provide you with the opportunity to purchase equipment that will enhance your physical education program in a way that aligns with NASPE standards and Guidelines. This program is supported by the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD) and is open to all individuals that have held a JRFH/HFH event within the last year.

The Program

Grant recipients will receive a maximum of \$2500. Up to \$1300 of these funds will pay for the recipient's AAHPERD membership dues for one year (if the member is not a current AAHPERD member) and will assist the recipient with travel to the AAHPERD National Convention and Exposition. The remaining \$1200 will be given to the recipients in the form of a US Games certificate, redeemable for equipment to enhance physical education programs. Recipients will also receive the NASPE quality PE package (which includes NASPE standards, Opportunity to Learn standards, Appropriate Practice, and Standards-based Assessment of Student Learning) for their appropriate grade levels.

Criteria

- Applicants must have conducted a JRFH or HFH event in the past year.
- Applicants must submit a brief paper (no more than 2 pages):
 - Focus on the passion you, your students, your school, and your community has for JRFH/HFH.
 - Summarize how the grant will enhance your school's physical education program in a way that aligns with the NASPE Standards and Guidelines.
 - Include a sample budget to support the program/equipment described in your paper.
- Recipients must write one article for *The Pulse* newsletter. (Required only of grant recipients; a timeline will be established after recipients are announced.)

Please send both of your *typed* grant proposal form and paper to the AAHPERD Joint Projects Office, 1900 Association Drive, Reston, VA 20191 by October 15, 2007. Faxed proposals can be sent to 703.476.9527 and emailed proposals can be sent to scassette@aahperd.org.

A panel consisting of members of the AAHPERD/AHA Joint Projects Committee will determine the grant recipients. Recipients will be notified December 15, 2007. A list of all recipients will be posted on the AAHPERD website (www.aahperd.org) by the end of December.

If you have any questions regarding this grant program please contact Caroline Taylor, Joint Projects Program Administrator, at 800.213.7193 or via email at ctaylor@aahperd.org.

2007-2008 AAHPERD JRFH/HFH Grant Program Proposal Form

Please attach your typed paper (2 pages or less) that explains the passion you, your students, your school and your community have for JRFH/HFH. Summarize how the grant will enhance the school's physical education program in a way that aligns with NASPE Standards and Guidelines. Please include a sample budget for the program/equipment described in your paper.

All proposals are due to the AAHPERD Joint Projects Office, 1900 Association Drive, Reston, VA 20191 by October 15, 2007. Faxed proposals can be sent to 703.476.9527 and emailed proposals can be sent to scassette@aahperd.org. Recipients will be notified by December 15, 2007. A list of all recipients will be posted on the AAHPERD website by the end of December.

Coordinator: _____

School Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Email: _____

Position/Grades: _____

Number of Children in School: _____

Principal's Name: _____

Principal's Email: _____

Superintendent's Name: _____

Superintendent's Email: _____

Which event did you hold in the past year? _____

What was your event date? _____

Who is your AHA Schoolsite Affiliate Manager? _____

How many years have you held a JRFH or HFH event? _____

Are you an AAHPERD member? If YES, please list your membership number:

☐ Yes ☐ No _____

☐ By checking the box, I certify that my principal approves of this application and will allow me to attend the National AAHPERD Convention if I am selected as a grant recipient.

KAHPERD LEADERSHIP CONFERENCE

Mark your calendar for the 2008 KAHPERD Leadership Conference scheduled for January 25-26 at The Holiday Inn Harbortowne/1-64 East, Louisville, KY. The Leadership Conference was created to encourage KAHPERD members to take an active role in our organization. KAHPERD NEEDS YOU, your insight, leadership, creativity, expertise and uniqueness to make our organization the best it can be. Come find out how KAHPERD works and how YOU can be an integral part of KAHPERD.

KAHPERD will pay for 1/2 of your room for the night of the 25th if you attend the meetings on Friday evening (starts at 7:00 p.m.) and Saturday morning (hint: bring a colleague, share a room and KAHPERD will pay 100% of the room rate). Only applies to professional members. Mark your calendar and make a commitment. Contact:

Lonnie Davis, Executive Director
Lonnie.davis@eku.edu or 859-622-1887

Kim Deeming Castelluzzo, President Elect
demlin@louisville.edu or 502-412-8830

SEE YOU IN JANUARY 2008!

KAHPERD Leadership Conference

Professional Members Only

The Clarion Hotel & Conference Center
9700 Bluegrass Parkway, Louisville, KY
(502) 491-4830

January 18-19, 2008

Call 502-491-4830 for a reservation for Friday Night at the special KAHPERD rate of \$80 for a single or double room. Breakfast and lunch will be provided on Saturday. All those staying at the Clarion Hotel & Conference Center will be given \$80 to offset expenses. It is suggested you find a roommate in advance to make the expense allocation go further.

FRIDAY EVENING

5:30-6:50 pm

Dinner (at your own expense.)

7:00-10:00 pm

Leadership Conference (we'll kick off the conference with a t-shirt swap)

SATURDAY

8:00-8:30 am
Breakfast (provided)

8:30-12:00 pm

Leadership Conference

12:00-1:00 pm

Lunch (provided) On top Floor,
Revolving Restaurant

1:00-3:00 pm

KAHPERD Board Meeting

SPECIAL NOTES:

Please plan to stay for the entire conference and Board Meeting.

Be sure to read the constitution and by-laws **BEFORE** the conference, particularly the specific duties of your position.

In case of inclement weather, call **Lonnie Davis** at 859-622-1887 or **Kim Demling-Castelluzzo** at 502-812-8830.

A tour of facility and meeting rooms will be provided by the Hotel staff at some point during the leadership conference.

Remember to bring a t-shirt (adult size) to swap at our Friday evening session.

KAHPERD HONOR AWARDS

Mustaine Award - This is the highest honor that KAHPERD bestows. The recipient should have been recognized at some earlier date. It should be an award of great honor and the person must be carefully chosen.

Life Member Award - This is awarded to someone who has had a long period of service (at least ten years) or who may have retired. It recognizes distinguished service to the profession.

Distinguished Service Award - This is awarded to members of KAHPERD in recognition of meritorious service over an extended number of years.

Merit Award - This is awarded to members and non-members of KAHPERD. It is to recognize merit in the fields of HPERD and fields of allied interests. It may be presented to persons, schools or institutions/corporations.

Date Submitted: _____

Nominated by: _____

Address: _____

Phone: _____ Work Phone: _____

Nominee Name: _____

Address: _____

City/Zip: _____

Phone: _____ Work Phone: _____

Email: _____

Home Email: _____


Justification for the Award: For the committee to consider the nominee, we MUST have one FULL typewritten page of specific information that justifies why this person is deserving of the award.

For a complete application or questions/concerns Contact:

Carol Ryan

Northern Kentucky University, BEP 255 • Highlands Heights, KY 41099 • Phone: 859-572-5152
email: ryancc@nku.edu (email is encouraged)

All Nominations must be received by September 15, 2007



Mutual Funds
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Palm Beach Gardens, FL 33410 • (561) 694-0110
Local Office: 2 Summit Park Dr., Ste. 600, Independence, OH 44131
Phone: (800) 417-9099 • Email: lstout@legendgroup.com

Securities offered through Legend Equities Corporation, member NASD & SIPC.
Before investing in a mutual fund, consider its investment objectives, risks, charges, and expenses carefully.
This prospectus, which contains this and other information about the mutual fund, can be obtained by contacting
Legend Equities Corporation. Please read the prospectus carefully before you invest or send money.

Quality Physical Education

Physical activity is critical to the development and maintenance of good health. NASPE believes that every student in our nation's schools, from kindergarten through grade 12, should have the opportunity to participate in quality physical education.

The goal of physical education is to develop physically educated individuals who have the knowledge, skills, and confidence to enjoy a lifetime of healthful physical activity.

Quality physical education consists of four critical elements:

➤ Opportunity to Learn

Opportunity to learn standards define the elements that need to be in place in order to provide a positive learning environment and quality program. Such elements include a certified physical education teacher, adequate time, and safe and ample facilities and equipment.

➤ Meaningful Content

The national content standards clearly identify what students should know and be able to do as a result of a quality physical education program. The second edition reflects the most current research and theory about physical education.

Standard 1: Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities.

Standard 2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.

Standard 3: Participates regularly in physical activity.

Standard 4: Achieves and maintains a health-enhancing level of physical fitness.

Standard 5: Exhibits responsible personal and social behavior that respects self and others in physical activity settings.

Standard 6: Values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

Moving into the Future: National Standards for Physical Education, Second Edition (NASPE, 2004)

➤ Appropriate Instruction

These national guidelines explain appropriate and inappropriate instructional practices. The guidelines address numerous areas including curriculum design, learning experiences, fitness activities, fitness testing, student assessment, maximizing participation, forming groups, competition, and many others. *Appropriate Practices for Elementary, Middle, and High School Physical Education (NASPE, 2000, 2001, 2004)*

➤ Student Assessment

Standards-Based Assessment of Student Learning (Lambert/NASPE, 1999) addresses current thinking on assessment, defines assessment, and presents a framework for conducting standards-based assessment. It provides a conceptual context for the other books that comprise NASPE's physical education assessment series.

For more information on quality physical education, visit NASPE's website at <http://www.kahperd.org/naspe/>



NOMINEES FOR KAHPERD ELECTIONS

President-Elect:

Michael Ballard, Eastern Kentucky University
Michael Hypes, Morehead State University

VP-Elect for General

Heather Adams-Blair, Eastern Kentucky University

VP-Elect for Health

Laurie Larkin, Eastern Kentucky University
Kris Wilks Wright, Berea College

VP-Elect for Physical Education

Jamie Johnston, Henderson Public

VP-Elect Dance-(No Candidate when newsletter went to press)

Board Member At-Large East-Elect

Jenny Dearden, Morehead State University
Sally Hope, Eastern Kentucky University

Board Member At-Large West-Elect

Sharon Whitlock, Western Kentucky University

For updates, go to www.kahperd.com

Volunteers Needed

KAHPERD needs volunteers, to serve the association in leadership capacities, at the Fall convention, and at the summer Health & PE workshops. The life blood of any organization are the volunteers, and the new ideas they bring.

If you would like to volunteer, please complete the form below and send it to:

Lonnie Davis, Executive Director
KAHPERD

546 Gingermill Dr. • Lexington, KY 40509 • Lonnie.Davis@eku.edu

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP-CODE _____

HOME PHONE _____ COUNTY _____

SCHOOL/UNIV. NAME _____

CITY _____

COUNTY _____

E-MAIL _____

I wish to serve in the following capacity (check all that apply):

- ☐ Leadership Position on Board ☐ Summer PE Workshop Worker
- ☐ Fall Convention Worker ☐ Summer Health Workshop Worker

PEP GRANTS

Congratulations to the following
PEP Grant recipients in Kentucky:

Augusta Independent Board of Education

\$176,112
Robert Hall

Letcher County Public Schools

\$285,181
Sandy Hogg

Newport Independent Schools

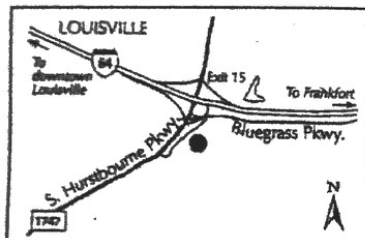
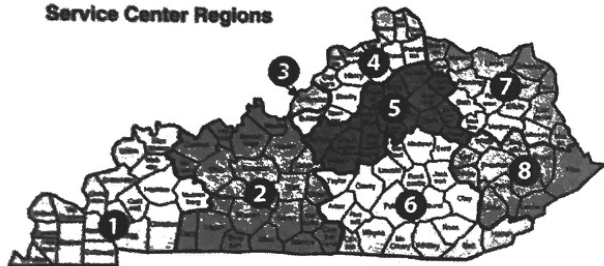
\$308,514
Mackie Turner

Pineville Independent School District

\$171,106
Diana Anderson

www.pepgrant.info

Service Center Regions



Mail directly to the Clarion Hotel

1-64 Exit Hurstbourne Lane South
 9700 Bluegrass Parkway
 Louisville, Kentucky 40299
 Toll Free: 1-866-246-2021
 Phone: 502-491-4830
 Fax: 502-499-5364
 KAHPERD Annual Convention
 October 24-26, 2007
 CONVENTION RATE:
 \$80 Single or Double
 Deadline for special rate is
 September 25, 2007

Identify yourself as a KAHPERD member

Name _____
 Address _____
 City _____ State _____ Zip _____
 Daytime Phone Number _____
 Sharing room with _____
 No. of persons _____ Arrival date _____ Departure Date _____

Check in time is 3:00 p.m. • Check out time is Noon

~~Reservations are not cancelled 48 hours prior to arrival.~~

☐ Amex ☐ Diners Club ☐ Visa ☐ Mastercard ☐ Discover Card
☐ Advanced Deposit

Credit Card # _____ Exp. Date _____

Please check preferred accommodations

\$80
 1 King Bed _____ ☐ Smoking
 2 Double Beds _____ ☐ Non-Smoking

Special Requests: _____

(Mail directly to THE CLARION HOTEL)

KAHPERD Pre-Registration Form

Failure to pre-register will result in the loss of your chance to win
 a \$250 reimbursement for SDAHPERD or AAHPERD

Name (last) _____ (first) _____ (initial) _____
 Home Address _____
 City _____ State _____ Zip _____
 School/Organization _____
 School/Organization address _____
 Phone (home) _____ (work) _____
 Fax _____ E-Mail _____

BADGE INFORMATION:

Name you wish on your badge: _____
 School or Organization: _____
 City: _____

KAHPERD MEMBERSHIP

(Must be current member to register for the convention)

_____ New _____ Renewal
 _____ Professional \$35.00
 _____ JRFH/HFH (Must have sponsored 06-07 school event) NC
 _____ Student \$15.00
 _____ Retired \$10.00

PRE-CONVENTION WORKSHOP

Wednesday, October 24, 2007 7:00-9:00 PM

"There is no such thing as just being a 'gym' teacher..." - John Hichwa

_____ I want to register for the Pre-Convention Workshop Only \$35.00
 (KAHPERD membership is not required when attending Wednesday night workshop only)

CONVENTION REGISTRATION

(JRFH members MUST pay convention registration fees)

_____ Professional (prior to Oct. 17, \$80.00; after and on-site, \$95.00)
 (Includes Wednesday reception and Thursday luncheon ticket, please pick up at registration.)
 _____ Students prior to Oct. 17 \$20.00; after and on-site, \$25.00 each
 _____ Retired \$25.00 each
 _____ Awards Luncheon Ticket (Student) \$15.00
 _____ Convention Proceedings (printed & on CD) Pre-registration \$15.00
 _____ Convention Proceedings (CD only) \$20.00
 _____ Saturday Only \$50.00

TOTAL

_____ Please check if attending Wednesday night 7:00-9:00 pm pre-convention workshop.

Check or Money Order—ONLY (No Purchase Orders Please)

Mail to: Dr. Lonnie Davis, KAHPERD Executive Director • 546 Gingermill Lane, Lexington, KY 40509

MUST BE POSTMARKED ON OR BEFORE OCTOBER 17 FOR PRE-REGISTRATION!

**YOU MUST PRE-REGISTER TO BE ENTERED IN THE \$250 DRAWING
 TO ATTEND AAHPERD OR SOUTHERN DISTRICT AAHPERD**

"KAHPERD NEWSLETTER" is an official publication of the Kentucky Association for
 Health, Physical Education, Recreation and Dance, printed by the NEWS-DEMOCRAT,
 Louisville, Kentucky

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DATES FOR SUBMITTING MATERIAL FOR PUBLICATION:

Fall Issue: May 15 Spring Issue: December 15



Dr. Lonnie Davis, Executive Director
 Eastern Kentucky University
 Richmond, KY 40475-3134

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