

KENTUCKY NEWSLETTER FOR HEALTH • PHYSICAL EDUCATION RECREATION • DANCE



AUTUMN 2002

2002 KAHPERD CONVENTION HIGHLIGHTS

Soar With Your Strengths!

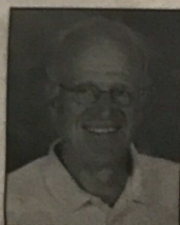
OCTOBER 31 – NOVEMBER 2 • THE HYATT REGENCY HOTEL • LEXINGTON, KENTUCKY



Beth Kirkpatrick

Beth Kirkpatrick

Beth Kirkpatrick taught physical education and health for twenty years at Tifford Middle School in Vinton, Iowa. During that time, she received national and international recognition for her development of the physical education program "Ultra Physical Education" that stresses Lifestyle Education and the integration of technology for individualizing instruction and a noncompetitive design for all team sports called the "Ultra Shuffle." She has been recognized in *LIFE Magazine*, *Newsweek*, "Tom Brokaw's NBC Nightly News," and CNN. Beth was the first physical educator to receive the United States Department of Education's Christa McAuliffe Fellowship which was awarded to her in 1988. In 1991 she was selected as the education delegation leader at the first National Youth Fitness Summit held in Washington, D.C. She was awarded the Emens Distinguished Professorship at Ball State University, Muncie, Indiana, in 1993. She is a former chair of the Middle and Secondary Physical Education Council for NASPE, a past teacher of the year award winner of NASPE, a former chair of the National Teacher Of The Year Committee for NASPE, a member of the PE/TV Board of Advisors, consultant to the Edison Project, consultant for US Games, and is the current Director of Education and the National Spokesperson for Polar Electro Inc. Beth received the Honor Award and Distinguished Service Award from the IAHPERD. She is a co-author of "Lessons From The Heart" and "The Ultra Shuffle" and numerous articles, as well as the designer of *The Heart Adventures* and *The Tropical Rainforest*



Richard Cendali

Richard Cendali

Adventure. Beth is the 2002 recipient of the Distinguished Leadership Award in Physical Education.

We are very pleased that Richard Cendali will be presenting at KAHPERD this year. In his travels throughout the world, he is known for motivating teachers and students to get excited about physical education. He will motivate and energize all who see him. He has agreed to provide four sessions for us. He will have two movement sessions. They are "Keep It Moving for Everyone" and "Mass Games." He will also share his incredible expertise with "Double Dutch Made Easy" and "Exciting Ways to Teach Wheels and Long Ropes."

Richard Cendali has taught Elementary Physical Education for 31 years in the Boulder Valley Public Schools, in Boulder, CO. He has presented at workshops and conferences in 48 states and 33 foreign countries.

He has received many state, national, and international awards for his dedicated work in our field. He also has one of the best-known rope skipping teams in the world today. His team, "Skip-It," which has been together for over 25 years, is the current world champion. We are very pleased that Richard will be sharing his expertise with us.

Josey Templeton

Josey Templeton grew up in Mississippi, attended Mississippi University for Women, The University of Tennessee in Knoxville, Mississippi State



Carol Ryan

University, and The University of Alabama in Tuscaloosa. She has degrees in Psychology, Health Education, Human Development, and Physical Education. Josey has taught at the elementary, middle and college levels. She has worked in camps, day care settings, recreational programs, church-related programs, and coached basketball, track, soccer, and gymnastics. She also competed in track and field, synchronized swimming, archery, and gymnastics.

Josey served as the President for both Mississippi and South Carolina AHPERD, as well as the Southern District Vice President for Health. She is chairman of the SC Governor's Council on Physical Fitness and Elementary Assessment Director for the SC Physical Education Assessment Program. She has made presentations at state, district, and national conferences and has publications on subjects from dance and aquatics to assessment. Her preferred hobbies are swimming, bike riding, SCUBA diving, travel, and puzzles. Her son is a professional student (so that he can continue to play soccer and lacrosse) with degrees in philosophy and landscape architecture.

Josey is the current President-elect for Southern District AAHPERD. She teaches in the Department of Health, Exercise and Sport Science at The Citadel, Military College of South Carolina in Charleston, South Carolina. She is also the proud mother of Miss Midget and Mister Yoda, two fawn-colored Chinese pugs.

Carol Ryan

Don't miss this exciting session! Learn to use the digital camera (most



Vonnie Colvin

schools have one) to create your own movies. Carol's session at the summer workshop was a big hit so we have asked her to share her knowledge again in November. You'll learn how to make your own movie, edit, add sound effects, etc. This is an exciting way to use technology in the physical education classroom. Carol will be using an iMac with the iMovies program. If your school uses PCs don't despair, there is a similar program for PCs so you will be able to transfer your new found knowledge and excitement. The opportunities to use this skill are limited only by your imagination. Everything from assessment, movement analysis, student performances, parent nights, coaching, etc. Enrollment will be limited so be sure to check at the Registration desk for a "sign up" sheet for this 2-hour session. If you have any questions, contact Carol Ryan at ryanc@nku.edu.

Vonnie Colvin

On Thursday, October 31, KAHPERD is sponsoring a class in **Adult CPR**. The class will be conducted from 6:00 to 10:00 p.m. in the Seaton Building (room 119) at the University of Kentucky. Participants who meet the standards will receive certification from the American Red Cross. In addition, participants wishing to receive training in the new **Automated External Defibrillator** will also have that opportunity.

The cost is \$10.00—this is about \$35.00 less than the usual cost—just enough to cover expenses. Enrollment is limited, priority will be given to those individuals who mark their registration form and include the additional fee with registration. If space permits, participants may register at the door.

Note: Since the course is offered at 6:00 p.m., parking is MUCH more user friendly. All "E" lots are open after 5:00 p.m.

If you have any questions, please contact Vonnie Colvin via email at aycolv1@pop.uky.edu (note: after the "v" is the number one) or by phone: 859-257-2655.

PRESIDENT'S COMMENTS by Melody Hamilton



Melody Hamilton

I want to thank everyone who has and will always be dedicated to the health and wellness of Kentuckians. It is not often that we get thanked for what we do. We are considered unimportant until a doctor recommends/requires someone to watch what he/she eats or how he/she exercises. You are important! You touch lives every day (remember this)! **THANK YOU!**

I want to encourage you to do what you do to the best of your ability and work well with others. So many times we want to be given accolades for what we do. We deserve it, don't we? I just finished my season with the Jessamine County Special Olympics team. They teach me more every time I am with them! Everyone needs an encouraging word, a pat on the back or a high five for sticking with it. Our jobs and lives may get super busy, but take time to encourage co-workers, students, classmates, family and friends. We

need money to put food on the table and pay the bills, but money comes and goes. The time spent forging relationships with those we work with and are around can last a lifetime!! Don't be too hard on people you work with. You probably don't know the whole story and their situation.

My message so far has been targeted at your (often ignored) mental health. Now, I want to encourage you to be a professional. You are receiving this newsletter because you work or care about the fields of health, physical education, recreation and dance. There are many who have gone before us to pave the way for our profession. How grateful I am to those who suffered and shed tears to make my job easier. **DO SOMETHING** for your profession!! Become an **ACTIVE** member of KAHPERD. Each of you has something to offer others in our profession. Call me (859-879-9672) or e-mail me (mhamilton@woodford.k12.ky.us) if you would like to help out in some way or if you have suggestions to make KAHPERD a stronger champion for health and wellness of Kentuckians and for our professions.

PRESIDENT ELECT'S MESSAGE

by Jack Rutherford



Jack Rutherford

Are you ready to be the best you can be? If you're reading this message, chances are you are already a cut above the rest. But are you the best you can be? Those of us who come from athletic backgrounds know what it takes to be the best. Desire! Dedication! Commitment! Perseverance!

Roughly 15 years ago, I wrote a paper entitled, "*Being the best you can be: A professional responsibility.*" In it, I asked readers to reflect on whether they were putting forth the effort necessary—in the areas of teaching, scholarship and service—to be the best they could be. Are you?

What does being the best mean? Here are some ways people in our profession demonstrate what being the best means:

- Being well prepared for the classes you teach
- Constantly revising and improving classes and lesson plans
- Using technology to improve delivery, not to impress
- Employing classroom assessment techniques to gain feedback from learners
- Understanding your students' learning styles
- Using peer review and idea sharing as means of improving your teaching
- Increasing your content knowledge in subject disciplines

- Staying up to date with important legislation that affects our discipline
- Lobbying for legislation that can improve our ability to deliver services
- Advocating for more Health and P.E. in schools and universities
- Showing your students you care
- Attending workshops and conventions that educate, motivate, and reinforce your commitment to be the best you can be.

Can you think of other ways you are currently demonstrating your commitment to be the best? I hope so. But if we are totally honest with ourselves, we must admit that we can do better. Take a moment to review how this could be done. The Board of Directors of KAHPERD is committed to helping you become your best. President Hamilton and her Board will provide an excellent program for the 2002 KAHPERD Convention in Lexington, October 31–November 2. Check it out elsewhere in this newsletter. We have also completely redesigned and upgraded our website to serve you better. The address is www.kahperd.com. We now have a paid executive director to better meet the needs of a growing association membership. Please let us know other ways we can better serve you. We truly want you to be your best. Good luck. See you at the convention.

2003 Convention Information: The 2003 KAHPERD Convention will be held at the Galt House in Louisville. Plans are underway to bring you some terrific programs including nationally renowned speakers who will be well worth the price of admission. Put November 7-8, 2003 on your calendar now.

KAHPERD MEMBERSHIP

Be part of a winning team!

☐ **YES! I want to be a member of KAHPERD**

Name _____

Home Address _____

City _____ State _____ Zip _____

School/Organization _____

Phone (home) _____ (business) _____

Email _____

____ New ____ Renewal

____ Professional\$35.00

____ JRFH/HFH (Must have sponsored 01-02 event)NC

____ Student\$15.00

____ Retired\$10.00

Total amount enclosed: \$ _____
(Make check to KAHPERD)

Mail to:

Dr. Lonnie Davis, Exec. Dir.
KAHPERD
546 Gingermill Lane
Lexington, KY 40509
E-mail: lonnie.davis@eku.edu

LEADERSHIP CONFERENCE

Mark your calendar for the **2003 KAHPERD Leadership Conference** scheduled for **January 17 & 18** at the Galt House in Louisville. The Leadership Conference was created to encourage KAHPERD members to take an active leadership role in our organization. **KAHPERD needs YOU**, your insight, leadership, creativity, expertise and uniqueness to make our organization the best it can be. Come find out how KAHPERD works and how **YOU** can be an integral part of KAHPERD.

KAHPERD will pay for 1/2 of your room for the night of the 17th if you attend the meetings on Friday evening (starts at 7:00 p.m.) and Saturday morning (hint: bring a colleague, share a room and KAHPERD will pay 100% of the room rate). Mark your calendar, make a commitment, then contact:

Lonnie Davis, Executive Director
lonnie.davis@eku.edu • 859-622-1887

or

Jack Rutherford, President-Elect
jack.rutherford@eku.edu • 859-622-1889

SEE YOU IN JANUARY!

EXECUTIVE DIRECTOR'S MESSAGE

The Value of KAHPERD — Your Professional Association



Lonnie Davis

The Kentucky Association for Health, Physical Education, Recreation and Dance provides a wide variety of quality services to its membership. Kentucky is unique, in part due to our annual

convention, which is outstanding. The last five years' average attendance has been over 630. Visitors, presenters, and exhibitors from outside Kentucky continue to be impressed with the high quality of the event.

KAHPERD is more than just a convention. As a professional organization, our association has grown in recent years and service to members has increased well beyond the convention. Applying the old adage that "the association is only as strong as the sum of its members," it is easy to conclude that we need strong, active members to continue to offer a wide variety of services. Each member should know the benefits and services of KAHPERD to professionals and should make the effort to let others know about the services and values we share. For example:

- The association sponsors or co-sponsors eight (8) different profes-

sional events during the year which are open to members.

- KAHPERD was a leader in securing support for quality physical education through the passage of the national PEP Bill. Various other mailings and publications support our advocacy efforts on the state and national level.
- KAHPERD continues to be an advocate for its membership in many arenas outside the profession.
- The web site has been updated. Check these out at www.kahperd.com.
- KAHPERD recognized over 40 members for outstanding contributions during the past year.
- Our 16 page Newsletter informs our membership with dates and registration forms of all meetings. Two issues are published each year and are sent to HPERD professionals at all levels.
- The KAHPERD Journal provides members with the opportunity to publish articles of professional interest and is the sharing vehicle for professional ideas.
- The KAHPERD Directory provides each member with the names and addresses of all members for networking purposes. A new addi-

tion to the Directory is the email addresses of members.

- All members and student members have an opportunity to interact at the fall convention.
- Many leadership opportunities are provided for students.
- We are partners with the American Heart Association in the Jump/Hoops for Heart programs. This program raised over a million dollars last year for cardiovascular research in the Kentucky.

Yes, KAHPERD does provide an outstanding convention, along with workshops, grants, scholarships, and other

important services to all members. Hopefully, you are proud of our Association and we encourage you to invite colleagues to join with us. **Accept a personal challenge to recruit one new member this year.** Your help with membership recruitment will allow KAHPERD to continue to grow and be the strong vital association each member wants it to be.

In the meantime, please call if you have questions or suggestions on how KAHPERD can better serve you. The number to call is (859) 622-1887.

Contact: Lonnie Davis
lonnie.davis@eku.edu

2003 CONVENTION PRESENTATION PROPOSALS

The Deadline for presentation proposals is

April 15, 2003

Will contact presenters
by June 1, 2003

Application for
2003 Convention Presentations
will be on-line at
<http://www.kahperd.com/convention.htm>

If you or someone you know would like to speak on Health, Physical Education, Recreation or Dance topics relevant to Kentuckians, sign up at this site

Or contact:

Jack Rutherford
2003 KAHPERD President
Eastern Kentucky University
231 Moberly Building
521 Lancaster Avenue
Richmond, KY 40475
jack.rutherford@eku.edu

Dear Conference Attendee:

Being responsible for your own retirement plan isn't easy. We can get so caught up in our work and outside interests today that we may neglect to take care of issues that may determine the way we live during retirement. That's why a sound retirement plan is so important.

VALIC, the Variable Annuity Life Insurance Company, is endorsed by KAHPERD* as a carrier for the 403(b) supplemental retirement plan for our members. VALIC's easy Retirement Plan offers support in many forms to help you create a retirement plan that matches your situation and goals.

A review of your current retirement plan can help ensure that your program and investments are keeping pace with the changes in your life. VALIC's unique, computer-aided asset allocation service, Portfolio Optimizer, will enable you to analyze the risk and return characteristics of your current investments, and to consider how other combinations of investment options might be suitable alternatives to help you reach your goals.

Another advantage of VALIC's easy Retirement Plan is the wide array of investment options from which you can choose. A number of your colleagues presently are evaluating VALIC's investment options.

During the conference, I urge you to visit VALIC's booth. This will give you the opportunity to complete a personal retirement needs analysis questionnaire—which takes only a moment, and can place you a step closer to establishing the retirement plan you may need.

I hope you and all our conference attendees have a great school year, and I wish you the best of luck in your financial goals.

Sincerely,

Lonnie J. Davis
Executive Director, KAHPERD

*VALIC reimburses KAHPERD for services relating to its endorsement of VALIC.

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Reach VALIC through the Internet at: <http://www.valic.com>

DIVISION NEWS

GENERAL DIVISION *by Carol Ryan*



Carol Ryan

If you are a university student getting ready to take the Praxis exams or a university professor preparing future physical education and/or health education teachers, then you won't want

to miss the Praxis sessions that Dr. Donna Woolard will be presenting at the fall convention in Lexington. Dr. Woolard is the featured presenter of the General Division and will be conducting

a session for university students on how to prepare and take the Praxis tests, and a session for university professors on preparing university students for passing the Praxis exams. Dr. Woolard is an associate professor of Exercise Science and director of the Physical Education Teacher Education (PETE) Program at Campbell University, North Carolina. Recognized as an expert in the professional preparation of physical education teachers, Dr. Woolard has been named to *Who's Who in the South and Southeast*, *Who's Who in American Education*, and *Who's Who in the World*. In 1998, Dr. Woolard was named Teacher of the Year by the Campbell University College of

Arts and Sciences, and in 2000 was declared College and University Physical Education Teacher of the Year by North Carolina AHPERD. Dr. Woolard is an excellent presenter, and you won't want to miss her sessions!

In keeping with the technology theme, I will present a session on using the Palm handheld computer in the physical education curriculum. This will be a hands-on session where participants will get to use a Palm PDA and discover how it can best be used to track physical fitness scores, keep attendance, and record assessment rubrics. Another highlight for the general Division will be a session on the National Board Certification process. Paula Ebert, an elementary physical edu-

cation teacher at River Ridge Elementary in Kenton County, and Erica Nesbitt (Kentucky's first National Board Certified Elementary Physical Educator), from Red Cross Elementary in Barren County, will talk about their odysseys through the National Board Certification process. If you are thinking about becoming Board Certified, then you won't want to miss this session.

Please plan to attend the fall 2002 KAHPERD convention in Lexington. It promises to be exciting and informative, whether you are a student, K-12 practitioner, or a university professor!

Contact: Carol Ryan
ryanc@nku.edu

HEALTH DIVISION *by Vickie Sanchez*



Vickie Sanchez

I am very excited about the programs we have lined up for the 2002 Convention. As of March, we already had 9 presentation proposals submitted. Dr. Joy Renfro from ECU will

be presenting on Violence Prevention in Rural Schools. This presentation will describe some of the things that health educators can do to improve school cli-

mate, thus preventing violent behaviors from being acceptable among youth. Catherine Jarboe from the KFEDR will present an Eating Disorders Prevention Program for Grades K-8. In this presentation, Ms. Jarboe will highlight activities that promote positive self-concept and critical thinking about television and advertising messages. These two presentations are just an example of some of the exciting programs we have planned, and, remember to sign up for your CHES continuing education hours.

Contact: Vickie Sanchez
Vickie.Sanchez@eku.edu

PE DIVISION *by Kathy Case*



Kathy Case

This year's convention is shaping up to be the best yet. We have some really great presenters lined up to motivate you to have an outstanding year. You will return to your school with

innovative ideas to help you motivate your students and enhance your curriculum.

Are you bored with the same lesson plans? Do you have trouble teaching the necessary dance components? You will be so excited about new ideas that you can take back to your class and really use. Don't miss this great learning experience.

Contact: Kathy Case
Kcase@lincoln.k12.ky.us

HEY, LISTEN UP!

Get **TWO** opportunities to win a \$250 reimbursement for SDAHPERD or AAHPERD. Pre-register **and** complete the entire membership form **including** your email address!!

Drawing will be held at the 1st General Session.
You must be present to win.

Websites for Secondary Physical Education Teachers

Compiled by Chuck Duncan, U.L. Lafayette

The following websites are potential resources for teachers. Provision of this list is not intended to serve as an endorsement of any of the websites or any products that may be advertised on the sites. Thank you to all of the teachers who sent me their site addresses.

Schools:

<http://www.cvschools.org/cvhs/departments/pe/index2.html>
<http://fresno.k12.ca.us/schools/s123/>
<http://www.ncusd203.org/central/>
<http://www.ncusd203.org/madison/>
<http://www.sinc.sunysb.edu/Stu/srhughes/>
<http://www.lphs.dupage.k12.il.us/>
<http://memorial.sandi.net/STAFF/Raley/index.htm>
http://w2.shorecrest.org/LS/LS-Spl/PE/LS_girls_pe_99.htm
<http://www.farmington.k12.mn.us/fms/pe/index.html>
<http://home.earthlink.net/~tcano/PE/>
<http://www.chino.k12.ca.us/chs/pe/pe.html>
<http://www.his.ac.zw/>
<http://www.cvsd.k12.pa.us/cvhs/hs.asp?url=/CVHS/DEPT/PE/pehome.htm>
<http://www.goblueeagles.com/Portal/Academics/courses/PE/Physical%20Education.htm>
http://oghs.hanc.k12.wv.us/depts/hlth_gym/hlth_gym.htm
<http://www.teacherweb.com/DC/CHDS/MrMacLeod/t.stm>

Sport Related Sites:

<http://www.pickleball.com/>
<http://www.geocities.com/sissio/teamhandball.html>
<http://www.sports-media.org/>
<http://www.racquetballcentral.com/>
<http://www.racquetballkevin.com/>

Potpourri of Activities and Resources for Activities:

<http://www.gamecentralstation.com/gcshome.asp>
<http://www.hotpe.com/>
<http://www.pelinks4u.org/>
<http://www.pcentral.org/>

Insight and Resources for Professional Physical Educators:

<http://www.pe4life.org/>
<http://www.teachphysed.com/>
<http://www.internationalssport.com/index.html>

DANCE DIVISION *by Kandi Anderson*



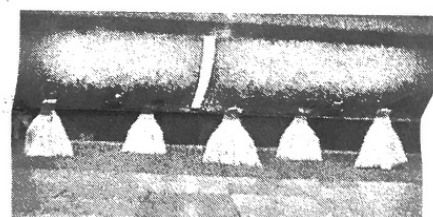
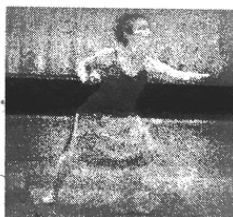
Kandi Anderson

Hope everyone is getting geared up for the 2002-2003 school year. I know summer is a time for rest and relaxation but it is also a time for preparing for a successful school year. I am anxiously waiting for the Fall Conference. Several professionals have submitted their session agendas and I think everyone will be pleasantly surprised. Aminata Baruti will be presenting African Diaspora in the Curriculum. This

session will show us how to integrate African dance forms into the classroom within the context of culture. Another cultural dance session will be presented by Marianne McAdam entitled Japanese Folk Dance for Children. What an interesting addition to our American and European folk dances! Kaleidoscope is still in the works. I am looking forward to watching those who have emailed me with confirmations of participation. Again, please let us know if you are interested in participating. The more the merrier! Enjoy the rest of your summer and see you in Lexington!

Contact: Kandi Anderson
kannadance@aol.com

Dance Kaleidoscope



2002

DANCE KALEIDOSCOPE

If you would like to bring a group to present at the 2002 KAHPERD Convention in Lexington, please fill out the following form.

Name of Group: _____

Name of Coordinator: _____

School/Organization: _____

Address: _____

Phone: (home) _____ (school/org) _____

Email: _____

DEADLINE IS OCTOBER 1, 2002

Please send to:

Kandi Anderson
173 Windmere Court
Bowling Green, KY 42103
Email: kannadance@aol.com

HEY, LISTEN UP!

The convention **luncheon** is included in your convention registration fee, but you **must** pick up your **luncheon ticket** when you check in at the **REGISTRATION DESK**.

SUPERSTARS COMPETITION!



University of Kentucky students pose with their trophy.

There are rumors in Lexington that the University of Kentucky students are ready to make it four Superstar Championships in a row. Could this be true? The superstar competition is going to be a "barn burner." All of the teams were evenly matched last year which makes it even more exciting for the 2002 competition. All colleges and Universities, please encourage your stu-

dents to enter a team in this fun and exciting competition. Come on, students, get involved in the 6th annual Superstars Competition. It's going to be the best show in town. See you in November.

Contact: Lucian Taylor
lbtayl00@pop.uky.edu
859-323-1090

SILENT AUCTION

Greetings, KAHPERD members. KAHPERD is holding another Silent Auction at the 2002 November Convention. The Silent Auction proceeds will go toward the expenses of a KAHPERD member going to Southern

District AAHPERD in February, 2003. Please stop by to bid on some wonderful merchandise. Auction hours are Friday from 11:50 a.m. to 3:00 p.m. and Saturday from 8:00 to 11:00 a.m.



For Your Information...

FREE STUFF!

I received a complimentary videotape (8 min.) and a CD that has several complete Powerpoint presentations. The topic is *Why We Need Daily Quality P.E.* It is geared toward parents and very much of a promotional product—I'm ready to storm Frankfort myself to get more Physical Education.

The material is VERY WELL DONE and it is almost free. Human Kinetics is distributing them (it's called the PE4Life Community Action Kit) for free at any physical education conference where they are exhibiting OR they will ship for \$5.50 (shipping and handling costs). The item number is 0-7360-4203-2.

Human Kinetics can be contacted at www.humankinetics.com or 1-800-747-4457. Please pass the news along to your colleagues!

Vonnie Colvin

WEBSITES OF INTEREST

WEBSITES FOR CHILDREN

<http://harcourtschool.com/activity/skel/skel.html>

Allows kids to put together a skeleton

http://harcourtschool.com/activity/con_food/con_hlth.html

Allows kids to match foods with food groups

<http://www.kidshealth.org/>

Pediatric experts provide information about health in sections devoted to parents, kids, and teens.

www.bam.gov

An e-zine on health issues aimed at kids ages 9-13, published by the CDC's Office of Communication and the Information Resource Management Office.

<http://kids-world.colgatepalmolive.com/>

This website has very good information for children regarding maintaining good oral hygiene. Check out the Oral Hygiene FAQ section that includes answers to questions about oral health, dental care and procedures. There are a lot of activities for children to do such as making charts, playing games (finding the healthy snacks), and obtaining a special message from the tooth fairy. This site is loaded with graphics!

<http://www.sportsline.com/u/kids/>

This is a website designed for children with information, games, animations and much more about our major leagues such as the NFL, NBA, MLB, etc.

<http://www.bennygoodsport.com/>

This is a place for you to have fun and learn how to be healthy.

<http://justsaywow.com/freddie.htm>

Exercise with Freddie the Frog

<http://www.cpsc.gov/kids/kidsafety/index/html>

Learn how to prevent unnecessary injuries.

<http://www.kidsrunning.com/>

Running activities are presented here using a multidisciplinary approach.

<http://brainpop.com/>

This site has kid friendly movies and information in the fields of science, technology and health.

<http://www.sikids.com/splash.html>

Sports Illustrated for Kids has a fabulous website.

<http://chitrib.webpoint.com/fitness/>

This site is devoted to children's fitness, and is designed for children.

<http://www.dole5aday.com/>

Even if you can't convince your child to eat enough fruits and vegetables, this site will.

<http://www.accentpub.com/kidspage.html>

Teddie and Freddie will teach your children how to stay safe through activities and games.

<http://www.accentpub.com/kidspage.html>

This site teaches children about wellness.

MORE WEBSITES OF INTEREST....

Compiled by Kathy Case, Stanford Elementary

<http://groups.msn.com/KentuckyAAHPERD/>

www.aahpred.org/spotlight (NDA's website for dance)

pecentral.org/lessonideas

www.LipsecombSports.com

www.fundingfactory.com

www.schoolgrants.org

www.peteacher.info

www.champOnline.com

2002 KAHPERD CONVENTION

Soar With Your Strengths!

OCTOBER 31 – NOVEMBER 2 • THE HYATT REGENCY HOTEL • LEXINGTON, KENTUCKY

Thursday, October 31, 2002

REGISTRATION 5:00 PM – 8:00 PM

Location: UK-Seatons Center

Presenter: Lonnie Davis, Executive Director

Attending Saturday's luncheon? Pick up your **FREE** ticket at the registration desk.

6:00 PM – 10:00 PM

Session Title: CPR Certification

Presenter: Vonnice Colvin

University of Kentucky, Lexington

Location: Seaton Center

Description: Adult & AED CPR certification. Contact Dr.

Vonnice Colvin @ 859-257-2655 or email

aycolv1@pop.uky.edu for additional information and to register. Enrollment is limited. \$10 fee – Adult CPR & AED

Certification.

7:00 PM

Session Title: KAHPERD Board Meeting

Presenter: Melody Hamilton, President

Location: UK Seaton Center

7:00 – 9:00 PM

Session Title: An Introduction to Climbing for the Indoor Recreational Climber

Presenter: Rebecca Berry & Tim King

University of Kentucky, Lexington

Location: Bernard M. "Skeeter" Johnson/Seaton Center

Description: Join climbers of all ages in the new Bernard M. "Skeeter" Johnson recreation facility and learn the basics of indoor rock climbing. Session includes a brief tour of the new facility, as well as a brief discussion of how this new complex was uniquely designed for student recreation. An overview of indoor climbing safety procedures and a climbing demonstration will also be provided. Participants of all levels will then be encouraged to try their skill at climbing the best indoor climbing wall, this side of the Rockies!

NOTE: UK parking is open in all "E" lots after 5:00 p.m.

Friday, November 1, 2002

REGISTRATION 7:30 A.M. – 4:00 P.M.

Hyatt Regency

Attending Saturday's luncheon? Pick up your **FREE** ticket at the registration desk.

8:00 – 9:00 AM

Session Title: Mass Games

Presenter: Richard Cendali

Douglass Elementary, Boulder, CO

Location: Patterson Ballroom A/B

Description: Mass basketball, hockey, lacrosse, and soccer. Keep everyone involved in moving both offense and defense. Activity for all ages. Many other games also.

Session Title: Cupstacking

Presenter: Larry McGee

Gainesville, FL

Location: Regency Ballroom East

Description: We would like to train teachers to teach their students the sport of cupstacking. Cupstacking helps train the non-eye coordination, focus, concentration, and creative thought, along with team building and inclusion for all.

Session Title: Fitness Frenzy

Presenter: Sally Hope

Christian Academy of Louisville, Louisville

Location: Regency Center and Regency West

Description: This audience participation session will introduce fun, action packed fitness activities to spice up your lessons. Come join the fun with Ultimate Pig, Clothespin Tag, and other health-related fitness ideas.

Session Title: Secondary Classroom Health Activities

Presenter: Kim Demling

University of Louisville, Louisville

Location: Kentucky Room

Description: Kim and a group of students will present an array of health promotion activities for secondary classrooms. Health Educators won't want to miss out on this opportunity to "steal" some additional tools and techniques for freshman health classes all over the state.

Session Title: Developing Emotional Intelligence: The Role of Teachers

Presenter: Karen M. Camarata

Eastern Kentucky University, Richmond

Location: Washington Room

Description: Research indicates that EQ may play a stronger role in life satisfaction and success than IQ. We will come to understand what EQ is, how it relates to success in life, and how it can be enhanced in ourselves and our students. We will discuss what we're already doing and what we can do in the future.

Session Title: Using the Palm PDA in Physical Education

Presenter: Carol Ryan

Northern Kentucky University, Highland Heights

Location: San Francisco Room

Description: This session will give a demonstration of using the palm PDA for classroom management and assessment in physical education class. Participants will get some hands on practice.

Session Title: Positive Addiction and Running

Presenter: Wayne Major

Eastern Kentucky University, Richmond

Location: Chicago Room

Description: The purpose of this study was to determine what running means to the runner, whether runners perceive themselves as being addicted to running, and if so, did they perceive that addiction as being positive or negative.

Research Section – Business Meeting

Session Title: National Board Certification

Presenters: Paula Ebert

River Ridge Elementary School, Villa Hills

Erica Nesbitt

Red Cross Elementary, Barren County

Location: Atlanta Room

Description: Question and answer session concerning certification by the National Board of Professional Teaching standards. Portfolio requirements and general testing procedures will be discussed.

9:10 – 10:10 AM

Session Title: The 20-Minute Workshop

Presenter: Dennis Docheff

Central Missouri State University, Warrensburg, MO

Location: Patterson Ballroom C/D

Description: Program provides attendees with a step-by-step approach to promoting physical activity in the elementary school. Attendees will create a plan for developing 20-minute workshops for classroom teachers. Small group sharing adds to making advocacy plans that fit specific teaching assignments. The result is higher activity for kids.

Session Title: Action, Action, Action

Presenter: Angela Hedenberg

Northern Elementary (Pendleton County), Butler

Location: Patterson Ballroom A/B

Description: Participants will identify and interpret movement terminology by exploring action verbs through creative expression.

Elementary Phy. Ed. – Business Meeting

Session Title: Massage Therapy

Presenter: Clyde Rogers

Danville

Location: Kentucky Room

Description: Demonstration of massage for stress reduction and relaxation – massage for pain reduction.

Session Title: Teaching Birth Control in High School and College

Presenter: Laurie Larkin

Eastern Kentucky University, Richmond

Location: Washington Room

Description: Teaching birth control in the schools can often be intimidating and controversial. This presentation will include some of the latest information regarding the effectiveness of different birth control. Methods will be presented along with interesting strategies to include in high school and college classes.

Session Title: Hoops for Heart

Presenter: Mike Belcher

North Todd Elementary, Elkton

Location: San Francisco Room

Description: Running a successful hoops program. Set up a Hoops for Heart event in your school.

Session Title: Writing Your Own Rubrics

Presenter: Josey Templeton

The Citadel, Charleston, SC

Location: Atlanta Room

Description: The session will consider the use of rubrics as an assessment tool in all grade levels of teaching physical education. It will briefly review content, writing, and use of rubrics. The participants will have an opportunity to write rubrics for their own classes and review them with colleagues. Samples will be provided.

10:15 – 11:45 AM

Session Title: First General Session

Presenters: Josey Templeton, President-Elect SDAHPERD –

"Greetings from the Southern District"

Beth Kirkpatrick, Polar Heart Rate Monitors

Representative – "Keeping our Promise"

Location: Regency Ballroom East, Regency Ballroom Center, Regency Ballroom West

NOTE: Candidates for KAHPERD officers will be introduced.

Soar With Your Strengths!

11:50 AM - 3:00 PM
Silent Auction
Presenter: Lucian Taylor

11:50 AM - 4:00 PM
Voting Booth Open
Presenter: Shaw Packer

11:50 AM - 12:45 PM

Session Title: African Diaspora in the Curriculum
Presenter: Aminata C. Baroti
 University of Kentucky, Lexington

Location: Patterson Ballroom A/B
Description: Presentation on the utilization and integration of African and African-derived dance-forms into the curriculum. Emphasis is on skill teaching within the context of culture. Highly participatory.

Session Title: Station Imagination
Presenter: John Ferguson

Location: Eastern Kentucky University, Richmond
Location: Patterson Ballroom C/D
Description: How to create fun activities while developing locomotor, non-locomotor, and manipulative skills. Each activity will address specific KERA standards.

Session Title: Survival Training for Coaches in the 21st Century

Presenter: Dennis Docheff and Jim Conn
 Central Missouri State University, Warrensburg, MO

Location: Patterson Ballroom C/D
Description: Presentation provides coaches with teacher effectiveness information and how it relates to coaching performance. The session allocates time for coaches to apply presented material to the specific coaching assignment. Topics include: teaching effectiveness, management concerns, and philosophy development.
Sports Management Section - Business Meeting

Session Title: KPEDR Prevention of Eating Disorders Program for Grades K-8

Presenter: Catherine Jarboe
 Kentucky Foundation for Eating Disorders Recovery, Louisville

Location: Washington Room
Description: KPEDR, a non-profit organization dedicated to helping adults and adolescents recover from eating disorders, created a Healthy Eating and Prevention of Eating Disorders Program for grades K-8. The program, piloted in Spring 2002, highlights activities that promote positive self-concept, critical thinking about television and advertising messages, nutritional eating, and other concepts.

Session Title: "The New P.E."

Presenter: Kathy Todd
 Johnson Elementary School, Berea

Location: Atlanta Room
Description: Does your Physical Education program make the grade? Come and find out! Get lots of good ideas to use in your program.

Session Title: Past Presidents Luncheon (By Invitation Only)

Presenter: Sue Banister
Location: Chicago Room

12:45 - 1:45 PM

Session Title: Double Dutch Made Easy

Presenter: Richard Cendali
 Douglass Elementary, Boulder CO

Location: Patterson Ballroom A/B
Description: Easy lead up skills so that everyone can teach double dutch. The secrets to make it fun and easy. Anyone can learn and teach.

Session Title: Japanese Folk Dance For Children

Presenter: Marianne McAdam
 Eastern Kentucky University, Richmond

Location: Patterson Ballroom C/D
Description: Three Japanese dances will be taught that can be used with fourth grade and older. These dances have a very different feeling than our traditional European folk dances and will be a nice addition to the curriculum.

Session Title: iMovie Presentation (12:45-3:00)

Presenter: Carol Ryan
 Northern Kentucky University, Highland Heights
 Cheryl Harlow
 Bristow Elementary, Bowling Green

Location: Regency East
Description: This is a hands-on, interactive learning session. The participants will do the following activities during this session: use a digital camera, transfer the digital video to the computer, use the iMovie program to edit the original videotape, and copy the new video to a CD-ROM. Ideas for using this new technology in physical education class will also be discussed.

Session Title: Motivating Today's Students with Innovative P.E. Lessons

Presenter: Rick Carr
 Northside Elementary School, Midway

Location: Kentucky Room
Description: Overview of physical education lesson ideas that will motivate and challenge today's students. The lessons will include: covering KERA technology components, integrating other subject areas, classroom management, motivation and fitness, field day, and more. You will receive sample lessons that you can implement and use.

Session Title: Enhancing the Soccer Experience

Presenter: Fran Kulas
 Kentucky Youth Soccer Association, Lexington

Location: Washington Room
Description: Provide teachers with helpful resources and ideas to make teaching soccer more enjoyable for all. Presentation to include appropriate activities relative to age, modifications and variations, and helpful navigation of soccer websites.

Session Title: Moderate is Magic! Physical Activity for Children with Autism

Presenter: Louisa S. DeBolt
 Eastern Kentucky University, Richmond

Location: Regency Ballroom East
Description: A common perspective promoted by health care professionals is that physical activity and exercise may decrease inappropriate behavior with children with autism. Yet, few parents and health professionals realize the importance of the intensity of the activity. It has been shown that moderate to vigorous levels of aerobic activity improved classroom performance, whereas playground activities (throwing, kicking, catching) did not. The primary focus of this presentation will be to present examples of appropriate moderate to vigorous physical activities that may be used throughout the lifespan for children with autism (and related disorders). At each stage emphasis is placed on moderate-vigorous physical activities that are age appropriate.
Adaptive Section - Business Meeting

Session Title: Obesity in Our Schools

Presenters: Jack Rutherford
 Eastern Kentucky University, Richmond
 Paul McElwain, Kathy Todd

Location: Atlanta Room
Description: Panel discussion involving Paul McElwain - Director of School and Community Nutrition for the state of Kentucky, and Kathy Todd - Elementary Physical Education Teacher for Shannon Johnson Elementary School. Each will present material related to their area of expertise. A question and answer period will follow.

2:00 - 3:00 PM

Session Title: Jump Rope for Heart Demo

Presenter: Joy Heines
 Hite Elementary, Middletown

Location: Patterson Ballroom A/B
Description: Demo teams from the surrounding areas will perform.

Session Title: Team Handball

Presenter: Reita Clanton
 Opelika, AL

Location: Patterson Ballroom A/B
Description: Introduction to the sport: rules, basic skills, drills, and lead-up games
Secondary Phys. Ed. - Business Meeting

Session Title: Dancing for Dummies

Presenter: Abby Johnson
 North Marshall Middle School, Calvert City

Location: Regency Center and Regency West
Description: This workshop will incorporate all the elements of dance by using creative dance activity. It is a great format to follow while teaching space, time, energy, form, and movement. It covers many concepts in the Kentucky Core Content for Dance for both the elementary and middle school levels.

Session Title: The Praxis Physical Education Exams: Strategies for Improving Your Majors' Test Scores

Presenter: Dr. Donna L. Woolard
 Campbell University, Buies Creek, NC

Location: Kentucky Room
Description: The program is intended for college and university professors interested in helping their students pass the Praxis Physical Education Exams. Strategies specifically aimed at improving scores will be shared. The web master of www.pepraxis.com will present tips on effective assessment techniques and strategies to raise students' scores. Example test questions will also be reviewed and discussed.

Session Title: Violence Prevention in Rural Schools

Presenter: Joy Renfro
 Eastern Kentucky University, Richmond

Location: Washington Room
Description: Rural schools bring a unique set of issues to consider when attempting implementation of violence prevention studies. This presentation will describe some of the things that health educators can do to improve school climate, thus preventing violent behaviors from being acceptable among youth. In addition, we will provide results of recent school violence prevention research that has been done by the EKV Violence Prevention Project and the Hamilton Fish Institute of The George Washington University.

Session Title: Common Sense Behavior Management

Presenter: Jon Akers, Director of the Kentucky Center for School Safety

Location: Chicago Room
Description: Learn common sense approaches to typical classroom behavior management problems. This is a two-hour session.

Session Title: EKV University Climate and Welfare Study

Presenter: Jack Rutherford
 Eastern Kentucky University, Richmond

Location: Atlanta Room
Description: This session will present the results of a survey of EKV students that examined issues relating to personal safety and welfare.

3:15 - 4:15 PM

Session Title: Kaleidoscope

Presenter: Kandi Anderson
Location: Patterson Ballroom A/B and C/D

Soar With Your Strengths!

Session Title: The Praxis Physical Education Exams: Strategies for Passing

Presenter: Dr. Donna L. Woolard
Campbell University, Buies Creek, NC
Location: Kentucky Room

Description: This program will help physical education majors pass The Praxis Physical Education Exams. Test preparation and test taking strategies aimed at improving scores will be shared. The web master of www.pepraxis.com will present tips on what to study, how to study, and where to get study materials. Example test questions will also be reviewed and discussed.

Session Title: Legal Issues in Sport and Physical Education

Presenter: James H. Conn
Central Missouri State University, Warrensburg, MO
Location: Washington Room

Description: A presentation focusing on recent court decision (2000-2) affecting the delivery of sport and physical education programs. The primary focus lies on issues of negligence (failure to supervise, provide safety equipment, warning and intent), civil rights, and constitutional violations.

4:15 - 5:45 PM

Session Title: Super Stars

Presenter: Lucian Taylor
Location: Patterson Ballroom A/B and C/D

6:00 PM

All Convention Dance, Patterson Ballroom A/B/C/D

Saturday November 2, 2002

REGISTRATION 7:30 - NOON

Voting Booth 8:00-11:00 AM

Silent Auction 8:00-11:00 AM

8:00 - 9:30 AM

Session Title: KAHPERD Relays at UK Arboretum

Presenter: Mike Kennedy
Location: The Arboretum is located off Alumni Dr. behind Commonwealth Stadium, at the top of the hill, near the water tower.

Description: The inaugural KAHPERD Relay will begin at 8 AM, Saturday, November 2, 2002. Each team will consist of 5 team members. Teams will compete in the following categories: under 18 male, under 18 female, under 40 male, under 40 female, over 40 male, over 40 female, mixed under 40, and mixed over 40. Mixed teams must have either two female and three male runners, or three female and two male runners. The relay will follow the paved walkway around the arboretum and will be limited to 200 participants, maximum. The course is considered both challenging and scenic, with some rolling hills and straight-aways through an urban forest. The relay will be split into the following distances: 2 miles, 1 mile, 1/2 mile, 1/4 mile, and 1/4 mile. The entry fee to cover costs is \$50 per team (\$10 per person). Entry forms are available at the KAHPERD website, or by request from Mike Kennedy, Convention Manager, mkenney@fayette.k12.ky.us.

NOTE: This is a team relay event, and individual runners are not permitted on the course during the event.

9:45 - 10:45

Session Title: Keep It Moving Everyone

Presenter: Richard Cendali
Douglass Elementary, Boulder, CO
Location: Patterson Ballroom A/B

Description: Activities for all. Lead up activities that really work for class control and fun. Many activities covered. Lots of hands on with small equipment.

Session Title: Lessons From the Heart

Presenter: Beth Kirkpatrick
Polar Electro Inc.
Location: Patterson C/D

Description: Attend this session and learn how heart rate monitors can enhance student learning.

Session Title: Teaching Nutrition in Fun Ways

Presenter: Linda C. Dunsmore
Kentucky Department of Education, Frankfort
Location: Kentucky Room

Description: Practical Living - Foods in the pyramid - Nutrients in foods, Dietary Guidelines - Fast foods - hands on activities. Overheads make this session great for visual learners. These things all relate to KERA goals - objectives, strategies, and techniques.

Session Title: "Hepatitis B" The Exploding Epidemic

Presenter: Veerinder Taneja
Eastern Kentucky University, Richmond
Location: Washington Room

Description: Hepatitis B is a fast spreading infectious disease that can lead to permanent liver damage. This presentation is focused on increasing teacher/student awareness and to stress how real a threat the disease is in the schools.

Session Title: Disability Awareness Issues in HPER

Presenter: Steven Grimes
Western Kentucky University Public Health, Bowling Green
Location: San Francisco Room

Description: Attend this session and learn about the disability issues in health education, physical education, and recreation.

Session Title: Promoting Health Through Animal Assisted Therapy

Presenter: Jeanine Miller Adams
University of Kentucky/KHP, Lexington
Location: Kentucky Room

Description: Research has shown that the therapeutic use of animals' benefits each dimension of health/wellness for those it serves. This presentation will explore the various types of animal assisted therapy programs, settings in which they are implemented, animals and people involved, and the impact on health/wellness derived from participation.

Session Title: Physical Education Study

Presenter: Meaghan Nicholson and Jeni Brockman
Eastern Kentucky University, Richmond
Location: Atlanta Room
Description: Free communication presentation - 40 minutes.

10:55 - 11:50 AM

Session Title: So Get Into It: Address Diversity in Your PE Class with an Exciting New Curriculum Provided by Special Olympics Kentucky

Presenter: Mary Dee Boemker
Special Olympics Kentucky, Frankfort
Location: Patterson Ballroom A/B

Description: Most physical educators today must address the needs of students with disabilities either through inclusive or adaptive class settings. Students with disabilities often have additional difficulties with motor skills, team concepts, and social skills that may be more apparent in physical education classes. Addressing all of the individual needs of these students is a difficult task. Special Olympics Kentucky will introduce and distribute its new Curriculum Resource Kit, **So Get Into It!** for use in physical education classes K-12. This resource kit contains lesson plans that address disability awareness, setting and achieving goals, opportunities for competition and volunteering, as experienced through the stories of inspirational athletes. In addition, we will have copies of our sports training manuals for your classroom. These manuals offer a wide variety of adaptive skills for athletes with disabilities. Manuals will be available in developmental sports, basketball, softball, track and field, soccer, golf, and bowling. Sports training, all can enjoy competition, and life-long physical leisure activities! **So Get Into It! with Special Olympics!!**

Session Title: Heart Adventure Course

Presenter: Beth Kirkpatrick
Polar Electro Inc.
Location: Patterson Ballroom C/D
Description: Attend this session and go through the world famous Heart Adventure Course

Session Title: Use of Diet Pills and Fad Diets Among Women and Adolescent Girls

Presenter: Vickie Sanchez and Derek Holcomb
Eastern Kentucky University, Richmond
Location: Kentucky Room

Description: Society is sending the message that every woman should be "pencil-thin." The media- T.V., movies, magazine ads, and billboards use mainly young, thin, attractive females which leads many girls and women to try and match an unrealistic body image. They become preoccupied with dieting. This session will discuss current research and ways health educators can deal with this issue.

Session Title: Health Promotion Activities in Occupational Medicine Settings and Various Other Community Settings

Presenter: Kim Demling and U of L students
University of Louisville, Louisville
Location: Washington Room

Description: Kim and a group of professional health educators will share a kaleidoscope of "tips" and "tricks" necessary for coordinating successful and FUN community health promotion events.

Session Title: Fall into Fitness

Presenter: Lindsey Tucker
The Louisville Science Center, Louisville
Location: San Francisco Room

Description: Attend this session and learn new fitness related activities.

Session Title: Portable Computing for the Active Physical Education Teacher

Presenters: Terry Cox & Mary Jo Johnson
Location: Chicago Room

Description: Learn how to use PDAs everyday in the physical education classroom. Lots of hands-on activities with the latest technology.

12:00 - 12:50 PM

Session Title: Exciting Ways To Teach Wheels and Long Jump Ropes

Presenter: Richard Cendali
Douglass Elementary, Boulder, CO
Location: Patterson Ballroom A/B

Description: The basics to teaching wheels. 2 persons, one rope, 2 wheel, 3 wheel, and 4 wheel. Long rope activities such as cat and mouse, rainbow, umbrella, eye balls, double eye loop, and double dutch inside of double dutch. Easy activities for all!

Session Title: Archery Programs in Schools

Presenter: Roy Grimes
Fish & Wildlife Resources, Frankfort
Location: Patterson Ballroom C/D

Description: This lifetime sport is an activity that can be learned by students with varying levels of abilities and disabilities.

Recreation Section - Business Meeting

1:00 - 2:30 PM

Luncheon (Ticket required)

Free Tickets may be picked up at the Registration Booth on Friday, November 1.

Speaker: To Be Announced
Presenter: Melody Hamilton, KAHPERD President

3:15 - 4:15 PM

Session Title: Second General Session

Presenter: Jack Rutherford
Location: Kentucky Room

4:30 - 5:30 PM

KAHPERD Board Meeting

Presenter: Jack Rutherford, KAHPERD President
Location: Kentucky Room

NOTE: All current KAHPERD board members and newly elected officers must attend.

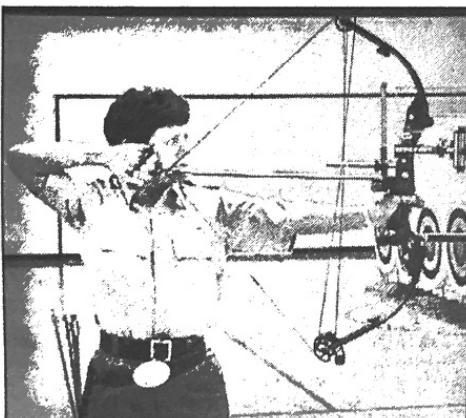
Wow—What a Workshop!

This summer, UK hosted the KAHPERD summer workshop in physical education. We had wonderful speakers from around the country, from right here in the Commonwealth, perfect weather for a picnic. Parking was painless.

The theme for the workshop was "Building Blocks for Successful Teaching in Physical Education." With that as a foundation, all of the sessions focused on either curriculum issues (dance, gymnastics, archery, tennis,

games), technology (making CD ROMS, using pedometers), discipline (for middle and high school), assessment (open response questions, elementary report cards), and diversity (diverse ethnic groups, teaching children with disabilities). We also had a session on athletic injury prevention and treatment.

WOW—what a workshop! We hope everyone will make plans to attend the workshop June 17–18, 2003 in Louisville.



DATES TO REMEMBER

October 31, 2002.....KAHPERD Board Meeting, Seaton Center, UK, Lexington, 7:00 p.m.

Oct. 31 – Nov. 2, 2002.....KAHPERD Fall Conference, Hyatt Regency, Lexington

November 2, 2002.....President Rutherford's 1st KAHPERD Board Meeting, Hyatt Regency, Lexington, 4:00 p.m.

January 1, 2003.....KAHPERD Newsletter deadline

January 17–18, 2003.....KAHPERD Leadership Conference, Galt House, Louisville

January 18, 2003.....KAHPERD Board Meeting, Galt House, Louisville

February 5–9, 2003.....Southern District AAHPERD Convention, Savannah, GA

March 8, 2003.....KAHPERD Board Meeting, Bardstown

April 1–6, 2003.....AAHPERD Convention, Philadelphia, PA

May 1, 2003.....Deadline for Officer & Award Nominations

June 1, 2003.....KAHPERD Newsletter deadline

June 7, 2003.....KAHPERD Board Meeting, Richmond

June 17–18, 2003.....PE Summer Workshop, Louisville
Contact: Bev Gass, wildem10@bellsouth.net
Joy Helnes, helnes@bellsouth.net

March 30–April 3, 2004.....AAHPERD and Southern District Convention, New Orleans, LA

2004.....PE Summer Workshop, ECU
Contact: Lonnie Davis, lonnie.davis@ecu.edu
Kathy Todd, ktodd@club.org

2005.....PE Summer Workshop, WKU
Contact: Thad Crews, thad.crews@wku.edu

BAM!

CDC's Office of Communication and the Information Resource Management Office (IRMO) are pleased to announce the launch of BAM! (Body and Mind), our first issue of an e-zine for kids.

Aimed at youth ages 9–13, BAM! was created to answer kids' questions on health issues and recommend ways to make their bodies and minds healthier, stronger, and safer. BAM! also provides middle school health and science teachers with interactive activities that are educational and fun.

Published quarterly, this first issue of BAM! focuses on physical activity and how other health areas—infectious disease, asthma, safety/injury, disability, etc.—are related to physical activity. While future editions of BAM! will address other interrelated health issues, the content for this and future editions will remain accessible on the site.

Future plans for the site include adding content for parents, teens, and younger children.

www.bam.gov

*It is the great
adventure
and I am in it.*
— Harry S. Truman

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Kentucky Department of Education Update



Connie Shackelford

by Connie Shackelford,
Health and Physical
Education Consultant,
Kentucky Department of
Education

Coordinated School Health

A draft plan for

Coordinated School Health was presented to the Kentucky Board of Education on June 6, 2002. The plan was well received by the board. Several board members reacted positively to addressing the issues of childhood obesity and the overall health of Kentucky students through the incorporation of more physical activities, health education, and nurses in the schools. Board members will discuss the possible need for taking the plan to the General Assembly to seek legislation to address these issues.

Staff Wellness

Several KDE staff members have made great strides in the staff wellness

program, "2002 Wellness and You." In January approximately 120 KDE employees were given pedometers to encourage physical activity. Nutritional guidelines pertaining to health and weight control were also provided. The Department of Public Health provided health screening to measure BMI and followed up with individual counseling. A second screening will be done in August to measure the participants' progress. The Department of Education has been very supportive of this program.

Content Advisory Committee (CAC)

Teachers met in June to select items for the 2003 KATS Assessment and item development for the 2004 assessment will begin in July.

Practical Living Academies

Western Kentucky University and the Department of Education hosted a Practical Living Academy June 10-14 in Bowling Green, Kentucky. The academy addressed personal and social skills con-

tent and instructional strategies to be used with students. Teachers received a Standards-Based Unit of Study to be revised for use in the classroom this fall. Teachers will provide samples of student work for a follow-up to the academy.

An academy was held at Eastern Kentucky University June 24-28, 2002. This academy was for teachers of middle school students. It addressed the use of critical thinking skills in making important consumer choices. Teachers will implement the unit of study in their classroom this fall with follow-up of student work.

Murray State University academy was also held June 24-28, 2002. This academy utilized the SMARTS Learning System with practical living/vocational studies. A Standards-Based Unit of Study with student follow-up was a part of this academy.

Announcement

Contact Connie Shackelford if you are interested in providing professional

development for Kentucky schools and/or districts during the summer or at night or on the weekend during the school year. You will be compensated for your time and involvement. The following topics are suggested:

- Writing Open Response Items;
- Staff Wellness;
- Curriculum Mapping and Alignment;
- Best Practices in Health and/or Physical Education;
- Differentiated Instruction;
- Implication of Brain Research to Practical Living;
- Unit of Study Development; and
- Advocacy for Health and Physical Education Programs (provide information and rationale to administrators, teachers, and parents for use in Consolidated Planning, SBDM policy development, and PTA involvement).

Contact: Connie Shackelford
schackel@kde.state.ky.us
502-564-2106

Archery in Kentucky Schools

Not everyone can dunk the ball, tackle, or run fast. However, as a young lady from North Pulaski M.S. said, "I can do this!"

A KERA-compliant curriculum entitled, Archery: "On Target for Life" co-created by the Departments of Education and Fish & Wildlife Resources was implemented in 22 Kentucky middle schools this spring.

Designed to teach Olympic-style target archery in 6-8th grade, core content covers history in archery, safety, techniques, equipment, mental concentration, and self-improvement. Before presenting

the course, teachers undergo a 12-hour National Archery Association Level I archery-training program. Students shoot at bullseye targets placed before an arrow-resistant net in their gymnasium. Equipment used is state-of-the-art and designed to fit every student. Thanks to support from the archery industry, the \$4,800 equipment kits can be purchased by schools for \$2,300. More than 3,000 students have gone through the two-week curriculum and according to students, teachers, and principals, they are having a terrific time.

Teachers report:

- Students are enthusiastic about learning archery;
- Student behavior and attendance is improved on archery days;
- Students who resist PE class are eager to participate in archery; and
- Students who excel in archery class are not only the stereo-typical athletes.

Following a demonstration at Woodford County Middle School on May 15, Gene Wilhoit, Commissioner of Education, commented: "As I watched the students and their teachers cheering for one another, it was evident this archery program has provided a common experience from which students and teachers can relate to one another. I'm convinced this will improve teacher/student relationships in other classes throughout the year."

Tom Bennett, Commissioner of Fish & Wildlife Resources, commented: "We were especially pleased to note how enthusiastically the students rooted for their fellow archery competitors. It is clear from having watched the student body shoot bows and arrows, that archery is a discipline suitable for all ages, sexes, and abilities."

It is confirmed that an "Archery in Kentucky Schools" state championship will be part of the annual "Bluegrass State Games" this summer near Lexington on July 20th. We expect the Commissioners of Education and Fish & Wildlife to present the participation medals and awards at what we believe will become an annual event.

As enrollment of the next 98 schools (our goal is 120 schools—50,000 students/year), schools will be offered this deal—

Program provides:

- NAA Level I archery training (mandatory);
- Physical Education curriculum
- Equipment ordering for standard supply of bows, arrows, butts & targets;
- Coordination of the statewide program;
- Coordination of the annual state championship (Bluegrass Games);
- On-site assistance as needed to deliver the classes;
- Logistical information concerning local ranges, dealers, and web sites for archery information.

The schools provide:

- Teachers willing to undergo NAA training;
- Teachers willing to teach the curriculum at least once per school year;
- Money (\$2,300) for standard set of equipment.

The Kentucky Department of Fish & Wildlife Resources and the Department of Education plan to track a few parameters we hope will tell us how effective this effort to introduce archery to 50,000+ 12-14 year-olds/year will be:

- Number of schools and students through the program;
- Junior hunting license sales;
- Attendance levels at participating schools;
- Responses to student questionnaires re: pre- & post-interest in archery.

To learn more about the program and to make this physical education curriculum available to your student body, contact: Roy Grimes, Deputy Commissioner of Fish & Wildlife Resources at 1-800-858-1549 or email roy.grimes@mail.state.ky.us.

Southern District AAHPERD
Savannah, GA

February 5-9, 2003



"Building on our Strengths"

AL, AK, GA, FL, KY, LA, MS, NC, OK, SC, TN, TX, VA

CANDIDATES

KAHPERD Officers 2002-2003

President-Elect



Carol Ryan
Northern Kentucky
University

Carol A. Ryan, Ph.D.
Associate Professor of Physical Education
Northern Kentucky University

Education: Ph.D.—University of Cincinnati, 1988; B.A. and M.A.—University of North Carolina, 1978, 1979

Administrative Experience: Interim Chair, Department of Elem. Middle, and Secondary Programs, 2001–present, College of Education, Northern Kentucky University

Teaching Experience: Northern Kentucky University, August, 1996–present, Assistant Professor of Health and Physical Education; Breyer School, September, 1990–June, 1996, Adapted Physical Education Teacher; Clough Pike

Elementary School, 1982–1985, Elementary Physical Education Teacher

Grant Experience: NKU Outreach Grant, 2002–2004 (\$40,000), S.T.A.R. program for High-Risk Junior High Students; NKU Faculty Projects Grant (\$3,000), First China-US Physical Education Conference Travel Grant; IT Mini-Technology Grant (\$19,796), March 2001, Mary Kirk and Carol Ryan, 2001: A Technology Odyssey in the Gym; NKU Innovation Grant (\$30,000), Mentoring for Success: The College of Professional Studies and At-Risk St

Professional Awards and Recognition: Outstanding Educator Award, Special Education Regional Resource Center, 1996. Presented to the Breyer School Preschool team for outstanding collaborative work in including children with disabilities.

Recent Activity in Professional Organizations: KAHPERD, Vice President General, 2001–2; KAHPERD Physical Education Summer Workshop presentation "Making a CD-ROM with Apple iMovie Program," 2002, Lexington, KY; SDAHPERD, Co-Chair Ushers Committee, 2002, Baltimore, MD; NCPERD, Board Member At-Large, 2001–present, Co-Chair Exhibits/Demonstrations Committee, 2001 AAHPERD National Convention, Cincinnati, OH; "KIDS" Coach, Kentucky Department of Education and Center for School Safety, 2000–present; KAHPERD Physical Education Summer Workshop Coordinator, 2000, Scott High School, Kenton County, KY; **Manager** Editor of PE Central Adapted Physical Education Website, <http://pe.central.vt.edu/adapted/adaptedmenu.html>; Manuscript Reviewer, *Journal of Physical Education, Recreation and Dance*, 1998–present; KAHPERD, Member At-Large East, 1998–2000.



Kim Demling Castelluzzo
University of Louisville

Kim Demling-Castelluzzo
PE Undergraduate Activity Director
University of Louisville

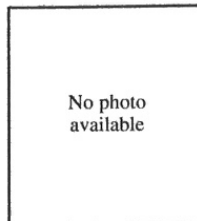
Education: BS-EKU, 1990; MA-EKU, 1991

Teaching Experience: University of Louisville, Activity Director, teaches Rhythm & Dance in PE Teacher Prep and Healthy Lifestyles for Freshman Athletes, Aerobics Instructor.

Professional Experience: AHA—Associate Director of Cardiovascular Education; HIV/AIDS Prevention Specialist Louisville/Jefferson Co.; KODA Education Coordinator; Jewish Hospital/EmployCare Health Enhancement Coordinator.

Professional Organizations: KAHPERD, VP-Elect Health; SDAHPERD, Community Health Chair Elect; AAHPERD Member (3 yrs.); SAWPASH, presented at 2001 meeting in Gulf Port, MS.

VP Health



No photo
available

Laurie Larkin
Eastern Kentucky University



Paula Lewis
Lafayette HS
Fayette County

VP Physical Education

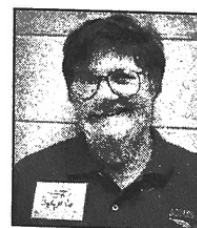


John Ferguson
Eastern Kentucky University



Kim Howell
Lincoln Trail Elementary
Hardin County

VP Dance



Judy Cox
Hopkins Primary
Somerset

VP General

Candidates will be announced at convention.

CANDIDATES

KAHPERD Officers 2002-2003

Member-at-Large East



Randy Crist
Eastern Kentucky University

Member-at-Large West



Steve Grimes
Western Kentucky University



Elizabeth Johnson
Richmond Elementary
Warren County

KAHPERD Demonstration School Application

The Kentucky Association for Health, Physical Education, Recreation and Dance (KAHPERD) is establishing a program to recognize excellence in Health, Physical Education, Recreation and Dance programs in schools across the Commonwealth of Kentucky. At our annual state convention, KAHPERD will honor a school that has conducted an exemplary health, physical education, recreation or dance program as defined by the criteria outlined below. The competition is for instructional programs that were conducted during the 2002-2003 school year. Awards will be presented for programs conducted by individual schools. The competition is open to any school in Kentucky, K-12.

Who May Apply

Any KAHPERD member teaching health, physical education, recreation or dance in a public or private school in Kentucky which serves students in grades K-12.

How to Apply

Complete the KAHPERD application form and submit it along with the appropriate documents prior to the deadline date to: Lonnie Davis, Executive Director, KAHPERD, 546 Gingermill Lane, Lexington, KY 40509.

Rules and Guidelines

1. Your school's proposal must include these materials in the following order:
 - A. Application form
 - B. Summary of Health, Physical Education, Recreation or Dance Program (see #2 below)
 - C. Copy of written units of study with stated goals and objectives and variety of activities designed to meet the goals and objectives. (Identification and assessment of

age appropriate standards or specific learning outcomes for the psychomotor, cognitive or affective domains.)

- D. Evidence of a positive public relations benefit occurring as a result of the program.
 - E. Program evaluation procedures and results.
 - F. Other (could include community resources used, instructional resources used, staff development activities, involvement of parents in the program).
2. The first two (2) pages of the proposal (following the application) should be a typewritten summary of your school's health, physical education, recreation, or dance program. Use only two pages, one side each, organize the summary carefully. State the goals of the program, the implementation procedures, and the results of the program evaluation.
 3. Wrap your application carefully for mailing. Make certain the application is complete and the proposal is in the format described above. Applications must be received by June 1, 2003. No application will be returned unless requested.
 4. Winners will be notified by September 1, 2003 and arrangements made for presentation of the Demonstration School Awards at the Kentucky Association for Health, Physical Education, Recreation and Dance convention at the Galt House hotel in Louisville, KY.
 5. Award recipients will be ineligible for a period of one year.
 6. Recipients will be asked to present a session at the annual KAHPERD convention.

KAHPERD Demonstration School Application 2002-2003 School Year

School Name: _____
Address: _____
City, Zip: _____
Student Enrollment: _____ Grade Levels: _____
Name of Contact Person & Title: _____

Home Phone Number: _____
Home Address: _____
Email Address: _____

Name of staff member(s) involved in program: _____ KAHPERD Member? (check one)
☐ yes ☐ no
☐ yes ☐ no
☐ yes ☐ no
☐ yes ☐ no

School Principal and phone number: _____

School System _____

Superintendent and phone #: _____

Local Newspaper Address: _____

Any Health, Physical Education, Recreation or Dance Program operative during the 2002-2003 school year is eligible.

Please respond to the following questions:

1. Is this program considered part of (circle one)
Health Physical Education Recreation Dance
2. The school has written units of study in the area circled above.
☐ Yes ☐ No
If yes, please forward a copy of the unit of study with the application.
3. Forward copies of prepared information (such as a brochure, pamphlet, or written description) of the program under consideration.
4. Submit a typed narrative of not more than two (2) pages describing the program with this application.

APPLICATION DEADLINE: JUNE 1, 2003

Mail entries to:

Lonnie Davis
KAHPERD Executive Director
546 Gingermill Lane • Lexington, KY 40509
Questions can be addressed to Dr. Davis at: (859) 622-1887 (work)
or lonnie.davis@eku.edu

Sports Management – Opportunity or Saturation? by Reggie Overton



The field of sports management has seen tremendous growth since its origination at Ohio University in 1966. Today there are more than 250 undergraduate sports management

programs in North America. The North American Society for Sports Management (NASSM) lists 13 doctoral programs in North America with 11 being in the United States.

With all of this growth where is the field headed? According to Dr. James Wesse, *Journal of Sport Management* 2002, there are more faculty openings than qualified applicants due to the lack of quality doctoral programs.

In addition, with over 250 undergraduate sports management programs in the North America are there enough jobs for our undergraduate students? Making an assumption that each program graduates 10 students a year would be interpreted into 2500 eager sports management graduates aspiring to obtain meaningful employment in the field. Undergraduates typically

find meaningful work through their internship programs. The pay is generally low and the hours long as practitioners realize the field is glamorous by nature and everyone wants a piece of the action. Soon undergraduates realize you must start at the bottom and build a base just like any other professional field; however there is competition from recreation, business, and communications undergraduate programs, to name a few, that are equally as hungry as the typical undergraduate sports management graduate. The bottom line is that soon there will be a saturation point in the industry.

The outlook for graduate students is somewhat better, however the "good ole boy" network still exists in many areas. The internship is the key to securing the all-important key contacts. Maintaining a professional network is important in the Sports Industry as once you are in the "circle" you have more opportunities than those that are not as well-connected.

In the Commonwealth of Kentucky there are two internationally recognized Sports Management Programs. Although the models are different the University of Louisville and University of Kentucky are both accredited by NASSM/NASPE stan-

dards. These standards although not a must do lend credence that a program is following structured procedures and guidelines that leads to the delivery of a quality program. Other Commonwealth universities that advertise sports management programs are Eastern Kentucky University and Morehead State University. Both ECU and MSU have graduate programs and MSU recently received approval to begin an Undergraduate Sports Management program. Northern Kentucky University also has plans to develop an undergraduate program. That translates into 4 programs within a radius of 150 miles that offer sports management degrees. Is the population base large enough to support the student's interest? This does not include Northern Kentucky's proposed program or Xavier University, Ohio University, and Marshall University. A more important question is — will there be jobs for the graduates? In addition, where will you get qualified teachers for the sports management programs? P.E. teachers, adjuncts, athletic department coaches and administrators, exercise science academicians can only take a program so far. In fact NASSM/NASPE accreditation will not be achieved without qualified Sports Management doctoral professors.

The perception from most academicians is that anyone can teach sports management classes. If you are a professor in the Business School teaching marketing - why couldn't you teach sports marketing? You would simply add a sports slant to it. The answer is simple; the sports industry is the 2nd largest industry in the world. By all accounts it is a 50 billion dollar industry so to simplify it in any other terms is ludicrous and naive as it takes a highly qualified sports academician that also has years of practical experience.

In addition, Sports Management professionals are beginning to realize their demand and larger salaries will be required. Many are opting to "house" the programs in the Business Schools, which pay decidedly higher than the typical HPER department.

Host Communications of Lexington, Kentucky has piggybacked on another trend. They in conjunction with UK have formed a Sports Marketing Academy. Here you can get certification in sports management by taking a structured cohort curriculum that is taught by and large by sports practitioners and some with mixed sports academician/practitioners experience. This approach has been used to some degree by the Warsaw program in Oregon as well. In a 3-year program the professionals will have a certification that should get their foot in the proverbial sports industry door.

Undergraduate and graduate sports management students will need to be more proactive in their internship searches and not limit themselves to the Commonwealth; otherwise the opportunities will be few and far between. Another

area of concern, born out of convenience, is the disturbing trend of Universities placing the prospective sports management student (graduate or undergraduate) within their home base university. The student is more often than not better served by relocating to another area and thus seeing how other institutions, agencies, state governments do things. This would only assist in strengthening the Sports Management Commonwealth of Kentucky graduate.

A study by Mondello, Mahony, Hums and Moorman's (2001) reviewed sport management faculty searches from 1997-2000. In this study the University of Louisville found that there were 74 sport management faculty positions advertised in 1998-1999. That number increased to 93 the next year and in 2001-2002 there were 82 positions advertised. Chairs reported that they had a lack of qualified candidates. Reasons why there are a lack of quality candidates is that there are only 13 sports management doctoral programs in North America. Academicians would argue that only 6 or 7 of these programs are recognizable. The lack of doctoral programs according to Wesse will not support the demand.

Hiring adjuncts, P.E., exercise sciences, dance, business faculty, athletic department officials or ex-coaches will only bastardized our profession. Departments, Colleges, and Universities need to hire qualified applicants that have a specialized terminal degree in sports management with some quality years of practical experience. Quality not quantity definitely is a trend we need to support in the Sports Management field.

In conclusion the state of sports management programs in Kentucky is at a saturation point. We will be hard pressed to locate quality and well-trained academic professionals to teach and develop the curriculum. Jobs and internships are also saturated. Students must be more creative and resourceful in their job searches. Universities need to be more creative with funding to support the need for sports management professionals. In the near future these professionals will start to flee to Business Schools, where the big bucks are!

References

Mondello, M.J., Mahony, D., Hums, M., & Moorman, A. (2001). *A survey of search committee chairpersons: Candidate qualifications preferred for entry-level tenure track sport management faculty positions*. Unpublished manuscript.

Wesse, James, "Opportunities and Headaches: Dichotomous Perspectives on the Current and Future Hiring Realities in the Sport Management Academy, *Journal of Sport Management*," Volume 16, Number 1, January 2002, PP. 1-17.

Contact: Reggie Overton
reggie_overton@yahoo.com



REMEMBER TO VOTE!

Voting for KAHPERD officers will be held outside the Cochran Room on the following days:

Friday, November 1

Voting Booth open from
11:50 a.m. – 4:00 p.m.

Saturday, November 2

Voting Booth open from
8:00 – 11:00 a.m.

All professional members are eligible to vote.

JUMP ROPE FOR HEART and HOOPS FOR HEART



Joy Helms



Bev Gass



Kristen Sutton

2002-03 JRFH Prize (Thank You Gift) Structure

All participants	Certificates and Bookmark
\$ 15	Jump Rope (Red with white handles)
\$ 30	Hand Held Fan
\$ 50	T-shirt (white)
\$ 75	Doughnut Alarm Clock
\$ 125	Pro 668 Game Calculator
\$ 200	Magno Dart Board
\$ 300	Sports Outfit
\$ 500	Metal Detector
\$1000	3 Disc CD Stereo

Thank you gifts are cumulative.

2002-03 HFH Prize (Thank You Gift) Structure

All participants	Certificates and Bookmark
\$ 15	Water Bottle
\$ 30	Hand Held Fan
\$ 50	T-shirt (white)
\$ 75	Exclusive HFH Basketball
\$ 125	Choose and Raise CD Case
\$ 200	Magno Dart Board
\$ 300	Personal Data Organizer
\$ 500	Tele-Mouse
\$1,000	3 Disc CD Stereo

Thank you gifts are cumulative.

Coordinator Thank You Gift

All coordinators completing an event will receive a briefcase embroidered with either the JRFH or HFH logo.

School Thank You Gift

Sport Supply Group	Certificate Value
Event Raises	
\$ 1,500-2,999	\$ 100
\$ 3,000-4,999	\$ 200
\$ 5,000-7,499	\$ 300
\$ 7,500-9,999	\$ 400
\$10,000-14,999	\$ 500
\$15,000-19,999	\$ 800
\$20,000 and up	\$1,000

All schools (jump and hoops) completing an event, will receive a banner.

HEY, LISTEN UP!

Get **TWO** opportunities to win a \$250 reimbursement for SDAAPERD or AAAPERD. Pre-register and complete the entire membership form **including** your email address!!

Drawing will be held at the 1st General Session
You must be present to win.



we help kids help kids

One day, four-year old TJ will need a heart transplant. To help their little brother, James and Kyle are doing their part together. The brothers raised almost \$4,000 by participating in Jump Rope For HeartSM and Hoops For HeartSM through their school. These programs help kids learn about being physically fit, while helping people affected by heart disease and stroke.

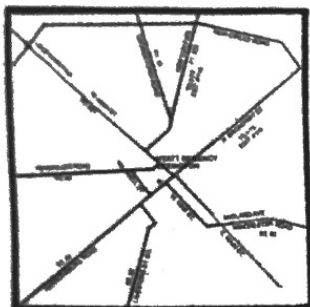
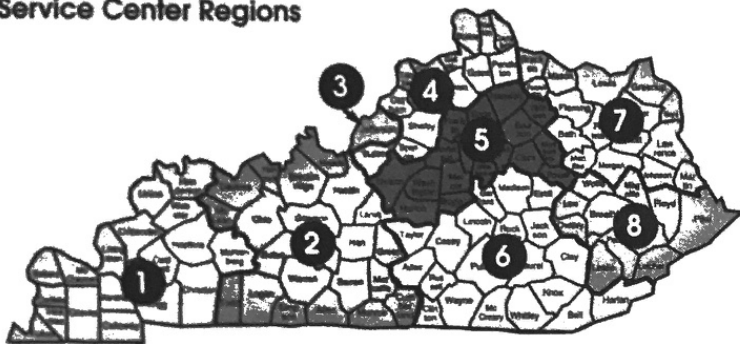
To learn more, call 1-800-AHA-USA1 or visit www.americanheart.org.



Jump Rope For Heart and Hoops For Heart benefit the American Heart Association and are cosponsored by the American Alliance for Health, Physical Education, Recreation and Dance.



Service Center Regions



Mail directly to the
Hyatt Regency Hotel
The Hyatt Regency Hotel Lexington
401 West High Street
Lexington, KY 40507
1-800-233-1234

KAHPERD Annual Convention
October 31 - November 2, 2002

CONVENTION RATE:
\$82 Single or Double
Deadline for special rate is
October 1, 2002
**Identify yourself as a
KAHPERD Member**

Name _____
Address _____
City _____ State _____ Zip _____

Daytime Phone Number _____

Sharing room with _____

No. of persons _____ Arrival date _____ Departure Date _____

Check in time is 3:00 p.m. * Check out time is Noon

Accommodations will not be confirmed without a check for the first night's deposit or use your credit card to guarantee your reservation. You will be charged for the first night if reservations are not cancelled 48 hours prior to arrival.

☐ Amex ☐ Diners Club ☐ Visa ☐ Mastercard ☐ Discover Card
☐ Advanced Deposit

Credit Card # _____ Exp. Date _____

Please check preferred accommodations Rate: \$82 Single or Double

Single \$82 Double \$82 Triple \$82 Quad \$82
(1 person) (2 persons) (3 persons) (4 persons)

1 King Bed _____ ☐ Smoking
2 Double Beds _____ ☐ Non-Smoking

Special Requests: _____

(MAIL DIRECTLY TO THE HYATT REGENCY)

"KAHPERD NEWSLETTER" is an official publication of the Kentucky Association for Health, Physical Education, Recreation and Dance, printed by the NEWS-DEMOCRAT, Russellville, Kentucky.

Editor:
Cheryl Harlow
2112 Grider Pond Road
Bowling Green, KY 42104-4526
chrlow@warren.k12.ky.us

DATES FOR SUBMITTING MATERIAL FOR PUBLICATION:
Fall Issue: June 1 Spring Issue: January 1



WARNING!



**FAILURE TO PRE-REGISTER WILL RESULT IN
THE LOSS OF YOUR CHANCE TO WIN A \$250
REIMBURSEMENT FOR SDAHPERD OR AAHPERD!**

Name (last) _____ (first) _____ (initial) _____

Home Address _____

City _____ State _____ Zip _____

School/organization _____

Phone (home) _____ (work) _____

Fax _____ E-Mail _____

Area of Interest _____

Service Region Center _____
(please check the map at left and put down the number of your Service Region Center)

BADGE INFORMATION:

Name you wish on your badge: _____

School or Organization: _____

City: _____

KAHPERD MEMBERSHIP

(Must be current member to register for the convention)

____ New ____ Renewal
Professional\$35.00
JRFH/HFH (Must have sponsored 01-02 school event)NC
Student\$15.00
Retired\$10.00

CONVENTION REGISTRATION

(JRFH MEMBERS MUST PAY CONVENTION REGISTRATION FEES)

Professional (prior to Oct. 14, \$60.00; \$70.00 after)
(Includes luncheon ticket, please pick up at registration on Friday, Nov. 1.)
Student (prior to Oct. 14, \$10.00; after, \$15.00)
Additional Awards Banquet ticket/s\$25.00 each
RetiredN/C
Awards Banquet Ticket (Student)\$10.00
Convention ProceedingsPre-registration \$15.00
Convention ProceedingsOn site \$20.00
CPR Certification (Enrollment Limited)\$10.00

TOTAL _____

Check or Money Order—ONLY (No Purchase Orders PLEASE)

ON-SITE REGISTRATION: Professionals - \$70.00 Students - \$15.00

Mail to: Lonnie Davis, Executive Director

KAHPERD

546 Gingermill Lane • Lexington, KY 40509

MUST BE POSTMARKED ON OR BEFORE OCTOBER 14!

Non-Profit
Organization
U.S. Postage

PAID

Bowling Green, KY
Permit #293