# KENTUCKY NEWSLETTER FOR HEALTH • PHYSICAL EDUCATION RECREATION • DANCE



**AUTUMN 2001** 

# 2001 KAHPERD CONVENTION



### NOVEMBER 1-3 • THE GALT HOUSE HOTEL • LOUISVILLE, KENTUCKY



**Tubby Smith** 



Jean Blaydes



Jimmie Dee Kelley

# "Tubby" Smith University of Kentucky

Tubby Smith is regarded as one of the best coaches in the nation. He has coached the Wildcats to one NCAA Championship, four SEC regular-season titles and four SEC Tournament Championships in five years. In his 11-year career, Smith has won six regular-season league titles, four in the SEC, two in the Missouri Valley Conference.

In his first UK season, the Cats won the NCAA title, the SEC regular-season championship, the league tournament title, the Eastern Division crown, and the regional title. The American Press named him the 1998 National Coach of the Year by Basketball Weekly and the Black Coaches Association and co-SEC Coach of the Year. Following the season, he was presented with the Winged Foot Award and the Victor Award for his coaching success and he was named Parent of the Year by Parent Magazine.

For the seventh time in nine seasons, Tubby Smith led his team to the NCAA Tournament's regional semifinals. Smith accomplished the feat his last two seasons at Tulsa, his first at Georgia and four of the five years at Kentucky. In 1998, he led the Wildcats to their seventh national championship and in 1999, came within seven points of returning UK to the Final Four for the fourth consecutive year.

A former high school physical education teacher, Coach Smith believes that a successful coach is also an excellent teacher. Coach smith will be the keynote speaker at the first general session on Friday, November 2, 2001 at 10:30 a.m.

#### Jean Blaydes – Action- Based Learning Comes to KAHPERD

Jean Blaydes, one of the United States' leading lecturers on movement links to learning and brain research, will be presenting three sessions at the 2001 KAHPERD Convention. Jean has been a presenter, keynote speaker, and workshop facilitator in Germany, London, Amsterdam, Singapore, and Sweden as well as 38 of the 50 states.

A former elementary physical educator with 25 years teaching experience, she was one of six National Elementary Physical Education Teachers of the Year in 1993. Jean trained with Dr. Robert Sylwester, Eric Jensen, Pat Wolfe, Rich Allen, Carla Hannaford, and Susan Kovalik.

Eric Jensen, author and presenter says "Jean Blaydes is one dynamic, smart, role-modeling lighthouse for all of us trying to integrate more movement into the learning — a sizzling leader in the field!" Dr. Rich Allen, master of facilitation skills says: "Jean Blaydes is one of the most dynamic and inspirational presenters on the educational scene today, one of the few "don't miss" trainers in the brain based field. She combines high-level presentations with groundbreaking content to create workshops that are truly topnotch."

Three hours inservice credit has been approved by the Kentucky Department of Education. Certificates will be given to those who complete the three hour session.

We are thrilled she will be a featured part of our KAHPERD Convention

### Jimmie Dee Kelley

Jimmie Dee, originally from Chattanooga, Tennessee, has spent the last 25 years as an educator in the state of Kentucky. After four years as a music professor at Campbellsville University, she taught remedial math, grades 2-8. Her next 15 years were spent teaching General Music to K-8th graders. In 1995, Jimmie Dee became Arts and Humanities Resource Teacher for Hardin County Schools, Kentucky's third largest school district. It was during her two years in this position that she began learning and providing assistance statewide in all four arts

disciplines and the humanities. From 1997-2000, Jimmie Dee was Arts and Humanities Consultant for the Kentucky Department of Education. It was during these three years that KDE published the Program of Studies, Implementation Manual, Core Content for Assessment, Version 3.0, and the Teaching to Proficiency CD. Jimmie Dee currently is an Arts Education Project Director with KDE. In addition to spending a great deal of her time providing professional development training for teachers and making presentations for content conferences both in Kentucky and nationally, Jimmie Dee works with numerous partnerships to provide opportunities and resources for implementing a quality arts education for students in Kentucky. She received a Bachelor's Degree in Music Education from Middle Tennessee State University, a Master's in Elementary Education from Western Kentucky University, and has a Rank I in School Administration (Elementary Principalship). She is affiliated with numerous professional organizations and has been the recipient of several awards in Hardin County and Fourth District as well as a recipient of the WHAS ExCEL Award and Kentucky Elementary Music Teacher of the Year Award.

Jimmie Dee will present
"Movement is the Door to
Educational Proficiency," and
"Implementing Movement/Dance
Requirements K-12" as a part of
this year's KAHPERD Dance
Division Program.

WOW! MORE GREAT SPEAKERS ON PAGE 9!

# PRESIDENT'S COMMENTS by Steve R. Parker

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Dr. Steve R. Parker

The 2001
KAHPERD
Convention
theme is
"Learning: A
Moving
Experience." So,
if you are in for
non-stop learning through
movement, the
convention is

the place to be November 1-3, 2001. There will be great sessions and outstanding presenters in a non-step (3 hours on Thursday, 12 hours on Friday, and 7 hours on Saturday) formst. The convention will officially start on Thursday night. Jean Blaydes, one of the leading experts in the country on brain and movement, will kick off the convention by conducting a three-hour seminar

starting at 7:00 p.m. the seminar has been certified by KDE for professional development for classroom teachers, physical educators, early childhood teachers, ESL teachers, and administrators. Also, Jean will conduct sessions on Friday and Saturday. Further information about the seminar and how to register for Thursday night are located on the Association's web site at www.kahperd.com or on the registration form on the back page.

Jean Blaydes' seminar on Thursday night is just the tip of the iceberg. Tubby Smith, who many basketball experts consider one of the best college basketball coaches in the country, will speak at the first general session on Friday, November 2, at 10:30 a.m. Roger Bingham, best known as "Kentucky Joe" of the second Survivor series, will be the

keynote speaker at the convention's banquet on Saturday, November 3, 1:00 p.m.

Christy Lane, one of the nation's leading choreographers, will conduct sessions on Friday and Saturday and DJ the dance on Friday night starting at 6:00 p.m. Rick Cendali, one of the nation's top authorities on movement, will offer sessions on Friday and Saturday. Jon Akers, former principal at Paul Laurence High School, Lexington, Kentucky, and current Director of the Kentucky Center for School Safety, will conduct a session on Friday at 1:00 p.m. Kim Walters-Parker, Lead Reading Specialist for Middle and High Schools, Fayette County Public Schools, will conduct a session on incorporating reading in the health education curriculum on Friday at 11:45 a.m. Harlina Chura-Diallo,

expert African dance instructor, will offer a session on Friday at 4:45 p.m.

All of these great speakers and more will be highlighted at the 2001 convention. The wide variety of sessions focused on classroom instruction, learning theories, humanities, and practical living issues offers something for every educator. Registration information can be located in this publication and on the Association's web site at www.kahperd.com.

Co-convention managers, Vonnie Colvin and Lucian Taylor have set the program for one of the most exciting conventions in the country. Make your plans to attend the 2001 convention by registering now. I'll see you at the convention in November!

# KAHPERD MEMBERSHIP Be part of a winning team!

YESI I want to be a member of KAHPERD

Name				
City			3	١.
School/Organization				
Phone (home)	(busines	ss)(22		
Email				
New Renewal				
Professional			\$25.00	
JRFH/HFH (Must have spo	nsored 00–01 ev	rent)	NC_	
Student			\$10.00_	
Retired	***************		\$10.00_	•
	Total amoun	t analogad:	•	

Mail to:

Lonnie Davis
Eastern Kentucky University, Dept. of P.E.
521 Lancaster Ave., 231 CCB
Richmond, KY 40475
E-mail: lonnie.davis@eku.edu

## DATES TO REMEMBER

Nov. 1-3, 2001 KAHPERD Fall Conference, Gall House KAHPERD Board meeting, Gait House, Nov. 1, 2001 4:00 p.m. Registration opens 6:00 - 10:00 p.m. Jean Blaydes, 7:00 p.m. Nov. 3, 2001 President Hamilton's 1st KAHPERD Board Meeting, Galt House-Kings Head Rm., Louisville, 9:00 a.m. Jan. 11-12, 2002 KAHPERD Leadership Conference, Hyatt Regency, Lexington Jan. 12, 2002 KAHPERD Board Meeting, Hyatt Regency, Lexington Feb. 13-16, 2002 Cambined Eastern and Southern District AAHPERD Convention, Baltimore, MD March 2, 2002 KAHPERD Board meeting, Bardstown April 9-13, 2002 AAHPERD Convention, San Diego, CA June 8, 2002 KAHPERD Board Meeting, Versailles (Tentative Date) June 17-18, 2002 PE Summer Workshop, Seaton Center, UK, Contact: Vonnie Colvin <aycolv@pop.uky.edu> Nov. 2002 KAHPERD Fall Conference, Hyaff Regency, Lexington - Confact: Mike Kennedy <mkennedy@fayette.k12.ky.us> 859-281-0244 April 1-6, 2003 AHHPERD Convention, Philadelphia, PA 2003 PE Summer Workshop, Louisville Contact: Bev Gass <wildem100bellsouth.net> Joy Heines <heines@bellsouth.net> March 30-April 3, 2004 AHHPERD Convention, New Orleans, LA 2004 PE Summer Workshop, EKU Contact: Lonnie Davis <lonnie.davis@eku.edu> Kathy Todd <klodd@iclub.org? 2005 PE Summer Workshop, WKU

Mille Welfit

# **EXECUTIVE DIRECTOR'S MESSAGE**



As teachers. coaches. administrators. individuals, and leaders, it is often necessary and desirable to have a vision for the future. That vision can only become a reality, however, if

we set realistic goals and plan strategies for moving us in the direction of the vision step-by-step. So where does KAHPERD want to go? The Board envisions "KAHPERD" being the leading organization promoting and supporting a healthier, more creative.

and active Kentucky. Your Board is in the process of identifying KAHPERD's vision and goals for the future. They want to define these goals in measurable terms and establish several strategies for each goal. These goals and strategies cannot be achieved by just the activities of the Board. WE NEED YOU! Think of how you can help in achieving these goals. Can you share the benefits of being a KAHPERD member with someone? Would you invite someone to become a member and give them a membership form or refer them to our web site (www.kahperd.com)? Would you be a stronger more vocal advocate for health, physical education, recreation, dance, sports, or fitness in your school and commu-

nity? Would you communicate with your association's officers (Board) to tell them about your interests, concerns, and vision for KAHPERD? Would you improve the visibility of your program? Would you identify partners within your school or community? Each of us can play an important role in advancing our organization's vision and goals.

AAHPERD has also proposed a set of strategic goals. It is appropriate that many of our Kentucky goals correspond with the national goals since we are under the alliance umbrella. The proposed strategic goals include: increasing advocacy efforts; establishment of common membership programs for states and districts; increasing diversified external funds; improve

profitability of program portfolios; increasing and diversifying membership and services; creating a more efficient/responsive organizational structure and governance system; planning for resources and programs to sustain public affairs; marketing; fund development functions within the Alliance; and increasing efficiency and effectiveness of the use of electronically based technology to enhance members services.

Please consider KAHPERD's goals—and yours—as a journey. Half the fun is in the process of getting where we want to go! As we work toward our goals, let's take time to enjoy the process, the people, and our surroundings!

See you at the convention.

# PRESIDENT ELECT'S MESSAGE

by Melody Hamilton



**Melody** Hamilton

It is hard to believe we are over half-way to 2002! I am looking forward to the year ahead of

you may want to keep your eye on this summer and fall:

 PEP Grants — I hope all of you took time out of your already busy schedules to apply for these grants available for improving and expanding your physical education programs.

· Other grants available -There are grants posted on the Centers for Disease Control (CDC) website. Bookmark this site and visit it throughout the year to see if you would like to apply. www.cdc.gov/od/pgo/funding/ grantmain.htm

· Help from Regional Service Centers — There are 4 people around the state at the Regional Service Centers who are well versed in Practical Living and Cardiovascular Health. For information on the consultant at the regional Service Center in your area, please call Barbara Donica at 502-564-3791.

· Updated Benchmarks for Teacher Standards rolling out soon!! - www.kde.state.ky.us/otec/ epsb/agendas/jan2001/ benchmark.asp read all about it

· New technology standard added we in Practical Living can address this standard easily through available health and PE technology (e.g., heart Rate monitors in PE, Nutritional software in health, to name a few). We can shine through this new technology standard!

 Hepatitis B vaccine — PE teachers and coaches have the most injuries out of our schools. Protect yourself from bloodborne Hepatitis B by asking your school district if you can receive the Hep B vaccine

Keep your eyes out for ways to improve yourself and your programs! School year 2001-2002 is quickly approaching. Do you feel you have quality programs to provide your students/clients? Get involved in KAHPERD and find new ways to improve yourself professionally as well as improving the programs you have to offer.

Dear Conference Attendee:

Being responsible for your own refirement plan isn t easy. We can get so caught up in our work and outside interests today that we may neglect to take care of issues that may determine the way we live during retirement. That s why a sound retire-

VALIC, the Variable Annuity Life Insurance Company, is endorced by KAHPERD\* as a carrier for the 403(b) supplemental retirement plan for our members. VALIC's easy Retirement Plan offers support in many forms to help you create a retirement plan that matches your situation and goals.

A review of your current retirement plan can help ensure that your program and investments are keeping pace with the changes in your life. VALIC's unique, com-puter cided asset allocation service, Portfolio Optimizer, will enable you to analyze the risk and return characteristics of your current investments, and to consider how other combinations of investment options might be suitable alternatives to help you reach your goals.

Another advantage of VALIC's easy Retirement Plan is the wide array of investment options from which you can choose. A number of your colleagues presently are evaluating VALIC's investment options.

During the conference, I urge you to visit VALIC's booth, This will give you the opportunity to complete a personal retirement needs analysis questionnaire which takes only a mament, and can place your a step closer to establishing the retirement plan you may need.

I hope you and all our conference attendees have a great school year, and I wish you the best of luck in your financial goals.

Sincerely.

Lonnie J. Davis Executive Director, KAHPERD

\*VALIC reimburges KAHPERD for services relating to its endorsement of VALIC.

## Retirement Planning just got easier.

VALIC's easy Retirement Plans makes it simple because of all we can offer you:

- · Personal, face-to-face service
- Retirement investment education.
- Computer-nided retirement planning.
- A wide variety of investment options.
- Expert account administration
- A financially strong and stable company,

Find out how VALIC and our easy Retirement Plan can help you start planning. start saving and start now.

Call 1-800-44-VALIC



You could win a \$250 reimbursement for SDAAHPERD or AAHPERD Drawing will be held at the 1st General Session You must be present to win. 

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# DIVISIONNITENS

# PHYSICAL EDUCATION DIVISION by Karen Baum

Hello everyone! I am very excited about the upcoming convention. We have some excellent presentations again this year with nationally know speakers. Jean Blaydes, a leading lecturer on learning and brain research, will have a presentation on "Action Bused Learning: How to Make Learning a Moving Experience" on Thursday mght and activity sessions on Friday and Saturday. Richard Cendali, a leading jump rope presenter, will present four sessions. Two of the sessions will be

on jump rope skills and the other sessions will include activities helpful to teachers with large classes. Students from University of Louisville, Eastern Kentucky University, and University of Kentucky have activity sessions on Friday. Jeanette Askins will be presenting "Teaching Sport Skills Through Culminating Activities" which will utilize many skills. dance, and gymnastics. Joy Heines and Ginger Greer will have a session titled "Physical Education and Music Come Together in the

Classroom." Louisa S. DeBolt will be presenting activities that may be used with children with autism. Pippi Guerrant will provide chair dancing activities for elementary students. Jim Nance will teach tennis and other racquet sport tips. Gwen Owen will present a Power Point presentation for early learning physical education. Vicki Sageser will present activities that provide ways that teach movement concepts and vocabulary to students. Tara Blackshear will teach kickboxing. These are just a few of

the many excellent sessions in physical education for the convention. Thanks to all of you who submitted proposals.

If you are interested in running for a position for the board — VP Physical Education, Secondary PE Chair, or Elementary PE Chair please contact me as soon as possible at modbaum@eku.edu or at baumsaway@iclub.org. Looking forward to seeing you at the convention!

#### **HEALTH DIVISION** by Jennifer Dearden

What a great time to be your VP of Health. KAHPERD 2001 is building up to be a great event and I'm excited to be your VP. First, I would like to extend congratulations to Mike Ballard who was elected as the SDAAHPERD VP. elect for Health. Mike has been a true friend of KAHPERD and he will represent us well.

At last year's convention, Vickie Sanchez, from Eastern Kentucky University was elected as your VPelect for Health. I'm looking forward to working with Vickie and welcome her to the KAHPERD board. She is jumping into her role by presenting at this year's convention. Her presentation, Ice-Breakers & Creative Methods for Teaching High School or College Human Sexuality will be well received.

Speaking of this year's convention, we have several interesting sessions. This year marks greater student involvement as Melody Noland and her UK students will be presenting "Innovative Methods for Health Education". Kim Miller's UK Doctoral students, Jeannie Oldham & Margi Stickney will present "Successful Collaborations between Health and Recreation to Promote Fun & Fitness" while Miller presents "Body Image". through the Ages."

There will also be sessions guided toward the core content. Laura Troutman will present " How to Incorporate Textbooks and Kentucky Core Content into Secondary PE Classes (grades 9-10) and Kim Walters-Parker is presenting "If I'd Wanted to Teach Reading, I'd Have Been Reading Teacher: Incorporating Reading in Content Area Instruction."

Other exciting sessions include: "The Continuing Education Option Rank Change in PE and Health"-Lisa Chester, "Hands-on Health"-Carol Ryan, and an interactive session entitled "Teaching Health Concepts with Games and Physical Activity- Stephanie Adams and teachers from Fayette County Schools.

As a special treat we are proud to welcome John Akers, Director of the KY Center for School Safety to this year's conference. He will be presenting on school safety.

I want to thank everyone for the support that KAHPERD members in health have provided. KAHPERD members are special and we have a lot of good people who not only inspire, but emulate the true meaning of health. I hope to see everyone at this year's conference 2001!

# GENERAL DIVISION by Heather Adams-Blair

Greetings. Although I was recently appointed to this position, I have secured several sessions that vou should find very informative at the 2001 KAHPERD Convention. Ron Whitson from Transylvania University will lead a session on "A Guide for the Assistant Coach. Sharon Brown from Transvlvania will lead a session on "Cultural Differences and Attitudes Toward Physical Activity.'

We have already received several excellent poster presentations. We plan to display these in the Dorset Room on Friday, November 2. If you, your students, or colleagues are interested in presenting a poster, please call me at 859-622-1145 or email at heather.adams-blair@eku.edu. The deadline for poster presenta-tions is October 1, 2001.

## RESEARCH SECTION

## CALL FOR POSTER PRESENTATIONS

KAHPERD would like to display posters which summarize the research you, your students, or colleagues have completed.

> They will be displayed Friday, November 2. Presenters will be available from 1:00 - 3:00 to answer questions.

To sign-up, contact: Heather Adams-Blair 859-622-1145 Email: heather.adams-blair@eku.edu

Deadline: October 1, 2001

# HEY, LISTEN UP!

KAHPERD name tags will be given to you at registration. They must be worn for admission to all sessions. A ticket is required to attend the Saturday Awards Luncheon. The cost of the lunsheen is included in your KAHPERD registration, Just remember of to pick up these tickets attregistration.

# DANCE DIVISION by Nancy Clement



Noncy Clemen

Greetings from your Vice President of Dance. During the course of the year, I have made several contacts. Many of you have been extremely busy juggling quite a

few projects at a time and have still managed to provide exciting program proposals for KAHPERD's fall convention. Well, I have great news for those of you who will take the opportunity to attend the sessions on dance. We have an incredible hne-up for you this year. I strongly believe we have a special group of presenters that will meet everyone's needs in the area of dance. Each presenter will be providing valuable information on core content that will enhance any physical education and arts program on any level. You won't want to miss this conference! It's worth every penny of your pro-fessional development money and it's not just for the health and physical education teachers. All teachers across the curriculum can benefit from these sessions, as we all are strongly advised to integrate the arts into all classrooms.

The dance sessions for the fall convention include the following:

- Christy Lane is back and will be presenting two sessions. Her sessions are packed with energyfilled innovative techniques that motivate her audience. Christy has fantastic dance CDs and videos that will make a tremendous difference in your program. Come prepared to sweat. Her dance enthusiasm is contagious.
- Jimmie Dee Kelley is with us this year to share her expertise in the arts. She will be presenting a session on "Movement is a Door to Educational Proficiency," in which she will explore ways to unite language arts, math, social studies, science, and the arts with movement. The other session is on "Implementing Movement/Dance Requirements K-12." Jimmie Dee will examine ways and resources

- for implementing Kentucky's dance mandates at all levels. I highly recommend this session to everyone, especially to those who need to build a stronger program meeting all mandates.
- Marianne McAdam will be addressing the simple ways to present the elements of dance. She will demonstrate effective and enjoyable methods in reviewing dance elements prior to the CATS exams! Another vital session by Marianne McAdam, along with Jackie White, is "Make Your Folk Dance Presentations Come Alive!" Folk dances are part of the cultural experiences demanded at every level of the Dance Core Content. This session will show ways to recreate the enthusiasm of the people who originally invented these dances.
- Harlina Chura-Diallo will be presenting an African Dance Workshop called "Farafina Donia" which means African Knowledge in the Bambara Language of Mali West Africa. This session will focus on core content areas and cross-curricular connections, preparing you to meet KERA mandates. What a workout you will receive from this session!
- Tina Davis, who received the Dame Educator of the Year Award in 1999, will be presenting a session on Native American Dance. This session will increase your appreciation of the cultural heritage of Native Americans through innovative strategies, dancing, movement and music.
- Susan Spalding, professor at Berea College, will present a session on Morris Dance. She will have you participating, learning how to teach your students these dances, historical and cultural context, and where to get great resources for Morris Dances.
- Claus Bronderup Sorensen, a Danish-American Exchange Representative from Berea College, will provide a workshop based on the non-competitive traditions of Danish gymnastics.
   This session is filled with lots of fun, games, and exercises.

- Judy Cox, who received the Campbellsville Teacher of the Year Award for 2001, is with us this year from Somerset, Kentucky. She teaches at Hopkins Elementary. Judy will introduce Swing Dance, teaching the history and dance positions, along with some alternative holds, steps, and turns. You're sure to have a swinging time at this session!
- Pat Carlin is new to us this year. I met her through the Arts Council. Pat teaches arts and humanities along with foreign language on the high school level. She will be presenting a session ballet basics. Techniques geared toward teens will be taught. Come with comfortable clothes.
- Pat Hepp is back with his Tinikling poles. He will be teaching basic movements as well as introducing the history of the Native Filipino Dance. His students will be at his side to help teach us those fundamental steps.

As you can see from this list, the Dance division has something we all can implement in our classroom. Of course KAHPERD's Dance Kaleidoscope will be on the program of events, and will be offering a variety of dances. We still have room for any one interested in performing at the Kaleidoscope. Please send your information to my home address. This also would be an ideal opportunity for any of you to demonstrate the accomplishments of your students during this past year by showcasing activities performed in your classroom. If you will display photos on a foam board, we will provide an area at the convention to exhibit them. In addition, this will demonstrate how up-to-date and effective physical education programs are in Kentucky. Remember, "Movement 18 a Learning Experience." Let's show the public what we are really all about in the 21st century.

Please send your Kaleidoscope information (no tape necessary) to Nancy Clement, 19168 Marion Rd. Fredonia, KY 42411. Email: nclement@ziggycom.net.



# 2001 DANCE KALEIDOSCOPE

If you would like to bring a group to present at the 2001 KAHPERD Convention in Louisville, please fill out the following form.

Name of Group:		
Name of Coordinator:		
School/Organization:	•	
Address:		
Phone: (home)	(school/org)	
Email:		

#### **DEADLINE IS OCTOBER 1, 2001**

Please send to:

Nancy Clement 19168 Marion Road Fredonia, Kentucky 42411 Home (270) 545-7077 Email: nclement@ziggycom.net

# HEY LISTEN UP!

The convention luncheon is included in your convention registration, but you **must** pick up your luncheon ticket when you check in at the registration desk.

# BACK BY POPULAR DEMAND! SUPERSTARS - 2001

The University of Kentucky has won back-to-back superstars competition. We need all college/university students to participate in the competition. Who will "dethrone" the wildcats? Will it be your school? Come and support the students' Superstars Competition. This year's

competition will be Friday, November 2, at the Galt House in Louisville. The time will be from 4:45-5:45 in the Archibald Room. See you in November and get "pumped"!

Lucian Taylor, Jr.

## Caught You!

# Grayson County High: Be All That You Can Be!

The Grayson County physical education department has put the National Guard slogan, "Be All That You Can Be," at the top of their list this past year. The physical education department collaborated with the local National Guard to provide some learning experiences while implementing learner standards across the curriculum.

The National Guard is a great resource to utilize to incorporate team building skills, as well as physical challenges. The National Guard brings two obstacle courses that divide the gym into two separate courses. Along the way, students learn to value teamwork, practice leadership skills, and most

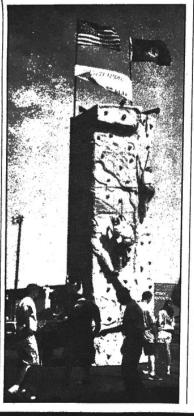
importantly gain an appreciation of individual differences.

The highlight of this school year (behind the basketball team going to state) has been the rock wall. One must add that ALL safety features are well taken care of via the National Guard staff. Students anxiously await their turn on any given level of difficulty. It is exciting to watch students develop courage, and self-confidence as they explore the true meaning of a physical challenge. The National Guard has been a huge assistance to the physical education department at Grayson County High School.

Sherry Brooks Vincent







# KAHPERD Investiment Portfolio Summary – May 31, 2001

		Current Valu
Passport Money Market Balance		\$ 5,751 !
Certificates of Deposit		\$ 44,396.1
Corporate Bonds		\$ 51,477.54
Unit Trusts		\$ 3,282.00
	TOTAL	\$104,908.01
		(58°a)

#### **Mutual Funds**

Vanguard 500 Index Fund (\$28,500)	\$ 37,287.70
Vanguard Total Stock Market Index Fund (\$15,000)	\$ 20,025.66
Vanguard Growth Index Fund (\$15,000)	\$ 18,902.01

TOTAL \$76,215.37

TOTAL PORTFOLIO VALUE \$181.123.41

\$ 5,588.3**6** 

Grand Total

Current Check Account Balance

\$186,711.77

(43.3%)



# Contact Information for Nominations

Officers for the 2002 Convention
Steve Parker
spark01@pop.uky.edu

Teacher of the Year Awards for 2002
Sue Banister
270—782—1131 or sbanister@prodigy.net

Don Calitri 859-624-1634 or don.calitri@eku.edu

# 2001 KAHPERD CONVENTION

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# NOVEMBER 1-3 • THE GALT HOUSE HOTEL • LOUISVILLE, KENTUCKY

### Thursday, November 1, 2001

6:00 - 8:00 p.m.

Registration

7:00 - 10:00 p.m.

#### All Divisions

Speaker: Jean Blaydes, Action Based Learning, Richardson, TX

Description: This presentation will demonstrate how the brain learns best and how to best reach every child with an emphasis on teaching and learning through the kinesthetic tactile modality. Room: Cochran

Receive 3 hrs. PD credit for completing this session.

Limited space available.

See Pre-Registration info on back cover of newsletter

#### Friday, November 2, 2001

General Division / Research Section

POSTER PRESENTATIONS

Posters are available all day. Researchers will be available from 1:00 - 3:00 to answer questions. Room: Dorset Room

#### 7:00 a.m. - 4:00 p.m.

Registration — Be sure to pick up your ticket for Saturday's Awards Luncheon

8:00 - 9:00 a.m.

#### **Physical Education Division**

KEEP IT MOVING FOR EVERYONE

Specker: Richard Cendali, Douglass Elementary, Boulder, CO

Description: "To be excited, you must act excited." This session will provide hands on activities that any teacher can do. They are great for fun and class control. You will go right back to your class room and use these activities.

Room: Archibald

#### **Dance Division**

#### NATIVE AMERICAN DANCES

Speaker: Tina Davis, Trigg County Middle School, Trigg County Public Schools
Description: This session will provide an overview of the Native American culture in the area of dance and relate it to the arts. Room: Water Poet

#### Physical Education Division / Elementary Section

#### TEACHING SPORT SKILLS THROUGH CULMINATING ACTIVITIES

Speaker: Jeanette Askins, Southern Elementary, Ohio County Public Schools

Description: Culminating activities are an excellent motivational tool, as well as a means of extend-

ing practice time for sports skills. A variety of culminating activities from skills (games), dance, and gymnastics units will be taught. Ideas on intergrating multi-cultural games and dances for K-6 will also be shared.

Room: Kings Head

Election of Elementary Section Chair

#### Health and Physical Education Divisions CONTINUING EDUCATION OPTION IN HEALTH AND PHYSICAL EDUCATION

Speaker: Lisa Chester, South Todd Elementary, Todd County Public Schools

Description: The main goal of leading students to the refinement levels is the thrust of the Continuing Education Option. The focus of this session is to share professional growth activities to develop the plan and portfolios for the CEO. Student activities designed to promote continuous growth over time will be discussed.

Room: Queen

#### **Health Division**

#### INNOVATIVE METHODS FOR TEACHING HEALTH EDUCATION

Speaker: Melody Noland and Students from the University of Kentucky Description: Undergraduate students in health education will demonstrate innovative methods for teaching health for elementary and secondary students

Room: Old River

#### 9:00 a.m. - 3:30 p.m. Silent Auction

Room: Exhibit Hall

9:15 - 10:15 a.m.

#### All Divisions

THINKING ON YOUR FEET: HOW BRAIN RESEARCH LINKS MOVEMENT TO LEARN-

Speaker: Jean Blaydes, Action Based Learning, Richardson, TX

Description: "A healthy active child learns better." Brain research supports the need for movement in the learning process. This interactive presentation demonstrates kinesthetic teaching strategies that may improve student performance. Room: Archibald

### Dance Division

#### SWING DANCE

Speaker: Judy Cox, Hopkins Elementary School. Somerset, KY

Description: This session will introduce the history of swing dance (jitterbug), define dance positions, teach the basic rhythms and steps, and explain several alternative holds, steps, and turns. Room: Water Poet

#### **Physical Education Division**

#### PHYSICAL EDUCATION AND MUSIC COME TOGETHER IN THE CLASSROOM

Speakers: Ginger Greer and Joy Heines, Jane Hite Elementary School, Jefferson County Public Schools Description: Come learn some fun dances that everyone will enjoy. Help students understand how music and movement come together.

Room: Kings Head

#### **Health Division**

#### ICE-BEAKERS AND CREATIVE METHODS FOR TEACHING HIGH SCHOOL OR COLLEGE HUMAN SEXUALITY

Speakers: Vickie Sanchez, Eastern Kentucky **Úniversity** 

Description: Discussion and application of icebreakers and creative teaching methods that will encourage students to talk openly and think critically about sexual issues/concerns. Room: Queen

#### **Health and General Divisions**

#### BODY IMAGE THROUGH THE AGES

Speaker: Kim Miller, University of Kentucky Description: This session will discuss the way the female body has been portrayed throughout history. It will also present a critical analysis of the media's image of women's bodies. Teachers may find this information helpful when talking to students about a healthy body image and reducing the incidence of eating disorders. Room: Old River

#### 10:30 a.m. - 11:30 a.m.

#### FIRST GENERAL SESSION

Presider: Steve R. Parker, KAHPERD President, University of Kentucky Speaker: Tubby Smith, Head Men's Basketball Coach, University of Kentucky Room: Cochran

Pre-Registration Giveaway -Must be present to win

#### 11:45 - 12:45 p.m.

#### Dance Division

LEARN THE LATEST IN MUSIC AND BE THE MOST POPULAR TEACHER IN SCHOOL Speaker: Christy Lane, Christy Lane Enterprises,

Palm Springs, CA

Description: Be on top of the latest music and dance trends in a motivating participation session. This session is geared toward beginners, but will have a lot of creative teaching ideas for the experienced teacher.

Room: Archibald

#### **Dance Division**

#### MORRIS DANCING

Speaker: Susan Spaulding, Berea College Description: This session will focus on Morris dances, how to teach them to your students, their historical and cultural context, and where to get resources

Room: Water Poet

# is a moving experience!

#### Physical Education Division / Elementary Section

CREATIVE CULTURAL GAMES

Speakers: John Ferguson and Students from astern Kentucky University

Description: A variety of multicultural games and activities will be emphasized for the elementary child. Come and learn from other countries and cultures.

Room: Kings Head

Physical Education and Health Divisions IF I'D WANTED TO TEACH READING, I'D HAVE BEEN A READING TEACHER: INCOR-PORATING READING IN CONTENT AREA

INSTRUCTION

Speaker: Kim Walters-Parker, Fayette County

Public Schools

Description: This session will present specific strategies teachers can use to incorporate reading into content area classes. Increasing emphasis on assessment outcomes has put reading at the top of many schools' instructional priority list. Participants will learn to include reading instruction and reading strategies in their classes without

sacrificing content instruction.

#### PAST PRESIDENTS' LUNCHEON (BY INVITATION ONLY)

Presiding: Don Calitri, Past President KAHPERD Room: Old River

### Voting booth open from 1:00 p.m. - 3:00 p.m.

#### 1:00 - 2:00

Physical Education Division DOUBLE DUTCH MADE EASY

er: Richard Cendali, Douglass Elementary,

Boulder CO

scription: In this session you will learn to enter, exit, turn, and jump. But most of all, you will learn how to be successful teaching Double Dutch. Room: Archibald

#### **Health Division**

KENTUCKY SAFE SCHOOLS ASSOCIATION Speaker: John Akers, Director of Kentucky Safe Schools Association Room: Cochran

#### **All Divisions**

MOVEMENT IS A DOOR TO EDUCATIONAL PROFICIENCY

Speaker: Jimmie Dee Kelley, Arts Education Project Director, Kentucky Department of Education

Description: Movement is essential to learning and is an integral part of our intellectual processes. Come explore ways to unite language arts, math, social studies, science, and the arts with movement. Room: Water Poet

#### Physical Education Division / Elementary Section

TEACHING BALANCING, MOVING AND DRIBBLING USING BOTH DIRECT AND PROBLEM-SOLVING APPROACHES

Speakers: Natalie Doering and MAT Students from the University of Louisville

Description: This session will involve teaching physical education elementary level core content (dribbling, balance, and moving to create space) using a problem-solving and direct approach. Room: Kings Head

#### Physical Education Division/Adapted Section INCLUSION IS MORE THAN KEEPING SCORE

Speaker: Carol Ryan, Northern Kentucky University

Description: This session will give the regular physical education teacher ideas and information on how to successfully begin an inclusive physical education program. The following information will be addressed: ideas for inclusion, active participation in inclusive physical activities, equipment ideas, and information on Internet sites for further information.

Room: Queen

**Election of Adapted Section Chair** 

#### **General Division**

GO POWER FOR YOUR MIND AND BODY Speaker: Dianne B. O'Brien, O'Brien Consulting, 221 Nickell Hts., Paducah, KY

Description: This session will prove fun ways for you to develop GO POWER for your mind and body. Topics will include: a positive outlook, time for energy, factors in living longer, the magic three, and goal setting.
Room: Anchor

#### 2:15 - 3:15

#### JUMP ROPE FOR HEART DEMONSTRATION TEAMS & JUMP AND HOOP COORDINATORS RECEPTION

Presider: Joy Heines, Jane Hite Elementary, Jefferson County Public Schools Description: Teams from across Kentucky will perform. The Jump Rope for Heart Program will be

promoted. Room: Archibald

#### **Dance Division**

#### IMPLEMENTING MOVEMENT/DANCE REQUIREMENTS K-12

Speaker: Jimmie Dee Kelley, Arts Education Project Director, Kentucky Department of

Description: Come explore ways and resources for implementing Kentucky's dance mandates. Examples will be shared for all three levels: elementary, middle, and high school.

Room: Water Poet

#### Physical Education Division / Adapted Section MODERATE MAY NOT BE ENOUGH? PHYSI-CAL ACTIVITY FOR CHILDREN WITH AUTISM

Speaker: Louisa S. DeBolt, Eastern Kentucky University

Description: The primary focus of this presentation will be to present examples of appropriate moderate to vigorous physical activities that may be used throughout the life span for children with autism. The format will be a combination of lecture and active participation in several different types of physical activities. Room: Old River

#### **General Division**

### BOOK DISCUSSION - A WALK IN THE WOODS: HIKING THE APPALACHIAN AND OTHER TRAILS

Presenter: Ernest Baird, Centre College (Retired) Description: The KAHPERD Literary Society's book discussion this year will be on Bill Bryson's A Walk in the Woods, and will be led by trail veteran Ernest Baird. Hikers, backpackers, nature lovers, readers - all are invited to participate. Presider: Bob Grueninger, Morehead State University Room: Anchor

#### 2:15 - 4:00

(Rooms exchanged at 3:05)

#### General Division/Student Section "ESPECIALLY FOR STUDENTS"

Moderator: Jim Nance, University of Kentucky Description: This session is paired with the session in the Queen room. A panel of school principals will provide insights into the job hunting and interviewing of potential health and physical education teachers. How to complete job applications will also be addressed. In addition, Brad Strand, President of the National Association for Sport and Physical Education will be present to share ways students can become involved in the national organizations. After 50 minutes, the attendees will change rooms with those students in the Queen Room. Room: Kings Head

#### General Division/Student Section "ESPECIALLY FOR STUDENTS"

Moderator: Kim Demling, University of Louisville Description: A Career Counselor from the University of Louisville will provide information on resume writing and interviewing skills for students. After 50 minutes, the attendees will change rooms with those students in the Kings Head Room. Room: Queen

### 3:30 - 4:30 p.m.

#### Dance Kaleidoscope

DANCERS ACROSS THE STATE

Coordinator: Nancy Clement, Caldwell County Primary, Caldwell County Public Schools Room: Archibald

#### Dance and Physical Education Divisions CHAIR FITNESS

Speaker: Pippi Guerrant, Strode Station Elementary, Clark County Public Schools
Description: This session will provide chair dancing (fitness) activities that you can use with elementary children. The activities provide a complete workout and make an excellent PTA program. Room: Water Poet

#### **Recreation Division**

# PLANNING AND IMPLEMENTATION OF SAFETY PROGRAMS IN OUTDOOR RECREATION SETTINGS

Speaker: Steve Grimes, Western Kentucky University

Description: This session will address various issues relating to safety in the recreation arena. Topics of discussion will include: pre-planning issues, hazard recognition, using diagramming and matrices, blood borne pathogen issues, OSHA regulations for first aid and BBP compliance, and the various levels of first aid and BLS training available for parks and recreation staff. Room: Old River

#### 4:45 - 5:45

#### Student Section

### SUPERSTARS COMPETITION

Presider: Lucian Taylor, University of Kentucky Description: College students from across the Commonwealth will engage in unusual activities to determine the 2001 KAHPERD SUPERSTAR COLLEGE/UNIVERSITY CHAMPIONSHIP.

# is a moving experience!

#### Dance Division

FARAFINA DONIA (AFRICAN KNOWLEDGE) Speaker: Harlina Churn-Diallo, Louisville, KY Description: This workshop will provide first-hand experiences in WEST AFRICAN DANCE and will focus on core content areas and cross-cultural connections and preparing teachers to meet KERA mandates. Through music, movement, and dialog, participants will build their comfort zone in dance. Room: Cochran

#### Health and Recreation Divisions

SUCCESSFUL COLLABORATION BETWEEN HEALTH AND RECREATION TO PROMOTE FUN AND FITNESS - Two 30-minute sessions Speaker: Jeannie Oldham, University of Kentucky Description: Appalachian mountain dancing Speaker: Margi Stickney, University of Kentucky Description: Therapeutic horseback riding Room: Water Poet

#### **Dance Division**

#### TINIKLING

Speaker: Pat Hepp, Coleridge-Taylor Elementary, Jefferson County Public Schools Description: Tinikling is a folk dance that originated in the Philippines. This dance incorporates pole beating rhythms coordinated with dance steps through the beating poles. Skill sequencing will begin with rhythms taught to kindergarten children, through basic individual movements, and then more advanced individual and partner Tinikling technique will be demonstrated. Room: Kings Head

#### Physical Education Division

TEACHING SAFE PHYSICAL ACTIVITY AND EXERCISES TO YOUR STUDENTS.

Speaker: Jack Rutherford, Eastern Kentucky

acreption. Of the thousands of exercises from which one can choose, some should be avoided because of the risk of injury. This presentation will show elementary, middle, and secondary teachers as well as college professors, questionable and hazardous exercises and their safer alternatives. Room: Queen

**Election of Research Section Chair** 

PROTECTION VS. FREEDOM AND THE

FIRST AMENDMENT: DISRUPTIVE BEHAV-IOR, OBSCENITY, TERRORIST THREATEN-ING, CONDOM DISTRIBUTION, SEARCHES... Speaker: Dianne B. O'Brien, O'Brien Consulting, 221 Nickell Hts., Paducah, KY Description: This program is designed to help recreation managers and educators avoid legal problems by increasing their knowledge of the First Amendment to the U.S. Constitution. Topics include: Obscenity or free speech, terrorist threatening, fighting words or free speech, symbolic speech or disruptive behavior, the right to privacy or the right to search, devil worship or freedom of association, promoting religion, etc. This session will help professionals to stay out of court by under standing their rights, freedoms, and responsibilities as a recreation manager or physical educator.

Room: Old River

#### 6:00 - 8:00 p.m.

#### **CONVENTION DANCE**

Coordinator: Christy Lane, Christy Lane Enterprises, Palm Springs, CA Room: Cochran

### Saturday, November 3, 2001

7:00 a.m. - 12:00 noon

Registration

### Voting booth open from 8:00 a.m. - 11:00 a.m.

8:00 - 9:00 a.m.

#### **Physical Education Division**

TIPS AND TRICKS IN TEACHING TENNIS AND OTHER RACQUET SPORTS

Speaker: Jim Nance, University of Kentucky  $\hat{Description}$ : Come join us to learn some tips and tricks in learning racquet sports. Room: Archibald

#### **Physical Education Division**

#### MASS GAMES

Speaker: Richard Cendali, Douglass Elementary, Boulder, CO

Description: You will learn to play mass games (hockey, basketball, soccer, and others) in which everyone is active. Room: Cochran

#### **Dance Division**

#### BALLET BASICS

Speaker: Pat Carlin, Tates Creek High School, Fayette County Public Schools

Description: If you know nothing about ballet. which encompasses two periods of the KY Core Content, this class is for you. The five basic positions as well as additional movements will be taught. Group participation.

Room: Water Poet

## Physical Education and Health Education

#### TEACHING HEALTH CONCEPTS WITH GAMES AND PHYSICAL ACTIVITY

Speakers: Stephanie Adams and Health and Wellness Teachers from Fayette County Public Schools

Description: A collaboration of Fayette County Public School physical education teachers will share various games and physical activities that teach health concepts. Group participation. Room: Kings Head

#### **Dance Division**

#### A PASSPORT TO THE WORLD - DANCES FROM AROUND THE WORLD

Speaker: Jeanette Askins, Southern Elementary, Ohio County Public Schools

Description: A variety of dances from around the world will be taught for integration into the physical education and arts/humanities program. This session will include dances for the K-6 developmental levels. Obtaining grants and coordinating a multi-cultural parents night will be discussed

Room: Queen

### Physical Education Division / Elementary

#### PHYSICAL EDUCATION FOR PRE-SCHOOL AND KINDERGARTEN - JESSAMINE COUNTY'S EARLY LEARNING VILLAGE

Speaker: Gwen Owen, Early Learning Village, Jessamine County Public Schools Description: This PowerPoint presentation will give an in-depth view of the school and the concepts on which it was designed.

Room: Old River

### 8:30-10:30 a.m. Silent Auction

Room: Exhibit Hall

9:15 -10:15 a.m.

#### **All Divisions**

#### EVERY BODY CAN LEARN: THE BODILY KINESTHETIC MULTIPLE INTELLIGENCES Speaker: Jean Blaydes, Action Based Learning,

Richardson, TX

Description: Eighty-five percent of school-age children are natural kinesthetic learners. How can we teach reading, writing, math, and other academic subjects kinesthetically and still meet our physical education standards? This interactive presentation demonstrates brain compatible strategies for optimal learning.

Room: Archibald

#### **Dance Division**

#### MAKE YOUR FOLK DANCE PRESENTATIONS COME ALIVE

Speakers: Marianne McAdam, Eastern Kentucky University and Jackie White, Madison County Public Schools

Description: Folk dances are part of the cultural experiences at every level of the Dance Core Content. This session will show you ways to recreate the enthusiasm of the people who originally invented these dances. Come dance and enjoy a new look at folk dancing. Room: Water Poet

#### Physical Education Division / Elementary Section

#### TEACHING MOVEMENT CONCEPTS IN EVERY DAY WARM-UPS AND INSTRUCTION Speaker: Vicki Sageser, Fayette County Public Schools (Retired)

Description: This session will provide ways to teach movement concepts and vocabulary on an every day basis within the warm-up and lesson structure. You will learns ways to teach these KERA components in ways that ensure that children will learn and enjoy.

Room: Kings Head

#### Health Division

#### "HANDS-ON HEALTH" TEACHING STRATEGIES

Speaker: Carol Ryan, Northern Kentucky University

Description: This session will allow participants to engage in "Hands-On Health" teaching strategies that are appropriate for various health topics and grade levels. In addition, participants will be introduced to Internet health websites they can access for additional information and activities. Room: Queen

#### **General Division**

### A GUIDE FOR THE ASSISTANT COACH

Speaker: Ron Whitson, Transylvania University Description: This session is designed to aid and/or prepare an individual for the role of an assistant coach. Topics will include relationships, expectations, and rewards of being an assistant coach. Room: Old River

Election of Sport Management Chair

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# LEARNING is a moving experience!

#### 10:30 - 11:30 a.m.

#### Dance Division

LEARN MORE POPULAR MUSIC AND DANCE TRENDS THAT STUDENTS ENJOY

eaker: Christy Lane, Christy Lane Enterprises,

Palm Springs, CA

Description: Let someone else do the leg work for you and show you the music and dances that your students will enjoy! Only songs with appropriate lyrics will be introduced. This session is for teachers that already know the Chicken Dance and are ready to move on!

Room: Archibald

#### **Dance and Physical Education Divisions** DANISH GYMNASTICS

Speaker: Claus Bronderup Sorensen, Berea College Description: Workshop based on the non-competitive traditions of Danish Gymnastics. Our goal is to make sure that everybody can participate. Room: Cochran

#### **Physical Education Division**

#### KICKBOXING IN THE CLASSROOM

Speaker: Tara Blackshear, Fayette County Public

Description: This session will include the history/origin and benefits of kickboxing. It will also include demonstrations and ways to incorporate it into the classroom. Room: Water Poet

#### **Physical Education Division**

#### SPEED STACKING

Speaker: Pat Hepp, Coleridge-Taylor Elementary, Jefferson County Public Schools

Description: Learn the basic skills involved in the sport of cup stacking. This activity provides an excellent way to improve non-dominant hand usage and eye-hand coordination.

Room: Kings Head

## ADAPTING TEACHING AND ASSESSMENTS TO LEARNING STYLES

Speakers: Robert Grueninger, Lynne Fitzgerald, and Jim Smallwood, Morehead State University Description: This session will focus upon matching teaching and assessment to learning styles in high school and college health, physical education, and general education classes. The Index of Learning Styles will be administered, applied, and discussed.

### Physical Education Division / Secondary Section HOW TO INCORPORATE TEXTBOOKS AND KENTUCKY CORE CONTENT INTO SECONDARY PHYSICAL EDUCATION CLASSES

Speaker: Laura Troutman, Bullitt Central High School, Shepherdsville, KY

Description: The audience will be presented with applicable methods, strategies, organizational tools, and classroom and gymnasium activities to ensure accurate, efficient coverage of the Practical Living Academic Expectations in the Physical Education domain. Actual lessons that cover each Core Component (psychomotor skills and lifetime physical activity) will be presented. Room: Old River

Election of Secondary Section Chair

#### HOOPS FOR HEART

Speaker: Bev Gass, St. Albert the Great School, Louisville, KY

Description: This session will explain how to set up a Hoops for Heart event. Questions and concerns about the program will be addressed. Room: Anchor

#### 11:45 - 12:45

#### **Physical Education Division**

#### EXCITING WAYS TO TEACH WHEELS AND LONG ROPES

Speaker: Richard Cendali, Douglass Elementary, Boulder, CO

Description: In this session you will learn lead-up activities to do 2, 3, 4 wheels, i.e., 2 people, 1 rope, giant wheel. You will also learn to teach the Rainbow, Umbrella, Tic-Tac-Toe, and Double Dutch inside Double Dutch. Room: Cochran

#### **Dance Division**

#### SIMPLE WAYS TO PRESENT THE ELEMENTS OF DANCE

Speaker: Marianne McAdam, Eastern Kentucky University

Description: Are you looking for quick and simple methods of reviewing the elements of dance prior to CATS exams? This session will offer methods of exploring the elements that are enjoyable and effective. The ideas presented will be adapted for any age group.

Room: Water Poet

#### Physical Education Division

#### FINDING FLOW, SEEKING CHALLENGE

Speakers: Brad Strand, President of NASPE Description: To feel completely at one with what you are doing, to know you are able to control your destiny for the moment, and to gain a sense of pleasure is to experience flow. The flow state has many names - optimal experience, playing in the zone, feeling on a high, and being totally focused are some of the descriptors. This session will be divided into six parts: 1) a description and explanation of the concept of flow, 2) understanding yourself, 3) eliminating barriers, 4) seeking challenge, 5) finding balance, and 6) applications for teaching physical education.
Room: Kings Head

#### **Physical Education Division**

#### DIFFERENT WAYS TO USE TECHNOLOGY IN PHYSICAL EDUCATION

Speaker: Stephanie Adams, Clays Mill Elementary, Fayette County Public Schools

Description: Attendees will learn how to use Web Quest, Video-Analysis/Production using Avid Movie Cinema, Excel-creating charts for skill analysis and ways to generate specific report cards. Room: Queen

#### **General Division**

#### CULTURAL DIFFERENCES AND ATTITUDES TOWARD PHYSICAL ACTIVITY

Speaker: Sharon Brown, Transylvania University Description: Why are Europeans less overweight and more physically active than Americans? This session will explore cultural differences and attitudes toward physical activity. Room: Old River

#### 1:00

#### KAHPERD AWARDS LUNCHEON -ARCHIBALD ROOM

Presider: Steve R. Parker, University of Kentucky Speaker: Rodger Bingham (Kentucky Joe), Survivor of the Australian Outback, Teacher at Grant County High School, Grant County Public Schools

#### 3:15

#### SECOND GENERAL SESSION

Presider: Melody Hamilton, KAHPERD President, Woodford County Middle School, Woodford County Public Schools Room: Kings Head

#### 4:30

#### KAHPERD BOARD MEETING

Presider: Melody Hamilton, KAHPERD President, Woodford County Middle School, Woodford County Public Schools

Room: Kings Head

All newly elected officers and current board members are required to attend.

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# NASPE Tells Parents and Elementary School Officials "Recess is a Must!"

"Recess is a critical part of the school day!" responds the National Association for Sport and Physical Education (NASPE) daily to the potential and actual elimination of recess by elementary school officials. Hoping to gain more academic time, school officials are curtailing recess and physical education in elementary schools. The availability of recess in many schools across the country is often based on preset allocations for teachers' free and planning times as well as state requirements for student time in the classroom.

"Parents need to know that the elimination of recess and physical education may be detrimental to their children's overall health and learning," said NASPE Executive Director Judith C. Young, Ph.D. "A six-hour or longer school day is too

long for children to go without breaks and without opportunities for substantive physical activity.

"Time for recess during the day may enhance overall learning in the classroom," she added. "In addition to providing opportunities for needed physical activity, unstructured time contributes to creativity, cooperation, and learning about social interaction. Children learn how to cooperate, compete constructively, assume leader/follower roles and resolve conflicts by interacting in play. Play is an essential element of children's social development."

Young pointed out that "adults do not focus on work or sit in meetings for more than two hours at a time without breaks. Children certainly need similar breaks in their routine"

While recess is unstructured

time, physical education is a planned instructional program with specific objectives. An essential part of the total curriculum, it is the role of quality physical education programs to increase the physical competence, health-related fitness, self-responsibility and enjoyment of physical activity for all students so that they can be physically active for a lifetime.

"In fact, extended periods of inactivity are not appropriate for normal, healthy children or adults," Dr. Young said. "NASPE recently issued guidelines recommending that children ages 6 to 11 accumulate at least one hour and up to several hours of physical activity each day. This may occur appropriately in multiple periods of moderate to vigorous activity lasting 10 minutes or more."

Children must be provided with appropriate physical activity options and taught how to make positive choices. If children do not establish physical activity habits when they are young, they are more likely to experience the negative impact of inactivity as adults.

To have the necessary time for academics as well as recess, the NASPE Executive Director suggests consideration of a longer school day. Teachers are also coming up with new approaches to enhance student learning. In Sacramento, CA, NASPE's 1994 National Elementary Teacher of the Year, Debbie Vigil, introduces her students to new skills in physical education class once a week and then works with classroom teachers to reinforce those skills.

# LEADERSHIP CONFERENCE

Mark your calendar for the 2002 KAHPERD Leadership Conference scheduled for January 11 & 12 at the Hyatt Regency in Lexington. The Leadership Conference was created to encourage KAHPERD members to take an active leadership role in our organization. KAHPERD needs

make our organization the best it can be. Come find out how KAHPERD works and how you can be an integral part of KAHPERD. KAHPERD will pay for 1/2 of your room for the night of the 11th if you attend the meetings on Friday evening (starts at 7:00 p.m.) and Saturday morning (hint: bring a colleague, share a room and KAHPERD will pay 100% of the room rate). Mark your calendar, make a commitment then contact Lonnie Davis. Executive Director Stonie davis @eku.edu> or Melody Hamilton, President-Elect Schamilton@woodford.k12.ky.us>.

SEE YOU IN JANUARY!

## **ESPECIALLY FOR STUDENTS**

The involvement of students in KAHPERD is growing every year. For the 2001 Convention, we are offering a session, "Especially for Students." Jim Nance from the University of Kentucky and Kim Demling from the University of Louisville are coordinating this session that will provide the skills that students need when preparing for the job market.

We have reserved two adjacent rooms for this program. It will be held Friday from 2:15 until 4:00. Career counseling specialists from the University of Louisville will lead a session on resumé writing and interviewing skills in the Kings Head Room. If you have a resumé already completed, bring it to the session. If not, they will help you get organized.

In the Queen room, a panel of school principals (elementary, middle, and high school) will share what they are looking for when physical education and health specialists apply for jobs. Tips on completing application forms will also be provided during this session. In addition, Brad Strand, president of the National Association for Sport and Physical Education will be present to share ways students can become involved in the national organizations. Each session will last 50 minutes and at 3:05 the students will change rooms.

The sessions will be over by 4:00 so that the students have time to prepare for the FIFTH ANNUAL STUDENT SUPERSTARS COMPETITION which begins at 4:45.

# HEY LISTEN UP!

Support the Superstars Competition! Friday, Nov. 2 at 4:45—5:45 in the Archibald Room

# 2002 CONVENTION PRESENTATION PROPOSALS

The deadline for presentation proposals is April 15, 2002.

We will confact presentors by June 1, 2002.

Application for 2002 Convention Presentations will be on-line at

http://www.kahperd.com/convention.htm

If you or someone you know would like to speak on Health, Physical Education, Recreation or Dance topics relevant to Kentuckians, sign up at this site

or contact:

Mike Kennedy 2002 Convention Manager

Fayette County Schools 701 E. Main St. Lexington, KY 40502

859—281—0244 ¥ Fox 859—281—0222 mkennedy@fayette.k12.ky.us

or

Melody Hamilton 2002 KAHPERD President

Woodford County Middle School, 101 Maple Street Versailles, KY 40383 859—873—4721 mhamilton@woodford.k12.ky.us

# More Great Speakers Lined Up For KAHPERD Convention!



Brod Strand



Christy Lane



Rodger Bingham

# Brad Strand President of NASPE to Attend KAHPERD

We are very pleased that Brad Strand from North Dakota State University and the current president of the National Association of Sport and Physical Education will be attending our convention. He will be exhibiting with NASPE, assisting with the "Especially for Students" session on Friday afternoon, and presenting a session Saturday entitled "Finding Flow, Seeking Challenge."

Brad Strand's accomplishments are extensive and very well known. He has conducted over 100 national, regional, and state presentations, workshops and demonstrations related to physical education, fitness education, and technology in physical education. He is the lead author of two college textbooks. One of the texts, Fitness Education: Teaching Concepts-Based Fitness in the Schools, is the first text of its kind. The other is titled Assessing Sports Skills. He has also published over 60 professional articles and abstracts on physical education, fitness education, and technology in physical education, the second control of the seco

Brad Strand was one of the first people in the US to conduct and publish research using heart rate monitors in public school physical education settings. In addition, he was the co-developer of the "Fitness Education Pyramid" posters. These pyramid posters are now found in schools across the country and the fitness education pyramid concepts in being presented in college physical education textbooks.

We are very pleased to have Brad Strand and NASPE so actively involved in our KAHPERD Convention.

# Christy Lane Enterprises

Christy Lane is a professional dancer, choreographer, educator and producer. Acclaimed as one of "America's most popular and respected dance instructors," Christy travels throughout the United States teaching and choreographing for stage, video, conventions and specialized groups. her constant contact with members of the dance community and with physical educators

Charlet at a state

keeps her on the cutting edge of dance trends. With 31 award-winning videos, eight music CDs, five books, and numerous magazine articles to her credit, her work has been recognized by U.S. News and World Report, Washington Post, American Fitness, USA Today, and Shape Magazine as she continues to share the message of wellness through dance.

A member of the National Dance Association, National Wellness Association, National Speakers Association, and the International Dance Exercise Association, Christy is an experienced private dance studio owner, artistic director of the Christy Lane Dance Company and has consulted for Disney. She is certified by the American Council on Exercise and the American Sport Education Program. She frequently presents at numerous state, regional and national AAHPERD conventions.

Christy will be presenting
"Learn the Latest in Music and Be
the Most Popular Teacher in School"
on Friday, November 2, 2001 at 11:45
a.m. and will DJ the conference
dance Friday evening at 6:00 p.m.
She will also be presenting "Learn
More Popular Music and Dance
Trends that Students Enjoy!" on
Saturday, November 3, 2001 at 10:30
a.m.

#### Rodger Bingham Awards Luncheon features "Kentucky Joe"

Rodger Bingham is a name that has been used quite frequently over the past few weeks here in the state of Kentucky, as well as nationwide. Why is he so important, you may ask? Well, he's one of the sixteen contestants on CBS's hit television reality show "Survivor: The Australian Outback."

Why would they pick someone from the small town of Crittenden, let alone anyone from Kentucky, for that matter? The answer is simple. They chose Rodger Bingham, a man highly respected around his community and a man envied by 48,884 other people not chosen for

"Survivor: The Australian Outback."
Rodger has always lived in
Crittenden. He went to elementary
school at Crittenden Elementary
until the eighth grade. He attended
Grant County High School from

1961-1965. During that time period, Rodger excelled in athletics. He played basketball from his freshman year through senior, and competed in track and field. He still holds the Grant County Varsity basketball record for most rebounds in one game at 38. And up until three years ago, he held the school discus record with a toss of 129'1/2". For his accomplishments on the hardwood. he was inducted into the Grant County Basketball Hall of Fame in the early '90s. He and his daughter, Angela, are the only father/daughter combination in the hall of fame.

To this day, Rodger has a hard time believing the rest of the nation sat down on Thursday evenings to see him on television. But his background had him perfectly suited for such an adventure. KAHPERD is pleased to have "Kentucky Joe" as the Awards Luncheon speaker. And by the way, "a country boy can survive"!

A Kevin Hedenberg

#### Richard Cendali

We are very pleased that Richard Cendali will be presenting at KAHPERD this year. In his travels throughout the world, he is known for motivating teachers and students to get excited about physical education. He will motivate and energize all that see him. He has agreed to provide four sessions for us. He will have two movement sessions. They are "Keep It Moving for Everyone" and "Mass Games." He will also share his incredible expertise with two rope jumping sessions. They are "Double Dutch Made Easy" and "Exciting Ways to Teach Wheels and Long Ropes."

Richard Cendali has taught Elementary Physical Education for 31 years in the Boulder Valley Public Schools, in Boulder, CO. He has presented at workshops and conferences in 48 states and 33 foreign countries.

He has received many state, national, and international awards for his dedicated work in our field. He also has one of the best-known rope skipping teams in the world today. His team, "Skip-It." which has been together for over 25 years, is the current world champion. We are very pleased that Richard will be sharing his expertise with us.

## SILENT AUCTION

The third annual Silent Auction will be held this November at the KAHPERD Convention in Louisville. Over \$600 has been raised each of the last two years to help fund travel for a KAHPERD member to attend the AAHPERD or Southern District AAHPERD convention. Selection has been limited to members who have never been able to attend a district/national conference before. The 2002 AAHPERD being held in San Diego from April 9–13, and the SDAAHPERD will be in Baltimore from February 13-16. We would like to raise a significant amount to help make it possible for someone to

attend one of these conferences.

We are requesting that all
KAHPERD members approach business establishments in their area of the state to secure items and services that can be auctioned off this fall. Sports equipment and apparel, dining and entertainment coupons, novelty items, anything that you think could receive a bid is welcome! Minimum increments for the bids will be established based on the approximate value of each item. The silent auction will open Friday morning at 9:00 and end

Saturday morning at 10:30.

If you have an item to be donated, please contact Randy Crist at Eastern Kentucky University (859-622-1890 or randy.crist@eku.edu) and inform him of what you will be bringing to the conference; or you can send it to him (225 Moberly Building, Dept. of Exercise

& Sport Science, EKU, Richmond, 40475) and he will bring it to the conference.

#### Silent Auction Guidelines

• Items will be on display for bids on Friday, November 2 from 9:00 a.m. to 3:30 p.m.

 Bidding Saturday, November 3 begins at 8:30 a.m. and ends at 10:30 a.m.

• Individuals who believe they may have the highest bid on an item are responsible for returning to the auction room between 10:45 and 3:00 to pick up their item. The room will NOT be open to pick up items during the KAHPERD Awards Presentation and luncheon.

• Cash or check for the amount bid is required to pick up item.

Items not picked up by 3:00 will go to the highest recorded bidder who is present at the Closing General Session and Business Meeting. If nobody is present who had bid on the unclaimed item, it will be auctioned off at the General Session.

• Minimum increments for the bids on each item will be established based on its approximate value. The name of the current highest bidder and the amount bid will be on display with the item to promote competitive bidding.

Items auctioned off may not be returned for refunds and come with no guarantees.

Mandy Crist

·安东南部市农村农村市、农村市、1962年11月1日,1962年11月1日日日本市

# CANDIDATES KAHPERD Officers 2001–2002

### President-Elect



**BOB GRUENINGER**Morehead State University



JACK RUTHERFORD
Eastern Kentucky University

### Vice President Physical Education

GLENDA GOFF Grayson County High School RUTHIE MILLER
G.C. Burkhead Elementary
Hardin County

### Vice President Dance

JACKIE WHITE Lincoln County Middle School

### Vice President Health

KIM DEMLING University of Louisville

### Vice President General

HEATHER ADAMS-BLAIR University of Kentucky CAROL RYAN

Northern Kentucky University

### At-Large East

JIM NANCE University of Kentucky PERRI WARREN Taylor County High School

### At-Large West

BEV GASS Retired Jefferson County Public Schools



# REMEMBER TO VOTE!

Voting for KAHPERD officers
will be held outside
the Cochran Room
on the following days:

Friday, November 2

Voting Booth open from 1:00 p.m.-3:30 p.m.

Saturday, November 3

Voting Booth open from 8:00-11:00 a.m.

All professional members are eligible to vote.

# HEY, STUDENTS!

Don't miss the
"Especially For Students" session
Friday, Nov. 2
from 2:15 to 4:00 p.m.

Career counseling specialists
will provide resumé help and interviewing tips.
Bring your resumé to the conference!

For more information, check out the article on page 111

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## **BOOK REVIEWS**



Eat Well and Keep Moving—An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity by Lilian Cheung, Steven Gortmaker and Hank Dart (Human Kinetics) Target Group—Classroom teachers, food service staff, principals, parents and physical education and health teachers.

This book contains interdisciplinary 4th and 5th grade lessons to provide students knowledge in autrition and physical activity themes. This complete resource includes everything a teacher would need to teach students about nutrition and fitness in a classroom setting or launch it into an effective school-wide program. The materials help teachers overcome any uneasiness they may have about presenting unfamiliar health topics while they build students' language arts, math, science, social studies and physical education skills.

The book includes:

- 44 lesson plans and microunits
- a CD-ROM that makes it easy to customize and print out lessons, units and worksheets
   ideas on how to engage a
- school-wide campaign to encourage children to eat right and exercise

plenty of reproducibles scope and sequence implemen-

tation grid for all disciplines.

Personal opinion:

As I was paging through the book, I noticed the lessons are geared toward multiple intelligence and very teacher friendly (i.e., not a lot of preparation for the lesson). However, I feel the book is geared toward a school where P.E. is limited or where the classroom teacher is teaching P.E. A physical education teacher could use this book as a resource for fitness ideas or a wellness unit or if they teach health in the classroom. On a scale of 1–5, 5 being "I need the book now," I would rate this book at 3+. A good resource for new ideas in teaching nutrition and fitness, but limited to only those areas.

Reviewed by Sue Banister

It's Not Just Gym Anymore: Teaching Secondary School Students How To Be Active For Life by Bane McCracken

This is a book geared for "today's" students and their lifestyle. I believe the author's intent is to create an awareness of physical fitness for the younger population. Long gone is the day of physical education curriculum of basic team sports. This book uses our "basic" units (basketball and volleyball, for example), but also includes such sports as mountain biking, fly-fishing and bow hunting.

It's Not Just Gym Anymore is divided into well-organized chapters that explain what modern physical education programs need, how to develop these needs, and how to use technology in assessment. The last chapters show the readers how to promote physical activity through-

out the school.

The main focus of this book is lifetime participation in physical activities. The author includes activities that can be used not only in the school setting but also for individual time. Units include worksheets, checklists, drills and activities that makes for easy lesson preparation time. Assessment instruments are also included for each unit of instruction.

For educators who have the resources to accommodate such units, I think this book is a valuable tool. I like it because it does give me new ideas and hope of one day including such activities in my program. For those of you who are ready to "get outside the box" and try new things for your students, I would recommend this book. It's Not Just Gym Anymore can help prepare everyone for a lifetime of activity, good health and fun!

Reviewed by Kandace Anderson

# WEBSITES OF INTEREST

www.kahperd.com KAHPERD's New Web Page. This site is new this year and will be getting updated on a regular basis so check in periodically.

http://www.pellnks4u.org
This site features information regarding physical education news, conference & workshop calendar, adapted; coaching & sports, elementary physical education, health, fitness & nutrition, interdisciplinary PE, book reviews, secondary PE, technology & PE, and more.

http://pelinks4u.org/discus/ PE Forum, a bulletin board for posting and reponding to questions. Unlike a listsery, you can choose what to read and ignore the rest. You can even choose to be notified by email if a topic of special interest to you receives a new posting. Give it a tryl.

http://www.pecentral.org/store/pecpublications.html This is the site for the PE Central Store-Teacher Publications. This site includes several teacher published tools that can be useful in teaching Physical Education. Ordering information and forms are included on the site.

http://schools.eastnet.ecu.edu/pitt/ayden/pesite11.htm Sports related clip art links.

http://school.discovery.com/clipart/Index.html Discovery School now makes it easy to add graphics to your next project, whether it's for home or school. Choose from hundreds of original clip art pieces, including animations!

http://members.trlpod.com/lgreen/resources/index.htm
Gerry Cernicky,
Physical Education Specialist, is the creator of this useful site, he offers lessons, links and information for Health & Physical Education teachers. This site is updated weekly, make sure you scroll to the bottom of this page to find helpful links and teaching information, including current articles that are subject related.

http://www.pesoftware.com Physical Education Software.

www.tunbrain.com 
At Funbrain.com, create student worksheets and assessments that students can take online. You will have access to other educator-created worksheets and tests. This site includes quizzes, graded activities, gradebook, calendar, communicate, classes and a student handout that you print to send home so that parents will be informed about the website. On the communicate page, you can send emails to groups of parents and/or students. This would be a great tool to keep families informed as to what's going on in Physical Education and Health classes. This is a great site to share with your colleagues.

www.aahperd.org To order copies of the National Standards, Assessment Series, Guidelines and Checklists, call 1-800-321-0789 or visit the following website: www.aahperd.org/naspe/naspe.html.

www.aahperd.org/nda National Dance Association list serve and Spotlight are now online. Click on the nda website at www.aahperd.org/nda and go to the members only section for instruction.

www.health.gov/healthy people PSAs, featuring Bill Cosby. Click on What's New.

www.horacemann.com College Scholarships for Educators children.

www.fda.gov/occopa.com/kids/ Kids Health Page

www.lglve.com Fundraising Website. Earn money for your school or organization by having parents/supporters log on to this site to give credit to your group.

http://teacherpoints.com/tpindex.cfm The shopping rewards program just for educators. Shop online and earn points according to the dollars spent. Redeem your points for items that you can use in your classroom.

online! Remember a surfacing checklist article they ran, but now you can the state of the web and check out the NPPS archives.

Archives begin with newsletters printed in 2000.

www.kde.state.ky.us Kentucky Department of Education

If you have a favorite website to share, send to: charlow@prodigy.net

## DON'T FORGET TO PREREGISTER!

You could win a \$250 reimbursement for SDAAHPERD or AAHPERD Drawing will be held at the 1st General Session You must be present to win.

# JUMP ROPE FOR HEART and HOOPS FOR HEART

Jump Rope For Heart Sessions Offered at Convention

Jump Rope for Heart™ Convention Sessions you don't want to mise!

KAHPERD is proud to present Richard Cendali, coach of the current World Champions rope skipping team, "SKIP IT" Richard will present two sessions for Jump enthusiasts at this year's KAHPERD Convention: (1) How to Teach Double Dutch; and (2) How to Teach the Chinese Wheel. He can

break the skills down so that even the novice jumper can learn them!

In addition, be sure to support our Jump Rope for Heart Demo Team session. These young people work hard to support the American heart Association and KAHPERD.

I hope everyone will attend the Awards Luncheon on Saturday to help honor our *Jump Rope for Heart* award winners.

You don't want to miss these sessions! See you there.

▲ Joy Heines

#### HOOPS FOR HEART

It is time to "Hoop it up" for the American Heart Association. Please sign up to hold an event this year. There will be a session at the fall convention to learn about holding an event in your school. Come join us!

Kentucky was chosen as one of the states to serve on the task force to pick the prizes in this year's Hoops event. Our students had a great time participating. This year, there will be a curriculum guide to help you with lesson plans prior to your event. We are looking forward to a very successful year.

Bev Gass



#### JRFH DEMO TEAM ROSTER

#### Southcentral Region

Keith Stokes
William Natcher Elementary School
1434 Cave Mill Rd.
Bowling Green, KY 42104
Work: 270-842-1364
Fax: 270-842-1563

Kathy Case Stanfard Elementary School 101 Old Fort Rd. Stanfard, KY 40484 Work: 606-365-2191 Fax: 606-365-1533

Kathy Todd Mayfield Elementary School 300 Bond St. Richmond, KY 40475 Worlc 606-624-4535 Fax: 606-624-4541

Ragan Rucker Waco Elementary School 359 Waco Ln. Waco, KY 40385 Wark: 606-369-5540 Fax: 606-327-3819

Western Region Lou Kendail R.E. Stevenson Elementary School 1000 North Main Street Russellville, KY 42276 Work: 270-726-8425 Fac: 270-726-1109

Tamara Buchanan Caldwell Co. Elementary School 105 Educational Rd. Princeton, KY 42445 Work: 270-365-5150 Fax: 270-365-3164

Northwest Region

Lynn Wilson Walker School 5549 Conroy Ave. Fort Knox, KY 40121 Work: 502-624-7835 Work: 502-624-8348 Fax: 502-624-6759 **GLR Region** 

Laurie Workman St. Raphael Elementary School 2131 Lancashire Ave. Louisville, KY 40205 Work: 502-456-1542

Fax: 502-456-1542 (call first to turn

on faxl

Al Jaggers
Dunn Elementary School
2010 Rudy Ln.
Louisville, KY 40207
Work: 502-485-8240
Fax: 502-485-8829

GLR Region, continued

Joy Heines Hite Elementary School 12408 Old Shelbyville Rd. Louisville, KY 40243 Work: 502-485-8267 Fax: 502-485-7006

**GLX Region** 

Jill Klinker Northern Elementary School 340 Rookwood Pkwy. Lexington, KY 40505 Work: 606-381-3541 Fax: 606-299-1411

Janie DeLong Glendover Elementary School 710 Glendover Rd. Lexington, KY 40502 Work: 606-381-3403 Fax: 606-381-3417

Northeast Region

Missy Fullerton Catlettsburg Elementary School 3348 Court St. Catlettsburg, KY 41129 Work: 606-739-5515 Fax: 606-739-8625

# 2001–02 JRFH Prize (Thank You Gift) Structure

All Participants \$15 \$30 \$50 \$75 \$125	Certificates and Bookmark Jump Rope (Royal Blue with red handles) Krazy Soda Fountain Glass T-shirt (white) Fuzzy Squish Ball Burple
\$200	Walkie Talkies
\$300 \$500	Outdoor Fun Pack Hoberman Sphere
\$1000	Docking CD Stereo Thank you gifts are cumulative.
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### 2001–02 HFH Prize (Thank You Gift) Structure

All Participants	Certificates and Bookmark
\$15	Bendeez Key Ring
\$30	Desk Calculator
\$50	T-shirt (white)
\$75	Exclusive HFH Basketball
\$125	Basketball Fan
\$200	Sports Stop Watch
\$300	Snooze Alarm Clock
\$500	Loop Darts
\$1000	Docking CD Station
	Thank you gifts are cumulative

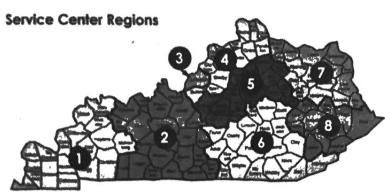
### Coordinator Thank You Gift

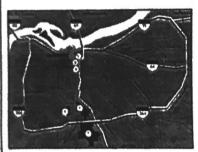
All coordinators completing an event will receive a long sleeve T-shirt

#### School Thank You Gift

sport supply Group	
Event Raises	Certificate Value
\$1,500 2,999	\$100
\$3,000 — 4,999	\$200
\$5,000 7,499	\$300
\$7,500 9,999	\$400
\$10,000 — 14,999	\$500
\$15,000 — 19,999	\$800
\$20,000 and up	\$1000

All schools (jump and hoops) completing an event, will receive a banner.





#### The Galt House Hotel Louisville

On the River at Fourth Avenue Louisville, KY 40202 1-800-626-1814

**KAHPERD Annual Convention** November 1-3, 2001

#### **CONVENTION RATE:**

\$75 Single or Double

Deadline for special rate is October 1, 2001

Name						
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#### FAILURE TO PRE-REGISTER WILL RESULT IN THE LOSS OF YOUR CHANCE TO WIN A \$250 REIMBURSEMENT FOR SDAAHPERD OR AAHPERD!

Name (last)	(first)	(initial)
Home Address		
City	State	Zip
School/organization		
1	(work)	
	E-Mail	
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Service Région Center _ (please check the map of BADGE INFORMATION:		Service Region Center
NewRer	eurrent member to register for the conewal have sponsored 00–01 school event) E-CONVENTION WORKSHO ACTION BASED LEARNING: JE	\$25.00
*NOTE: To be guarantee	end this workshop. ed admission to this session, you must puree hours PD credit approved by KDE.	re-register by Oct. 15
(JRFH MEMBERS	ONVENTION REGISTRATION MUST PAY CONVENTION REGIS	STRATION FEES)
Student (prior to C Additional Sat. Ba Retired Awards Luncheon Convention Proceed	to Oct. 15, \$60.00; \$70.00 after)	\$25.00 each
	T	OTAL

Check or Money Order—ONLY (No Purchase Orders PLEASE) ON-SITE REGISTRATION: Professionals - \$70.00 Students - \$15.00

Mail to: Lonnie Davis, KAHPERD Registration Eastern Kentucky University, Dept. of P.E. 521 Lancaster Avenue, 231 CCB • Richmond, KY 40475

MUST BE POSTMARKED ON OR BEFORE OCTOBER 15!

"KAHPERD NEWSLETTER" is an official publication of the Kentucky Association for Health, Physical Education, Recreation and Dance, printed by the NEWS-DESTOCRAT, Rassellville, Kentucky.

> Editor: Cheryl Harlow

2112 Grider Pond Road Bowling Green, KY 42104-4526 charlow@prodigy.net

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KAHPERD Lonnie Davis, Executive Director Eastern Kentucky University Richmond, KY 40475-3134

Non-Profit Organization U.S. Postage

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