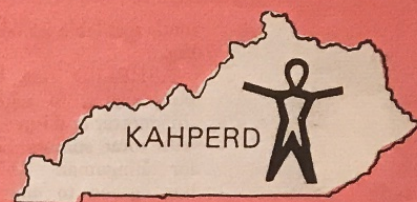


# KENTUCKY NEWSLETTER FOR HEALTH • PHYSICAL EDUCATION RECREATION • DANCE



FALL 1993


## 1993 KAHPERD CONVENTION

### "Strength Through Unity"


### November 5-7, 1993

### Holiday Inn North, Lexington, KY

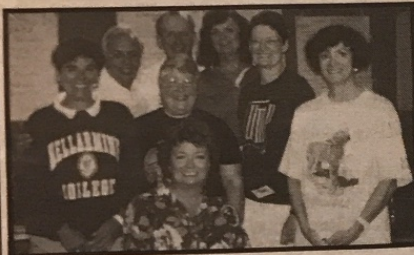
#### KAHPERD SALUTES




Hilma Prather, 1991 recipient of the KAHPERD Health Educator of the Year, who has been chosen to serve a six year term on the Council on Higher Education.



Elizabeth Block, an eleven year old fifth grade student in Louisville, has been Dunn Elementary Schools leading fundraiser for the last three years. This year she raised \$1,000 for Jump Rope for Heart.



Nan Hazel, Nancy Satterfield, Gwen Owen, Linda Olasov, Janice Walden, Merita Thompson, Bill Meadors and others for their hard work on the State Frameworks Writing Committee.



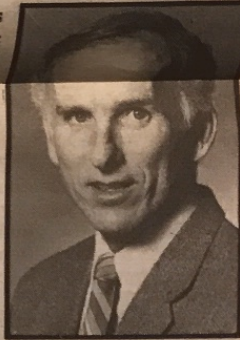
Lonnie Davis for leading the Kentucky contingent as they marched in Washington, D.C., March 24, 1993, to spread the message . . . "Educate the Whole Child."

Ann Karrick, first woman coach at Mount Sterling and Montgomery County high schools, organizer of the Kentucky Girls' Sports Organization and "Mover and Shaker" in KAHPERD who will be inducted into the Kentucky High School Athletic Association Hall of Fame in March, 1994.

Liz Sadler, who was instrumental in organizing girl's athletics at four high schools in Kentucky, and who played a significant leadership role in KAHPERD will be inducted into the Kentucky High School Athletic Association Hall of Fame in March, 1994.

"Belated congratulations" to Nan Ward for her induction into the Kentucky High School Hall of Fame in March, 1993.

#### Charles Corbin to Address Fitness Concerns



Dr. Charles Corbin is well known as a prolific speaker and writer. His books *Concepts of Physical Fitness* and *Fitness for Life*, co-authored with Ruth Lindsey, are the most widely used college and high school texts in the area of fitness. KAHPERD members will have an opportunity to meet and hear Dr. Corbin during the convention. He will be speaking at sessions on Friday and Saturday afternoons.

Dr. Corbin's message on fitness is of concern to a broad audience. The importance of professional unity for the achievement of the common goal of fitness and the importance of fitness education in the Kentucky schools are favorite ideas that Dr. Corbin will be promoting.

Currently, Dr. Corbin is Professor in the Department of Exercise Science at Arizona State University. After completing his B.S. degree at the University of New Mexico, he started his career as an elementary school physical educator. He has an M.S. degree from the University of Illinois and a Ph.D. from the University of New Mexico.

Dr. Corbin is best known for his work in physical fitness though he has contributed significantly

cantly to the areas of exercise physiology, motor development and physical education curricula.

KAHPERD members should plan to attend those sessions presented by Dr. Corbin. Be assured you are "in for a treat."

**Leroy Walker,  
President,  
United States  
Olympic  
Committee  
will speak at  
the first general  
session  
Friday,  
November 5  
at 7 p.m.**



# Editor's Comment



Cheryl Harlow

Once again it is time to write policy makers in an effort to prevent the fields of Health and Physical Education being excluded from the Goals 2000: Educate America Act. Exclusion from this Act would mean funding for Health and Physical Education curriculum, instruction, teacher education and assessments, would not be available from federal sources. All other content areas have been included in this Act and will benefit from federal monies

made available for education.

AAHPERD has been busy trying to address this matter and have met with some success. Senator Bingaman (D-NM) has agreed to offer an amendment which will include health and physical education in this important legislation.

We are the ones who can persuade Kentucky congressmen, but this will not happen if we don't take the time to write and call. Encourage family members, colleagues and students to write, showing their support of including health and physical education programs in the Goals 2000: Educate America Act. The most impressive correspondence is a personal handwritten letter to your congressmen. Realizing that many of us are short on time, I am including a sample letter furnished by AAHPERD to use as a reference; or if necessary, copy and mail to senators Wendell Ford and Mitch

McConnell. In addition, please drop a note to Senator Bingaman (SH-110 Hart Senate Office Building, Washington, DC 20510-3102) thanking him for proposing our amendment.

Please do this ASAP for the vote on this bill was scheduled to take place in July but was postponed. I'm not sure how much time we have before Congress will vote on this bill. Every letter counts, let your voice be heard NOW!

U.S. Senator Wendell Ford, Room 173-A Russell Senate Office Building, Washington, DC 20510, 202-224-4343; 343 Waller Ave., Lexington 40504, 606-233-2484; 172-C New Federal Building, 600 Martin Luther King Place, Louisville 40202, 502-582-6251; 19 U.S. Post Office, Covington 41011, 606-491-7229; 304 Federal Building, Owensboro 42301, 502-685-5158.

U.S. Senator A.M.

"Mitch" McConnell, Suite 120 Russell Senate Office Building, Washington, DC 20510, 202-224-2541; 600 Martin Luther King Place, Room 451, Louisville, 40202, 502-582-6304; Federal Bldg., Room 307, Covington 41011, 606-261-6304; 602 Broadway, Paducah 42001, 502-442-4554; 1501 S. Main St., Ste. N., London 40741, 606-864-2026; 241 Main St., Room 102, Bowling Green 42101, 502-781-1673; 155 E. Main St., Ste. 210, Lexington 40507, 606-252-1781.

Dear \_\_\_\_\_,

I am writing today to solicit your support in adding physical education and health education to Goals 2000: Educate America Act. While this bill supports important educational reform, it has ignored and omitted a vital component of the total education of our children in physical education and health education.

In 1987, Congress passed Resolution 97 encouraging state and local governments and local educational agencies to provide high quality physical education programs for all children in kindergarten through grade 12. The Department of Health & Human Services has established daily school physical education for students in kindergarten through grade 12 as a health objective for the nation for the year 2000. Yet, physical education and health education are not included in the proposed education bill.

Goals 2000 Act will provide support for each state and school district to develop a "comprehensive action plan" as well as provide grants totaling \$393 million in fiscal year 1994 to assist states and communities in planning these reforms and putting them in place. If physical education and health education are not included in the Act, these important subject areas will be excluded from any funding possibilities for improvements in curriculum, instruction, teacher preparation, and assessments. Physical education and health education are already excluded from the Fund for Innovation in Education.

Our students must be physically healthy and know how to maintain their physical vitality so that each can achieve his or her full potential mentally, socially, and physically.

Please support physical education and health education when you consider this important bill! Thank you for your support.

Sincerely,

## Train the Trainer Workshop

by Nancy Satterfield

In April, KAHPERD sponsored a "Train the Trainer" workshop for selected Health and Physical Education teachers from across the

state to develop a cadre of teachers familiar with developing authentic assessment activities for their classrooms. The workshop was held over

a two day period in Louisville and teams of teachers each developed an authentic task with criteria and scoring rubrics that they could take back to their schools and "field test". These teachers were invited back to Louisville in June to share their experiences and discuss the activities they designed.

Bill Meadors, Nan Hazel and Nancy Satterfield conducted the training for the workshop. Their goals were to help teachers work through the curriculum mapping process and understanding what is required for an "authentic task" versus an isolated skill test. The

development of criteria (or what you expect and will assess students on) and rubrics (at what level you expect them to work) is a crucial part of the development process. Teachers have rarely defined that expectation of student's work. However, those teachers who have worked through this process understand

and endorse it. One comment was that the criteria and rubric kept the student and teacher "on task." The students knew exactly what was expected of them and the teacher knew exactly what had to be taught in order for the students to be successful. This is a time consuming but crucial part of curriculum

development.

Those teachers who shared their experiences with their tasks at the June meeting talked about overall acceptance among students and other faculty members. They will share these experiences at the KAHPERD Conference along with handouts of their activities.



Nan Hazel, Health & Physical Education Specialist, 3332 Newburg Road, Louisville, KY 40232.

Nancy Ragland, 4445 Maywood, Paducah, KY 42001.

Karen Baum, #9 Parke Drive, Richmond, KY 40475.

Jeanette Astins, 202 Weaver, Eastern KY University, Richmond, KY 40475.

Carol Lidey, 11 Burdsall Avenue, Ft. Mitchell, KY 41017.

Mark Owens, Henderson Co. South Jr. High School, 800 South Alves St. Henderson, KY 42420.

Dan Haynes, 135 Bayberry Ct., Versailles, KY 40383.

Mary Kirk, N.K.U., Dept. of Health Ed., Highland Heights, KY 41099.

Nancy Satterfield, Henderson Co. Annex, 1805 Second St., Henderson, KY 42420.

Bill Meadors, Dept. of Physical Ed., W.K.U., Bowling Green, KY 42601.

Gwen McGregory, 415 East Chestnut #5, Jefferson, IN 47130.

John Tharp, 414 Mallard Creek Road, Louisville, KY 40207.

Kelly Ambrose, 105 Bluebird, Berea, KY 40403.

Bonnie Ciarrocci, Health Promotion Schools of Excellence, 400 East Gray Street, Louisville Ky 40201.

Kathy Boone, 4961 Grayson Springs Rd., Leitchfield, KY 42754.

Mike Bussiere, Henderson Co. High, 2424 Zion Road, Henderson, KY 42420.

Cheryl Harlow, 2112 Grider Pond Road, Bowling Green, KY 42104.

Sharon Cragg, 727 Edgecliff Rd., Apt. B-27, Covington, KY 41014.

Gwen Owen, 508 Nottaway Drive, Nicholasville, KY 40356.

Susan Mossman, 2108 Huntertown Road, Versailles, KY 40383.

Sheila Owen, Fay Co. Public Schools, 701 E. Main Street, Lexington, KY 40502.

Pat McCann, Grayson Co. Middle School, 726 Mill Street, Leitchfield, KY 42754.

Vicki Luttrell, 201 Beck Street, Somerset, KY 42501.

Suzanne Wallace, Moore High School, 6415 Outer Loop, Louisville, KY 40228.

Jacqui Eckdahl, 4813 A Farmview Drive, Owensboro, KY 42301.

# Proposed Constitution & By-Laws Changes

Report from Cheryl Harlow,  
Chairman of Constitution  
By-Laws Committee

- I. Article VII. Committees Pg. 9 (Bylaws) and Pg. 32 & 33 (Operating Code). Recruitment and Vocational Guidance will be deleted from the list of Standing Committees.
- II. Article VII. Committees Pg. 9 (Bylaws) and Pg. 31 & 32 (Operating Code). Public Affairs Council will be deleted from the list of Standing Committees.
- III. Article VII. Committees Pg. 9 (Bylaws). Add Special Awards Committee to list of Standing Committees.
- IV. Delete all information pertaining to Dance as a Section from the Bylaws and Operating Code. Information will be replaced by Dance Division information.
- V. Article XI. Section 1.  
Reads: All amendments shall be published in the next issue of the Journal.  
Change to: All amendments shall be published in the appropriate KAHPERD publication prior to the meeting of the General Assembly.
- VI. Section 8 under Honor Awards to read:  
The committee chairperson shall possess and keep up to date a list of recipients of state awards. This shall be kept in the folder of the awards committee chairperson and a copy shall be given to the Executive Secretary of KAHPERD. Nominations should be dated upon receipt and remain in the pool for a total of three years. The chairperson of the committee will be responsible for keeping this list updated and provide the Executive Director with a copy. The committee chairperson shall be responsible for contacting all previous nominees for a yearly update.
- VII. Operating code will read:
  - A. Name.
    1. The name of this committee is the Special Awards Committee.
  - B. Organization.
    1. This is a Standing Committee.
    2. There will be five members who serve a one year term and four members serving two year terms. The five one year members will be the immediate Vice-Presidents (1. Health 2. Physical Ed. 3. Recreation 4. Dance 5. General). The four members serving two year terms shall consist of two previous award recipients and two members from the general membership. (Beginning the first year one award recipient and one general member shall be appointed for a one year term with the other recipient and general member appointed for a 2 year term).
    3. The President will appoint two members to the committee each year; one shall be a previous award recipient and the other shall be from the general membership.
    4. The chair of the committee will be the Past, Past President.
  - C. Purpose.
    1. This committee will make possible for the annual Special Awards to be presented from the Association by collecting and evaluating data of nominees for the various awards.
  - D. Function.
    1. To receive names of nominees for awards from any KAHPERD member or the general public i.e. Principals, Curriculum Supervisors, etc.
    2. To announce the nature of awards of the Association and means for nominating individuals in the appropriate KAHPERD publications, Curriculum Supervisors mailing, Ky. School Principals Publications and others.
    3. To obtain biographical materials from persons nominated for awards to be forwarded to Southern District by the Nov. 1 deadline. This information should include the nominee's contributions to their particular area of expertise.
    4. The committee chairperson consolidates the information on all candidates and sends to the committee members for voting. The chairperson tabulates the results and if necessary, returns the information to the committee members for further evaluation.
    5. The number of candidates will vary 0, 1, 2, etc.
    6. The award certificates and award nomination forms shall be kept in the office of the Executive Director.
    7. Awards may be presented by the chairperson of the Special Awards committee or a designee.
    8. The committee chairperson shall possess and keep a current list of recipients. This list shall be kept in the folder of the Special Awards Committee Chair and a copy shall be given to the Executive Director. This folder shall be passed along to the next Committee Chair at the end of the year served. Nominations should be dated upon receipt and remain in the pool for a total of three years. The chairperson of the committee will be responsible for keeping this list updated and providing the Executive Director a copy of the updated list. The committee chairperson shall be responsible for contacting all previous nominees for a yearly update.
  - E. Special Awards may be presented in the following areas:
    1. Health (K-12)
    2. Health (College & University)
    3. Physical Educator (K-6)
    4. Physical Educator (7-12)
    5. Physical Educator (College & University)
    6. Recreation
    7. Dance
    8. Health Student\*
    9. Physical Education Student\*
    10. Recreation Student\*

\*Only one student can represent KAHPERD in the SDAHPERD competition.  
\*\*It is possible that every category will not be awarded each year.

# Necrology Committee Report

by Kitty Baird  
Centre College

John Dromo, head men's basketball coach at Louisville from 1967-70, died September 29, 1992.

Dr. Sue Marion Hall died Wednesday, July 28, 1993, at the Baptist East Hospital in Louisville, Ky.

She was born in Omaha, Nebraska. Her only sister, Jean Hall Dugher, pre-deceased her in October, 1992. After graduating from Central High School in Omaha, Sue attended the University of Nebraska - Lincoln where she earned a Bachelor of Science degree with a major in Physical Education. Her Master of Science degree was from the University of Southern California. Her Ph.D. was from Ohio State University. She taught at all levels of education - elementary, secondary, and college.

In 1940, Sue moved to Louisville, Ky. and began her teaching career at the University of Louisville which lasted for thirty-five years. She retired in 1975 as Professor Emerita of Health, Physical Education and Recreation. In addition to her teaching and advising responsibilities, she served as Women's Tennis Coach and was instrumental in forming the Ky. Women's Inter-collegiate Association.

Dr. Hall was past president of the KY Association of Health, Physical Education, Recreation and Dance and the recipient of the Walter Mustaine Award and a Life Membership Award. In 1962-63, she was the president of the Southern District of AAHPERD. She was a life member of AAPHERD and also NEA. She also served as past president of the Louisville Chapter of the American Association of University Women.

In addition to professional interest groups, Sue was an avid bird watcher; she was an active member of the Beckman Bird Club and the Sierra Club. She was also awarded the "KY Colonel" distinction.

Joe Harper, former coach at Monticello.

James Ishmael, former football coach in the Fayette County system died January 1, 1993.

John William Jones II, Physical education professor, a man who colleagues described as kind and one who showed personal concern for students and co-workers.

Jones, 63, died at his home after a long illness.

Jones taught at Western Kentucky University for 26 years. In 1985, he received the W. H. Harrison award, the highest honor given by the Kentucky Association for Health, Physical Education, Recreation and Dance for outstanding and consistent contributions to the profession. He was also a member and past president of the organization.

Before coming to Western, he served in the physical education departments at Southern State College in Magnolia, AR, and Campbellsville College. He also coached and taught at Pembroke and Sinking Fork high schools in Christian County and at Kirksey High School in Calloway County.

"The excellent recognition that we have in our physical education teacher preparation program is, in large part, the result of his dedication and scholarly attention to physical education as an academic discipline," said Burch Oglesby, the physical education department head.

I would like to request and urge each member of the KAHPERD Board and representatives take note of people in our profession from your part of the state who are deceased, and send me a report or a newspaper obituary. Please help us with these records.

Kitty Baird, HPE Dept., Centre College, Danville, KY, 40447



# DIVISION NEWS

## Early Convention Workshop Friday morning 9:00 - 12:00

### Transylvania University McAllister Auditorium

(Transportation provided from  
Holiday Inn-North - leaves at 8:40)

### AAHE/BEST Drug and Alcohol Prevention Program

### "Your Choice . . . Our Chance" and "My Best"

Grades 5/6 and teens 13-15 years old

State Trainer: Dr. Donald Calitri - Department  
of Health Education - ECU

**OVERVIEW:** The BEST (Bringing Everybody's Strength Together) Foundation, funded by the Conrad N. Hilton Foundation, is a national multi-million dollar philanthropic effort designed to help communities accomplish their drug, alcohol and tobacco prevention goals by assisting them in orchestrating anti-drug messages to youth and building enthusiasm and support for local drug prevention efforts.

The classroom component of "Your Choice . . . Our Chance" consists of ten (10) 15 minute video programs and "My Best" consist of six (6) 15 minute video programs. They are fully consistent with the cognitive and affective development of students and meet KERA goals and objectives. In addition to objectives and a summary of the related video programs, each lesson contains suggestions for discussion and focusing activities before viewing, follow-up after viewing, and separate activities for grades 5/6 and teens age 13 through 15 years old.

## Physical Education

by Jim Swetman, VP Physical Education

### Convention '93" P.E. FOR ME

Set yourself free in '93. Get rid of all those KERA worries. Pick up lots of new and fresh ideas. Make this school year the best ever by attending as many physical education-related sessions of the '93 convention as possible.

Don't miss Friday morning, November 5, at 9:00 a.m. when Bill Meadows of W.K.U. will show us how we can make a difference as he explains *Transformation - Goals and Outcomes*. Be there to take advantage of the motivation Bill always provides.

Nan Hazel from Jefferson County will share her expertise with us on *Designing Curriculum - Local Curriculum Development and the State Department of Education*. For many years Nan has been on the cutting edge in developing new and positive ways to motivate teachers and administrators to realize the importance of strong

physical education programs. Take some of her knowledge home with you!

Activity sessions at the 1993 convention look better than ever. Bring your Reeboks and get ready to rock and roll with the fabulous Lucian Taylor. Everyone is glad to have Lucian back in Kentucky, bringing his own brand of excitement and enthusiasm with *Aerobics and Step Aerobics for Children* at 2:30 on Friday afternoon.

John Allen, from the University of Louisville, will demonstrate table tennis in *Learning Skills and Strategies for Competition* on Friday at 2:30. You will be amazed at the complexities of table tennis and will surely want to share this experience with your students.

Friday - 4:00 p.m. Yes, I know you're tired; but, if you hit the happy hour buffet now, you'll miss the best of the best.

The Health Division theme for the KAHPERD 40th Annual "Strength Through Unity" Convention is Comprehensive School Health Education. Model comprehensive school health programs demonstrate great strength through the unified efforts and attention of many individuals involved with health.

A comprehensive school health program involves a network of programming, services and resources within the school and community to provide quality instruction and a health promoting environment for youth. A comprehensive school health program is defined as "an organized set of policies, procedures, and activities designed to protect and promote the health and well-being of students and staff which has traditionally included health services, healthful school environment and health education" (Joint Committee on Health Education Terminology, 1991, p.105). Allensworth and Kolbe (1987) supported eight components of the comprehensive school health program, including: 1) school

health services, 2) school health education, 3) school health environment, 4) integrated school and community health promotion efforts, 5) school physical education, 6) school food service, 7) school counseling and 8) school-site health promotion program for faculty and staff.

A comprehensive school health program is a combination of school and community resources working to promote student wellness. The school health education component is the instruction that occurs in the classroom, whether the information is organized as a separate course, or integrated within other subjects. School health education is the development, delivery and evaluation of a planned instructional program and other activities for students pre-school through grade 12, and is designed to positively influence the health knowledge, attitudes, and skills of individuals (Joint Committee on Health Education Terminology, 1991). Health instruction in the school contains goals, objectives,

First, check out Gwen Owen and her Jump Rope presentation. It will show you how to organize and develop your jump rope program for fun and profit.

Jim Nance, University of Kentucky, will share his insights on *Teaching Gymnastics the K.E.R.A. Way*.

Margaret Pentecost, University of Louisville, is offering *Oceans of Ideas: Combining P.E. and Classroom Activities* from 4:00 - 5:15 p.m.

The 4:00 lineup will make it tough to choose a session, but each of them will provide food for thought that you can't find in the buffet.

The great lineup of speakers and activities continues on Saturday, November 6, at 8:30 a.m.

when The U.S. Bowling Association brings in a national speaker to demonstrate techniques on *Bowling in Your P.E. Class*. They will offer ideas and equipment specially designed for your setting.

"Jump Rope for Heart" will again perform with a demonstration team from Dunn Elementary of Louisville from 9:45 - 10:45 a.m. Emphasis will be placed on getting your own jump rope team started and how it will benefit your school.

Today's *Line Dances* sure have come a long way from the bunny hop and the loco-motion. Here is the chance you have been waiting for to learn from the experts. Burch Oglesby and Mary Cobb, Western Kentucky Uni-

versity, will pump you up and get you excited about teaching line dances. Be there! Saturday - 9:45 - 10:45 a.m.

Just before lunch Saturday, take a few minutes to catch Jeanette Askins as she assists us in *Teaching Developmentally Appropriate Physical Education Using Varied Instructional Formats - A Response to K.E.R.A.* Saturday - 11:00 - 12:00. Karen Baum, Eastern Kentucky University Model Lab School, will discuss *Developmental Skill* on Saturday from 1:30 - 2:45.

Last year the room was packed, so get there early for *Portfolios in the Physical Education Classroom*. Karen Palmer and Beverly Gass,

Jefferson County, will outline their format for keeping and utilizing portfolios in the classroom.

Last, but not least, Donald Paulin, Cawood Elementary, and Agnes Chrietzberg, Eastern Kentucky University, will bring a gymnastics group that will offer demonstrations by students and participation. This should be lots of fun! Join them for *Gymnastics Demonstration: An Emphasis on Skill Learning* from 3:00 - 4:15 p.m.

This year's convention offers fun, excitement and the opportunity to learn new skills that make educating children an exciting experience. Join Your Fellow Teachers and Have A Ball.

1. Workshop: AAHA/BEST Drug and Alcohol Prevention Program, "Your Choice . . . Our Chance" and "My Best"

2. "Strategies for Implementing Health-Related Valued Outcomes of KERA"

3. "Nutrition Update"

4. "Update on HIV Infection and AIDS"

5. "Effective Prevention Programs"

6. "Communication Skills"

7. "Criteria for a Comprehensive School Health Education Program"

8. "Authentic Assessment for Health Educators"

9. "Promoting KERA Using the Teenage Teaching Modules"

10. "Teaching Nutrition in Fun Ways"

**References:**  
Allensworth, D.D. & Kolbe, L.J. (1987). The comprehensive school health program: Exploring an expanded concept. *Journal of School Health*, 57(10), 409-412.

Joint Committee on Health Education Terminology. (1991). Report of the 1990 Joint Committee on Health Education Terminology. *Journal of Health Education*, 22(2), 97-108.

## Health

by Julie Huettelman, VP Health



# DIVISION NEWS

## Recreation

by Corky Broughton, VP Recreation

### Attention: Recreation/Leisure Professionals/Students Plan to Attend 93 Annual Conference

Recreational Professionals and Students... send in your registration and mark your calendar today! The 1993 annual KAPERD conference will provide a wide variety of opportunities for learning and sharing in the recreation and leisure fields for both professionals and students. Just a

few of the topics include: recreational liability issues, wilderness trip planning, leisure related psycho-social issues. Time has been set aside to discuss current trends and issues in the recreation and leisure fields. We are anticipating an outstanding opportunity for professionals and stu-

dents throughout the state to share and interact. We need you there to make this a successful event! If you need any additional information contact: Dr. James C. Broughton, Vice President for Recreation, MSU, Department of HPER, Murray, Ky. 42071, (502) 762-6286.

## General

by Agnes Chrietzberg, VP General

### Convention Highlights Physical Education Programs

What are KAPERD members looking for in convention programs: applications associated with KERA, solutions to problems, ideas for change based on research, professional development, or social activities with colleagues? Section Chairs in the General Division have planned a series of programs that will answer these needs and more.

Session topics will include: 1) Kentucky Department of Education Requirements of Adapted Physical Education, 2) "Data Base Gym" for the Severely Disabled, 3) Assessment/Curriculum for Severely Disabled, 4) Mainstreaming the Disabled in Physical Education, 5) Adaptive, Developmentally Appropriate Physical Education and 6) KERA and ADA: What Effect Upon Physical Education.

The Kentucky School for the Deaf has recently completed a health and physical education curriculum. On Saturday morning Paul Smiley will present the KSD program for the deaf and talk about how to assist deaf or hard of hearing students who might be mainstreamed into phys-

ical education class.

Two sessions have been scheduled for research presentations on Saturday morning. Chair Bob Gruninger has sent out a call for presentation of papers. Presenters have been asked to provide abstracts suitable for publication in the **KAHPERD Journal**.

The Student Section, under the leadership of Stacy Pearson, has planned several programs that will appeal to student members from different areas of preparation. The Friday afternoon session entitled, "What Are Intern Experiences in HPER All About?," will use breakout groups to discuss areas of teacher preparation, sports information, dance, recreation, and adult fitness. On Saturday morning, a program entitled, "Student Presentations of Practical Experiences in HPER Fields," will feature ten-minute addresses by students which describe a variety of successful learning activities and experiences.

The Student Section will sponsor several recreational activities that will make the convention more enjoyable for all. Those include:

A lunch time social on Friday — "So you Don't Dance."

An aerobic wake-up session on Saturday morning — "Aerobics with a New Twist."

A lunch time social on Saturday — "Ice Breakers."

An all-convention dance and casino on Friday night.

The convention events which bring us together allow us to build "strength through unity." Come, learn, enjoy, and build a strong professional association.

"I am only one: But still I am one.  
I cannot do everything, but still  
I can do something; I will not refuse  
to do the something I can do."

— Helen Keller

## Dance

by Cheryl Harlow, VP Dance

### Dance...Dance...Dance

Meet me in Lexington it's the place to be, to learn all about Dance in '93;

Lucian Taylor will be there to teach you the latest, about children's aerobics and creating the greatest;

Susan Mossman and children will perform to the beat, how to have fun, so be prepared to get on your feet;

Burch Oglesby and Mary Cobb will teach the latest in lines, your students will love and learn in no time;

Sue Banister will teach you to meet the outcomes, to satisfy KERA, believe me they're not ho-hum;

Nancy Satterfield and Marianne McAdam will be on hand, to teach you new dances with or without the band;

Come prepared and bring your new attitude, you'll love the dances and set a new mood;

Your gym will come alive with music and jive, the kids will think you're great and not forty-five;

A poet I'm not, but excited I'll be, to learn the new Dances of '93.

## Student Section

by Stacy Pearson

### Student Members Get Fired Up!

This year's student section is going to be the best ever! At the 1993 convention, KAPERD is sponsoring two "Student Spirit Awards." These awards will be given to the two student groups with the largest number of KAPERD members present. The awards will be given in two categories: (1) College/university under 12,000 total enrollment, and (2) College/university with 12,000 and over total enrollment. The "Student Spirit Award" will rotate each year to the winning college/university.

The student section is sponsoring three areas: (1) Student sponsored programs, (2) Student sponsored social, and (3) Recreational activities. Under the student programs the areas of

emphasis include: a guest speaker, internship experiences, and student presentations of practical experiences in related fields. The student sponsored social is a country/western night that includes dancing and casino games for the non-dancer. The recreational activities include: "So You Don't Dance," "Volleyball Fun," "Aerobics With a New Twist," and "Icebreakers."

For this to be the best ever student section, we need every college/university to become involved. Please send me the name and address of the contact person in your professional organization.

Stacy Pearson, Student Section Chair, 1158 Punccheon Creek Road, Holland, Ky. 42153, phone 502-622-5585.

## KAHPERD Welcomes Jean Cain



Hi! I am Jean Cain, your contact in the Department of Education

for Health and Physical Education. I am delighted to have been given this assignment. I have a B.S. in Health Occupations Education, M. Ed. in Administration and Supervision, and 30 hours in Instructional Design. As a curriculum specialist, I have been extensively involved in developing that section of the curriculum framework which deals with the Practical Living Studies outcomes as well as outcomes in the other six goals. I have worked with the assessment writing teams for health

and physical education. Currently, I am refining a transitional course outline for a secondary Health Education course; John Wyatt, Glenda Goff, and Barbara Miller are health education teachers who worked with me in developing the outline.

I assure you I will make every effort to be a valuable resource to you and will rely on the expertise of teachers and teacher educators frequently. My phone number is 502/564-2106; please do not hesitate to call me.

If  
you  
don't  
take  
care  
of  
your  
body  
where  
will  
you  
live?

Indian  
Proverb



# JUMP ROPE FOR HEART

AHA/JRFH & KAHPERD will sponsor a reception following the first general session at the fall convention in Lexington. Everyone is invited to join this JUMP ROPE FOR HEART GALA. Many door prizes will be given away during the reception. Look for the time printed in your program.

## Jump Rope For Heart – A Continued Success by Gwen Owen

Jump Rope for Heart will enter its fifteenth year this fall. More Kentucky schools participated in JRFH events during the 1992-93 school year than in any previous year. Participation has continued to grow as 293 schools completed JRFH events this past year and over 33,000 students jumped to raise \$381,500 in KENTUCKY. Congratulations to Elizabeth Block, Dunn Elementary School in Louisville, who raised \$1,000. Elizabeth was the top money raiser in Kentucky. Coordinators and students continue to make JRFH a continued success.

JRFH a huge success. Students enjoy jumping rope and learning about the benefits of cardiovascular exercise as they prepare for their events which raise money to fund heart research. Educational resource materials developed by AAHPERD and AHA are available to coordinators. Many of these resources will be displayed at the JRFH booth during the fall convention. Please stop by the booth and see the resources and the prizes for the coming year. A special heartfelt thanks to all who helped make JRFH a continued success.

## Attention Jump Rope For Heart Coordinators by Gwen Owen

You are invited, as a guest of KAHPERD, to a JUMP ROPE FOR HEART LUNCHEON on Saturday, November 6, 1993 at the fall convention in Lexington. PLEASE return the KAHPERD membership application and convention registration form with your registration fee. Your KAHPERD membership is FREE, however, you are responsible for paying the convention registration fee. Be sure to indicate on the form if you are

planning to attend the JRFH LUNCHEON.

Those JRFH coordinators who are unable to attend the convention need to RETURN the membership form only so that their names can be current on the KAPHERD membership mailings. Returning the appropriate forms will provide Dr. Burch Oglesby with the needed information on the status of your membership. We appreciate your help with this paper work and look forward to seeing you in Lexington, November 5-7, 1993.



## SMOKING

### TEEN'S DISMISS SMOKING DANGERS

Everything in mall-land seemed the same as always: piped-in music, exhausted shoppers, clearance sales, and, of course, clusters of teenagers just hanging out.

Many had cigarettes dangling from their mouths.

This is the '90's, when lighting up is considered not only a rude habit, but a dangerous one.

Among the frightening statistics: An estimated 3.7 million teens consider themselves cigarette smokers. About 1.7 million had smoked a whole cigarette before their 12th birthday. About 40% of teens who smoked reported using cigarettes daily. About one in five 16- to 18-year olds who smoked averaged at least 20 cigarettes a day.

Most teen smokers feel they're too young to worry about the consequences. They should think again. More than 400,000 people in the United States die each year from tobacco-related diseases. Smoking kills more Americans than homicide, AIDS, alcohol, cocaine, heroin, suicide, car accidents, fires, and drunken driving combined.

It's up to parents to make sure their kid doesn't become one of these mortality statistics.

Jenai Bergal, columnist for the Sun-Sentinel of Fort Lauderdale, FL. Excerpted from *Wisconsin Newsweek News*, January-February 1991.

## SMOKING

### ANNUAL DEATHS, VARIOUS CAUSES

Active Smoking <sup>1</sup>	434,000
Alcoholic Beverages <sup>2</sup>	105,000
Passive Smoking <sup>3</sup>	53,000
Auto Accidents <sup>4</sup>	43,500
Homicides <sup>5</sup>	24,020
AIDS <sup>6</sup>	22,334
Fires <sup>7</sup>	4,200

Radon, to non-smokers <sup>8</sup>	4,000
Cocaine & Crack <sup>9</sup>	2,483
Heroin & Morphine <sup>10</sup>	1,976

1 = U.S. Centers for Disease Control, 1988 • 2 = U.S. Centers for Disease Control, 1987 • 3 = U.S. Surgeon General, 1992 • 4 = Nat'l. Safety Council, 1991 • 5 = U.S. Sen. Judiciary Comm. Rpt., 1991 • 6 = U.S. Centers for Disease Control, 1991 • 7 = Nat'l. Safety Council, 1991 • 8 = Repace, Risk Anal., V. 10, No. 1, 1990, 27 • 9 = Nat'l. Inst. on Drug Abuse, 1990 • 10 = Nat'l. Inst. on Drug Abuse, 1990.

ASH Special Report  
Action on Smoking and Health  
2013 H St., N.W.  
Washington, DC 20006

## JRFH Mini Grants Awarded

KAHPERD sponsored JRFH Mini Grants were awarded to three schools. Schools receiving mini grants for the 1993-94 school year are:  
Bristow Elementary School  
Cheryl Harlow  
Bowling Green, Kentucky  
South Junior High School  
Mark Owens  
Henderson, Kentucky  
Wm. H. Natcher  
Elementary School  
Keith Stokes  
Bowling Green, Kentucky



## Jump Rope for Heart State Task Force Members 1993/94

Ms. Gwen Owen, Chairman, Nicholasville Elem., 508 Nottaway Dr., Nicholasville, Ky. 40356.  
Ms. Janet Wells, Lewisburg Elem./Middle School, 560 Peach Orchard Rd., Lewisburg, Ky. 42256.  
Ms. Judy Spencer, Beattyville Elementary School, Box 409A, Rt. 1, Booneville, Ky. 41314.  
Ms. Susan Durr, Woodlawn Elementary School, 694 Bellows Mill Rd., Harrodsburg, Ky. 40330.  
Ms. Lenore Yates, Caldwell Co. Elem. School, Rt. 2, Box 21A, Fredonia, Ky. 42411.  
Mr. Bob Geoghegan, Bardstown Elementary School, 117 Bluegrass Court, Bardstown, Ky. 40004.  
Ms. Vicki Luttrell, Phelps Elementary School, Highway 90, Windsor, Ky. 42565.  
Ms. Kay Hardison, Lincoln Elementary School, 930 East Main Street, Louisville, Ky. 40206.  
Mr. Dan Johnson, Luhr Elementary School, 6900 Fegenbush Lane, Louisville, Ky. 40228.  
Ms. Pat Earles, PALS-PHA (After School Program), 2701 Park Avenue, Paducah, Ky. 42002-7205.  
Ms. Gina Whittle, Northern Elementary School, 3600 Cincinnati Road, Georgetown, Ky. 40324.  
**AHA Staff**  
Cindy Harbin, American Heart Association, Kentucky Affiliate, 333 Guthrie St., Ste. 207, Louisville, Ky. 40202.  
Terri Cowgell, American Heart Association, Kentucky Affiliate, 333 Guthrie St., Ste. 207, Louisville, Ky. 40202.



# 1993 PRESIDENT-ELECT CANDIDATES



## David Elbert Cundiff

Major Advisor & Lead Professor,  
HPER, Education Division,  
Campbellsville College, KY

### Present Position:

Major Advisor & Professor, HPER, Education Division,  
Campbellsville College, Ky.

### Education:

1960 - B.S. Degree in HPER, Union University, TN  
1961 - M.S. Degree in HPE, University of Illinois  
1966 - Ph.D. Degree in PE, University of Illinois

### Professional Experience:

1961-63 - PE teacher/coach, Jr. High School, Maryland  
1966-67 - Chair, HPER and Athletic Dir., (Assist. Professor/  
Baseball Coach), Union University  
1967-70 - Assistant Professor, HPE and Director Human  
Performance Lab, Univ. of Toledo  
1970-74 - Associate Professor of PE & Coordinator of  
HPL, Western Ky. University, Bowling Green, Ky.  
1974-79 - Associate Professor of HPE & Dir. of HPL,  
Oral Roberts University, Tulsa, Oklahoma  
1979-87 - Professor of PE & Director of UGM Physical  
Fitness Institute (HPL), U. Southern Ms.

### Professional Affiliations:

AAHPERD, Life Member; SDAHPERD; KY-AHPERD; American  
College of Sports Medicine; Association of Fitness in Business;  
American Heart Assn., KY Affiliate & Council on Epidemiology.

### Service/Honors in HPERD and Other Recognitions:

**State:** Research Section Chair, KYAHPERD, 1972-73, 1989-90  
Research Section Chair, OKAHPERD, 1975-76  
Research Section Chair, MSAHPERD, 1981-82  
Chair, Legislative Health and Fitness Day, 1990  
Co-Coordinator Kentucky Physical Best Program

**District:** Research Council Secretary, SDAHPERD, 1975-76  
Research Council Chair, SDAHPERD, 1981-82  
Vice President, General Division, 1984-86  
SDAHPERD Nominating Committee, 1986-87  
SDAHPERD Honor Award, 1987

**National:** Chair, Physical Fitness Council, ARAPCS, 1980-81  
Board of Directors, ARAPCS, 1980-81  
Member, Executive Bd. of Research Consortium, 82-84

**Other:** Member, Board of Directors, MS Affiliate, AHA, 1982-87;  
Presented Bronze Medal for Distinguished Service, AHA; Magnolia  
Award, MS Dietetic Assn., 1983; Fellow, American College of  
Sports Medicine, 1976; Certified ACSM Program Director, 1976;  
Charter Fellow, Assn. of Fitness in Business, 1985; President,  
Region 3 (Southeast), AFB, 1983-1985; National Vice President,  
AFB, 1986; Presented 1st USM Faculty Prof. Service Award, 1985

### Related Professional Activities:

Presentations at State, Dist. and National AAHPERD; Regional  
and National ACSM; Regional AFB; Site Dir., and faculty for  
ACSM Exercise Tech., Exercise Specialist, & Program Director  
Workshops and Certification.

### Publications:

Four books and numerous articles in following journals: Metabolism,  
JOPER, Health Educator, Sport and Medicine, Exercise and  
Fitness, AFB Journal, KY JOHPER, etc.

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## Charles V. Daniel, Jr.

Full Professor of  
Physical Education/Recreation,  
Western Kentucky University

**Present Position:** Full Professor of Physical Education/Recreation  
Western Kentucky University

**Education:** Doctorate - 1980 George Peabody College of Vanderbilt  
Program and Staff Development in Adapted Physical Education  
and Recreation; Education Specialist - 1979 George Peabody  
College Physical Education and Recreation for Handicapped;  
Masters - 1975 University of Rhode Island, Health, Physical  
Education and Recreation; B.S. - 1969 Old Dominion  
University, Health, Physical Education and Recreation

### Public School

**Teaching Experience:** 1969-1978 Norfolk Public Schools - Adapted  
Physical Education Specialist, Elementary Physical Education,  
Junior High Health and Physical Education. 1978-79 Davison  
County School - Adapted Physical Education.

**Coaching Experience:** 1969-1978 Coach at Eastern High School  
- Girls Volleyball, Girls Softball, Boys Basketball; 1980-1990  
Western Kentucky - Volleyball.

**Related Professional Activities: Presentations - 11 International,  
42 National, 60 Regional/State - 80 Practical Public  
School Workshops: Adapted Physical Education, Elementary  
Physical Education, Assessment, Therapeutic Recreation. Publications - 3  
books on Senior Games, "Mature Stuff" Editor/Writer AAHPERD,  
Kentucky Adapted Physical Education Guidelines for the State  
Department and 24 articles.**

### Services/Honors in HPERD

**State:** Chair of Adapted Physical Education (3 times), Vice-President  
Recreation Division, Chair Committee on Aging, Business  
Manager, Merit Award winner, Kentucky Education Adapted  
Physical Education Committee, Kentucky Senior Games Director.

**Southern District:** Vice-President Recreation, Vice-President  
Council on Aging, Board Member, Nomination Committee, Human  
Relations Committee, Student Section Committee, Southern  
District Restructure Committee.

**National:** President Council on Aging, ARAPCS Publication  
Committee, ARAPCS Research Committee, National Mature  
Stuff Trainer, Strategic Planning Committee, AALR National  
Board Member, Therapeutic Recreation (AALR) Committee,  
National Senior Games Board, National WIVC Board.



## Pat Earle Vice-President Elect Recreation

Recreation Assistant  
Paducah Parks & Recreation

**Unopposed**



# KAHPERD CONVENTION PROGRAM

## November 5 & 6, 1993

### Holiday Inn, North Lexington, KY



#### FRIDAY

8:00 - 4:00 Registration at Holiday Inn North

8:30 - 12:00 Pre-Convention Adapted Section - Transylvania University  
"KERA and the Severely/Profoundly Disabled"  
**President:** Charlie Daniel, Western Kentucky University

9:00 - 12:00 Pre-Convention Health Division - Transylvania University (**Pre-Registration Required**)  
AAHE/BEST Drug & Alcohol Prevention Program, "Your Choice . . . Our Chance" and "My Best"  
**Speaker:** Don Calitri, Eastern Kentucky University

9:00 - 12:00 KERA Phase I: Transformation - Goals and Outcomes KERA "newcomers"  
**Speakers:** Bill Meadors, Western Kentucky University; Nancy Satterfield, Henderson County Schools, Henderson, KY

9:00 - 12:00 KERA Phase II: Designing Curriculum - Local Curriculum Development and the Kentucky Department of Education KERA "old pro's"  
**Speaker:** Nan Hazel, Jefferson County Schools, Louisville, KY

12:00 - 1:00 Lunch (On Your Own)

12:00 - 1:00 Student Section - "So You Don't Like to Dance"  
**Speaker:** Marianne McAdam, Eastern Kentucky University

1:00 - 2:15 "Teaching Nutrition the Fun Way"  
**Speaker:** Linda Dinsmore, Kentucky Department of Education

1:00 - 2:15 "Update on HIV Infection and AIDS"  
**Speaker:** Greg Lee, Lexington Fayette County Health Department

1:00 - 2:15 "KERA Superstars" (Student demonstration and participation)  
**Speaker:** Susan Mossman, Squires Elementary School, Lexington, KY

1:00 - 2:15 "Communication Skills"  
**Speaker:** Jan Harman, Lexington Planned Parenthood

1:00 - 2:15 "What Are Internship Experiences in HPERD All About?" (Student Breakout Session)  
**Speakers:** Martha Mullins, Eastern Kentucky University; Jack Rutherford, Eastern Kentucky University; Gwen Owen, Nicholasville Elementary, Nicholasville, KY; Nancy Geha, Eastern Kentucky University; Larry Belknap, Eastern Kentucky University

2:30 - 3:45 "Mainstreaming the Disabled in Physical Education"  
**President:** Charlie Daniel, Western Kentucky University

2:30 - 3:45 "Criteria for Comprehensive School Health Education Program"  
**Speaker:** Holly Conner, Kentucky Department of Education

2:30 - 3:45 "Table Tennis: Learning Skills and Strategies for Competition"  
**Speaker:** John Allen

2:30 - 3:45 "Implementing Fitness Education in the Schools - The KERA Way"  
**Speaker:** Charles Corbin, Arizona State University

2:30 - 3:45 "Foley Middle School Wellness Program: Physical Education Every Day in Middle School"  
**Speakers:** Lisa Caudill, Foley Middle School, Berea, KY; Mark Wall, Foley Middle School, Berea, KY

2:30 - 3:45 "Aerobics and Step Aerobics for Children"  
**Speaker:** Lucian Taylor, University of Kentucky  
*Participation Session*

4:00 - 5:15 "Nutrition Update"  
**Speaker:** Sara John-Wynkop, Dairy & Food Nutrition Council of the Southeast, Inc.

4:00 - 5:15 "How to Start a JRFH"  
**Speaker:** Gwen Owen, Nicholasville Elementary, Nicholasville, KY

4:00 - 5:15 "Alcohol and Other Drug Prevention Programs"  
**Speaker:** Mark Nason, Prevention Research Institute

4:00 - 5:15 "Teach Gymnastics the KERA Way"  
**Speaker:** Jim Nance, University of Kentucky

4:00 - 5:15 "Oceans of Ideas: Combining Physical Education and Classroom Activities"  
**Speaker:** Margaret Pentecost, University of Louisville

5:15 University Socials

7:00 - 8:30 First General Session - "Strength Through Unity"  
**Speaker:** Leroy Walker, President, United States Olympic Committee

8:30 - 9:00 Reception/Receiving Line

9:00 - 12:00 Dance/Casino

#### SATURDAY

7:30 - 8:30 "Aerobics With a New Twist"  
**Speakers:** Pam Smith, Eastern Kentucky University; Dana Tipton, Eastern Kentucky University

8:30 - 10:45 Research Presentations  
**President:** Bob Grueninger, Morehead State University

8:30 - 9:30 "Liability Issues Confronted in the Recreation Field"  
**Speaker:** James Overby, Attorney, Morehead State University

8:30 - 9:30 "Bowling in the School Setting"  
**Speaker:** Representative, National Bowling Association

8:30 - 9:30 "Adaptive: Developmentally Appropriate Physical Education"  
**President:** Charlie Daniel, Western Kentucky University

8:30 - 9:30 "Student Presentations of Practical Experiences in HPERD Related Fields"  
**Speakers:** Students

8:30 - 9:30 "Meeting KERA's Goals Through Dance in the Primary Program"  
**Speaker:** Sue Bantister, Warren Elementary School, Bowling Green, KY  
*Participation Session*

9:45 - 10:45 Research Presentations  
**President:** Bob Grueninger, Morehead State University

9:45 - 10:45 "A Look at the Kentucky School for the Deaf's Physical Education and Health Education Curriculum"  
**Speaker:** Paul W. Smiley, Kentucky School for the Deaf

9:45 - 10:45 "KERA and ADA: What Effect Upon Physical Education"  
**President:** Charlie Daniel, Western Kentucky University

9:45 - 10:45 "Demonstration of Alternative Fitness Test Batteries"  
**Speaker:** Jack Rutherford, Eastern Kentucky University

9:45 - 10:45 "Line Dances"  
**Speakers:** Burch Oglesby, Western Kentucky University; Mary Cobb, Western Kentucky University  
*Participation Session*

11:00 - 12:00 "Strategies for Implementing Health Related Learner Outcomes of KERA"  
**Speaker:** Merita Thompson, Eastern Kentucky University

11:00 - 12:00 "How Not to Get Wet When Planning Wilderness Cave Expeditions"  
**Speakers:** James C. Broughton, Murray State University; Judy Brookhiser, Murray State University

11:00 - 12:00 "Teaching Developmentally Appropriate Physical Education Through Varied Instructional Formats: A Response to KERA"  
**Speaker:** Jeanette Askins, Austin Peay State University

11:00 - 12:00 "Dance, Dance, Dance"  
**Speaker:** Lucian Taylor, University of Kentucky  
*Participation Session*

12:00 - 1:30 Lunch (On Your Own)  
"Ice Breakers" (Student Section)

1:30 - 2:45 "Teenage Health Teaching Modules: Teacher Training"  
**Speaker:** Joel Stocking, Henderson County North Junior High School, Henderson, KY

1:30 - 2:45 "Outdoor Education"  
**Speaker:** Steve Spencer, Western Kentucky University

1:30 - 2:45 "Fitness in America: Uniting for a Common Goal"  
**Speaker:** Charles Corbin, Arizona State University

1:30 - 2:45 "Developing Skills the KERA Way"  
**Speaker:** Karen Baum, Model Lab School/Eastern Kentucky University

3:00 - 4:15 "Portfolios in the Physical Education Classroom"  
**Speakers:** Karen Palmer, North Elementary, Louisville, KY; Beverly Gass, Wilder Elementary, Louisville, KY

3:00 - 4:15 "Psychosocial Benefits of Outdoor Education"  
**Speaker:** Suzanne VanHove, Murray State University

3:00 - 4:15 "Authentic Assessment for Health Education"  
**Speaker:** Mark Owens, South Junior High School, Henderson, KY

3:00 - 4:15 Gymnastic Demonstration: "Refining Gymnastics Skills for Distinguished Performance"  
**Speakers:** Donald Paulin, Caywood Elementary School, Harlan, KY; Agnes Christberg, Eastern Kentucky University

3:00 - 4:15 "What the Physical Education Teacher Needs to Know About KERA and Dance!"  
**Speakers:** Marianne McAdam, Eastern Kentucky University; Nancy Satterfield, Henderson County Schools, Henderson, KY

4:30 - 5:30 Second General Session - Business Meeting  
**Presiding:** Lonnie Davis, Eastern Kentucky University

**ALL KAHPERD MEMBERS  
NEED TO ATTEND.**

6:30 - 8:30 Awards Banquet - Tickets Must Be Purchased In Advance



# 1993 KAHPERD SLATE OF OFFICERS



**JoAnne Rowe**  
**Member at Large - West**  
Associate Professor of HPER  
Louisville, KY

## Earned Degrees

- 1976 Ph.D. - Texas Woman's University, Denton - Adapted & Developmental Physical Education.
- 1973 Ed.S. - George Peabody College/Vanderbilt University - Physical Education for the Handicapped.
- 1962 M.S. - University of Tennessee/Knoxville - Physical Education.
- 1961 B.S. - Georgia State College for Women, Milledgeville - Health, Physical Education & Recreation.

## Educational Experience

- 1988- University of Louisville - Associate Professor HPER.
- 1985-88 Augusta College - Associate Professor PER & Coach.
- 1979-84 University of Alabama - Associate Professor HPER.
- 1976-79 North Carolina Central Univ. - Associate Professor HPE.
- 1962-72 Berry College - Assistant Professor PER & Coach.

## Current Professional and Academic Associations

American Alliance for HPERD, Southern District AAHPERD - Chair Adapted Council, Kentucky AAHPERD - Chair Adapted Section, National Consortium on Physical Education & Recreation for the Handicapped, Association for Children with Learning Disabilities, Council for Exceptional Children, National Association of Physical Education in Higher Education, National Association of Sports & Physical Education, American Sports Research Association, American Running & Fitness Association, Research Consortium (Fellow), Southern Association of Physical Education College Women - membership committee.

## Publications

- Miller, LK & Rowe, PJ (1992). Correlation of eye color on self-paced and reactive motor performance. *Perceptual and Motor Skills*, 75, 91-95.
- Miller, LK & Rowe, PJ (1991). A positive reflection on high school athletic trainers. *KAHPERD Journal*, 24(2), 4-9.
- Rowe, PJ & Miller, LK (1991). Treating high school sports injuries - Are coaches/trainers competent? *JOPERD*, 62:49-54.



**Lynne Fitzgerald**  
**Member at Large - East**  
Associate Professor  
Morehead State University

## Education

- Ed.D. - Temple University, Dance, 1984.
- M.Ed. - East Stroudsburg State University, Health and Physical Education, 1971.
- B.S. - East Stroudsburg State University, Physical Education, 1970.

## Professional Experience

- Associate Professor - Morehead State University, 1986 to present.
- Facilities Coordinator - Temple University, 1979 to 1986.
- Teaching Associate - Temple University, 1975 to 1979.
- Physical Education Instructor - Ralph B. O'Malley Middle School, 1971 to 1975; Greene Junior/Senior High School, 1970.

## Professional Service

- University:
  - Member - Intercollegiate Athletics Committee, 1989 to 1993.
  - Member - Physical Education Undergraduate Committee, 1988 to present.
  - Member - Health, Physical Education and Recreation Graduate Committee, 1988 to present.
- State:
  - Member - KIRIS Advisory Committee, Assessment for Practical Living, 1992 to present.
- National:
  - Board Member - National Association for Girls and Women in Sport, 1990 to 1993.
  - Editorial Board - *Strategies*, 1993 to present.

## Professional Affiliations

AAHPERD, KAHPERD, NDA, NAGWS, AAASP, WSF.

## Professional Awards:

Presidential Award for Outstanding Service to the National Association for Girls and Women in Sports, National AAHPERD Convention, March 1993.



**James "Corky" Broughton**  
**Member at Large - West**  
Assistant Professor  
Therapeutic Recreation Coordinator

## Employment

Full time employee in the Department of Health, Physical Education and Recreation. Presently contracted in a tenure track. Fall 1993, my tenure packet is to be submitted. Date of employment, Fall 1989 to present. Major assignment is on Murray State University campus in the area of Therapeutic Recreation.

## Education

- Ph.D. - University of Maryland, Discipline: Therapeutic Recreation, Confirmed 1987.
- M.S. - Memphis State University, Discipline: Therapeutic Recreation, Confirmed 1977.
- B.S. - Lander College, Discipline: Health, Physical Education and Recreation, Confirmed 1976.

## Teaching Duties

I teach all levels, with the primary emphasis in Therapeutic Recreation. I am presently advising 54 students. I am responsible for teaching the following courses: REC 101: Introduction to Recreation and Leisure Services; REC 150: Seminar in Recreational Activities; REC 202: Program Planning in Recreation; REC 207: Special Populations in Recreation; REC 350: Canoeing and Wilderness Camping; REC 400: Survey of Therapeutic Recreation; REC 421: Professional Experience "Internship"; REC 440: Outdoor in Therapeutic Recreation; REC 475: Programming in Therapeutic Recreation; REC 480: Special Problems in Recreation; REC 515: Leisure Education in Therapeutic Recreation; REC, HEA, PHE 520: Leisure and Aging; REC 565: Interpretive Services in Park Management; REC 621: Professional Experience and Internship; REC 621: Professional Experience and Internship; PHE 129: Basic Canoeing; PHE 286: Football Officiating Laboratory.

## Major/Most Recent Publications

- "Individualized Instruction: A Model and Plan for Implementation," *Journal of Educational Technology*, under review.
- "Physical Education and AIDS," *The Physical Educator*, under review.
- "Collegiate Intramurals: Where Do They Go From Here?," *Journal of the National Intramural-Recreational Sports Association*, under review.
- "A Model for Assessment of Therapeutic Recreation Clinics," *Therapeutic Recreation Journal*, under review.

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**Karen Henry Baum**  
**Member at Large - East**  
Assistant Professor  
Elementary Physical Education

## Academic Degrees

- Rank I - E.K.U. - July 1992 - Major: Physical Ed.
- M.S. - E.K.U. - August 1982 - Major: School Health.
- B.S. - E.K.U. - May 1981 - Major: Physical Ed., Minor: Health.

## Professional Experience

- Model Laboratory School - 1988-present - Teaching elementary physical education.
- Walnut Hill Day School - 1986-88 - Teaching pre-school education. Extended Day Care Director.
- Sayre School - 1982-86 - Teaching N-12 grade physical education. Teaching 7-12 grade health.

## Teaching Load:

- Teaching elementary physical education for the nursery, primary and upper elementary students.
- Cooperating teacher for physical education student teachers since the Fall 1989 semester.
- Health Instructor for Curriculum and Instruction. Elementary Health Curriculum, Fall 1989 to the present (ELE 365).

## Non-Teaching Assignments and Activities:

- Model School Drug Education Committee, Family Life Advisor Committee, Physical Education Committee, Playground Committee, Safety Committee.
- Elementary Student Council, Co-sponsor.
- Fit Kids Club, Sponsor.
- Middle School Cheerleader Sponsor.

## Professional Memberships

- Kentucky Association for Health, Physical Education, Recreation and Dance.
- American Alliance for Health, Physical Education, Recreation and Dance.
- Kentucky Association for School Health.
- National Association for Girls and Women in Sport.
- Citizens for Sport Equity.
- Phi Delta Kappa.



# 1993 KAHPERD SLATE OF OFFICERS



## Richard West Vice-President Elect Health

Associate Professor of Health & P.E.  
Transylvania University

### Education

San Diego State University, San Diego, California, 1972 - A.B. Degree with Distinction in Public Administration (Health Emphasis).

University of North Carolina at Chapel Hill, North Carolina, 1977 - M.A. Degree in Physical Education; Minor in Public Health Administration.

University of North Carolina at Chapel Hill, North Carolina, 1981 - Ph.D. Degree in Curriculum and Instruction (Adult Health Education).

### Recent Experience

Associate Professor of Health and Physical Education; Transylvania University, Lexington, Kentucky, 1991-present. Developed the health education minor curriculum; teach "lifetime Fitness," as well as life sciences (exercise physiology, biomechanics/kinesiology) and statistics; assist with teacher education.

Adjunct Professor of Education and Physical Education  
University of Kentucky, Lexington, Ky., 1991-present.

Assistant Director for Program Development, 1987-90; Division of Continuing Education and Health Communication.

Assistant Professor, School of Allied Health Sciences, 1987-90; Medical College of Georgia, Augusta, Georgia.

### Related Experience

Assistant Professor of Health Science, Mankato State University.

Directed a Chemical Dependency Counseling Program.

Elementary and secondary school health education experience.

Supervised teacher education program for health and physical education.

U.S. Air Force Education Officer, taught Drug and Alcohol Abuse Prevention.

Developed and taught health promotion courses at a health sciences university.

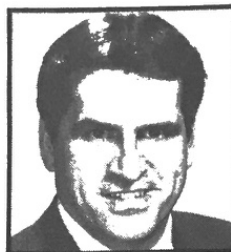
Consultant to private industry in the field of employee health programs.

Developed cardiac rehabilitation and geriatric health programs.

Volunteer services to county board member of the AHA and other health agencies.

### Professional Associations

AAHPERD/AAHE; KAHPERD: member of the editorial board of the KAHPERD Journal and the membership Committee; American Medical Writers Association; Phi Delta Kappa.



## Jeffrey Clark Vice-President Elect Health

Assistant Professor  
University of Louisville

### Education

H.S.D. - Indiana University, August, 1991 - Major: School and College Health Education.

Ed.M. - Oregon State University, 1977 - Major: Health Education.

B.S. - Western Illinois University, 1974 - Major: Health Education.

### Professional Experience

1991-93 Assistant Professor; Health Education, Department of Health, Physical Education, and Recreation, School of Education, University of Louisville, Louisville, Kentucky.

1990-91 Health Education Specialist; Ruth Lilly Center for Health Education Life/Leadership Development Inc., 2055 N. Senate Ave., Indianapolis, IN 46202-1210.

1988-91 Associate Instructor; Department of Applied Health Science, Indiana University, Bloomington, IN 47405.

1978-88 Health and Math Education Teacher; Dakota Community Unit 201, Dakota, IL 61018.

1977-78 Building Assistant in charge of Student Affairs and Athletic Director; Dakota Community Unit 201, Dakota, IL 61018.

1976-77 Teaching Assistant; Oregon State University, Corvallis, Oregon 97331.

1974-76 Health Education Teacher; Dakota Community Unit 201, Dakota, IL 61018.



## Karen Ray Vice-President Elect Physical Education

Physical Education Teacher  
Price Elementary & Blake  
Elementary Schools

### Position

Itinerant Physical Education Teacher - Price Elementary and Blake Elementary Schools.

### Education

All course work done at Western Kentucky University, Certification in Guidance Counseling - June 1992. Professional Certificate for School Administration and Supervision: Endorsement for Supervisor of Instruction, Elementary, Secondary, 12-Grade - December 1989. M.A. in Secondary Education and Psychology - June 1981. B.S. in Physical Education, K-12 and Sociology - August 1975.

### Experience

1980-present Elementary Physical Education Teacher, Price and Blake Elementary Schools. My purpose is to provide the students with a wide variety of activities that will help them to develop mentally, emotionally, socially as well as physically.

1978 Assistant Coordinator of Community Education, Bruce Middle School. Responsibilities were to assist in the operation of the programs that were provided through Adult Education at the site.

1976-79 Bruce Middle School, Physical Education Teacher.

1975-76 Butler High School, Health and Physical Education Teacher.

1971-73 Classified Paraprofessional Louisville City System, Manley Junior High School Diagnostic Prescriptive Instruction, DPI Reading Program.

### Other Experience

1975-76 Butler High School Assistant Track Coach.

1975-78 University of Louisville Women's Track Coach.

1991 Center for Leadership in School Reform Training.

1991-93 Resource Teacher for Elementary Physical Education Teachers.

Spring 93 Supervising Teacher for Student Teacher.

### School and Community Service:

1989-present Jefferson County Public Schools and Humana Hospital: Fun and Fitness Fun Run.



## Joy Heines Vice-President Elect Physical Education

Physical Education Teacher  
Middletown and Hite Schools

### Educational Background

1985 - Bachelor of Arts - Berea College.

1988 - Master of Arts - University of Louisville.

### Teaching Experience

1985-1993 Elementary Physical Education Teacher - Presently Middletown and Hite.

### Coaching Experience

1992-1993 Special Olympics Basketball.

### Professional Growth and Achievements

a. Coordinator of Family Fitness Fun Run.

b. Coordinator of Project Renaissance Track Meet.

c. In-service Workshops for Jefferson County Public Schools.

d. Elementary physical education shows.

e. 15th District PTA - Aids, Health Chairman.

f. PTA Gold Card.

g. Participatory management representative for health and physical education.

h. Special Olympics coach.

i. Jump Rope for Heart 1985 to present.

### Professional Memberships

Member NEA, KEA, JCTA.

Member AAHPERD.

Member KAHPERD - KAHPERD BOARD - Elementary Section Chair.

### Honors and Awards

Outstanding Staff Award - Jefferson County Public School 1990-1992.

Jefferson County Teachers Association - School House Award.

Minnie Maude McCauley Award - 1985.

Feeling Good Award - Jefferson County - 1986.

Gold Apple Award - Jefferson County - 1993.

Grants for Family Fitness Fun Run - Audubon Medical Center, Cardio Vascular Associates.

# 1993 KAHPERD SLATE OF OFFICERS



**Lucian Taylor**  
**Vice-President Elect**  
**Dance**  
University of Kentucky

PICTURE  
NOT  
AVAILABLE

**Candice Maher**  
**Vice-President Elect**  
**Dance**  
Physical Education Teacher  
White's Tower Elementary School

## Teaching Experience

W.R. McNeil Elementary School, Bowling Green, Kentucky.  
Crittenberger Elementary School, Fort Knox, Kentucky.  
University of Mississippi, Department of Exercise Science and Leisure Management,  
University, Mississippi

## Professional Preparation

B.A. in Physical Education K-12 with a minor in Recreation, Western Kentucky University, 1974.  
M.A. in Education with a minor in Physical Education, Western Kentucky University, 1979.  
Ed.D. in progress, University of Mississippi.

## Honors and Awards Received

Demonstration Center for the President's Council on Physical Fitness, W.R. McNeil Elementary School, Bowling Green, Kentucky, 1974-78.  
Demonstration Center for the President's Council on Physical Fitness, Crittenberger Elementary School, Fort Knox, Kentucky, 1982-89.  
Voted 17th District and 6th Regional Tournament Baseball "Coach of the Year" - 1987.  
The Distinguished Service Award, Kentucky Association for Health, Physical Education, Recreation and Dance - 1983.  
Outstanding Young Man of America - 1987.  
Honorable Mention for Volunteer Award for the Kentucky State Special Olympics - 1987.  
Presented Award for 14 years of service by Kentucky State Special Olympics - 1988.  
Merit Award - Kentucky Association for Health Physical Education, Recreation and Dance - 1989.

## Community Service

Big Brother/Big Sister Program, Bowling Green, Kentucky, 1974-78.  
Kentucky State Special Olympics - 1975-89.  
Fort Knox Golden Field Day for kids with special needs - 1985-88.  
Say No to Drugs and Yes to Life Program - local, state and national levels - 1985-89 - at following locations: Oxford, Ohio Middle School; Somerset Middle School; Hazard, Kentucky; Eastern Kentucky schools.  
Co-founder of KADA - Kids Against Drug Abuse, Lafayette County Elementary School.



**Jacalyn Lund**  
**Vice-President Elect**  
**General**  
Assistant Professor  
University of Louisville

## Education

1990 The Ohio State University - Ph.D. - Major: Sport Pedagogy, Minor: Applied Behavior Analysis.  
1974 University of Northern Colorado - M.S. - Major: Physical Education.  
1971 Michigan State University (with honors) - B.S. - Major: Physical Education, Minor: Physical Science.

## Work Experience

1990-present University of Louisville.  
1987-1990 The Ohio State University.  
1974-1987 Fort Morgan (CO) Public Schools.  
1971-1974 Grand Junction (CO) Public Schools.

## Professions/Academic Association Memberships

1971-present Life Member American Alliance for Health, Physical Education, Recreation and Dance.  
1974-present Life Member Colorado Association for Health, Physical Education, Recreation and Dance.  
1988-present American Educational Research Association.  
1987-present Member Research Consortium for AAHPERD.

## Articles (Selected listing)

Lund, J. (In Press). "Same Sneakers, New Tricks: Curricular Alternatives for Physical Education." *The National Association of Secondary School Principals*.  
Lund, J. (1991). A description of teacher Accountability in physical Education (Refereed) *Abstracts of Research Papers 1991*, AAHPERD Research Consortium.  
Lund, J. (1990). Instructor's Manual for *Introduction to Physical Education, Fitness and Sport*. Mayfield Publishing, Mountain View, CA.  
Lund, J. (1990). "Physical Education: Learning or Recess?" *NASSP Bulletin*, 74 (526) 78-81.  
Brunelli, J. and White, H. (1988). "Is Your Physical Education Program Worth Saving?" *Colorado Journal of Health, Physical Education, Recreation and Dance*, 14 (2).



**Mary Kirk**  
**Vice-President Elect**  
**General**  
Assistant Professor  
Northern Kentucky University

## Professional Experience

1987-Present Assistant Professor, Health & Physical Education, Northern Kentucky University.  
1985-1987 Lecturer, School of Health, Physical Education & Recreation, The Ohio State University.  
1984-1985 Teacher, Middle & Elementary Science and Physical Education, Learning Unlimited School, Columbus, Ohio.  
1983-1984 George Williams College, Chicago, Illinois.  
1979-1984 Graduate Teaching Associate, School of HPER, The Ohio State University.  
1969-1979 Health & Physical Education Teacher and Coach in the Richmond Heights, Ohio School District and the Orange School District, Pepper Pike, Ohio.

## Education

The Ohio State University - Ph.D. - Physical Education - 1989.  
Michigan State University - M.A. - Physical Education - 1973.  
Ohio University, Athens, O. - B.S.Ed. - Health & Physical Ed. - 1969.

## Professional Activities

Teach in Physical Education Professional Preparation Program at NKU and supervise practicum students, student teachers & interns.  
Director of NKU Motor Development Program for Children and Youth with Disabilities.  
Director of NKU Preschool Motor Skill Development Program.  
Director of NKU Developmental Gymnastics Program for Children.  
Director of NKU PrimeTime Fitness & Motor Skill Program for Adults Over 50.  
Presentations at Southern District AAPHERD & AAHPERD Conventions.  
Research: The Effect of Three Modes of Exercise on the Response of the Neuromuscular System in Women 50 to 74 years old (1991-92).  
Research Grant: National Youth Sports Coaches Association. Developmental Readiness and Remediation Program to Assist Parents in Making Decisions Regarding the Readiness of their child to Participate in Organized Sport Programs (1992-93).



# President Elect's Message

by Marianne McAdam



arships to students, as well as give the organization and our cause more visibility.

Having just returned from the National AAHPERD and Southern District AHPERD leadership conferences I wanted to share with you some of what I gained from these experiences. My predecessors informed me that one of the highlights of the president-elect's position was to attend the leadership conferences. They were not exaggerating. My state of being can best be described as a combination of excited, overwhelmed, exhausted and stimulated. An odd combination perhaps? True, but one shared by most of the participants.

So much was learned at the conferences it is hard to know where to begin. Probably most reinforcement that we truly belong to a unique, friendly, and powerful organization. Our leadership in Washington, from President Mike Davis to the staff who serve us in Reston are truly sincere, insightful and energetic people. We have all gained a great deal from their energy and dedication to our professions.

Meeting other state president-elects and their executive directors was a powerful experience. We each shared our triumphs and defeats and came away with many ideas to implement in our state associations. At KAHPERD's July board meeting, I presented several of these ideas which focus on how we can make our organization more effective. For example, many states have been securing corporate sponsorship for workshops, health fairs, etc. as Louisville has done for their "Family Fitness Day." Corporate sponsorship could supplement KAHPERD's income which could in turn be used to increase available grant money, offer more workshops, provide schol-

The most important concept presented at both conferences, I believe, was the importance of **ADVOCACY**. Having always avoided the political arena, I initially cringed at the thought of becoming politically active, but after several days of enlightenment, my tune has changed. **WE MUST BE ADVOCATES FOR OUR PROFESSION**. Many of you received the letter from NASPE and AAHE explaining that our professions have not been included in "The Goals 2000: Educate America Act," which has recently come before the U.S. Legislature. How can health and physical education not be a critical part of a child's education when our nation has come to realize that the health care system must be overhauled and prevention of illness is paramount?

Our leadership in Washington has been diligently hounding the Department of Education and members of Congress, but they cannot do it alone. Your letters and calls are essential to show support for changing the Goals 2000 Act to include health and physical education. I found out how easy this process was when I picked up the phone and called the U.S. Congress (202-224-3121) and was immediately transferred to each of the officials from our area (Harry Moberly, Mitch McConnell and Scotty Baessler). Once connected with their offices I simply stated my position on the issue and gave my name and address to the secretary. Of course, your position is further reinforced by sending a letter. While form letters are better than none, a personal letter is generally more effective. I urge you all to call and or send a letter of support on this important issue.

We are fortunate in Kentucky that KERA has recognized the value of

our profession (health, physical education, dance and recreation). People need to be convinced, however, that competent professionals in our field are needed to achieve the desired outcomes. This can best be accomplished by being the best we can be and by making our voice heard at the local level. Being current on the latest curricula supported by the various AAHPERD organizations (i.e. developmentally appropriate physical education) is critical. Learning how we may integrate with other subject areas is also of prime importance.

Our professions are already in an advantageous position, employing many of the learning styles advocated by KERA. Educational reform has helped our professions by recognizing that the concepts we teach are essential to the well-being of a healthy adult. However, we need to overcome the obstacles of implementing KERA before the outcomes can become a reality.

KAHPERD is here to help you in understanding KERA as it is meant to be. We are extremely fortunate to have so many KAHPERD members who have been intimately involved in every step of the creation of KERA. Bill Meadors, Nancy Satterfield, Nan Hazel, Rayma Beal and others have worked tirelessly and are largely responsible for the prominence enjoyed by our fields in the KERA curriculum. Their expertise and that of others are available to you through several avenues — our summer workshop, the November convention, mini workshops throughout the state, the KAHPERD Journal, and this newsletter. Please take advantage of what your professional organization has to offer. Although the Department of Education cannot afford the money to train teachers in the KERA method, KAHPERD can be a valuable source of training by providing

new information and a way of networking.

To help in the implementation of KERA and provide for better service to our members, KAHPERD is promoting the formation of local organizations. The state was roughly divided into 13 districts and a person was appointed to spearhead the formation of the local

KAHPERD association in each area (see the names and numbers of contact people at the end of this article). By joining your local association you can address specific issues and problems unique to your area, undertake projects that will make a difference in your own community and make your voice be heard at the local and state level. Local associations provide a means to **ADVOCACY**. Please take this opportunity to call your contact person and become involved in your profession. We need each and every one of you to be involved if we are to make a difference.

I wish each of you could have experienced the leadership conferences and become as excited about the possibilities for our organization as I have. You can be sure I will try at every opportunity to pass on what I have learned and use it to enhance KAHPERD. Our professions and professional organization have so much to offer if only we can learn to "toot our own horn."

Thank you for giving me the opportunity to serve you, and please do not hesitate to contact your president, Lonnie Davis, or me if we can be of assistance in any way.

Contact people for Local Associations by Area:

Berea/Richmond area — Karen Baum, 606-622-3766 or 624-0840.

Hopkinsville area — Leonore Yates, 502-365-6955 or 545-7101.

Bowling Green area — Sue Bannister, 502-781-2385 or 782-1131.

Owensboro/Henderson area — Jacqui Eckdahl, 502-683-7109 or 685-5614.

Louisville area — Karen Palmer, 502-426-6712; Beverly Gass, 502-426-6810; Joy Heines 502-955-5555; Jim Swetnam 502-267-9173.

Campbellsville area — Dave Cundiff, 502-789-5260.

Lexington/Frankfort area — Paula Lewis, 606-254-5707.

Union/Cumberland area — James Key, Cumberland College.

Morehead/Ashland area — Robert Grueninger, 606-784-9391 or 783-2180.

Covington area — Mary Kirk, 606-572-5194.

Pikeville area — Denise Campbell, 606-368-2101.

Elizabethtown area — Looking for volunteers.

**EACH DAY,  
APPROXIMATELY 3000  
TEENS HAVE THEIR  
FIRST CIGARETTE. OF  
THESE 3000,  
APPROXIMATELY 750  
OF THEM WILL EVENTUALLY  
DIE FROM SMOKE  
RELATED DISEASES.**

Private Victories Newsletter  
Connecticut Association of Schools  
Volume 2, Number 1, September 1992

**Burch  
Oglesby,  
Executive  
Director**



## Executive Director's Report to Membership Our financial condition

on September 1, 1993, was as follows:

Cash on hand (checking account)	\$1,980.82
Passport Money Market Balance	\$3,214.85
Certificates of Deposit	\$49,650.79
Mortgage Backed Securities	\$27,855.25
UTS 21st Century Trust #008	\$1,508.25
Total Assets	\$84,209.96

Recent activities of our association have included (1) the summer P.E. Teachers Workshop, (2) two Train-The-Trainers Workshops, (3) leadership and convention planning board meetings, (4) Lobbying efforts on behalf of getting health and physical education included in the Educate America Act and (5) publication of a new membership brochure. We have finally gotten our identification problem with the IRS as a 501c organization cleared up! Now we can get back the money that should not have been withheld from the interest on our investments!!

I would like the membership to be aware that the board at its summer board meeting authorized the executive director to conduct a site search for the 1995 and 1996 convention. Northern Kentucky is being considered for 1995 and Louisville in 1996. Your reactions to having the convention at these sites will be welcomed.

**"Difficulties elicit talents that in more fortunate circumstances would lie dormant."**

—Horace

# FOR YOUR INFORMATION

## Need Some Help?

### NASPE Announces New Resource Materials

Reston, Va., 1993 — From ideas for award winning approaches to physical activity to liability and safety concerns in physical education and sport, the National Association for Sport and Physical Education (NASPE) has recently published a number of new resource materials which are aimed at helping physical educators. They include:

**\* Ideas for Action** — Following up on the success of the National Youth Fitness Summit in 1991, NASPE, the President's Council on Physical Fitness and Sports and the Sporting Goods Manufacturers Association have published *Ideas for Action*. In this manual of fun fitness programs, teachers, including NASPE's Teachers of the Year share detailed outlines of their successful programs which can be implemented easily and with very little cost. To order, send a check or money order for \$10 made payable to SGMA/Ideas for Action to: Sporting Goods Manufacturers Association, 200 Castlewood Drive, North Palm Beach, FL 33408.

**\* Physical Activity and Sport for the Secondary School Student** — This book, by Neil J. Dougherty IV, is an updated and completely revised version of the popular book, *Physical Education and Sport for the Secondary School Student*. It provides secondary school students and teachers with a comprehensive

and authoritative reference on contemporary physical activities and sports. Several new chapters have been added to reflect trends in present-day program offerings, excellent diagrams and figures are included. To order, call 1-800-321-0789. Stock #0-88314-526-X, \$24.95 (\$22.45 for AAHPERD members).

**\* Liability and Safety in Physical Education and Sport: A Practitioner's Guide to the Legal Aspects of Teaching and Coaching in Elementary and Secondary Schools** — This book presents numerous case summaries which serve to illustrate the duties and the standard care to which professional educators and coaches are held while alerting the reader to the kinds of teacher/coach actions as well as environmental conditions which have given rise to litigation. To order, call 1-800-321-0789. Stock #0-88314-546-4, \$19.95 (\$17.95 for AAHPERD members).

**\* Let's Move, Let's Play** — This unique new series of movement videos, specially tailored for preschool children ages two to five, has been recently produced by KinderCare Learning Centers and NASPE. The package includes a three-segment participation video for children, a staff training video, and an activities handbook for teachers of young children. To order, call 1-800-321-0789. Stock #304-10045, \$54.95.

**\* Flagball for the '90s** — Written by Timothy M. Windemuth, this all-new book covers fundamentals, drills and strategies of this fast-moving game — a safe, affordable and enjoyable alternative to tackle football. To order, call 1-800-321-0789. Stock #0-88314-524-3, \$18.00 (\$16.25 for AAHPERD members).

**\* Man and Running** — A translation of a popular Russian book presenting a worldwide literature search on the benefits of fitness running. The authors want to help the reader appreciate the joy of running and convert it into a reliable ally in the struggle against aging. To order, call 1-800-321-0789. Stock #0-88314-527-8, \$23.95 (\$21.55 for AAHPERD members).

A nonprofit membership organization of over 25,000 professionals and students in the field of sport and physical education, the National Association for Sport and Physical Education (NASPE) is the only national association dedicated to strengthening basic knowledge in sport and physical education, disseminating that knowledge among professionals and the general public, and putting that knowledge into action in schools and communities across the nation. It is the largest of the six associations of the American Alliance for Health, Physical Education, Recreation & Dance (AAHPERD), headquartered in Reston, Va.

## Southern District Dance Division Convention Luncheon Thursday, January 27, 1994

Mark your calendars now and plan to attend the annual Dance Division Luncheon held during the Southern District Convention. The special guest speaker this year will be Jane Doss, the first Southern District Vice President for Dance.

Luncheon tickets are only available prior to the convention. To reserve your ticket, please complete the form below and mail it with your check for \$18.25 (payable to SDAHPERD Dance Division) to Sandy Gallemore, LB 8076 - Georgia Southern University, Statesboro GA 30460-8076. Reservations must be postmarked by January 15, 1994.

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Number of Dance Division Luncheon Tickets - \$18.25 each  
Enclosed is check payable to SDAHPERD Dance Division for \$ \_\_\_\_\_

\*\*\*Please mail form and check prior to January 15 to:  
Sandy Gallemore, SDAHPERD VP-elect for Dance, LB 8076  
- Georgia Southern University, Statesboro, GA 30460-8076

## Newsletter Helps Instructors Create Healthy Kids

1993 - Baltimore, MD: Gerstung Publications has introduced a newsletter for all fitness and physical education instructors who work with youth fitness programs, according to Siegfried Gerstung, President.

*Movement Today*, the newsletter, serves as an idea source and forum, and is dedicated to communication among instructors. Format and style are aimed at giving busy instructors information that is not only pertinent but provocative. It was created as a tool for advancing the cause of children's fitness during a time of budget cuts and weakened extra-curricular programming. *Movement Today* features lesson builders, learning trails, equipment set-ups, and other helpful lesson information in ten issues yearly, and is priced at \$22 a year. Gerstung Publications is a part of Gerstung/Gym-Thing, Inc., established in 1964. Gerstung manufactures gymnastics, movement, and fitness equipment, and publishes resource materials. For more information, call 410-337-7781 or 800-922-3575.

"People get into addictive behaviors in order to feel good, and they eventually have to keep doing it not to feel bad."

Dr. Robert Lobis, Director, Child and Adolescent Psychiatry, The Institute of Living, Hartford, Connecticut

"Never doubt that a small group of committed citizens can change the world. Indeed, it is the only thing that has."

Margaret Mead

## NATIONAL PATHFINDERS AWARD NOMINATIONS ACCEPTED

The Pathfinders Award is given annually to honor a person from each state who has continued to advocate, recruit and enhance sports opportunities and leadership for girls and women. Awards will be given at the National AAHPERD Convention in Denver, Colorado in April.

Nomination information should include: 1) a letter nominating the individual, 2) two additional letters of support, 3) a short resume describing activities and contributions.

Send to: Agnes Chrietberg, NAGWS State Coordinator, Department of Physical Education, Eastern Kentucky University, Richmond, KY 40475.

Previous Kentucky Pathfinders Honored by AAHPERD  
Elizabeth Thornberry - 1991  
Dorothy Harkins - 1992  
Kitty Baird - 1993



## TOBACCO EDUCATION TOOLS

Free catalog of slides and posters from *The Joy of Smoking*, a spoof on cigarette advertising. Highly effective, memorable graphics to supplement your current program. Now available to health educators and physicians. Please contact Bonnie Vierthaler at The Badvertising Institute Box 8052 Portland ME 04104 (617) 267-5393



# FOR YOUR INFORMATION



"The problem with the health care system is we always deal with it at the wrong end. Why don't we deal with it on the preventative side and stop people from smoking?"

Leon Panetta, director of the Office of Management and Budget, on CNN's "Inside Politics."



## U.S. Senators & Representatives From Kentucky

U.S. Senator Wendell H. Ford (D, Owensboro), Room 173-A Russell Senate Office Building, Washington, D.C. 20510, 202-224-4343; 343 Waller Ave., Lexington 40504, 606-233-2484; 172-C New Federal Building, 600 Martin Luther King Place, Louisville 40202, 502-582-6251; 19 U.S. Post Office, Covington 41011, 606-491-7229; 304 Federal Building, Owensboro 42301, 502-685-5158.

U.S. Senator A.M. "Mitch" McConnell, (R, Louisville), Suite 120 Russell Senate Office Building, Washington, D.C. 20510, 202-224-2541; 600 Martin L. King Place, Room 451, Louisville, 40202, 502-582-6304; Federal Bldg.,

Room 307, Covington 41011, 606-261-6304; 602 Broadway, Paducah 42001, 502-442-4554; 1501 S. Main St., Ste. N, London 40741, 606-864-2026; 241 Main St., Room 102, Bowling Green 42101, 502-781-1673; 155 E. Main St., Ste. 210, Lexington 40507, 606-252-1781.

U.S. Representative Tom Barlow, (D, Paducah, 1st District) 1408 Longworth House Office Building, Washington, D.C. 20515, 202-225-3115; 1 Executive Boulevard, Paducah 42001, 502-444-7216.

U.S. Representative William H. Natcher (D, Bowling Green, 2nd District), Room 2333 Rayburn House Office Building, Washington,

## Southern District Scholar Call For Nominations

The SDAAPERD Scholar Award Program is designed to accomplish the following:

Promote and stimulate scholarly productivity among professionals representing the various disciplines within the field.

Recognize senior level scholars who have made and continue to make significant contributions to the profession.

Criteria for nominees and selection are as follows:

Must be a member of AAHPERD and the respective State Association.

Should have achieved a commendable record evidenced by scholarly productions and presentations.

Should be currently producing scholarship. Should be capable of synthesizing phenomena and communicating facts appropriate to the membership.

Must be willing to assume duties and responsibilities as Southern District Scholar

Any member of AAHPERD who resides within Southern District may submit nominees to the Scholar Committee by sending names and vitae to:

**Dr. Linda Ramsey, 3028 PE Complex, UT-Martin, Martin, TN 38238**

**Deadline for nominations is October 15, 1993.**

D.C. 20515-1702, 202-225-3501 or Bowling Green 502-842-7376 or Elizabethtown 502-765-4360.

U.S. Representative Romano L. Mazzoli (D, Louisville, 3rd District), Room 2246, Rayburn House Office Building, Washington, D.C. 20515-1703, 202-225-5401; Room 216, Federal Building, 600 Martin Luther King, Jr., Place, Louisville 40202-2267, 502-582-5129.

U.S. Representative Jim Bunning (R, Southgate, 4th District), 2437 Rayburn House Office Building, Washington, D.C. 20515, 202-225-3465 or 1717 Dixie Highway, Suite 160, Ft.

Wright, KY 41011, 606-341-2602 or 704 West Jefferson Street, Suite 219, LeGrange, 40031, 502-222-2188; 1405 Greenup Avenue, Federal Building, Ashland 41101.

U.S. Representative Harold Rogers (R, Somerset, 5th District), 2468 Rayburn House Office Building, Washington, D.C. 20515, 202-225-4601 or 203 E. Mt. Vernon St., Somerset 42501, 606-679-8346.

U.S. Representative Scotty Baesler, (D, Lexington, 6th District), 508 Cannon House Office Building, Washington, D.C. 20515-1706, 202-225-4706; 444 East Main Street, Suite 103, Lexington 40507, 606-253-1124.

## Physical Education Workshop KERA II

KERA II Physical Education Workshop, featuring Dr. George Graham, Virginia Tech University; Dr. Shirley Holt-Hale, Oak Ridge, Tennessee, Tennessee Public Schools; and Dr. Leslie Lambert, Gwinnett County, Georgia Public Schools, was extremely well received by the public school teachers from around the state who attended the two-day event in Bowling Green on June 14 & 15, 1993.

The workshop was again co-sponsored by KAHPERD and the Western Kentucky University Professional Development Consortium. The workshop sponsors would like to make this event an annual affair designed to meet the ongoing expectations of KERA.

The KAHPERD Board of Directors and Western Kentucky University Professional Development Consortium extends their thanks to the 275 plus public school teachers who enthusiastically participated in the workshop.

## LET'S MOVE, LET'S PLAY!

A coordinated set of visual and instructional materials designed to assist in providing developmentally appropriate preschool movement activities. Written by early childhood physical education and classroom specialists, this publication contains a video with three movement and classroom activities to extend the content of the video. The handbook alone provides many delightful, enticing ideas to promote total development via movement activities.

This is a developmentally appropriate teacher resource designed especially for day care providers and home school programs wishing to promote the development of the whole child.

Available at AAHPERD Publications, (800) 321-0789. ■

# LET'S MOVE LET'S PLAY!



Developmentally Appropriate  
Movement and  
Classroom Activities  
for Preschool Children



**KAHPERD MEMBERSHIP/REGISTRATION FORM**

last first middle initial

home address

city state zip

school/organization

street address

home phone business phone

**KAHPERD MEMBERSHIP**  
New RENEWAL  
Professional.....\$15.00  
JRFH (Must have sponsored 92-93 event) NA  
Student.....\$5.00  
Retired.....\$10.00

**CONVENTION REGISTRATION**  
(On site registration \$25.00)  
Professional (Prior to Oct. 29).....\$20.00  
Student.....\$5.00  
Retired.....\$ NC  
Banquet.....\$17.95  
**TOTAL**

**JRFH members must pay convention registration fees.**

**MAIL TO: KAHPERD Registration, c/o Burch Oglesby, Dept. of P.E. & Rec., W.K.U., Bowling Green, KY 42101. Must be received by 10/29/93.**



Located at I-75/I-64 and Newtown Pike, Exit 115. Downtown and Rupp Arena 4 miles. Kentucky Horse Park 3 miles. Keeneland 6 miles. Airport 7 miles.

**Holiday Inn/Lexington - North**  
1950 Newtown Pike Lexington, KY 40511-9958  
Room Rate: \$54.00 plus 11.3% tax - 2 double beds or 1 king bed  
**Request must be received by 10/21/93 for flat rate mention KAHPERD - Phone 606-233-0512 or 1-800-HOLIDAY**

**Physical Best**

The Physical Best program is looking at some new changes for the forthcoming year. As promised, two new supplements to the educational kit are being developed. These supplements will be for adapting physical fitness to the special populations, and to teach nutrition in relation to fitness. Hopefully, these two publications will be out after the first of the year.

A Physical Best Steering

Committee has been formed, and will be a special committee of the Executive Committee. It will function much as does the JRFH steering committee. Their primary function will be to act as liaisons to the districts, and to review and make recommendations for improvements and additions to the existing Physical Best program. The steering committee will be made up of six representatives, one from each of the districts. They will be the liaison

between the national office and the state Physical Best Coordinators. It is felt that a better line of communication to and from the field will be established with the steering committee.

Individuals who have been asked to serve on the initial committee are: Ron Feingold, Chair, (Eastern), Ellen Abbadessa (Southwest), Elaine Budde (Southern), Aleita Hass-Holcomb (Northwest), John Kading (Midwest), and Deb Loper (Central). The

committee will work cooperatively with the joint Fitness Committee to insure the needs of the Physical Best users are met. Any one of the committee members will be more than willing to receive your comments or suggestions. **Physical Best still remains a program created by physical educators for physical educators. Its future strength will lie in making the necessary adjustments to the program as they are needed.**

**REGISTRATION FORM**

Kentucky Association for Health, Physical Education, Recreation and Dance (KAHPERD)  
**Pre-Convention Health Education Workshop**  
AAHE/BEST Drug and Alcohol Prevention Program

Name \_\_\_\_\_

Title \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

**Fee: \$20 for non-KAHPERD members (Please address check to KAHPERD)**  
**\*FREE to KAHPERD members.**

Send registration form and check to:  
Donald L. Calitri  
Dept. of Health Education  
130 Alumni Coliseum  
Eastern Kentucky University  
Richmond, KY 40475-3103

**For more information, call: Donald Calitri at 606/622-1142**

**Deadline for Pre-Registration is October 22, 1993**

**CONVENTION CALENDAR**

**January 25-30, 1994**

**Southern District with TN AHPERD**  
**Stouffer Hotel/ Convention Center**  
**Nashville, Tennessee**

**April 12-16, 1994**

**AAHPERD National Convention**  
**Colorado Convention Center**  
**Denver, Colorado**

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**Dates for submitting material for publication:**  
**Fall Issue: July 15 Spring Issue: Jan. 15**

**PROGRAM PROPOSAL - Looking Ahead to 1994**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
Phone \_\_\_\_\_

Title of Presentation \_\_\_\_\_  
Brief Description \_\_\_\_\_

Division or Section Category: Health, Secondary P.E., Elem. P.E., Adaptive, Recreation, Dance, Research, Student, Senior. Please Circle One.  
Presenter Acknowledgement: I am aware that if my proposal is accepted that I will be required to turn in a written summary of my presentation prior to the 1993 convention. I give KAHPERD permission to print my presentation summary in either the Journal or Newsletter if the editors so choose.

Signature \_\_\_\_\_  
**Return Questionnaire to: Marianne McAdam, 202 Weaver**  
**Eastern Kentucky University, Richmond, KY 40475**  
**Deadline: Dec. 1, 1993**

**KAHPERD**  
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