

# KENTUCKY NEWSLETTER FOR HEALTH • PHYSICAL EDUCATION RECREATION • DANCE



SPRING 2012

## KAHPERD AWARD RECIPIENTS



**Walter H. Mustaine  
Award**  
*Beverly Ann Gass*

Bev graduated from Georgetown College with a B.A. and a Masters and Rank 1 from Eastern Kentucky University. In 1966, she began

teaching in Jefferson County at Thomas Jefferson High School where she coached Track and Field and Gymnastics.

In 1970, she moved to Westport High School where she coached Girls Basketball to several District titles and Regional Runner -Up. She also coached Track and Field. She remained at Westport until 1985.

Her many accomplishments for KAHPERD started in 1992 when she was named KAPHERD Elementary Physical Education Teacher of the Year. In 1994, Bev received the Merit Award for promoting physical fitness with the Jefferson County Family Fitness Fun Run. The Family Fitness Fun Run was started in 1989 and continued until 2009. A competitive race was started in 2005, called the Fun Run Classic. In 2007 She received the Distinguished Service Award.

She has served on the KAHPERD Board as President, Past President, Member at Large West, V.P. Of Physical Education, Elementary Section Chair and Convention Manager. Bev served as the Kentucky State Hoops for Heart Chair on KAHPERD's Board until she retired in 2011. She has volunteered her

talents in coaching YMCA Youth soccer teams and Special Olympic Basketball teams for over 16 years.

Bev retired from St. Albert the Great in Jefferson County, in 2011, where she has lead her school to its \$150,000 Banner for Jump Rope For Heart in just 13 years!



**Distinguished Service  
Award**  
*Brandon Napier*

Brandon Napier has designed and implemented an extremely successful physical education program that encompasses the mental, physical, and emotional well being of the entire student body at Donald E. Cline Elementary School. The campus houses Head Start, morning and afternoon preschool classes, 180 programs for district-wide students who struggle in the regular classroom with behavior and emotional challenges as well as kindergarten through fifth grades. Mr. Napier has been responsible for building an effective learning environment that addresses needs of students with disabilities, students that have made poor choices, and students ranging in ages 3-11. He attends state conferences, reads professional literature voraciously and is always seeking professional development to strengthen his professional skills. He is an educator who believes in the success and personal growth for all stake holders within the school and believes strongly in the philosophy of being a life long learner.

Mr. Napier joined the Cline faculty seven years ago when the campus was created. He assumed many responsibilities including being the practical living and vocational skills department head. He implemented a very successful physical education/health program and collaborated closely with the teachers, producing significant gains in the test scores, as well as decreasing absentee rates. As Brandon designed

the physical education program, he followed the Kentucky Core Content closely and incorporated the National Common Core Standards into the curriculum. Brandon schedules classes for all students on a daily basis focusing on the social, emotional, and academic components. Mr. Napier uses Best Practices in his instruction and works with all of the students on writing open response questions weekly in PL/CS. In addition, Mr. Napier has implemented the Presidential Physical Fitness Challenge and the Jump Rope for Heart Program. His instruction emphasized the importance on the physical well being of the student. As a result, all Cline students earned recognition for their hard work and understanding on how their physical, mental and emotional health is intertwined.

Mr. Napier has worked closely with the community bringing healthy programs into the classroom. His Food Pyramid and Walk-A-Thon included participation from all Cline K-5 students. His involvement with his commitment to the school has been instrumental in the school recently being named as an Award of Excellence in School Health for 2010-2011, by the Northern Kentucky Health Department. He has extended invitations to family and community members encouraging involvement with this school fitness program. Brandon is often found on the playground or in classrooms watching the social interaction of the students. You may find him helping a student with their math, listening to their problems, opening milk cartons, participating with student led conferences, helping with computer research, conferencing with parents, or laughing with the students over one of their latest events. He has purchased games and puzzles for the students at Cline for indoor recess activities and was instrumental in having additional playground equipment added to the playground. He often accepts challenges from the students to test their newfound skills. Brandon is a very "hands on" instructor that

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### SUMMER WORKSHOP

June 12-13, 2012

Woodford County Middle School  
Versailles, Kentucky

Registration on page 16

## KAHPERD AWARD RECIPIENTS

emphasizes the total well being of a child. He leads by example in his love of learning and of children. Mr. Napier has taken his teaching abilities to the coaching arena. He has proven his success in coaching track and field, serving as the girl's assistant coach and head coach for Campbell County Schools respectfully.



### Elementary Physical Education Teacher of the Year Award *Angela Hedenberg*

Angela Hedenberg has been teaching at Northern Elementary in Pendleton County

for the last 14 years. She states "Moving into the future to give our children the knowledge to lead a healthy, fit, and nutritious lifestyle is a goal that I have set for myself and at my workplace." Northern Elementary is at 55% free and reduced lunch. They have many children who are obese and/or unhealthy and are not receiving the proper learning tools at home to make healthy and fit choices. Her teaching schedule allows her to see one class, 45 minutes, 3 days in a row. This gives her the opportunity to focus in on many different areas of health as well as the NASPE standards.

She strives to maintain a positive and safe learning climate. Her students expect the best from her and in turn she has extremely high expectations for them. Her program and teaching skills are demonstrated through a solid core content based program. Lessons are based and focused with the core content standards on which KY curriculum is based.

School-wide dance performances and themes are choreographed throughout the school year for students to perform. She works closely with other specialized teachers such as art, music, and library to create drama and dance performances for the community and school. One example is a Shadow Puppet play where students choreograph their own dance pieces to the story. Another example is Jump Rope Choreography pieces that students create using the Elements of Dance, locomotor and non locomotor movements/patterns. Students are challenged to create and perform these pieces and use a rubric as a guide. She also works with the special education department to collaborate and implement adaptive activities to provide individualized experiences for the special needs students.

**CONGRATULATIONS  
TO EXECUTIVE DIRECTOR,  
LONNIE DAVIS ON HIS RECENT  
MARRIAGE TO RUBY BANTA.**



### Secondary Physical Education Teacher of the Year Award *Lisa Hager*

Lisa Hager is a 14 year veteran P.E. teacher having been at Southern Middle School since 2009. She states: "When I plan a

lesson I ask myself what do the kids know, what do they need to know, and what do I do if they already know it." Her lessons have preparation, objectives, organization, and presentation. She makes future lessons based on how the students performed. She gives feedback to the learner based on their performance. And she believes an effective teacher is one who can adjust and review the lesson to meet the needs of the students.

She uses a variety of styles. This keeps her innovative and creates a prime environment that helps to maintain discipline, achieve high standards, improve student thinking and accomplishes multiple learning objectives. She prides herself on maximizing the activity time in her class and creating a learning environment where everyone can feel special including the unskilled children. For example in volleyball if they have a hard time mastering serving, they can start closer to the net or just throw it over if they choose. She treats her class like family, being inclusive of all. Many times throughout her career she has collaborated with special education teachers to work with the severe and profound disabled students to promote physical movement. Being a positive role model is an area where she feels she shines. She has always incorporated fitness into her teaching and her life. She has not only influenced her students to live an active lifestyle but has also worked with both of her job placements to incorporate staff wellness. At Southern Middle she arranged for a personal trainer to work with staff members after school.



### College/University Physical Education Teacher of the Year Award *Johnny Newsome*

Johnny Newsome is a faculty member at Morehead State University having been there the

past 11 years. He states:

"MSU is fully accredited and uses NASPE standards as a driving force in the design of our Health Education and Physical Education teacher education curriculum. We have numerous collaborative experiences with local K-12 schools that include clinical

teaching at the elementary, middle and high school levels including Adapted Physical Education. Best Practices as defined by NASPE Appropriate Practices Handbooks (elementary, middle and high school) are a cornerstone of the methods courses that I teach.

In addition to lecture with PowerPoint, Blackboard, video and other technologies, I stress hands on constructive learning. As an example my students in the classroom assessment course are currently creating their own midterm exam. They have already gained experience creating objective test items at various DOK levels that would be appropriate for a spectrum of K-12 content. This hands-on experience is typical of how I get my students to gain a deeper understanding of the process of teaching. Other projects that I am currently working on with my students include teaching health in one elementary school and physical education in another. (In the Spring semester we do this in secondary schools). These experiences, of course, require that I maintain a close working relationship with local teachers and facilitate the creation of lesson plans with assessments that meet the needs of the schools. These types of hands on experiences have our candidates confident and well prepared before they get to their student teaching internship."



### K-12 Health Education Teacher of the Year Award *Robert LaDeur*

Robert LaDeur is in his 6th year of teaching Health at Madison Central High School in Richmond, KY. He states:

"During my first 5 years as a health educator, I have strived to improve health education both at Madison Central as well as the community. My first year at Madison Central, I received a grant to purchase 30 CPR mannequins and become a certified CPR instructor to give any student, teacher, or coach the opportunity to learn the important life saving skills of CPR. This has since been implemented as a part of our health class curriculum. Each of the past two years, I have held a community 5K race to encourage physical activity. This is traditionally sponsored by the cross-country team I coach. Last year we had 80 participants ranging from elementary to senior citizen. Being a sponsor of the Youth Empowerment Systems club at Madison Central, we developed the "Tobacco Education Group" or TEG for students who are caught using tobacco products on school grounds. This program is still in effect and is a strong deterrent for

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## KAHPERD AWARD RECIPIENTS

students to use any tobacco product at school as well as a chance for counseling for addiction and providing a way to quit. I connected our classroom content with local middle schools by having our students create posters that promote other behaviors besides drinking alcohol and had them sent to middle schools for them to see high school students promoting other activities besides drinking. For the past 4 years, I have collaborated with the P.E. teacher at Kit Carson Elementary school by putting on a health fair every semester. This is an opportunity for elementary aged kids to receive quality health information, but the best part is that it is completely led by our own high school health students. Topics covered include tobacco, alcohol, drugs, safety, anti-bullying, physical activity, and nutrition among others. I served as a scribe for a youth in action group concerned with abusing prescription drugs in local high schools.”



### College/University Health Education Teacher of the Year Award

*Karen Hunter*

Karen Hunter is a Health Educator at Eastern Kentucky University having been there for the past 21 years. She has been a program coordinator for the Undergraduate Health Education program for 10 years. She organized the program in such a way that

it is now one of the very few undergraduate programs in the country that is CEPH accredited

Karen was President of the American Red Cross of Madison County, also having served as Executive Director and teacher for this organization. She is also active in the health education field by being an officer in the Bluegrass Dietetic Association as well as being on the board of the Kentucky Dietetic Association. She was a newsletter editor and a poster presenter for the Kentucky Public Health Association and also served KAHPERD as the Vice President of Health.

You will find Karen as a mentor for the Kentucky Health Leadership Institute and as a co-author of a textbook for Health Education Majors. She's done outreach with the local middle school doing a research project looking at REE in Middle School Aged Children.

Karen has worn many hats throughout her health education career. This is why she is truly deserving of this award.



### Physical Education Student of the Year Award

*Lauren Ford*

Lauren Ford is a P.E. major at Eastern Kentucky University. She states:

“I have been a Group Fitness Instructor for EKU's Fitness and Wellness

Center for four years. I teach five to eight classes per week which include: cycling, yoga, cardio, toning, and zumba. (AFAA Primary Group Fitness Certification, AFAA Yoga Workshop, Zumba Certification.) I have been a Personal Trainer for almost one year. I customize personal workout programs for clients based on specific needs and goals. I also motivate, encourage and support them to achieve and maintain a healthy lifestyle. (ACE Personal Trainer Certification.) I have been the Fitness Supervisor for EKU's Fitness and Wellness Center for 2 years. I market and promote all programs that take place on campus relating to fitness and wellness. I serve as a mentor for all Group Fitness Instructors as well as train new instructors to make sure they can offer safe and effective classes.”

Lauren has taken a leadership role already by being on the KAHPERD Board as Student Representative, by attending the KAHPERD Student Leadership Conference 2010–2011 and Southern District AAHPERD Student Leadership Conference 2010.



@KYAHPERD  
on Twitter



KAHPERD Facebook

## KAHPERD PRESIDENTIAL AWARD RECIPIENTS

The KAHPERD Presidential Award is being given to the following people for their **extensive service** to the state of Kentucky through this organization. It is by their example that we would need to look no further to understand the term “from the heart of a teacher.” It is through the dedication of these individuals that we can find the true meaning of service.

Beverly Gass, Perri “Grover” Warren, and BJ Walters



*Beverly Gass*



*Perri “Grover”  
Warren*



*BJ Walters*

The KAHPERD Presidential Award is being given to the following people for their **participation in putting the 2011 Convention together**. Without these individuals and their dedication to the perfection of their duties associated with this convention it would have been a formidable task. With their help, this task has been such an enjoyable work. I give my deepest thanks to them for their persistence in helping create a quality convention.

Dr. Heather Adams-Blair, Dr. Jim Larkin, Jodie Miller, Araina Mason Swentzel, and Mathew Doty



*Jodie Miller*



*Dr. Heather Adams-Blair*



*Dr. Jim Larkin*



*Araina Mason  
Swentzel*



*Mathew Doty*

# National PE Institute

## “Linking Curriculum to Assessment”



Sherrill Center: UNC- Asheville  
Asheville, North Carolina  
July 30 – August 3, 2012

### Mark Your Calendars!

July 30 – August 3, 2012

The National Physical Education Institute is shaping up to be the foremost “Physical Education Event of the Past 30 Years!” Designed to help K-12 physical educators align the written, taught, and tested curriculum, this grassroots event has all of PE’s “Heavy Hitters” including:

#### Distinguished K-12 Physical Education Instructional Experts!

- Dr. Bob Pangrazi (Arizona State University)
- Dr. George Graham (Penn State)
- Dr. Stevie Chepko (Winthrop University)
- Jim Ross, Eastern District PE TOY
- John Smith, National PE TOY
- Chip Candy, National PE TOY
- Melanie Champion, National PE TOY
- Chad Triolet, National PE TOY
- Dr. Jayne Greenberg (Miami-Dade Schools, Florida)
- Dr. Marybell Avery (Lincoln Public Schools, Nebraska)
- Judy LoBianco (South Orange-Maplewood, New Jersey)
- Ginny Popiolek (Harford County Schools, Maryland)
- John Thomson, National PE TOY
- Bonnie Hooper, National PE TOY
- And much, much more!

Costs: \$250 per person; \$200 per person if sending 4 or more. Does not include meals or lodging.

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Yes, I am interested in the National PE Institute! Please send me additional information when it becomes available.

Name: \_\_\_\_\_ Title: \_\_\_\_\_

School/Company: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

- Yes, I would like to be sent information on attending: \_\_\_\_\_ (Check here)
- Yes, Our company would like an exhibit space: \_\_\_\_\_ (Check here)

Return To: Artie Kamiya, PE Institute • PO Box 51158 • Durham, NC 27717 • Fax: (919) 490-3062 • [artie@greatactivities.net](mailto:artie@greatactivities.net) •

### Distinguished Sponsors:

# FLAGHOUSE



### PE Institute Supporters:

- US Games
- Gopher Sports
- Human Kinetics
- Fitnessgram
- Railyard Fitness
- Skillastics
- GeoMotion/Learnercise
- Omnikin
- Healthy Highway
- Push-Up Grid
- Striker Sports
- Rocky Mountain Pedometer
- Kidsfit
- Kudda
- Motion Fitness
- Moving to Success
- Foundational Fitness
- HOPSports
- GenMoves
- Great Activities Publishing

Need More Info? Please contact Artie Kamiya at (800) 927-0682 or e-mail him at [artie@greatactivities.net](mailto:artie@greatactivities.net)

# Call for Nominations – Officers

Be a part of the KAHPERD/Southern District Convention planning team by running for election on the KAHPERD board! **Qualifications** – Nominees must: (1) be a member of KAHPERD for **three years** or more; (2) assume the duties/responsibilities of the office; and (3) 3-year commitment for President, 2-year for Vice-Presidents, Board Members-at-Large and Section Chairs (one board meeting the evening prior to the convention, one board meeting immediately following the convention, and two-three board meetings that are not held in conjunction with the convention — held on Saturdays throughout the year and include one Leadership Workshop in January, one spring board meeting, and one summer board meeting). Any member of KAHPERD may submit nominees for the following offices by sending the names to the address on the bottom of this form. Reproduce this form as needed.

**President** (candidates for 2013 must be female)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

**VP Physical Education**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

**VP General**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

**VP Dance**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

**VP Health**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

**Section Chairs within the General and Physical Education Divisions**

Recreation  Research  Sport Mgmt.

Coaching  Exercise Physiology

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Elementary  Secondary  Adapted

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Board Member At-Large East of I-65

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Board Member At-Large West of I-65

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Nominated by: Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Send to:

**Jim Hinerman**  
**jimhinerman@eku.edu**

202A Moberly Building • Eastern Kentucky University • Richmond, KY

**DEADLINE – September 1, 2012**



# Volunteers Needed

KAHPERD needs volunteers, to serve the association in a leadership role, at the Fall Convention, and at the Summer Physical Education Workshop. The life blood of any organization are the volunteers, and the new ideas they bring.

If you would like to volunteer, please complete the form below or go to [www.kahperd.com](http://www.kahperd.com), under About Us.

**Lonnie Davis, Executive Director**

KAHPERD

546 Gingermill Dr. • Lexington, KY 40509

**Lonnie.Davis@insightbb.com**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP-CODE \_\_\_\_\_

HOME PHONE \_\_\_\_\_

COUNTY \_\_\_\_\_

SCHOOL/UNIV. NAME \_\_\_\_\_

CITY \_\_\_\_\_

COUNTY \_\_\_\_\_

E-MAIL \_\_\_\_\_

I wish to serve in the following capacity (check all that apply):

- Leadership Position on Board
- Summer PE Workshop Worker
- Fall Convention Worker
- Summer Health Workshop Worker

## PRESIDENT'S MESSAGE

Jenny Dearden, President • [j.dearden@moreheadstate.edu](mailto:j.dearden@moreheadstate.edu)



KAHPERD is alive, strong and making a difference! This is how I truly feel going into my year as President of the organization. For those of you who attended the 102nd convention in Lexington last November, you know that the bar has been set high after a wonderfully successful convention. Past-president Jim Hinerman and his board provided one of the most enjoyable conventions I have ever attended. I congratulate Jim and his board for a job well done!

Speaking of jobs well done, it is my honor to send well wishes to KAHPERD Past-President Dr. Michael Ballard who will be hosting his last convention as Executive Board member and Past-President of the Southern District AAHPERD in Orlando, Florida, February 8–11, 2012. Mike has represented KAHPERD and the Southern District AAHPERD with great dignity. Thank you for your service to the profession. We are proud of you Mike!

The KAHPERD board met in Louisville for the Leadership Development Conference and board meeting at the Galt House in January to prepare for the upcoming year. We welcomed six new members to the board who have never served before. This is tremendous news and I hope that we are able to continue bringing new KAHPERD members into

leadership positions. The annual convention will be November 11–13th at the Galt House in Louisville. We are currently accepting proposals for presentations and I encourage everyone to consider presenting. If you have had the opportunity to see someone present on a topic that you think would be of interest to our membership, please ask them to submit a proposal. This will be the last time the convention will be in Louisville for at least the next 3 years. There is plenty to do in Louisville, so place the dates on your calendar and make plans to attend.

I am excited to begin my second term as KAHPERD president. The theme for this year's convention is *Making a Difference*. Over the next year I will focus on the following three goals: increase KAHPERD membership, begin preparation for KAHPERD to partner with Southern District AAHPERD for the convention in Lexington in February 2014, and continue working to ensure essential communication between the Kentucky Department of Education and Health, Physical Education and Dance teachers.

Information about the convention, other KAHPERD activities and news about the Program Review can be found on the KAHPERD website [www.kahperd.com](http://www.kahperd.com), KAHPERD facebook page and [@KYAHPERD](https://twitter.com/KYAHPERD) twitter feed.

## PAST PRESIDENT'S MESSAGE

Jim Hinerman, Past-President • [jim.hinerman@eku.edu](mailto:jim.hinerman@eku.edu)



Greetings to all of our KAHPERD members. Thanks to all of you who had the opportunity to attend or to speak at this year's convention this past November. A special thanks goes to our guest speakers not associated with KAHPERD who brought to us their varied expertise. A word of thanks also to Joker Phillips, head football coach at the University of Kentucky, Shellie Pfohl, executive director of the President's Council on Fitness, Sports and Nutrition; Jim Stillwell, from Arkansas State University; and the Kentucky Department of Education, represented by Rae McEntyre, Todd Davis and Jamie Sparks for all of their exhortations and words of wisdom.

It will be from the efforts of all of us over the next couple of years to meet the challenges that our parent organization, AAHPERD is facing and we as a subordinate organization will, no doubt, face as well. All of us need to be ready to embrace change

if it comes to our national affiliate. KAHPERD not only has a solid financial base to stand on, but also has a committed board and membership base that will ensure its continued existence, no matter the changes to come in the restructuring of AAHPERD.

We also need your help as KAHPERD looks forward to hosting the Southern District Convention in Lexington in February of 2014. We will need a substantial amount of volunteerism, committee work, and hosting as we prepare to organize for a quality convention. We need to give our other twelve Southern District states a big Bluegrass welcome.

It has been an honor to serve as your president this past year. I hope you gleaned some quality information at the convention to incorporate into your teaching methods and classroom preparation. My continued thanks for your involvement in such a useful tool as our KAHPERD organization provides for our profession.

## Dates to Remember

**March 1, 2012**

KAHPERD Journal Deadline for Spring  
[s.chen@morehead-st.edu](mailto:s.chen@morehead-st.edu)

**March 14 – 17, 2012**

AAHPERD National Convention, Boston, Mass.

**April 16, 2012**

Deadline for Proposals  
[deborah.campbell@madison.kyschools.us](mailto:deborah.campbell@madison.kyschools.us)

**April 30 – May 6, 2012**

National Sport & Physical Education Week

**May 15, 2012**

KAHPERD Fall Newsletter Deadline  
[charlow@windstream.net](mailto:charlow@windstream.net)

**June 11, 2012**

KAHPERD Board Meeting, Lexington, KY

**June 12 – 13, 2012**

KAHPERD Summer Workshop  
Woodford County Middle School, Versailles, KY

**August 4, 2012**

Presenter Notification Deadline by Vice Presidents

**September 2012**

KAHPERD Student Leadership Dev. Conference  
TBA (check website for more information)

**September 1, 2012**

KAHPERD Fall Journal Deadline  
[s.chen@morehead-st.edu](mailto:s.chen@morehead-st.edu)

Deadline for Honor & Special Awards Nominations  
[Sue.Banister@insightbb.com](mailto:Sue.Banister@insightbb.com)

Deadline for Officer Nominations  
[jim.hinerman@eku.edu](mailto:jim.hinerman@eku.edu)

**September 10, 2012**

Submissions for Convention Proceedings  
[j.dearden@moreheadstate.edu](mailto:j.dearden@moreheadstate.edu)

**October 1, 2012**

Dance Gala Deadline  
[nashwa.cahill@eku.edu](mailto:nashwa.cahill@eku.edu)

**November 11–13, 2012**

Pre-Convention Board Meeting  
KAHPERD Convention  
Galt House, Louisville, KY

**December 15, 2012**

Deadline for Spring Newsletter  
[charlow@windstream.net](mailto:charlow@windstream.net)



## DANCE DIVISION

*Nashwa Cahill, Vice President*  
**nashwa.cahill@eku.edu**



Shall we dance? I'm so proud to be a member of the KAHPERD board this year. We had a well organized, well attended, fun, energetic and successful convention. The dance sessions were diverse and the enthusiastic talented presenters made this experience a rich one. The interesting topics that covered a wide spectrum in the field attracted a large number of participants.

Typically the Dance Gala is a favorite for many KAHPERD members who have connection to dance or not. The show this time offered an array of dance styles that satisfied the audience. Schools and colleges from the surrounding areas displayed their talent and well rehearsed creative pieces.

I'm looking forward to our next convention in Louisville. But before we start in 2012, I want to thank all the students, teachers, colleagues and mentors who have contributed their time to make this a unique experience.

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## HEALTH DIVISION

*Vicki Johnson Leuze, Vice President*

**vickijohnsonleuze@prodigy.net**



I know everyone is busy with Program Review and becoming acquainted with Kentucky's new testing assessment, but I hope you will consider being a presenter at the 2012 Fall Convention in Louisville. We

are so fortunate to have Health teachers who are doing awesome and exciting teaching strategies and using technology within their Health classrooms. Please take the time to submit a proposal and share what is going on within your classroom and school with others in our state. Even if you have never presented at a convention before, this is a great opportunity for you to meet and share your passion for Health and Physical Education with other professionals, to build your own professional network. I look forward to having a full agenda of Health sessions for members and guests to attend in Louisville. It is easy to do – just go to the KAHPERD website and click on 2012 Convention and you will find the proposal form on the pull-down menu. The deadline for submitting your proposal is **Monday, April 16, 2012.**

## PHYSICAL EDUCATION DIVISION

*Bob VanBruggen, Vice President*  
**bob.vanbruggen@sciencehill.kyschools.us**



My name is Bob Van Bruggen. I am the P.E. teacher at Science Hill School. Science Hill is a K-8 independent school district in northern Pulaski County. This year I have the privilege of serving as Vice-President of Physical Education for KAHPERD.

I would like to take this opportunity to say Thank You to all of those who helped in any way to put on this year's convention. It was truly a great event and a wonderful opportunity to learn and spend time with friends and colleagues. A special Thank You goes to all of the individuals who were presenters at the convention. All of the sessions were well planned and informative. I know personally, I got lots of ideas that I can use in my classroom.

I would also like to invite anyone who may be interested in presenting at the 2012 convention to complete a Presentation Proposal Form and submit it for approval. I know many of you have wonderful things you do in your classrooms so why not share them with your colleagues. The forms can be found on the KAHPERD web site. Thank you for choosing me to be your Vice-President of Physical Education. I look forward to serving, as well as, look forward to next year's convention at the Galt House.

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## ADAPTED PHYSICAL EDUCATION

*Stephanie Woodie, Section Chair,*  
**stephanie\_woodie@berea.edu**



It's an honor to be selected to join the KAHPERD Board as Section Chair for Adapted Physical Education. Getting this larger perspective on the organization will be both an educational and insightful experience. My teaching in the Physical Education, Health and

Dance Program at Berea College spans 13 years. During this time I've been teaching Adapted Physical Education to majors and non-majors and have had many wonderful experiences. Dr. Louisa DeBolt, ECU, has been a mentor to me in this area and I am grateful to have been guided by someone with so much experience. I'm planning on bringing my co-teacher of APE, Melody Srsic, as well as Berea College students, to present at the 2012 conference. I'm in the process of finding other presenters to contribute to high-quality sessions to offer KAHPERD members. Hope everyone gets on board to attend KAHPERD 2012!

## AT-LARGE WEST DIVISION

*Kim Demling-Castelluzzo*  
**kim.castelluzzo@ahsrockets.org**



Happy New Year to all KAHPERD colleagues across the Bluegrass from your "At-Large West girl!" We hope you all are planning to "carry over" the "BUZZ" created at the 102nd KAHPERD conference in Lexington in November to your entire year! I have been involved with this organization since my undergraduate days at ECU and believe the level of excitement within our organization is approaching an all-time high! I had such a great time attending sessions, professionally networking, and sincerely "catching up" with colleagues—especially former students (U of L Health and Sport Sciences grads) who I have encouraged to consider serving this organization in leadership roles!

Many of those students did indeed say they would consider serving in section chair positions or running for board positions. This is thoroughly satisfying as a former faculty member in teacher preparation, it lets me know I may have had an influence in some of those students and how they view PD and the importance of giving back to our profession. So for those of you who have given some consideration to the "INVITATION"—please know we (KAHPERD) are ready for "the call"! You can find me at Assumption High School (502-458-9551) or on my cell anytime (502-802-0744) and this association is sure to find a way for you to help out with planning the 2012 Louisville conference at the Galt House! For those of you JCPS and Oldham County folks—it is right in our back yard and logistically convenient! The best reason for getting involved is that it's going to be great fun and the program ideas I have heard about already are sure to keep you in "best practices" in all our fields while also re-energizing you for another passion-filled and movement-filled year!

It is due to like-minded folks like all of you that I am writing this note to remind you to mark your calendars for the 2012 KAHPERD conference this year in "the Ville!" Your board is working hard already to provide you with awesome Pre-Conference sessions, a "Taste of 4th Street Live" an event you won't want to miss, and programs that are "SICK!" (My AHS students assure me this is a really good thing?!!) Only great things come out of planning and preparation which started as soon as we entered the doors of the Embassy Suites for the 2011 Fall Conference! I think this once again says something about what is "in the air" around membership of KAHPERD (YOU), leadership of KAHPERD ("Team Jenny,") and the great expectations surrounding 2012 and beyond—"SOUTHERN DISTRICT COMING SOON!" Let's keep the kind of enthusiasm I personally witnessed last November and make 2012 the best year yet!

## KAHPERD HONOR AWARDS NOMINATIONS

\_\_\_\_\_ **Mustaine Award** – This is the highest honor that KAHPERD bestows. The recipient should have been recognized at some earlier date. It should be an award of great honor and the person must be carefully chosen.

\_\_\_\_\_ **Life Member Award** – This is awarded to someone who has had a long period of service (at least ten years) or who may have retired. It recognizes distinguished service to the profession.

\_\_\_\_\_ **Distinguished Service Award** – This is awarded to members of KAHPERD in recognition of meritorious service over an extended number of years.

\_\_\_\_\_ **Merit Award** – This is awarded to members and non-members of KAHPERD. It is to recognize merit in the fields of HPERD and fields of allied interests. It may be presented to persons, schools or institutions/corporations.

Date Submitted: \_\_\_/\_\_\_/\_\_\_

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Nominee Name: \_\_\_\_\_

Nominee Address: \_\_\_\_\_

Nominee Phone: \_\_\_\_\_

Nominee Email: \_\_\_\_\_

**Justification for the Award:** For the committee to consider the nominee we **MUST** have one **FULL typewritten page** of specific information that justifies why this person is deserving of the award.

Mail completed information to:

Sue Banister  
530 Iroquois Drive • Bowling Green, KY 42103  
[sue.banister@insightbb.com](mailto:sue.banister@insightbb.com)



**Online forms are available at [kahperd.com](http://kahperd.com) under Honor Awards.**

**All Nominations must be received  
by September 1, 2012**

*Note: It is possible that every category will not be awarded each year.*

## KAHPERD SPECIAL AWARDS

### PROFESSIONAL AWARDS

\_\_\_ Elementary Physical Educator (K–6)    \_\_\_ Health Educator (K–12)  
\_\_\_ College/University Physical Educator    \_\_\_ Recreator of the Year  
\_\_\_ Health Educator College/University    \_\_\_ Middle/Secondary Physical Educator (7–12)  
\_\_\_ Dance Educator of the Year

### COLLEGE/UNIVERSITY STUDENT AWARDS

\_\_\_ Health Student    \_\_\_ Recreation Student    \_\_\_ Physical Education Student

#### Information on the Nominee:

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email \_\_\_\_\_

Justification for the award must be submitted along with this form. Check out [kahperd.com](http://kahperd.com) for complete instructions.

Individuals nominated for the above Special Awards should exhibit outstanding qualities in their respective area.

Name of person nominating: \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Please refer to the KAHPERD website for complete instructions on the nomination process for special awards. [www.kahperd.com](http://www.kahperd.com)

*Nominations should be sent to:*

Sue Banister

530 Iroquois Drive • Bowling Green, KY 42103

[sue.banister@insightbb.com](mailto:sue.banister@insightbb.com)



*Note: It is possible that every category will not be awarded each year.*

**Nominations are due on or before September 1, 2012**

### IT TAKES HEART TO BE A HERO!



Jump Rope For Heart is a national event sponsored by the American Heart Association and the American Alliance for Health, Physical Education, Recreation and Dance. Students have fun jumping rope while becoming empowered to improve their health and help other kids with heart health issues.

#### Jump Rope For Heart helps students:

- Learn the value of community service and contribute to their community's welfare
- Develop heart-healthy habits while being physically active
- Learn jump rope skills they can use for the rest of their lives
- Earn gift certificates for free school P.E. equipment from U.S. Games

With your support, we can help protect and improve children's health. Your efforts to educate your students and raise funds for research and outreach are vital to improving kids' lives.

**Call 1-800-AHA-USA1 or visit [heart.org/jump](http://heart.org/jump) to get your school involved.**



# KENTUCKY ASSOCIATION FOR HEALTH, PHYSICAL EDUCATION, RECREATION AND DANCE

## OFFICERS 2011-2012



\* Voting board member

\*\* Non-voting board member

\*\*\* Voting only in case of tie

### \*\*\*PRESIDENT

Jenny Dearden  
Morehead State University  
j.dearden@moreheadstate.edu



### \*PAST-PRESIDENT

Jim Hinerman  
Eastern Kentucky University  
jim.hinerman@eku.edu



### \*PRESIDENT-ELECT

Jim Hinerman  
Eastern Kentucky University  
jim.hinerman@eku.edu



### \*\*EXECUTIVE DIRECTOR

Lonnie Davis  
Lonnie.davis@insightbb.com



## DIVISION VICE PRESIDENTS

### \*HEALTH

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Highland Middle School  
vickijohnsonleuze@prodigy.net



### \*PHYSICAL EDUCATION

Bob VanBruggen  
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### \*DANCE

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Nashwa.cahill@eku.edu



### \*GENERAL

Billy Powell  
Middlesboro Middle School  
Billy.powell@mboro.kyschools.us



## AT-LARGE MEMBERS OF THE BOARD OF DIRECTORS

### \*EAST (2011-2013)

Perri "Grover" Warren  
Taylor County Elementary School  
grover@groverwarren.com



### \*EAST (2010-2012)

Julie Muntz  
Boyle County High School  
Julie.muntz@boyle.kyschools.us



### \*WEST (2011-2013)

Kim Demling-Castelluzzo  
kim.castelluzzo@ahsrockets.org



### \*WEST (2010-2012)

Jamie Johnston  
Henderson County Schools  
Jamie.johnston@henderson.kyschools.us



## SECTION CHAIRS

### \*\*ELEMENTARY PHYSICAL EDUCATION

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meg.mabry@henderson.kyschools.us



### \*\*SECONDARY PHYSICAL EDUCATION

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### \*\*RESEARCH

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John Ferguson  
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john.ferguson@eku.edu



### \*\*STUDENT CO-CHAIRS

Lauren Ashley Ford  
Eastern Kentucky University  
Lauren\_ford16@eku.edu



### CONVENTION MANAGER

Deborah Campbell  
Kirksville Elementary  
Deborah.campbell@madison.kyschools.us



### CONVENTION ELVES

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Highland Middle School  
vickijohnsonleuze@prodigy.net



Meg Mabry  
Bend Gate Elementary  
meg.mabry@henderson.kyschools.us



# KENTUCKY ASSOCIATION FOR HEALTH, PHYSICAL EDUCATION, RECREATION AND DANCE

## CONVENTION ELVES continued

Jamie Johnston  
Henderson County Schools  
[Jamie.johnston@henderson.kyschools.us](mailto:Jamie.johnston@henderson.kyschools.us)



## CO-EXHIBITS MANAGERS

Melissa James  
Williamstown Elementary  
[melissa.james@williamstown.kyschools.us](mailto:melissa.james@williamstown.kyschools.us)



B.J. Walters  
Retired  
[bjcalling@yahoo.com](mailto:bjcalling@yahoo.com)



## SILENT AUCTION

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## KAHPERD NEWSLETTER & WEBSITE COORDINATOR

EDITOR  
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## JUMP ROPE FOR HEART COORDINATOR

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## HOOPS FOR HEART COORDINATOR

Brandon Napier  
Donald E. Cline Elementary School  
[brandon.napier@campbell.kyschools.us](mailto:brandon.napier@campbell.kyschools.us)



## AMERICAN HEART ASSOCIATION REPRESENTATIVE

Lea Stammerman  
American Heart Association  
[lea.d.stammerman@heart.org](mailto:lea.d.stammerman@heart.org)



## HONOR & SPECIAL AWARDS

Sue Banister  
Warren Elementary  
[Sue.Banister@insightbb.com](mailto:Sue.Banister@insightbb.com)



## 2011-2012 VICE PRESIDENT ELECTS

### HEALTH VP - ELECT

Laurie Larkin  
Eastern Kentucky University  
[laurie.larkin@eku.edu](mailto:laurie.larkin@eku.edu)



### PHYSICAL EDUCATION VP - ELECT

Jamie Sparks  
KDE  
[jamie.sparks@education.ky.gov](mailto:jamie.sparks@education.ky.gov)



### DANCE VP - ELECT

Deborah Campbell  
Kirkville Elementary  
[Deborah.campbell@madison.kyschools.us](mailto:Deborah.campbell@madison.kyschools.us)



### SPORT & LEISURE VP - ELECT

Daniel Hill  
Tates Creek Elementary  
[daniel.hill@fayette.kyschools.us](mailto:daniel.hill@fayette.kyschools.us)



## 2011-2012 SECTION CHAIR ELECTS

### ELEMENTARY PHYSICAL EDUCATION - ELECT

Candace Young

[candace.young@danville.kyschools.us](mailto:candace.young@danville.kyschools.us)



### ADAPTED PHYSICAL EDUCATION - ELECT

Keri Esslinger  
Western Kentucky University  
[keri.esslinger@wku.edu](mailto:keri.esslinger@wku.edu)



### SECONDARY VP - ELECT

Amber Amstutz  
Simon Kenton High School  
[amber.amstutz@kenton.kyschools.us](mailto:amber.amstutz@kenton.kyschools.us)



### RECREATION VP - ELECT

Kathy Boone  
H.W. Wilkey Elementary School  
[kathy.boone@grayson.kyschools.us](mailto:kathy.boone@grayson.kyschools.us)



### COACHING VP - ELECT

Bob LaDeur  
Madison Central High School  
[robert.ladeur@madison.kyschools.us](mailto:robert.ladeur@madison.kyschools.us)



## A JUMP ROPE FOR HEART REMINDER

If you have already held your event and closed it out — Congratulations! I hope that it was successful and that your students had a great time during the event.

If you have not completed your event then please do so as soon as possible. We strive every year to have all schools that committed to host an event, to carry out that promise. I hope that your school has kept their commitment.

It is important to wrap your event up quickly so that your students can get their thank you gifts in a timely fashion.

Thanks,  
Joy Heines, [joy.heines@jefferson.kyschools.us](mailto:joy.heines@jefferson.kyschools.us)



## Message from Hoops for Heart Coordinator

**Brandon Napier**

*brandon.napier@campbell.kyschools.us*



I live in Northern Kentucky, with my wife, Josie, and my three children, Owen, Evan, and Kate. I am originally from Columbus, OH where I was born and raised until I graduated from high school in 1995. I attended the University of Kentucky from 1995-2001 where I earned my

bachelor's degree in Kinesiology and Health Promotion P-12 and a minor in Business. In July 2001, I accepted my first teaching position in elementary physical education in the Campbell County School district, working at Donald E. Cline Elementary School teaching grades K-5. I am currently in my tenth year of teaching, and I have been at Cline Elementary all ten years. In 2003, I earned my Master of Arts degree in Secondary Physical and Health Education from Northern Kentucky University. In 2009, I earned my Masters of Arts degree in Instructional Administration from Northern Kentucky University. During my ten year teaching career, I have also been involved in athletics at the elementary, middle, and high school levels. I had an elementary running club for three years, an elementary jump rope club for one year, coached middle school football for three years, and for the last eight years I have been the head coach of the girls track & field team at Campbell County High School. I have participated as a Jump Rope For Heart/Hoops For Heart coordinator for all ten years of my teaching career. My school has currently raised over \$30,000 for the American Heart Association during that same time period.

# JUMP ROPE FOR HEART AND HOOPS FOR HEART

## 2010-11 Banner Recipients

### \$50,000 Plaque

Concord Elementary  
Northern Elementary

### \$100,000 Banner

Goodridge Elementary  
Norton Elementary  
Rich Pond Elementary  
Spencer County Elementary  
Wayland Alexander Elementary  
Wilder Elementary

### Top 3 Schools Overall & in Jump Rope for Heart

Helmwood Heights Elementary School  
Tully Elementary School  
Brandenburg Primary School

### \$150,000 Banner

Clark Elementary  
Highland Elementary  
Jane Hite Elementary

### \$200,000 Banner

Tully Elementary

### Top School Participating in Hoops for Heart

Lawler Elementary School

### Top School Participating in Jump Rope & Hoops for Heart

Rich Pond Elementary School



Jan Goodwin & Matt Ogden, AHA  
Clark Elementary School



Rae Ann Ragland & Matt Ogden, AHA  
Concord Elementary School



Greg Moore & Marni Rhoads, AHA  
Goodridge Elementary School



Joy Heines & Matt Ogden, AHA  
Jane Hite Elementary School



Tammy Witcher & Matt Ogden, AHA  
Highland Elementary School



Hoops School Website



JRFH School Website

## Turn Your Love of Fitness into a Part-time or Full-time Career

Body Recall is a national lifetime fitness organization that is expanding our team of instructors. We want people who love fitness and can lead and promote Body Recall classes. Body Recall is a program that uses gentle to moderate exercise and movement that is pain-free, practical and possible. It is intended to enhance everyday living for people of any age or ability.

Body Recall is the right opportunity for you if you are interested in:

- Joining a national organization with a proven reputation in lifetime fitness
- Positively impacting the health and well-being of others
- Exercising while you work
- Setting your own schedule, pace and income \$\$

Successful Body Recall instructors come in all shapes and sizes and from all walks of life. No special education or background is necessary to become an instructor. Body Recall provides the training and support you need to be successful.

For more information, contact Body Recall at [info@bodyrecall.org](mailto:info@bodyrecall.org) or call 859-986-2181. Visit us on the web at [www.bodyrecall.org](http://www.bodyrecall.org).



## 2012 DANCE GALA

The 2012 Dance Gala is accepting proposals from Dance Artists/Groups who wish to participate in the Gala. The Dance Gala is an annual event that highlights dancers and dances of different origin and theme. Dance is explored through contemporary and traditional compositions created and presented by select dance group/artists. Program goals are to advocate and promote the contributions of dance students/groups/artists from a variety of settings.

### SUBMISSION GUIDELINE

*Applicants should submit a brief description of the proposed work including:*

**Length of the piece • Number of dancers/performers • Music • Special technical requirements**

Name of Group: \_\_\_\_\_

Name of Coordinator: \_\_\_\_\_

School/Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (home) \_\_\_\_\_ (School/org) \_\_\_\_\_

Email: \_\_\_\_\_

**DEADLINE IS OCTOBER 10, 2012**

For more information or to Submit a Proposal:

**Nashwa Cahill, Dance Gala / Vice President Dance**

**[Nashwa.cahill@eku.edu](mailto:Nashwa.cahill@eku.edu)**

## 2011 DANCE GALA



# KAHPERD CONVENTION 2011



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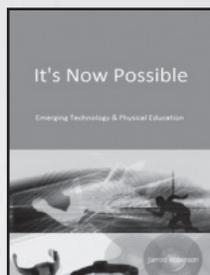
Local Office: 2 Summit Park Dr., Ste. 600, Independence, OH 44131  
Phone: (800) 417-9099 • Email: [tstout@legendgroup.com](mailto:tstout@legendgroup.com)

*Securities offered through Legend Equities Corporation, member NASD & SIPC.  
Before investing in a mutual fund, consider its investment objectives, risks, charges and expenses carefully.  
The prospectus, which contains this and other information about the mutual fund, can be obtained by contacting Legend Equities Corporation. Please read the prospectus carefully before you invest or send money.*

# WEBSITES OF INTEREST

[www.mrrobbo.com](http://www.mrrobbo.com), [jarrodro@gmail.com](mailto:jarrodro@gmail.com)

**It's Now Possible** – eBook by: Jarrod Robinson, The PE Geek (physical education teacher on the web) from Victoria, Australia. Last year I discovered a truly magnificent website [www.lulu.com](http://www.lulu.com) that allows **anyone** to publish their own books, which I put to good use last year to create “100+ Ways to Use Technology in Physical Education. So with almost a year since the last release, I thought now would be a good time to put out a second eBook of a similar style. The Book which is titled “It's Now Possible – Emerging Technologies & Physical Education,” discusses a variety of cool tools and ways to integrate tech into the PE classroom. You can get your own copy of this ebook at the *itunes store*.



<http://school.fueluptoplay60.com/join/>

When you join, you'll get an online Dashboard, where you can:

- Sign up as a Program Advisor for your school and earn rewards for working with students to implement the “Six Steps to Fuel Up to Play 60.”
- Track your school's progress through the Actions.
- Apply for funding and see your school's funding status.
- Get critical updates in your Message Center.
- Sign up for the monthly eNewsletter to learn about the latest incentives and program news.

<http://school.discoveryeducation.com/schrockguide>

Discovery School's Kathy Schrock's Guide for Educators includes: Subject Access, Search Tools, Teacher Helpers, Schrock Guide Stuff & Kathy's Pick

<http://pefriends.com/>

[www.healthykidschallenge.com/](http://www.healthykidschallenge.com/)

[www.physedsource.com/](http://www.physedsource.com/)

<http://kidshealth.org/kid/>

\* [www.lessonplanet.com/worksheets/health](http://www.lessonplanet.com/worksheets/health)

\* [www.lessonplanet.com/lesson-plans/dance](http://www.lessonplanet.com/lesson-plans/dance)  
(includes Lesson Plans, Worksheets, Articles, Standards)

\* [www.lessonplanet.com/worksheets/physical-education](http://www.lessonplanet.com/worksheets/physical-education)  
(includes Lesson Plans, Worksheets, Articles, Standards)

\* *Requires membership (includes 10 day free membership)*

## Make It A Great Let's Move in School Year!

Here's your opportunity to join the MOVEMENT to get students physically active before, during and after school! From creating specially designed toolkits for physical education teachers and principals to participating in high profile national events with major celebrities to a series of LMIS Webinars. AAHPERD wants everyone to join forces and show the world that every school in America is committed to getting kids physically active. Register your school today for Let's Move in School!



*American Alliance for  
Health, Physical Education,  
Recreation and Dance*

### GET TO KNOW YOUR AT-LARGE REPRESENTATIVE ON THE KAHPERD BOARD

If you have suggestions/ideas for the KAHPERD Bd re: Presenters for the Convention/Summer Workshop, want to become a member of the Bd. but you have questions or concerns, email your representative. KAHPERD Members Feel Free To Contact your representative. They are on the Board to Represent YOU!



EAST (2011–2013)



Perri "Grover" Warren  
[grover@groverwarren.com](mailto:grover@groverwarren.com)

EAST (2010–2012)



Julie Muntz  
[Julie.muntz@boylekyschools.us](mailto:Julie.muntz@boylekyschools.us)

WEST (2011–2013)



Kim Demling-Castelluzzo  
[kim.castelluzzo@ahsrockets.org](mailto:kim.castelluzzo@ahsrockets.org)

WEST (2010–2012)



Jamie Johnston  
[Jamie.johnston@henderson.kyschools.us](mailto:Jamie.johnston@henderson.kyschools.us)

# 2012 KAHPERD CONVENTION PROGRAM PROPOSAL

Final Date for Submission is Monday, April 16  
Galt House Hotel, Louisville, KY

**NOVEMBER 12-13, 2012**

## PRIMARY PRESENTER

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Work Place: \_\_\_\_\_

Email: \_\_\_\_\_

## CO-PRESENTER

Name: \_\_\_\_\_

Work Place: \_\_\_\_\_

Email: \_\_\_\_\_

## Brief description of your Proposal

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- YES, I agree** to prepare an electronic summary/handout to be included in the **Convention Proceedings**.

Email to: [j.dearden@moreheadstate.edu](mailto:j.dearden@moreheadstate.edu) Due Date: Monday, September 10, 2012

### *Mail completed information to:*

Deborah Campbell • [deborah.campbell@madison.kyschools.us](mailto:deborah.campbell@madison.kyschools.us)

2399 Lancaster Road • Richmond, KY 40475

**Online forms are available at [kahperd.com](http://kahperd.com).**

**All Proposals must be received by Monday, April 16, 2012**

*Presenters will receive electronic notification  
of proposal acceptance by **Monday, August 6, 2012**.  
No schedule changes will be made following notification.*



## ★☆☆ ★SUPERSTARS★



**CONGRATULATIONS**  
**to University of Louisville**  
winners of the Superstar Competition!



## "CASINO NIGHT"



## KAHPERD SUMMER PHYSICAL EDUCATION WORKSHOP

Name: (last) \_\_\_\_\_ (first) \_\_\_\_\_ (initial) \_\_\_\_\_

Home Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

School/Organization \_\_\_\_\_

Phone (home) \_\_\_\_\_ (business) \_\_\_\_\_

Email \_\_\_\_\_

### BADGE INFORMATION:

Name you wish on your badge: \_\_\_\_\_

School or Organization: \_\_\_\_\_

City: \_\_\_\_\_

### KAHPERD MEMBERSHIP

*(Must be a current member to register for the workshop.)*

\_\_\_ New \_\_\_ Renewal \_\_\_ Current

\_\_\_ Professional .....\$35.00 \_\_\_\_\_

\_\_\_ JRFH/HFH (Must have sponsored '10-'11 event.).....NC \_\_\_\_\_

\_\_\_ Student .....\$15.00 \_\_\_\_\_

\_\_\_ Retired.....\$20.00 \_\_\_\_\_

\_\_\_ Current Member (paid at Fall 2011 Convention).....N/C \_\_\_\_\_

### SUMMER WORKSHOP REGISTRATION

**(JRFH MEMBERS MUST PAY REGISTRATION FEES!)**

\_\_\_ Professional (**prior** to June 6, \$55.00; \$70.00 **after**) ..... \_\_\_\_\_

(Includes Proceedings with Pre-Registration)

\_\_\_ Student (**prior** to June 6, \$20.00; \$25.00 **after**) ..... \_\_\_\_\_

\_\_\_ Retired.....\$20.00 \_\_\_\_\_

\_\_\_ Non-members (**prior** to June 6, \$95.00; \$105.00 **after**)..... \_\_\_\_\_

TOTAL \_\_\_\_\_

**Check or money order — ONLY (No Purchase Orders PLEASE)  
ON-SITE REGISTRATION:**

**Professional – \$70.00 Students – \$25.00 Non-members – \$105.00**

**No Cancellation Refunds after June 6, 2012**

Register online at [www.kahperd.com](http://www.kahperd.com) or mail to:

**Lonnie Davis, KAHPERD Registration**

546 Gingermill Lane • Lexington, KY 40509 • [Lonnie.Davis@insightbb.com](mailto:Lonnie.Davis@insightbb.com)

**MUST BE POSTMARKED ON OR BEFORE JUNE 6 for the special rate!**



Dr. Lonnie Davis, Executive Director  
546 Gingermill Lane  
Lexington, KY 40509

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“KAHPERD NEWSLETTER” is an official publication of the Kentucky  
Association for Health, Physical Education, Recreation and Dance.

Editor:

Cheryl Harlow

872 Pig Road • Smith Grove, KY 42171-8817 • [charlow@windstream.net](mailto:charlow@windstream.net)

DATES FOR SUBMITTING MATERIAL FOR PUBLICATION:

Fall Issue: **May 15** Spring Issue: **December 15**

## 2012 KAHPERD SUMMER PHYSICAL EDUCATION WORKSHOP June 12–13, 2012 • Woodford County Middle School 100 School House Road • Versailles, Kentucky 40383

### Driving Directions to Comfort Suites, Lexington:

The hotel is located at New Circle and Harrodsburg exit. This is exit #2 off New Circle Road. Exit and go West (it is really South) or going away from town. Take the first right and then the first left and The Comfort Suites will be on their left. Everything is within sight at the exit going away from Lexington.

### Driving Directions to Woodford County Middle School:

#### From Comfort Suites

Head southwest on Harrodsburg Rd toward Arrowhead Dr (1.1 mi); Turn right onto Man O War Blvd W (3.3 mi); Turn left onto US-60 W/Versailles Rd, Continue to follow US-60 W (4.4 mi); Take the Blue Grass Pkwy ramp to Lawrenceburg/Elizabethtown (0.7 mi); Merge onto Martha Layne Collins Blue Grass Pkwy (2.3 mi); Take exit 68 for KY-33 toward Versailles (0.3 mi); Turn right onto KY-33 N/Harrodsburg Rd/Troy Pike (0.4 mi); Take the 1st left onto Falling Springs Blvd (1.5 mi); Turn right onto School House Rd (0.1 mi); Turn right (187 ft). Turn right, destination will be on the left. Park in the back by athletic fields.

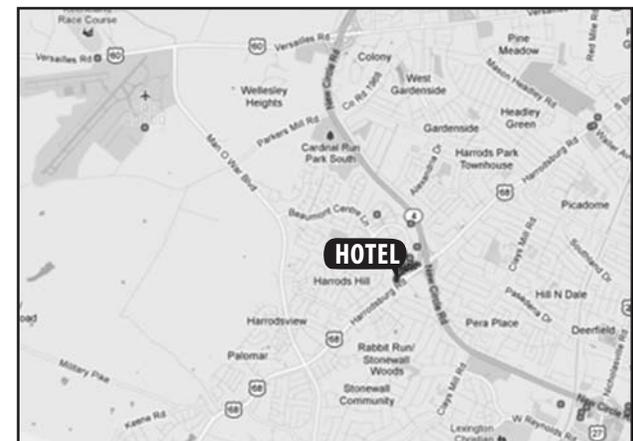
### Accommodations:

Comfort Suites - Lexington

3060 Fieldstone Way • Lexington, KY 40513 • 1-859-296-4446

### KAHPERD Rates:

\$95.99 (plus tax) per night – Single or Double



**Mention KAHPERD to receive the discounted rate.**